WEBVTT

NOTE duration: "01:16:40.3200000"

NOTE language:en-us

NOTE Confidence: 0.804954

 $00:00:00.000 \longrightarrow 00:00:01.828$ And undergoing mastectomy with

NOTE Confidence: 0.804954

 $00:00:01.828 \dashrightarrow 00:00:04.113$ Reconstruction and and cancer treatment.

NOTE Confidence: 0.804954

00:00:04.120 --> 00:00:07.424 Then, doctor Andrew saying one of our

NOTE Confidence: 0.804954

 $00:00:07.424 \longrightarrow 00:00:09.664$ senior radiation oncologists will be

NOTE Confidence: 0.804954

 $00:00:09.664 \longrightarrow 00:00:12.268$ speaking on some of the advances and

NOTE Confidence: 0.804954

00:00:12.268 --> 00:00:14.721 changes in radiation oncology and

NOTE Confidence: 0.804954

 $00:00:14.721 \longrightarrow 00:00:17.226$ radiation treatment of breast cancer.

NOTE Confidence: 0.804954

00:00:17.230 --> 00:00:19.490 And finally doctor Neil Fishback,

NOTE Confidence: 0.804954

 $00:00:19.490 \longrightarrow 00:00:22.437$ who is well known to the community

NOTE Confidence: 0.804954

 $00:00:22.437 \dashrightarrow 00:00:24.685$ senior breast medical on cologist will

NOTE Confidence: 0.804954

 $00:00:24.685 \longrightarrow 00:00:27.391$ be discussing many of the advances

NOTE Confidence: 0.804954

00:00:27.391 --> 00:00:30.360 in Agimat therapy, so things like.

NOTE Confidence: 0.804954

00:00:30.360 --> 00:00:31.740 Chemotherapy targeted therapy,

NOTE Confidence: 0.804954

 $00:00:31.740 \longrightarrow 00:00:34.564$ and he may even have a few moments

 $00:00:34.564 \longrightarrow 00:00:37.039$ to talk about immunotherapy.

NOTE Confidence: 0.804954

 $00:00:37.040 \longrightarrow 00:00:39.250$ So with no further ado,

NOTE Confidence: 0.804954

 $00:00:39.250 \longrightarrow 00:00:41.460$ please welcome doctor Melissa Mastriani.

NOTE Confidence: 0.8743501

00:00:45.810 --> 00:00:48.870 Thanks everybody, give me one second.

NOTE Confidence: 0.8743501

00:00:48.870 --> 00:00:53.320 Alright can everybody hear me?

NOTE Confidence: 0.8743501

 $00:00:53.320 \longrightarrow 00:00:54.890$ Great so I'm Melissa Mastriani.

NOTE Confidence: 0.8743501

 $00:00:54.890 \longrightarrow 00:00:56.774$ I'm one of the new plastic

NOTE Confidence: 0.8743501

 $00:00:56.774 \longrightarrow 00:00:57.716$ and Reconstructive Surgeons,

NOTE Confidence: 0.8743501

 $00:00:57.720 \longrightarrow 00:00:59.580$ but I actually am fully boarded

NOTE Confidence: 0.8743501

 $00:00:59.580 \longrightarrow 00:01:01.170$ and general surgery as well,

NOTE Confidence: 0.8743501

 $00:01:01.170 \longrightarrow 00:01:03.054$ so I've learned the techniques of

NOTE Confidence: 0.8743501

 $00{:}01{:}03.054 \dashrightarrow 00{:}01{:}04.620$ lumpectomy and Mastectomy as well.

NOTE Confidence: 0.8743501

00:01:04.620 --> 00:01:06.426 And I actually had the opportunity

NOTE Confidence: 0.8743501

 $00:01:06.426 \longrightarrow 00:01:08.339$ to train under Doctor Gulshan during

NOTE Confidence: 0.8743501

 $00:01:08.339 \longrightarrow 00:01:10.277$ my training years at the Brigham.

00:01:10.280 --> 00:01:12.236 So I'm really excited to join

NOTE Confidence: 0.8743501

 $00:01:12.236 \longrightarrow 00:01:14.863$ Yale and I'm so excited to bring

NOTE Confidence: 0.8743501

00:01:14.863 --> 00:01:16.943 my visions to everybody here.

NOTE Confidence: 0.8743501

 $00:01:16.950 \longrightarrow 00:01:20.244$ So I want to start out with with just

NOTE Confidence: 0.8743501

 $00:01:20.244 \longrightarrow 00:01:22.436$ discussing breasts as as an organ.

NOTE Confidence: 0.8743501

00:01:22.440 --> 00:01:24.270 It's not just in organ,

NOTE Confidence: 0.8743501

 $00:01:24.270 \longrightarrow 00:01:26.095$ it's not a Gallbladder that

NOTE Confidence: 0.8743501

 $00:01:26.095 \longrightarrow 00:01:27.555$ you can just remove.

NOTE Confidence: 0.8743501

 $00:01:27.560 \longrightarrow 00:01:29.708$ It's really important part of female

NOTE Confidence: 0.8743501

00:01:29.708 --> 00:01:32.191 sexuality and the feminine image as we

NOTE Confidence: 0.8743501

 $00:01:32.191 \longrightarrow 00:01:34.171$ can see dating back into Renaissance

NOTE Confidence: 0.8743501

 $00:01:34.171 \longrightarrow 00:01:35.980$ paintings and French impressionism.

NOTE Confidence: 0.8743501

 $00:01:35.980 \longrightarrow 00:01:38.224$ Beyond that it the breasts make

NOTE Confidence: 0.8743501

 $00:01:38.224 \longrightarrow 00:01:40.487$ milk to nourish babies and they

NOTE Confidence: 0.8743501

00:01:40.487 --> 00:01:42.563 grow and change with the woman.

NOTE Confidence: 0.8743501

00:01:42.570 --> 00:01:45.132 So as you can see in all

 $00:01:45.132 \longrightarrow 00:01:46.230$ these artists portrayals,

NOTE Confidence: 0.8743501

 $00:01:46.230 \longrightarrow 00:01:48.060$ these are very youthful breasts.

NOTE Confidence: 0.8743501

 $00:01:48.060 \longrightarrow 00:01:50.436$ They are lifted and their happy.

NOTE Confidence: 0.8743501

00:01:50.440 --> 00:01:53.136 There were, they should be on the chest,

NOTE Confidence: 0.8743501

 $00:01:53.140 \longrightarrow 00:01:54.488$ but as we age,

NOTE Confidence: 0.8743501

 $00:01:54.488 \longrightarrow 00:01:56.510$ that's not always how they appear.

NOTE Confidence: 0.8743501

00:01:56.510 --> 00:01:57.164 In addition,

NOTE Confidence: 0.8743501

00:01:57.164 --> 00:01:59.126 you any woman may have noticed

NOTE Confidence: 0.8743501

 $00:01:59.126 \longrightarrow 00:02:00.549$ that breasts are sisters,

NOTE Confidence: 0.8743501

 $00:02:00.550 \longrightarrow 00:02:01.546$ but not Twins.

NOTE Confidence: 0.8743501

 $00:02:01.546 \longrightarrow 00:02:03.538$ There are always some anatomic asymmetry's

NOTE Confidence: 0.8743501

 $00:02:03.538 \dashrightarrow 00:02:06.098$ in breasts that we always like to point out

NOTE Confidence: 0.8743501

 $00{:}02{:}06.098 \dashrightarrow 00{:}02{:}08.637$ to women before they undergo reconstruction,

NOTE Confidence: 0.8743501

00:02:08.640 --> 00:02:10.325 because it's important to know

NOTE Confidence: 0.8743501

 $00:02:10.325 \longrightarrow 00:02:12.010$ the differences in your breasts.

 $00:02:12.010 \longrightarrow 00:02:14.383$ And it's also important to know that

NOTE Confidence: 0.8743501

 $00:02:14.383 \longrightarrow 00:02:16.389$ every body has differences in their breasts.

NOTE Confidence: 0.8743501

 $00:02:16.390 \longrightarrow 00:02:18.075$ They're not going to be

NOTE Confidence: 0.8743501

00:02:18.075 --> 00:02:19.760 mirror images of each other,

NOTE Confidence: 0.8743501

 $00:02:19.760 \longrightarrow 00:02:21.062$ so nor can.

NOTE Confidence: 0.8743501

 $00:02:21.062 \longrightarrow 00:02:23.666$ We expect that in our reconstruction.

NOTE Confidence: 0.8743501

00:02:23.670 --> 00:02:25.686 So if you're looking at your

NOTE Confidence: 0.8743501

 $00:02:25.686 \longrightarrow 00:02:27.030$ breasts in the mirror,

NOTE Confidence: 0.8743501

 $00:02:27.030 \longrightarrow 00:02:28.950$ you should know that they shouldn't

NOTE Confidence: 0.8743501

 $00{:}02{:}28.950 \dashrightarrow 00{:}02{:}30.230$ change significantly after puberty

NOTE Confidence: 0.8743501

 $00{:}02{:}30.283 \to 00{:}02{:}32.068$ except during pregnancy and postpartum,

NOTE Confidence: 0.8743501

 $00:02:32.070 \longrightarrow 00:02:33.918$ and were lack tating and feeding

NOTE Confidence: 0.8743501

00:02:33.918 --> 00:02:35.954 babies and serving one of the

NOTE Confidence: 0.8743501

 $00{:}02{:}35.954 \dashrightarrow 00{:}02{:}37.446$ physiologic purposes for breasts.

NOTE Confidence: 0.8743501

00:02:37.450 --> 00:02:39.802 But ultimately you should not notice

NOTE Confidence: 0.8743501

 $00{:}02{:}39.802 \dashrightarrow 00{:}02{:}42.308$ major changes in your breasts after

 $00:02:42.308 \longrightarrow 00:02:44.894$ you undergo puberty and develop them.

NOTE Confidence: 0.8743501

00:02:44.900 --> 00:02:47.740 I I saw this on Facebook and one of my

NOTE Confidence: 0.8743501

 $00:02:47.816 \longrightarrow 00:02:50.192$ colleagues website San it's you know

NOTE Confidence: 0.8743501

 $00:02:50.192 \longrightarrow 00:02:53.198$ how to know what cancer feels like.

NOTE Confidence: 0.8743501

 $00:02:53.200 \longrightarrow 00:02:55.010$ But this isn't just cancer.

NOTE Confidence: 0.8743501

 $00:02:55.010 \longrightarrow 00:02:57.170$ This is also banite breast disease.

NOTE Confidence: 0.8743501

00:02:57.170 --> 00:03:00.058 You may have a Mass in your breast,

NOTE Confidence: 0.8743501

 $00:03:00.060 \longrightarrow 00:03:02.948$ but it could still be round an normal.

NOTE Confidence: 0.8743501

 $00:03:02.950 \longrightarrow 00:03:05.014$ It could be a fiber adenoma

NOTE Confidence: 0.8743501

 $00:03:05.014 \longrightarrow 00:03:06.920$ which could be completely benign.

NOTE Confidence: 0.8743501

 $00:03:06.920 \longrightarrow 00:03:09.808$ But if you know your breasts at baseline,

NOTE Confidence: 0.8743501

 $00:03:09.810 \longrightarrow 00:03:11.615$ you can understand when something

NOTE Confidence: 0.8743501

00:03:11.615 --> 00:03:13.059 like this is changing.

NOTE Confidence: 0.8743501

 $00:03:13.060 \longrightarrow 00:03:15.316$ So if you identify an indentation.

NOTE Confidence: 0.8743501

 $00:03:15.320 \longrightarrow 00:03:16.238$ Or in Errosion,

 $00:03:16.238 \longrightarrow 00:03:18.380$ or a change in your breast appearance.

NOTE Confidence: 0.8743501

 $00:03:18.380 \longrightarrow 00:03:20.590$ This is really important to

NOTE Confidence: 0.8743501

 $00:03:20.590 \longrightarrow 00:03:22.800$ talk to your doctor about.

NOTE Confidence: 0.8743501

 $00:03:22.800 \longrightarrow 00:03:25.201$ Breast cancer is one of the most

NOTE Confidence: 0.8743501

 $00:03:25.201 \longrightarrow 00:03:26.661$ common cancer affecting American

NOTE Confidence: 0.8743501

00:03:26.661 --> 00:03:28.496 women in the United States.

NOTE Confidence: 0.8743501

 $00:03:28.500 \longrightarrow 00:03:30.985$ One in eight women in their lifetime,

NOTE Confidence: 0.8743501

 $00:03:30.990 \longrightarrow 00:03:33.120$ that's 13% will get breast cancer.

NOTE Confidence: 0.8743501

 $00{:}03{:}33.120 \dashrightarrow 00{:}03{:}35.148$ So chances are that you know

NOTE Confidence: 0.8743501

00:03:35.148 --> 00:03:37.318 somebody who has breast cancer or

NOTE Confidence: 0.8743501

 $00{:}03{:}37.318 \dashrightarrow 00{:}03{:}39.178$ who may develop breast cancer.

NOTE Confidence: 0.8743501

 $00:03:39.180 \longrightarrow 00:03:42.138$ 'cause This is a lifetime risk.

NOTE Confidence: 0.8743501

 $00:03:42.140 \longrightarrow 00:03:42.971$ Signs of cancer,

NOTE Confidence: 0.8743501

 $00{:}03{:}42.971 \dashrightarrow 00{:}03{:}45.600$ meaning you may notice a lump in the breast.

NOTE Confidence: 0.8743501

00:03:45.600 --> 00:03:46.780 It's usually not painful,

NOTE Confidence: 0.8743501

 $00:03:46.780 \longrightarrow 00:03:48.550$ but it's going to feel like

 $00{:}03{:}48.614 \dashrightarrow 00{:}03{:}50.780$ a lemon seed. It's going to be firm.

NOTE Confidence: 0.864731

 $00{:}03{:}50.780 \dashrightarrow 00{:}03{:}52.664$ It's going to have irregular edges

NOTE Confidence: 0.864731

 $00:03:52.664 \longrightarrow 00:03:54.601$ and it's not going to be nice

NOTE Confidence: 0.864731

 $00:03:54.601 \longrightarrow 00:03:56.258$ and well and rounded and soft.

NOTE Confidence: 0.864731

 $00:03:56.258 \longrightarrow 00:03:58.344$ You may notice some swelling or skin

NOTE Confidence: 0.864731

 $00:03:58.344 \longrightarrow 00:04:00.475$ texture change or a change in your nipple

NOTE Confidence: 0.864731

 $00:04:00.475 \longrightarrow 00:04:02.300$ that made instead of poking outward.

NOTE Confidence: 0.864731

 $00:04:02.300 \longrightarrow 00:04:03.480$ It may poke inward.

NOTE Confidence: 0.864731

00:04:03.480 --> 00:04:04.955 You may notice some drainage

NOTE Confidence: 0.864731

 $00:04:04.955 \longrightarrow 00:04:06.618$ and all that is not normal.

NOTE Confidence: 0.864731

 $00{:}04{:}06.620 \dashrightarrow 00{:}04{:}08.174$ If you know your breasts then

NOTE Confidence: 0.864731

 $00:04:08.174 \longrightarrow 00:04:09.790$ then if something is different,

NOTE Confidence: 0.864731

 $00:04:09.790 \longrightarrow 00:04:11.561$ bring it up to your doctor and

NOTE Confidence: 0.864731

 $00:04:11.561 \longrightarrow 00:04:12.960$ we also recommend mammograms.

NOTE Confidence: 0.864731

 $00:04:12.960 \longrightarrow 00:04:15.616$ Everyone to two years starting at age 40.

00:04:15.620 --> 00:04:18.035 If you have a strong family history,

NOTE Confidence: 0.864731

 $00:04:18.040 \longrightarrow 00:04:20.204$ usually we recommend those

NOTE Confidence: 0.864731

 $00:04:20.204 \longrightarrow 00:04:22.368$ mammograms starting even earlier.

NOTE Confidence: 0.864731

00:04:22.370 --> 00:04:23.922 To reduce your risk,

NOTE Confidence: 0.864731

 $00:04:23.922 \longrightarrow 00:04:25.474$ just basic broad strokes.

NOTE Confidence: 0.864731

 $00:04:25.480 \longrightarrow 00:04:28.238$ Women are recommended to drink less than

NOTE Confidence: 0.864731

 $00:04:28.238 \longrightarrow 00:04:31.320$ one or less than two drinks per day.

NOTE Confidence: 0.864731

 $00:04:31.320 \longrightarrow 00:04:33.654$ If we are drinking more than

NOTE Confidence: 0.864731

00:04:33.654 --> 00:04:35.210 two drinks per day,

NOTE Confidence: 0.864731

 $00:04:35.210 \longrightarrow 00:04:37.538$ that increases our risk more than

NOTE Confidence: 0.864731

00:04:37.538 --> 00:04:39.880 20% for not just breast cancer,

NOTE Confidence: 0.864731

 $00:04:39.880 \longrightarrow 00:04:41.443$ but any cancers.

NOTE Confidence: 0.864731

00:04:41.443 --> 00:04:44.569 It's important to maintain a healthy

NOTE Confidence: 0.864731

 $00:04:44.569 \longrightarrow 00:04:47.615$ weight and also be active and have.

NOTE Confidence: 0.864731

 $00:04:47.620 \longrightarrow 00:04:49.636$ Good activity levels in a day.

NOTE Confidence: 0.864731

 $00:04:49.640 \longrightarrow 00:04:51.985$ Getting our heart rates up very important.

 $00:04:51.990 \longrightarrow 00:04:54.390$ The other things that we talk about are

NOTE Confidence: 0.864731

 $00{:}04{:}54.390 \dashrightarrow 00{:}04{:}56.688$ birth control and even hormone replacement,

NOTE Confidence: 0.864731

 $00:04:56.690 \longrightarrow 00:04:58.608$ but this is not all birth control

NOTE Confidence: 0.864731

 $00:04:58.608 \longrightarrow 00:05:00.719$ and not all hormone replacement.

NOTE Confidence: 0.864731

 $00{:}05{:}00.720 \dashrightarrow 00{:}05{:}03.042$ And it's important to determine the

NOTE Confidence: 0.864731

 $00{:}05{:}03.042 \dashrightarrow 00{:}05{:}05.757$ length that you're going to be on them in.

NOTE Confidence: 0.864731

00:05:05.760 --> 00:05:07.776 Finally I found this very interesting,

NOTE Confidence: 0.864731

 $00:05:07.780 \longrightarrow 00:05:10.230$ but apparently there are some myths out

NOTE Confidence: 0.864731

 $00:05:10.230 \longrightarrow 00:05:12.286$ there that deodorants in certain bras

NOTE Confidence: 0.864731

 $00{:}05{:}12.286 \dashrightarrow 00{:}05{:}14.491$ have been linked to breast cancer risk.

NOTE Confidence: 0.864731

 $00:05:14.500 \longrightarrow 00:05:16.845$ So all of those have been debunked.

NOTE Confidence: 0.864731

 $00:05:16.850 \longrightarrow 00:05:18.054$ You can wear deodorant.

NOTE Confidence: 0.864731

 $00{:}05{:}18.054 \dashrightarrow 00{:}05{:}20.240$ You can wear your bras like normal

NOTE Confidence: 0.864731

 $00:05:20.240 \longrightarrow 00:05:22.744$ and then that is going to increase or

NOTE Confidence: 0.864731

 $00:05:22.744 \longrightarrow 00:05:24.717$ decrease your risk of breast cancer.

 $00:05:24.720 \longrightarrow 00:05:27.656$ So if you are unfortunate to develop breast

NOTE Confidence: 0.864731

 $00:05:27.656 \longrightarrow 00:05:30.466$ cancer or even a benign breast disease,

NOTE Confidence: 0.864731

 $00:05:30.470 \longrightarrow 00:05:33.526$ we often treat this with a team approach.

NOTE Confidence: 0.864731

 $00:05:33.530 \longrightarrow 00:05:35.038$ This involves surgical teams,

NOTE Confidence: 0.864731

 $00:05:35.038 \longrightarrow 00:05:38.557$ which is not only me as a plastic surgeon

NOTE Confidence: 0.864731

00:05:38.557 --> 00:05:41.301 but also an oncology surgeon who will

NOTE Confidence: 0.864731

 $00:05:41.374 \longrightarrow 00:05:43.866$ be in charge of removing the lumps,

NOTE Confidence: 0.864731

00:05:43.870 --> 00:05:46.369 making sure that your lymph nodes are

NOTE Confidence: 0.864731

 $00{:}05{:}46.369 \dashrightarrow 00{:}05{:}48.722$ clear and that everything is removed

NOTE Confidence: 0.864731

 $00:05:48.722 \longrightarrow 00:05:51.146$ that might be cancerous to you.

NOTE Confidence: 0.864731

 $00:05:51.150 \longrightarrow 00:05:53.065$ Sometimes that involves chemotherapy and

NOTE Confidence: 0.864731

 $00:05:53.065 \longrightarrow 00:05:56.527$ radiation, so we all like to talk about this.

NOTE Confidence: 0.864731

00:05:56.527 --> 00:05:56.924 Together.

NOTE Confidence: 0.864731

 $00:05:56.924 \longrightarrow 00:05:58.909$ We have a basic team.

NOTE Confidence: 0.864731

00:05:58.910 --> 00:05:59.289 Approaching,

NOTE Confidence: 0.864731

 $00:05:59.289 \longrightarrow 00:06:01.563$ we actually talk about very complicated

00:06:01.563 --> 00:06:04.051 caitians on a weekly basis to find out

NOTE Confidence: 0.864731

 $00{:}06{:}04.051 \dashrightarrow 00{:}06{:}06.440$ what the best way to treat patients is.

NOTE Confidence: 0.864731

 $00:06:06.440 \longrightarrow 00:06:07.520$ So the surgical treatments,

NOTE Confidence: 0.864731

00:06:07.520 --> 00:06:08.600 because I'm a surgeon,

NOTE Confidence: 0.864731

 $00:06:08.600 \longrightarrow 00:06:10.427$ would involve taking the lump or the

NOTE Confidence: 0.864731

 $00:06:10.427 \longrightarrow 00:06:12.649$ mass out and we call that a lumpectomy.

NOTE Confidence: 0.864731

 $00:06:12.650 \longrightarrow 00:06:13.190$ And literally,

NOTE Confidence: 0.864731

 $00:06:13.190 \longrightarrow 00:06:14.540$ we scoop out the lump.

NOTE Confidence: 0.864731

 $00:06:14.540 \longrightarrow 00:06:16.871$ But it has to have a rim of normal

NOTE Confidence: 0.864731

 $00{:}06{:}16.871 \dashrightarrow 00{:}06{:}18.712$ tissues that we can make sure that

NOTE Confidence: 0.864731

 $00{:}06{:}18.712 \dashrightarrow 00{:}06{:}21.018$ we get all the cancer cells out in.

NOTE Confidence: 0.864731

 $00{:}06{:}21.020 \dashrightarrow 00{:}06{:}23.180$ This involves the little roots that may grow,

NOTE Confidence: 0.864731

 $00{:}06{:}23.180 \dashrightarrow 00{:}06{:}25.497$ and it's important to have that normal

NOTE Confidence: 0.864731

00:06:25.497 --> 00:06:27.924 rim of tissues to make sure that we

NOTE Confidence: 0.864731

 $00:06:27.924 \longrightarrow 00:06:29.989$ get all of those cancer cells out.

00:06:29.990 --> 00:06:32.438 If this is not an option for you,

NOTE Confidence: 0.864731

 $00{:}06{:}32.440 {\:{\circ}{\circ}{\circ}}>00{:}06{:}34.246$ you may require a mastectomy ning

NOTE Confidence: 0.864731

 $00:06:34.246 \longrightarrow 00:06:36.122$ meaning you have to remove the

NOTE Confidence: 0.864731

00:06:36.122 --> 00:06:38.243 entire breast gland in and of itself,

NOTE Confidence: 0.8647223

 $00:06:38.250 \longrightarrow 00:06:40.938$ and both of those are fine if you

NOTE Confidence: 0.8647223

 $00{:}06{:}40.938 \dashrightarrow 00{:}06{:}43.340$ need that for cancer resection.

NOTE Confidence: 0.8647223

 $00:06:43.340 \longrightarrow 00:06:45.923$ Here is a huge diagram of all of the

NOTE Confidence: 0.8647223

00:06:45.923 --> 00:06:47.782 possible iterations of breast surgery

NOTE Confidence: 0.8647223

 $00{:}06{:}47.782 \dashrightarrow 00{:}06{:}50.749$ that you can undergo to remove your mass.

NOTE Confidence: 0.8647223

 $00:06:50.750 \longrightarrow 00:06:52.435$ If you need a lumpectomy

NOTE Confidence: 0.8647223

 $00:06:52.435 \longrightarrow 00:06:54.120$ and you have large breasts,

NOTE Confidence: 0.8647223

 $00:06:54.120 \longrightarrow 00:06:56.570$ we have lots of different ways to

NOTE Confidence: 0.8647223

 $00:06:56.570 \longrightarrow 00:06:58.943$ conceal the lumpectomy and to even have

NOTE Confidence: 0.8647223

 $00:06:58.943 \longrightarrow 00:07:01.200$ a matching procedure on the other side.

NOTE Confidence: 0.8647223

 $00:07:01.200 \longrightarrow 00:07:03.126$ So that doesn't mean that you

NOTE Confidence: 0.8647223

 $00:07:03.126 \longrightarrow 00:07:05.250$ necessarily have to have a mastectomy.

 $00:07:05.250 \longrightarrow 00:07:08.274$ And then on the right side of your screen,

NOTE Confidence: 0.8647223

 $00{:}07{:}08.280 \dashrightarrow 00{:}07{:}10.513$ there's a number of different ways that

NOTE Confidence: 0.8647223

 $00:07:10.513 \longrightarrow 00:07:13.030$ we can perform the mastectomies such that

NOTE Confidence: 0.8647223

 $00:07:13.030 \longrightarrow 00:07:15.268$ you would have a reasonable outcome.

NOTE Confidence: 0.8647223

 $00{:}07{:}15.270 \dashrightarrow 00{:}07{:}16.725$ In a reasonable reconstruction to

NOTE Confidence: 0.8647223

 $00{:}07{:}16.725 \dashrightarrow 00{:}07{:}18.570$ give you a normal appearing breast,

NOTE Confidence: 0.8647223

 $00:07:18.570 \longrightarrow 00:07:21.270$ you notice a lot of these involve the nipple.

NOTE Confidence: 0.8647223

 $00:07:21.270 \longrightarrow 00:07:23.167$ Sometimes we have to remove the nipple

NOTE Confidence: 0.8647223

 $00{:}07{:}23.167 \dashrightarrow 00{:}07{:}25.370$ to be safe as far as respecting

NOTE Confidence: 0.8647223

 $00:07:25.370 \longrightarrow 00:07:26.366$ enough cancer tissue,

NOTE Confidence: 0.8647223

 $00:07:26.370 \longrightarrow 00:07:28.358$ we don't want you to have to

NOTE Confidence: 0.8647223

00:07:28.358 --> 00:07:29.670 worry about recurrent cancer,

NOTE Confidence: 0.8647223

 $00{:}07{:}29.670 \dashrightarrow 00{:}07{:}31.116$ especially after undergoing

NOTE Confidence: 0.8647223

 $00:07:31.116 \longrightarrow 00:07:33.044$ what you're going through.

NOTE Confidence: 0.8647223

 $00:07:33.050 \longrightarrow 00:07:34.460$ So the basic tenants of

 $00:07:34.460 \longrightarrow 00:07:35.024$ breast reconstruction,

NOTE Confidence: 0.8647223

 $00:07:35.030 \longrightarrow 00:07:36.575$ we can either reconstruct with

NOTE Confidence: 0.8647223

00:07:36.575 --> 00:07:37.811 an implant meaning something

NOTE Confidence: 0.8647223

 $00:07:37.811 \longrightarrow 00:07:39.279$ that is foreign to the body,

NOTE Confidence: 0.8647223

 $00:07:39.280 \longrightarrow 00:07:41.254$ but we put it in the body,

NOTE Confidence: 0.8647223

00:07:41.260 --> 00:07:43.380 so we need to make sure that everything

NOTE Confidence: 0.8647223

 $00:07:43.380 \longrightarrow 00:07:45.219$ is nice and clean and sterile,

NOTE Confidence: 0.8647223

 $00:07:45.220 \longrightarrow 00:07:47.117$ and it gives a very nice result

NOTE Confidence: 0.8647223

 $00:07:47.117 \longrightarrow 00:07:48.899$ at the top of the screen.

NOTE Confidence: 0.8647223

00:07:48.900 --> 00:07:50.874 That's an example of a tissue expander,

NOTE Confidence: 0.8647223

 $00{:}07{:}50.880 \mathrel{--}{>} 00{:}07{:}52.686$ so if you have small breasts and

NOTE Confidence: 0.8647223

 $00:07:52.686 \longrightarrow 00:07:54.725$ need to undergo a mastectomy when you

NOTE Confidence: 0.8647223

00:07:54.725 --> 00:07:56.531 would like to have bigger breasts,

NOTE Confidence: 0.8647223

00:07:56.540 --> 00:07:58.238 or maybe need to undergo radiation,

NOTE Confidence: 0.8647223

 $00:07:58.240 \longrightarrow 00:07:59.938$ this is a good temporary measure,

NOTE Confidence: 0.8647223

 $00:07:59.940 \longrightarrow 00:08:01.823$ and then we can exchange it down

 $00{:}08{:}01.823 \dashrightarrow 00{:}08{:}03.588$ the road for a permanent implant

NOTE Confidence: 0.8647223

 $00{:}08{:}03.588 \dashrightarrow 00{:}08{:}06.040$ which you can see at the lower ends.

NOTE Confidence: 0.8647223

 $00:08:06.040 \longrightarrow 00:08:07.116$ Of the screen here,

NOTE Confidence: 0.8647223

 $00:08:07.116 \longrightarrow 00:08:09.476$ the one in the middle is a shaped

NOTE Confidence: 0.8647223

 $00{:}08{:}09.476 \dashrightarrow 00{:}08{:}11.528$ implant and it has texture because

NOTE Confidence: 0.8647223

 $00:08:11.528 \longrightarrow 00:08:13.250$ you wouldn't really want that

NOTE Confidence: 0.8647223

00:08:13.250 --> 00:08:15.518 flipping around and you need to have

NOTE Confidence: 0.8647223

 $00:08:15.520 \longrightarrow 00:08:17.774$ that texture like a Velcro so that

NOTE Confidence: 0.8647223

 $00:08:17.774 \longrightarrow 00:08:20.164$ the implant stays in its place and

NOTE Confidence: 0.8647223

 $00:08:20.164 \longrightarrow 00:08:21.864$ assumes in just basically becomes

NOTE Confidence: 0.8647223

 $00{:}08{:}21.864 \dashrightarrow 00{:}08{:}24.178$ part of your body so that you didn't

NOTE Confidence: 0.8647223

 $00:08:24.178 \longrightarrow 00:08:26.172$ want to wake up one morning and

NOTE Confidence: 0.8647223

 $00{:}08{:}26.172 \dashrightarrow 00{:}08{:}28.789$ have the top end up at the bottom.

NOTE Confidence: 0.8647223

 $00:08:28.790 \longrightarrow 00:08:30.542$ It would be very disfiguring for

NOTE Confidence: 0.8647223

 $00:08:30.542 \longrightarrow 00:08:32.722$ you and then the bottom implant is

 $00:08:32.722 \longrightarrow 00:08:34.618$ a smooth round gel implant which

NOTE Confidence: 0.8647223

 $00:08:34.618 \longrightarrow 00:08:36.190$ is very very versatyle.

NOTE Confidence: 0.8647223

 $00:08:36.190 \longrightarrow 00:08:37.700$ It can spin around, it,

NOTE Confidence: 0.8647223

 $00:08:37.700 \longrightarrow 00:08:39.730$ can flip around and you really not

NOTE Confidence: 0.8647223

 $00:08:39.730 \longrightarrow 00:08:41.929$ going to know much of a difference.

NOTE Confidence: 0.8647223

 $00:08:41.930 \longrightarrow 00:08:43.440$ The other option in reconstruction,

NOTE Confidence: 0.8647223

00:08:43.440 --> 00:08:44.044 which is,

NOTE Confidence: 0.8647223

00:08:44.044 --> 00:08:46.460 I guess new word but not entirely new,

NOTE Confidence: 0.8647223

 $00{:}08{:}46.460 \dashrightarrow 00{:}08{:}49.547$ is using your own tissue in reconstruction.

NOTE Confidence: 0.8647223

 $00:08:49.550 \longrightarrow 00:08:51.590$ So I wanted to show you basically if

NOTE Confidence: 0.8647223

 $00{:}08{:}51.590 \dashrightarrow 00{:}08{:}53.782$ you think about breast implants you

NOTE Confidence: 0.8647223

 $00:08:53.782 \longrightarrow 00:08:55.812$ think about people getting augmentation.

NOTE Confidence: 0.8647223

 $00:08:55.820 \longrightarrow 00:08:57.560$ You know getting breast implants

NOTE Confidence: 0.8647223

 $00:08:57.560 \longrightarrow 00:08:59.649$ for being more voluptuous and in

NOTE Confidence: 0.8647223

 $00:08:59.649 \longrightarrow 00:09:01.099$ more of an aesthetic appeal,

NOTE Confidence: 0.8647223

 $00:09:01.100 \longrightarrow 00:09:04.007$ and on the right diagram you can see that

 $00:09:04.007 \longrightarrow 00:09:06.710$ usually we put them under the gland tissue,

NOTE Confidence: 0.8647223

 $00:09:06.710 \longrightarrow 00:09:08.440$ but in reconstruction it's more

NOTE Confidence: 0.8647223

 $00:09:08.440 \longrightarrow 00:09:10.670$ difficult because we don't have a gland.

NOTE Confidence: 0.8647223

00:09:10.670 --> 00:09:12.763 The breast gland to really hide those

NOTE Confidence: 0.8647223

00:09:12.763 --> 00:09:14.629 contours of the breast implants,

NOTE Confidence: 0.8647223

 $00:09:14.630 \longrightarrow 00:09:16.793$ we have to have a Fuller implant

NOTE Confidence: 0.8647223

 $00:09:16.793 \longrightarrow 00:09:17.720$ to fill in

NOTE Confidence: 0.8320942

 $00:09:17.798 \longrightarrow 00:09:20.630$ the tissue, and in this skin flaps.

NOTE Confidence: 0.8320942

 $00:09:20.630 \longrightarrow 00:09:22.210$ To make a good,

NOTE Confidence: 0.8320942

00:09:22.210 --> 00:09:23.395 reasonable appearing breast,

NOTE Confidence: 0.8320942

 $00:09:23.400 \longrightarrow 00:09:25.734$ so here's a brief example of

NOTE Confidence: 0.8320942

 $00:09:25.734 \longrightarrow 00:09:28.604$ what a really good breast implant

NOTE Confidence: 0.8320942

 $00{:}09{:}28.604 \dashrightarrow 00{:}09{:}31.679$ reconstruction outcome can look like.

NOTE Confidence: 0.8320942

 $00:09:31.680 \longrightarrow 00:09:33.962$ But despite the many types of shapes

NOTE Confidence: 0.8320942

 $00:09:33.962 \longrightarrow 00:09:36.640$ and sizes and fills of breast implants,

 $00:09:36.640 \longrightarrow 00:09:37.699$ there really isn't.

NOTE Confidence: 0.8320942

 $00:09:37.699 \longrightarrow 00:09:39.817$ A1 size fits all for everybody.

NOTE Confidence: 0.8320942

 $00:09:39.820 \longrightarrow 00:09:42.709$ You know we can go all the way to

NOTE Confidence: 0.8320942

 $00:09:42.709 \longrightarrow 00:09:45.129$ shaped implants and do our best,

NOTE Confidence: 0.8320942

00:09:45.130 --> 00:09:47.010 but ultimately it's really hard

NOTE Confidence: 0.8320942

00:09:47.010 --> 00:09:48.890 to imagine natural looking breast

NOTE Confidence: 0.8320942

 $00:09:48.950 \longrightarrow 00:09:51.148$ despite all of the technology we have,

NOTE Confidence: 0.8320942

 $00:09:51.150 \longrightarrow 00:09:53.628$ we still can't always get it right.

NOTE Confidence: 0.8320942

 $00{:}09{:}53.630 \dashrightarrow 00{:}09{:}56.171$ So for patients who are not candidates

NOTE Confidence: 0.8320942

 $00:09:56.171 \longrightarrow 00:09:58.230$ for breast reconstruction with an implant,

NOTE Confidence: 0.8320942

 $00{:}09{:}58.230 \dashrightarrow 00{:}10{:}00.120$ or maybe have been radiated.

NOTE Confidence: 0.8320942

00:10:00.120 --> 00:10:01.860 And who have limited options,

NOTE Confidence: 0.8320942

 $00:10:01.860 \longrightarrow 00:10:03.244$ I often times offer patients

NOTE Confidence: 0.8320942

00:10:03.244 --> 00:10:04.628 using their own tissue,

NOTE Confidence: 0.8320942

 $00:10:04.630 \longrightarrow 00:10:06.681$ and these are a number of different

NOTE Confidence: 0.8320942

 $00:10:06.681 \longrightarrow 00:10:09.591$ areas that we can harvest tissue from to

 $00:10:09.591 \longrightarrow 00:10:11.561$ reconstruct a realistic feeling breast.

NOTE Confidence: 0.8320942

00:10:11.570 --> 00:10:13.310 This is your own tissue.

NOTE Confidence: 0.8320942

 $00:10:13.310 \longrightarrow 00:10:15.386$ You don't have to take immunosuppression.

NOTE Confidence: 0.8320942

 $00:10:15.390 \longrightarrow 00:10:17.316$ The most common area that we

NOTE Confidence: 0.8320942

 $00:10:17.316 \longrightarrow 00:10:19.210$ harvest from is the abdomen,

NOTE Confidence: 0.8320942

 $00:10:19.210 \longrightarrow 00:10:21.310$ so you essentially get a tummy

NOTE Confidence: 0.8320942

00:10:21.310 --> 00:10:23.370 tuck for free out of this,

NOTE Confidence: 0.8320942

 $00{:}10{:}23.370 \dashrightarrow 00{:}10{:}25.100$ but it's really great tissue.

NOTE Confidence: 0.8320942

 $00:10:25.100 \longrightarrow 00:10:26.942$ It feels completely natural and we

NOTE Confidence: 0.8320942

 $00:10:26.942 \longrightarrow 00:10:29.619$ can give you a very realistic result.

NOTE Confidence: 0.8320942

 $00{:}10{:}29.620 \dashrightarrow 00{:}10{:}31.460$ If that's not an option.

NOTE Confidence: 0.8320942

00:10:31.460 --> 00:10:33.399 Sometimes we can use the inner thigh,

NOTE Confidence: 0.8320942

 $00:10:33.400 \longrightarrow 00:10:36.494$ the upper buttock, or even the back.

NOTE Confidence: 0.8320942

 $00:10:36.500 \longrightarrow 00:10:38.564$ And this is an example of a unilateral

NOTE Confidence: 0.8320942

 $00:10:38.564 \longrightarrow 00:10:40.108$ reconstruction with that abdominal tissue,

 $00:10:40.110 \longrightarrow 00:10:42.110$ and you can see we do a pretty

NOTE Confidence: 0.8320942

00:10:42.110 --> 00:10:43.449 good job of matching,

NOTE Confidence: 0.8320942

00:10:43.450 --> 00:10:45.112 but you still are lacking in

NOTE Confidence: 0.8320942

00:10:45.112 --> 00:10:45.943 that nipple reconstruction.

NOTE Confidence: 0.8320942

 $00:10:45.950 \longrightarrow 00:10:47.618$ So for a lot of women,

NOTE Confidence: 0.8320942

 $00{:}10{:}47.620 \dashrightarrow 00{:}10{:}49.576$ having a nipple really makes the

NOTE Confidence: 0.8320942

 $00:10:49.576 \longrightarrow 00:10:51.384$ reconstructions that they don't have to

NOTE Confidence: 0.8320942

 $00:10:51.384 \longrightarrow 00:10:53.176$ wake up and look at scars every day.

NOTE Confidence: 0.8320942

 $00{:}10{:}53.180 \dashrightarrow 00{:}10{:}54.752$ And that's very important for a

NOTE Confidence: 0.8320942

 $00:10:54.752 \longrightarrow 00:10:56.519$ lot of people in their image.

NOTE Confidence: 0.8320942

 $00:10:56.520 \longrightarrow 00:10:57.910$ But as you can see,

NOTE Confidence: 0.8320942

00:10:57.910 --> 00:10:59.828 we can give a very natural looking

NOTE Confidence: 0.8320942

 $00:10:59.828 \longrightarrow 00:11:01.239$ appearance with their own tissue.

NOTE Confidence: 0.8320942

 $00:11:01.240 \longrightarrow 00:11:02.860$ You never have to worry about

NOTE Confidence: 0.8320942

 $00:11:02.860 \longrightarrow 00:11:04.682$ having an implant you don't have

NOTE Confidence: 0.8320942

 $00{:}11{:}04.682 \dashrightarrow 00{:}11{:}06.058$ to worry about surveillance.

 $00:11:06.060 \longrightarrow 00:11:09.420$ And you can see the scars are actually

NOTE Confidence: 0.8320942

 $00:11:09.420 \longrightarrow 00:11:11.798$ pretty tolerable for this operation.

NOTE Confidence: 0.8320942

 $00:11:11.800 \longrightarrow 00:11:13.893$ So then we follow on to nipple

NOTE Confidence: 0.8320942

 $00:11:13.893 \longrightarrow 00:11:15.941$ reconstruction and on the left we see

NOTE Confidence: 0.8320942

 $00:11:15.941 \longrightarrow 00:11:18.057$ a couple of different ways that I

NOTE Confidence: 0.8320942

00:11:18.057 --> 00:11:20.217 can actually reconstruct projecting nipple.

NOTE Confidence: 0.8320942

 $00:11:20.220 \longrightarrow 00:11:21.845$ But this doesn't always include

NOTE Confidence: 0.8320942

00:11:21.845 --> 00:11:22.820 the pigment changes,

NOTE Confidence: 0.8320942

 $00:11:22.820 \longrightarrow 00:11:25.205$ so I wanted to include on the far right

NOTE Confidence: 0.8320942

00:11:25.205 --> 00:11:27.110 of the slide is actually somebody

NOTE Confidence: 0.8320942

 $00{:}11{:}27.110 \dashrightarrow 00{:}11{:}30.270$ I just met who does 3 dimensional tattooing,

NOTE Confidence: 0.8320942

 $00:11:30.270 \longrightarrow 00:11:32.208$ so that is not 3 dimensional.

NOTE Confidence: 0.8320942

00:11:32.210 --> 00:11:33.570 That is completely flat.

NOTE Confidence: 0.8320942

 $00:11:33.570 \longrightarrow 00:11:35.610$ She can tattoo these results so

NOTE Confidence: 0.8320942

 $00:11:35.673 \longrightarrow 00:11:38.097$ even if you don't want to have a

 $00:11:38.097 \longrightarrow 00:11:40.031$ projecting nipple you can have a

NOTE Confidence: 0.8320942

00:11:40.031 --> 00:11:41.606 very realistic appearance of a

NOTE Confidence: 0.8320942

 $00:11:41.606 \longrightarrow 00:11:43.940$ nipple in a nipple areola complex without.

NOTE Confidence: 0.8320942

00:11:43.940 --> 00:11:45.320 Necessarily undergoing additional procedures,

NOTE Confidence: 0.8320942

 $00:11:45.320 \longrightarrow 00:11:47.045$ and it will completely natural.

NOTE Confidence: 0.8320942

 $00:11:47.050 \longrightarrow 00:11:49.164$ You can feel more whole and it

NOTE Confidence: 0.8320942

 $00:11:49.164 \longrightarrow 00:11:51.210$ will conceal your mastectomy scars.

NOTE Confidence: 0.8320942

 $00:11:51.210 \longrightarrow 00:11:54.746$ So I wanted to share these options as.

NOTE Confidence: 0.8320942

00:11:54.750 --> 00:11:59.316 Newer things on the on the.

NOTE Confidence: 0.8320942

00:11:59.320 --> 00:12:00.319 On the pipeline,

NOTE Confidence: 0.8320942

 $00{:}12{:}00.319 \dashrightarrow 00{:}12{:}02.317$ kind of coming up for reconstruction,

NOTE Confidence: 0.8320942

 $00:12:02.320 \longrightarrow 00:12:04.312$ but also to consider some older

NOTE Confidence: 0.8320942

00:12:04.312 --> 00:12:05.308 techniques like tattooing.

NOTE Confidence: 0.8320942

 $00:12:05.310 \longrightarrow 00:12:06.730$ Even that would be certainly

NOTE Confidence: 0.8320942

 $00:12:06.730 \longrightarrow 00:12:08.150$ appropriate and reasonable to offer

NOTE Confidence: 0.8320942

 $00:12:08.197 \longrightarrow 00:12:09.825$ anybody who's undergone mastectomies

 $00:12:09.825 \longrightarrow 00:12:10.639$ or reconstruction,

NOTE Confidence: 0.8579269

 $00{:}12{:}10.640 \dashrightarrow 00{:}12{:}13.104$ and they can make people feel whole

NOTE Confidence: 0.8579269

 $00:12:13.104 \longrightarrow 00:12:15.638$ again at the end of all of this.

NOTE Confidence: 0.8579269

00:12:15.640 --> 00:12:16.968 All their cancer treatments.

NOTE Confidence: 0.8579269

 $00:12:16.968 \longrightarrow 00:12:18.966$ And once there, once they are

NOTE Confidence: 0.8579269

 $00:12:18.966 \longrightarrow 00:12:20.626$ beyond the worry about survival.

NOTE Confidence: 0.8579269

00:12:20.630 --> 00:12:23.294 So I really enjoy helping people feel whole.

NOTE Confidence: 0.8579269

00:12:23.300 --> 00:12:25.956 I talked to people through the whole journey.

NOTE Confidence: 0.8579269

00:12:25.960 --> 00:12:27.694 I see them very frequently through

NOTE Confidence: 0.8579269

00:12:27.694 --> 00:12:29.750 the first year of reconstruction.

NOTE Confidence: 0.8579269

 $00:12:29.750 \longrightarrow 00:12:31.731$ And I always let them know that

NOTE Confidence: 0.8579269

 $00:12:31.731 \longrightarrow 00:12:33.613$ this is not necessarily a one

NOTE Confidence: 0.8579269

00:12:33.613 --> 00:12:35.867 stop shop and I can't take care

NOTE Confidence: 0.8579269

00:12:35.939 --> 00:12:37.979 of everything in one operation,

NOTE Confidence: 0.8579269

 $00:12:37.980 \longrightarrow 00:12:39.898$ even though I would love to have

 $00:12:39.898 \longrightarrow 00:12:41.954$ them wake up and feel completely

NOTE Confidence: 0.8579269

 $00:12:41.954 \longrightarrow 00:12:43.899$ whole again with their breasts.

NOTE Confidence: 0.8579269

 $00:12:43.900 \longrightarrow 00:12:46.212$ But I really try to get to know

NOTE Confidence: 0.8579269

00:12:46.212 --> 00:12:48.255 my patients and help them through

NOTE Confidence: 0.8579269

00:12:48.255 --> 00:12:50.349 that first year journey to get

NOTE Confidence: 0.8579269

 $00:12:50.423 \longrightarrow 00:12:52.439$ to their final reconstruction.

NOTE Confidence: 0.8579269

 $00:12:52.440 \longrightarrow 00:12:55.070$ So I'd be happy to take questions at the end,

NOTE Confidence: 0.8579269

 $00:12:55.070 \longrightarrow 00:12:56.904$ but I just wanted to give a

NOTE Confidence: 0.89040923

 $00:12:56.910 \longrightarrow 00:12:57.958$ brief overview of what

NOTE Confidence: 0.89040923

 $00:12:57.960 \longrightarrow 00:12:59.794$ I can offer. This is really fantastic.

NOTE Confidence: 0.89040923

 $00{:}12{:}59.800 \dashrightarrow 00{:}13{:}01.822$ Doctor Mastriani and I know this

NOTE Confidence: 0.89040923

 $00:13:01.822 \longrightarrow 00:13:05.048$ is going to lead to a lot of great

NOTE Confidence: 0.89040923

 $00:13:05.048 \longrightarrow 00:13:06.488$ questions later this evening.

NOTE Confidence: 0.89040923

00:13:06.490 --> 00:13:09.098 I see Doctor Fishback has joined us,

NOTE Confidence: 0.89040923

 $00:13:09.100 \longrightarrow 00:13:12.083$ but since I've changed the order now three

NOTE Confidence: 0.89040923

 $00:13:12.083 \longrightarrow 00:13:14.590$ times and maybe will have doctor Zang

 $00:13:14.590 \longrightarrow 00:13:17.679$ go next and then the cleanup batter is

NOTE Confidence: 0.7790084

00:13:17.680 --> 00:13:19.168 doctor Fishback, right on?

NOTE Confidence: 0.7790084

00:13:19.170 --> 00:13:21.040 Thanks Mara, thanks. I Melissa,

NOTE Confidence: 0.7790084

 $00:13:21.040 \longrightarrow 00:13:23.278$ let me share my screen here.

NOTE Confidence: 0.37896022

 $00:13:28.940 \longrightarrow 00:13:30.170$ Go front.

NOTE Confidence: 0.8466654

00:13:34.740 --> 00:13:36.679 OK, my name is Andrew saying I'm

NOTE Confidence: 0.8466654

00:13:36.679 --> 00:13:38.930 one of the radiation oncologist.

NOTE Confidence: 0.8466654

 $00:13:38.930 \longrightarrow 00:13:41.531$ It's a true pleasure to be here and share

NOTE Confidence: 0.8466654

00:13:41.531 --> 00:13:44.510 a little bit about tremble Cancer Center,

NOTE Confidence: 0.8466654

 $00:13:44.510 \longrightarrow 00:13:46.604$ which is one of seven cancer

NOTE Confidence: 0.8466654

 $00:13:46.604 \longrightarrow 00:13:48.000$ centers here and yeah.

NOTE Confidence: 0.8466654

00:13:48.000 --> 00:13:50.656 So without further due this year on the

NOTE Confidence: 0.8466654

00:13:50.656 --> 00:13:52.890 topics will hit them quite briefly.

NOTE Confidence: 0.8466654

 $00:13:52.890 \longrightarrow 00:13:54.182$ But there's five topics.

NOTE Confidence: 0.8466654

 $00:13:54.182 \longrightarrow 00:13:56.730$ First is just a general site overview.

 $00:13:56.730 \longrightarrow 00:13:58.122$ What does art rumble?

NOTE Confidence: 0.8466654

00:13:58.122 --> 00:13:59.166 Cancer Center have?

NOTE Confidence: 0.8466654

00:13:59.170 --> 00:14:01.120 An #2 is general breast treatment

NOTE Confidence: 0.8466654

 $00:14:01.120 \longrightarrow 00:14:02.855$ options for radiation therapy actually

NOTE Confidence: 0.8466654

00:14:02.855 --> 00:14:04.745 follows Melissa's talk very nicely,

NOTE Confidence: 0.8466654

 $00:14:04.750 \longrightarrow 00:14:06.578$ because radiation is usually

NOTE Confidence: 0.8466654

 $00:14:06.578 \longrightarrow 00:14:07.949$ given after surgery.

NOTE Confidence: 0.8466654

00:14:07.950 --> 00:14:10.098 And #3, how does radiation work?

NOTE Confidence: 0.8466654

 $00{:}14{:}10.100 \dashrightarrow 00{:}14{:}13.680$ I hope it does because we give it a lot.

NOTE Confidence: 0.8466654

 $00:14:13.680 \longrightarrow 00:14:15.540 \# 4$ is advances in our radiation

NOTE Confidence: 0.8466654

 $00{:}14{:}15.540 \dashrightarrow 00{:}14{:}18.116$ delivery and #5 is advances in the

NOTE Confidence: 0.8466654

 $00:14:18.116 \longrightarrow 00:14:20.226$ treatment techniques which is really

NOTE Confidence: 0.8466654

 $00:14:20.226 \longrightarrow 00:14:22.628$ interesting and can't wait to get there.

NOTE Confidence: 0.8466654

00:14:22.630 --> 00:14:25.540 So let's let's start by #1.

NOTE Confidence: 0.8466654

00:14:25.540 --> 00:14:27.515 So our Cancer Center has

NOTE Confidence: 0.8466654

 $00:14:27.515 \longrightarrow 00:14:28.700$ the technical aspect.

 $00:14:28.700 \longrightarrow 00:14:29.502$ Our machines.

NOTE Confidence: 0.8466654

 $00:14:29.502 \longrightarrow 00:14:31.908$ We have two linear accelerators that

NOTE Confidence: 0.8466654

00:14:31.908 --> 00:14:34.339 called Linux the machines on the for

NOTE Confidence: 0.8466654

 $00:14:34.339 \longrightarrow 00:14:36.489$ example on the right that produced

NOTE Confidence: 0.8466654

 $00:14:36.489 \longrightarrow 00:14:38.577$ the radiation treatment photons.

NOTE Confidence: 0.8466654

 $00:14:38.580 \longrightarrow 00:14:40.660$ Electrons are all options from

NOTE Confidence: 0.8466654

 $00:14:40.660 \longrightarrow 00:14:43.478$ these machines and then we have a

NOTE Confidence: 0.8466654

 $00{:}14{:}43.478 \dashrightarrow 00{:}14{:}45.781$ dedicated CT machine we call the see

NOTE Confidence: 0.8466654

00:14:45.781 --> 00:14:48.449 T simulator to help identify the.

NOTE Confidence: 0.8466654

 $00:14:48.450 \longrightarrow 00:14:50.430$ For example, the tumor cavity,

NOTE Confidence: 0.8466654

 $00:14:50.430 \longrightarrow 00:14:52.010$ the brass, the heart,

NOTE Confidence: 0.8466654

 $00:14:52.010 \longrightarrow 00:14:54.380$ lungs and treat to millimeter accuracy.

NOTE Confidence: 0.8466654

 $00:14:54.380 \longrightarrow 00:14:56.550$ So that allows us to.

NOTE Confidence: 0.8466654

 $00:14:56.550 \longrightarrow 00:14:59.875$ Plan our radiation according to your anatomy.

NOTE Confidence: 0.8466654

 $00:14:59.880 \longrightarrow 00:15:01.083$ Where patients anatomy.

 $00:15:01.083 \longrightarrow 00:15:02.687$ So we have Staffs.

NOTE Confidence: 0.8466654

 $00{:}15{:}02.690 \dashrightarrow 00{:}15{:}04.690$ Two radiation colleges hunt side.

NOTE Confidence: 0.8466654

 $00:15:04.690 \longrightarrow 00:15:07.497$ We have a whole team of dosimetry,

NOTE Confidence: 0.8466654

 $00{:}15{:}07.500 \dashrightarrow 00{:}15{:}08.956$ physics the rapists nursing PA.

NOTE Confidence: 0.8466654

 $00:15:08.956 \longrightarrow 00:15:11.627$ So radiation is just not one physician

NOTE Confidence: 0.8466654

 $00{:}15{:}11.627 \dashrightarrow 00{:}15{:}13.752$ ministering the treatment but actually

NOTE Confidence: 0.8466654

00:15:13.752 --> 00:15:16.724 takes entire team to deliver a safe

NOTE Confidence: 0.8466654

 $00:15:16.724 \longrightarrow 00:15:18.729$ and effective radiation therapy plan.

NOTE Confidence: 0.82216173

 $00{:}15{:}20.750 \dashrightarrow 00{:}15{:}22.470$ So surgery systemic therapy,

NOTE Confidence: 0.82216173

 $00:15:22.470 \longrightarrow 00:15:25.050$ which Neil will talk about radiation,

NOTE Confidence: 0.82216173

 $00{:}15{:}25.050 \dashrightarrow 00{:}15{:}27.200$ we all work in conjunction

NOTE Confidence: 0.82216173

 $00:15:27.200 \longrightarrow 00:15:28.920$ after a surgical procedure.

NOTE Confidence: 0.82216173

00:15:28.920 --> 00:15:31.070 Whether it's a lumpectomy, may,

NOTE Confidence: 0.82216173

 $00:15:31.070 \longrightarrow 00:15:33.650$ or whether it's miss activate their

NOTE Confidence: 0.82216173

 $00:15:33.650 \longrightarrow 00:15:35.370$ options for radiation treatment,

NOTE Confidence: 0.82216173

 $00:15:35.370 \longrightarrow 00:15:37.023$ after a lumpectomy.

 $00{:}15{:}37.023 \mathrel{--}{>} 00{:}15{:}39.778$ Usually we get whole breast

NOTE Confidence: 0.82216173

00:15:39.778 --> 00:15:41.361 radiation treatment. BRT.

NOTE Confidence: 0.82216173

00:15:41.361 --> 00:15:43.285 After masectomy it's postmastectomy

NOTE Confidence: 0.82216173

 $00{:}15{:}43.285 \dashrightarrow 00{:}15{:}45.970$ radiation and each one of those

NOTE Confidence: 0.82216173

 $00:15:45.970 \longrightarrow 00:15:48.238$ we can add in regional notes.

NOTE Confidence: 0.82216173

00:15:48.240 --> 00:15:50.520 If a patient is high risks,

NOTE Confidence: 0.82216173

 $00:15:50.520 \longrightarrow 00:15:52.395$ for example with very large

NOTE Confidence: 0.82216173

 $00:15:52.395 \longrightarrow 00:15:53.520$ aggressive invasive cancers

NOTE Confidence: 0.82216173

 $00:15:53.520 \longrightarrow 00:15:55.448$ or their nodes are positive.

NOTE Confidence: 0.8458714

 $00:15:58.770 \longrightarrow 00:16:01.014$ The treatment given with radiation has

NOTE Confidence: 0.8458714

 $00:16:01.014 \longrightarrow 00:16:03.330$ changed over the past few decades.

NOTE Confidence: 0.8458714

 $00:16:03.330 \longrightarrow 00:16:05.175$ Traditionally, all patients have gone

NOTE Confidence: 0.8458714

 $00{:}16{:}05.175 \dashrightarrow 00{:}16{:}07.468$ 50 Gray in 25 fractions radiations

NOTE Confidence: 0.8458714

 $00:16:07.468 \longrightarrow 00:16:10.163$ given Monday to Friday every single day.

NOTE Confidence: 0.8458714

 $00:16:10.170 \longrightarrow 00:16:12.450$ So that's five days a week,

 $00:16:12.450 \longrightarrow 00:16:13.970$ leading to five weeks.

NOTE Confidence: 0.8458714

 $00:16:13.970 \longrightarrow 00:16:16.250$ So over the past few years,

NOTE Confidence: 0.8458714

00:16:16.250 --> 00:16:17.738 we've been uniformly throughout

NOTE Confidence: 0.8458714

00:16:17.738 --> 00:16:19.598 the country and actually pretty

NOTE Confidence: 0.8458714

00:16:19.598 --> 00:16:21.570 much throughout the entire world,

NOTE Confidence: 0.8458714

 $00{:}16{:}21.570 \dashrightarrow 00{:}16{:}23.470$ going to hypo fractionated course.

NOTE Confidence: 0.8458714

 $00{:}16{:}23.470 \dashrightarrow 00{:}16{:}25.545$ That basically means we take

NOTE Confidence: 0.8458714

 $00:16:25.545 \longrightarrow 00:16:27.620$ that 15 to 5 week.

NOTE Confidence: 0.8458714

 $00{:}16{:}27.620 \to 00{:}16{:}30.245$ 50 Gray treatment, and we condense it.

NOTE Confidence: 0.8458714

 $00:16:30.250 \longrightarrow 00:16:32.500$ So instead of two great day,

NOTE Confidence: 0.8458714

 $00{:}16{:}32.500 \dashrightarrow 00{:}16{:}34.702$ we actually increase it a little

NOTE Confidence: 0.8458714

 $00{:}16{:}34.702 \dashrightarrow 00{:}16{:}37.000$ bit to may be 2.6 great day.

NOTE Confidence: 0.8458714

 $00:16:37.000 \longrightarrow 00:16:39.250$ And that only takes 15 treatments.

NOTE Confidence: 0.8458714

 $00:16:39.250 \longrightarrow 00:16:41.868$ Three weeks after the whole breast radiation.

NOTE Confidence: 0.8458714

 $00:16:41.870 \longrightarrow 00:16:43.745$ These are more than conventional

NOTE Confidence: 0.8458714

 $00:16:43.745 \longrightarrow 00:16:45.245$ approaches we can boost,

 $00:16:45.250 \longrightarrow 00:16:47.632$ and the boost is basically the

NOTE Confidence: 0.8458714

 $00:16:47.632 \longrightarrow 00:16:49.637$ last week of treatment added

NOTE Confidence: 0.8458714

 $00:16:49.637 \longrightarrow 00:16:51.996$ on to the five or three weeks,

NOTE Confidence: 0.8458714

 $00:16:52.000 \longrightarrow 00:16:53.875$ and we either target the

NOTE Confidence: 0.8458714

00:16:53.875 --> 00:16:55.000 lumpectomy cavity itself,

NOTE Confidence: 0.8458714

00:16:55.000 --> 00:16:57.618 which is the higher this re occurrence,

NOTE Confidence: 0.8458714

 $00:16:57.620 \longrightarrow 00:16:58.330$ or retire.

NOTE Confidence: 0.8458714

 $00{:}16{:}58.330 \dashrightarrow 00{:}17{:}00.105$ Get the postmast ectomy scar line

NOTE Confidence: 0.8458714

00:17:00.105 --> 00:17:02.161 that is usually given over a

NOTE Confidence: 0.8458714

00:17:02.161 --> 00:17:04.009 course of four or five fractions,

NOTE Confidence: 0.8458714

 $00:17:04.010 \longrightarrow 00:17:06.278$ and that's added on to the five

NOTE Confidence: 0.8458714

 $00:17:06.278 \longrightarrow 00:17:07.250$ or three weeks.

NOTE Confidence: 0.8424894

 $00:17:10.610 \longrightarrow 00:17:12.626$ So what is whole breast radiation?

NOTE Confidence: 0.8424894

 $00:17:12.630 \longrightarrow 00:17:14.926$ Well, as you can see in the diagram

NOTE Confidence: 0.8424894

 $00:17:14.926 \longrightarrow 00:17:17.347$ on the right patients lie supine,

 $00:17:17.350 \longrightarrow 00:17:19.960$ belly up with their arms up and our machine

NOTE Confidence: 0.8424894

 $00{:}17{:}19.960 \dashrightarrow 00{:}17{:}22.552$ is able to deliver these tangent beams

NOTE Confidence: 0.8424894

 $00:17:22.552 \longrightarrow 00:17:25.113$ that only really target the breasts in

NOTE Confidence: 0.8424894

 $00:17:25.113 \longrightarrow 00:17:27.451$ this case and spare the normal tissue.

NOTE Confidence: 0.8424894

 $00:17:27.460 \longrightarrow 00:17:30.156$ So if you can see my mouse here,

NOTE Confidence: 0.8424894

00:17:30.160 --> 00:17:32.176 I'm going to point out the

NOTE Confidence: 0.8424894

00:17:32.176 --> 00:17:33.184 radiation treatment field.

NOTE Confidence: 0.8424894

 $00:17:33.190 \longrightarrow 00:17:36.214$ So let's say this machine head is over here.

NOTE Confidence: 0.8424894

 $00{:}17{:}36.220 \dashrightarrow 00{:}17{:}39.036$ It's giving a medial treatment tangent so it.

NOTE Confidence: 0.8424894

 $00{:}17{:}39.040 \dashrightarrow 00{:}17{:}41.175$ It's the breast and avoids normal tissue

NOTE Confidence: 0.8424894

 $00{:}17{:}41.175 \dashrightarrow 00{:}17{:}43.920$ like the lung, so this black is the lung.

NOTE Confidence: 0.8424894

 $00:17:43.920 \longrightarrow 00:17:45.705$ This is the heart and the dose

NOTE Confidence: 0.8424894

 $00{:}17{:}45.705 \dashrightarrow 00{:}17{:}47.484$ here in this multi colored region

NOTE Confidence: 0.8424894

 $00:17:47.484 \longrightarrow 00:17:49.689$ is the vast majority of the dose

NOTE Confidence: 0.8424894

 $00:17:49.752 \longrightarrow 00:17:51.240$ which targets the breast.

NOTE Confidence: 0.8327312

 $00:17:55.160 \longrightarrow 00:17:57.074$ This can also be given either

00:17:57.074 --> 00:17:58.959 supine like I described or prone,

NOTE Confidence: 0.8327312

 $00{:}17{:}58.960 \dashrightarrow 00{:}18{:}00.550$ belly douse, Owens belly down.

NOTE Confidence: 0.8327312

 $00:18:00.550 \longrightarrow 00:18:03.086$ There is a board that looks like this,

NOTE Confidence: 0.8327312

 $00:18:03.090 \longrightarrow 00:18:04.902$ and a patient lies with belly

NOTE Confidence: 0.8327312

 $00:18:04.902 \longrightarrow 00:18:06.890$ down and a breast hangs down.

NOTE Confidence: 0.8327312

 $00:18:06.890 \longrightarrow 00:18:08.154$ This technique is really

NOTE Confidence: 0.8327312

00:18:08.154 --> 00:18:09.734 good for women with large,

NOTE Confidence: 0.8327312

 $00{:}18{:}09.740 \dashrightarrow 00{:}18{:}11.325$ pendulous breasts because as you

NOTE Confidence: 0.8327312

 $00{:}18{:}11.325 \dashrightarrow 00{:}18{:}13.566$ can see it separates the breast from

NOTE Confidence: 0.8327312

 $00{:}18{:}13.566 \dashrightarrow 00{:}18{:}15.366$ the chest wall and by definition

NOTE Confidence: 0.8327312

 $00{:}18{:}15.366 \longrightarrow 00{:}18{:}17.312$ also from the internal organs like

NOTE Confidence: 0.8327312

 $00:18:17.312 \longrightarrow 00:18:19.244$ the heart here circled in purple.

NOTE Confidence: 0.8327312

 $00:18:19.250 \longrightarrow 00:18:21.497$ So when the breast falls into this

NOTE Confidence: 0.8327312

 $00:18:21.497 \longrightarrow 00:18:24.097$ cavity here we can target it with very.

NOTE Confidence: 0.8327312

 $00:18:24.100 \longrightarrow 00:18:26.070$ Similar arrangement of things and

 $00:18:26.070 \longrightarrow 00:18:28.530$ spare the heart and the lungs.

NOTE Confidence: 0.8327312

 $00{:}18{:}28.530 \dashrightarrow 00{:}18{:}31.730$ Which are these black spots

NOTE Confidence: 0.8327312

 $00:18:31.730 \longrightarrow 00:18:33.650$ from radiation treatment?

NOTE Confidence: 0.8327312

 $00:18:33.650 \longrightarrow 00:18:34.676$ As I mentioned,

NOTE Confidence: 0.8327312

 $00:18:34.676 \longrightarrow 00:18:36.044$ whole breast radiation or

NOTE Confidence: 0.8327312

 $00:18:36.044 \longrightarrow 00:18:37.451$ postmastectomy radiation can also

NOTE Confidence: 0.8327312

 $00:18:37.451 \longrightarrow 00:18:38.779$ include regional lymph nodes.

NOTE Confidence: 0.8327312

00:18:38.780 --> 00:18:41.167 So what are these regional lymph nodes?

NOTE Confidence: 0.8327312

00:18:41.170 --> 00:18:43.084 Well they exist kind of in

NOTE Confidence: 0.8327312

 $00:18:43.084 \longrightarrow 00:18:44.940$ the border of the breast.

NOTE Confidence: 0.8327312

 $00:18:44.940 \longrightarrow 00:18:46.986$ So here we have the breast.

NOTE Confidence: 0.8327312

 $00:18:46.990 \longrightarrow 00:18:48.695$ Here we have the internal

NOTE Confidence: 0.8327312

00:18:48.695 --> 00:18:49.718 mammary lymph nodes.

NOTE Confidence: 0.8327312

 $00{:}18{:}49.720 \dashrightarrow 00{:}18{:}51.430$ We have axillary lymph nodes.

NOTE Confidence: 0.8327312

 $00:18:51.430 \longrightarrow 00:18:53.488$ We have super clavicular lymph nodes.

NOTE Confidence: 0.8327312

00:18:53.490 --> 00:18:55.440 All these lymph nodes kind of

 $00:18:55.440 \longrightarrow 00:18:57.250$ drained fluid from the breast.

NOTE Confidence: 0.8327312

 $00{:}18{:}57.250 \rightarrow 00{:}18{:}59.260$ And if the primary tumor unfortunately

NOTE Confidence: 0.8327312

 $00:18:59.260 \longrightarrow 00:19:01.370$ goes when the lymph nodes, well,

NOTE Confidence: 0.8327312

 $00:19:01.370 \longrightarrow 00:19:03.530$ it generally it's one of these.

NOTE Confidence: 0.8327312

00:19:03.530 --> 00:19:06.266 So how do we treat that with radiation?

NOTE Confidence: 0.8327312

 $00:19:06.270 \longrightarrow 00:19:06.588$ Well,

NOTE Confidence: 0.8327312

 $00:19:06.588 \longrightarrow 00:19:08.814$ here we have a patient that is

NOTE Confidence: 0.8327312

 $00{:}19{:}08.814 \dashrightarrow 00{:}19{:}10.050$ getting postmast ectomy radiation.

NOTE Confidence: 0.8327312

 $00:19:10.050 \longrightarrow 00:19:11.760$ So they had mastectomy and

NOTE Confidence: 0.8327312

 $00:19:11.760 \longrightarrow 00:19:12.786$ actually an implant.

NOTE Confidence: 0.8327312

00:19:12.790 --> 00:19:15.044 Here you can see this nice circular

NOTE Confidence: 0.8327312

 $00:19:15.044 \dashrightarrow 00:19:17.590$ over feature we treat with similar beam.

NOTE Confidence: 0.8327312

 $00{:}19{:}17.590 \dashrightarrow 00{:}19{:}19.718$ So the red beam is that medial

NOTE Confidence: 0.8327312

 $00:19:19.718 \longrightarrow 00:19:21.370$ tangent I described previously.

NOTE Confidence: 0.8327312

 $00:19:21.370 \longrightarrow 00:19:23.414$ The blue comes from the other side

 $00:19:23.414 \longrightarrow 00:19:25.830$ to give a very homogeneous dose,

NOTE Confidence: 0.8327312

 $00{:}19{:}25.830 \dashrightarrow 00{:}19{:}29.246$ and the orange being is from the top.

NOTE Confidence: 0.8327312

 $00{:}19{:}29.250 \dashrightarrow 00{:}19{:}30.770$ Which treats the Super clavicular

NOTE Confidence: 0.8327312

00:19:30.770 --> 00:19:33.114 look Jones up here if you can see

NOTE Confidence: 0.8327312

 $00:19:33.114 \longrightarrow 00:19:34.643$ this little purple circle here,

NOTE Confidence: 0.8327312

 $00:19:34.643 \longrightarrow 00:19:36.198$ that's the internal mammary lymph

NOTE Confidence: 0.8327312

 $00{:}19{:}36.198 \dashrightarrow 00{:}19{:}37.695$ nodes that actually is treated

NOTE Confidence: 0.8327312

00:19:37.695 --> 00:19:39.345 with the tangent beams as well.

NOTE Confidence: 0.8327312

 $00:19:39.350 \longrightarrow 00:19:41.310$ So not only do we treat the

NOTE Confidence: 0.8327312

 $00:19:41.310 \longrightarrow 00:19:42.909$ chest wall in this case,

NOTE Confidence: 0.8327312

 $00:19:42.910 \longrightarrow 00:19:45.286$ but we also treat the regional lymph nodes,

NOTE Confidence: 0.8327312

 $00{:}19{:}45.290 \to 00{:}19{:}48.686$ which is very important many patients.

NOTE Confidence: 0.8327312

 $00:19:48.690 \longrightarrow 00:19:51.090$ So the next topic is does radiation work?

NOTE Confidence: 0.8327312

 $00:19:51.090 \longrightarrow 00:19:52.890$ Now there's many, many different studies.

NOTE Confidence: 0.8327312

00:19:52.890 --> 00:19:55.590 If I just want to bring this one study,

NOTE Confidence: 0.8327312

 $00{:}19{:}55.590 \dashrightarrow 00{:}19{:}57.606$ I suppose is a meta analysis with

 $00:19:57.606 \longrightarrow 00:19:59.189$ the largest number of patients.

NOTE Confidence: 0.8327312

 $00:19:59.190 \longrightarrow 00:20:00.288$ So let's kind.

NOTE Confidence: 0.8327312

 $00:20:00.288 \longrightarrow 00:20:02.850$ Just look at this one graph here.

NOTE Confidence: 0.8327312

 $00:20:02.850 \longrightarrow 00:20:04.370$ So over 10,000 patients,

NOTE Confidence: 0.8327312

00:20:04.370 --> 00:20:05.130 17 trials,

NOTE Confidence: 0.8327312

 $00:20:05.130 \longrightarrow 00:20:07.632$ all of these patients had lumpectomy's

NOTE Confidence: 0.8327312

00:20:07.632 --> 00:20:09.300 breast conservation surgery and

NOTE Confidence: 0.8327312

 $00:20:09.369 \longrightarrow 00:20:10.949$ whole breast radiation an all

NOTE Confidence: 0.8327312

 $00:20:10.949 \longrightarrow 00:20:13.130$ comers at the five year interval.

NOTE Confidence: 0.8327312

00:20:13.130 --> 00:20:13.892 Without radiation,

NOTE Confidence: 0.8327312

 $00:20:13.892 \longrightarrow 00:20:15.416$ the re occurrence rate,

NOTE Confidence: 0.8327312

00:20:15.420 --> 00:20:17.706 any first re occurrence is 25%

NOTE Confidence: 0.8327312

 $00:20:17.710 \longrightarrow 00:20:19.610$ which is decreased by half.

NOTE Confidence: 0.8327312

 $00:20:19.610 \longrightarrow 00:20:23.039$ So this is kind of an with other studies.

NOTE Confidence: 0.8327312

 $00:20:23.040 \longrightarrow 00:20:26.127$ This is kind of where we get the I

 $00:20:26.127 \longrightarrow 00:20:29.110$ supposed mantra that radiation decreases.

NOTE Confidence: 0.8327312

 $00:20:29.110 \dashrightarrow 00:20:31.637$ Local regional recurrence by at least 50%.

NOTE Confidence: 0.8528848

 $00:20:36.070 \longrightarrow 00:20:37.973$ Here we have patience with

NOTE Confidence: 0.8528848

 $00:20:37.973 \longrightarrow 00:20:39.116$ node negative disease.

NOTE Confidence: 0.8528848

 $00:20:39.120 \longrightarrow 00:20:41.836$ In here we have patients with node

NOTE Confidence: 0.8528848

00:20:41.836 --> 00:20:44.492 positive disease and it makes a very

NOTE Confidence: 0.8528848

00:20:44.492 --> 00:20:46.610 big difference whether or not they

NOTE Confidence: 0.8528848

00:20:46.686 --> 00:20:49.020 had node positive or no negative,

NOTE Confidence: 0.8528848

 $00:20:49.020 \longrightarrow 00:20:51.306$ and this study kind of concluded.

NOTE Confidence: 0.8528848

00:20:51.310 --> 00:20:53.536 Another thing that we often think

NOTE Confidence: 0.8528848

 $00{:}20{:}53.536 \dashrightarrow 00{:}20{:}55.499$ about is how many reoccurrences

NOTE Confidence: 0.8528848

 $00:20:55.499 \longrightarrow 00:20:58.699$ can we avoid in order to prevent 1

NOTE Confidence: 0.8528848

00:20:58.699 --> 00:21:01.220 deaths and based on this one study,

NOTE Confidence: 0.8528848

00:21:01.220 --> 00:21:03.165 it's every four reoccurrences avoided

NOTE Confidence: 0.8528848

 $00:21:03.165 \longrightarrow 00:21:05.110$ equals one breast cancer death.

NOTE Confidence: 0.8528848

 $00:21:05.110 \longrightarrow 00:21:07.576$ Avoid it so a four to one ratio is

 $00:21:07.576 \longrightarrow 00:21:09.938$ kind of the name of the game in

NOTE Confidence: 0.8528848

 $00:21:09.938 \longrightarrow 00:21:11.975$ terms of whole breast radiation

NOTE Confidence: 0.8528848

 $00{:}21{:}11.975 \dashrightarrow 00{:}21{:}14.175$ and preventing these outcomes.

NOTE Confidence: 0.79877037

00:21:16.520 --> 00:21:18.280 And as postmastectomy radiation works,

NOTE Confidence: 0.79877037

 $00:21:18.280 \longrightarrow 00:21:21.096$ you bet and lymph nodes also matter here.

NOTE Confidence: 0.79877037

 $00:21:21.100 \longrightarrow 00:21:23.206$ So this is actually really interesting

NOTE Confidence: 0.79877037

 $00:21:23.206 \longrightarrow 00:21:26.050$ because the lymph nodes matter a lot more

NOTE Confidence: 0.79877037

 $00{:}21{:}26.050 \dashrightarrow 00{:}21{:}27.780$ in terms of postmast ectomy radiation.

NOTE Confidence: 0.79877037

00:21:27.780 --> 00:21:29.898 If you are lymph node negative,

NOTE Confidence: 0.79877037

 $00:21:29.900 \longrightarrow 00:21:31.680$ these 700 patients radiation really

NOTE Confidence: 0.79877037

 $00:21:31.680 \longrightarrow 00:21:34.195$ doesn't make a difference and we often

NOTE Confidence: 0.79877037

 $00:21:34.195 \longrightarrow 00:21:35.880$ don't do post secondary radiation.

NOTE Confidence: 0.79877037

 $00:21:35.880 \longrightarrow 00:21:37.196$ These very small cancers,

NOTE Confidence: 0.79877037

 $00:21:37.196 \longrightarrow 00:21:39.750$ for example there are linked to negative.

NOTE Confidence: 0.79877037

 $00:21:39.750 \longrightarrow 00:21:41.871$ But if your lymph node positive then

 $00:21:41.871 \longrightarrow 00:21:44.330$ it does make a tremendous difference.

NOTE Confidence: 0.79877037

00:21:44.330 --> 00:21:46.436 Here at 10 years without radiation,

NOTE Confidence: 0.79877037

 $00{:}21{:}46.440 \dashrightarrow 00{:}21{:}48.270$ 26% of local regional reoccurrences.

NOTE Confidence: 0.79877037

 $00:21:48.270 \longrightarrow 00:21:49.870$ And with radiation it's 8%,

NOTE Confidence: 0.79877037

 $00:21:49.870 \longrightarrow 00:21:52.430$ so it is a pretty big significant difference.

NOTE Confidence: 0.8758764

 $00{:}21{:}57.280 \dashrightarrow 00{:}21{:}59.548$ We have some advances in radiation.

NOTE Confidence: 0.8758764

 $00:21:59.550 \longrightarrow 00:22:01.895$ One of the advances in order to

NOTE Confidence: 0.8758764

00:22:01.895 --> 00:22:03.854 decrease side effect is this

NOTE Confidence: 0.8758764

 $00{:}22{:}03.854 \dashrightarrow 00{:}22{:}05.618$ advancement called surface image.

NOTE Confidence: 0.8758764

00:22:05.620 --> 00:22:07.930 It's a technique where using different

NOTE Confidence: 0.8758764

00:22:07.930 --> 00:22:10.628 light fields were able to construct a

NOTE Confidence: 0.8758764

00:22:10.628 --> 00:22:12.812 3D representation of your chest wall.

NOTE Confidence: 0.8758764

 $00:22:12.820 \longrightarrow 00:22:15.284$ So here on the right you can kind

NOTE Confidence: 0.8758764

00:22:15.284 --> 00:22:17.748 of see this 3D representation.

NOTE Confidence: 0.8758764

 $00:22:17.750 \longrightarrow 00:22:20.078$ This is important because it measures

NOTE Confidence: 0.8758764

 $00:22:20.078 \longrightarrow 00:22:23.047$ the rise and fall of your chest wall,

 $00:22:23.050 \longrightarrow 00:22:25.378$ so these are continuous during treatment.

NOTE Confidence: 0.8758764

 $00:22:25.380 \longrightarrow 00:22:27.190$ The radiation treatment itself is

NOTE Confidence: 0.8758764

 $00:22:27.190 \longrightarrow 00:22:29.335$ in the matter of seconds, actually,

NOTE Confidence: 0.8758764

 $00:22:29.335 \longrightarrow 00:22:31.345$ that is when the radiation beam

NOTE Confidence: 0.8758764

 $00:22:31.345 \longrightarrow 00:22:32.980$ is actually being delivered.

NOTE Confidence: 0.8758764

 $00:22:32.980 \longrightarrow 00:22:35.920$ So a lot of times what happens

NOTE Confidence: 0.8758764

 $00:22:35.920 \longrightarrow 00:22:37.180$ is during radiation.

NOTE Confidence: 0.8758764

 $00:22:37.180 \longrightarrow 00:22:39.490$ We want to do two things who want to check

NOTE Confidence: 0.8758764

 $00:22:39.545 \longrightarrow 00:22:41.687$ the accuracy of the patients treatment.

NOTE Confidence: 0.8758764

 $00:22:41.690 \longrightarrow 00:22:43.734$ So you can imagine since radiation is

NOTE Confidence: 0.8758764

 $00:22:43.734 \longrightarrow 00:22:45.917$ either three weeks long or five weeks long,

NOTE Confidence: 0.8758764

 $00{:}22{:}45.920 \dashrightarrow 00{:}22{:}47.928$ we want to make sure that patients in

NOTE Confidence: 0.8758764

 $00{:}22{:}47.928 \dashrightarrow 00{:}22{:}50.150$ the exact same position every single day.

NOTE Confidence: 0.8758764

 $00:22:50.150 \longrightarrow 00:22:52.285$ The worst thing that could happen is

NOTE Confidence: 0.8758764

 $00:22:52.285 \longrightarrow 00:22:54.558$ one data positions off in here and then

 $00:22:54.558 \longrightarrow 00:22:56.917$ we missed the whole breast with a chest wall.

NOTE Confidence: 0.8758764

 $00:22:56.920 \longrightarrow 00:22:59.128$ In order to avoid that we have different

NOTE Confidence: 0.8758764

00:22:59.128 --> 00:23:00.734 techniques like this in order to

NOTE Confidence: 0.8758764

 $00:23:00.734 \longrightarrow 00:23:02.240$ measure the patient chest wall and

NOTE Confidence: 0.8758764

 $00:23:02.294 \longrightarrow 00:23:03.969$ position the patient correctly #2.

NOTE Confidence: 0.8758764

 $00:23:03.970 \longrightarrow 00:23:05.930$ Not only do we want the patient

NOTE Confidence: 0.8758764

 $00:23:05.930 \longrightarrow 00:23:07.190$ to be the same.

NOTE Confidence: 0.8758764

 $00:23:07.190 \longrightarrow 00:23:07.750$ Every day,

NOTE Confidence: 0.8758764

 $00{:}23{:}07.750 \dashrightarrow 00{:}23{:}09.430$ but during the treatment itself we

NOTE Confidence: 0.8758764

 $00:23:09.430 \longrightarrow 00:23:11.471$ have to monitor the patient just in

NOTE Confidence: 0.8758764

 $00:23:11.471 \longrightarrow 00:23:13.430$ case there is some unknown movement.

NOTE Confidence: 0.8758764

 $00:23:13.430 \longrightarrow 00:23:14.082$ For example,

NOTE Confidence: 0.8758764

 $00:23:14.082 \longrightarrow 00:23:16.690$ the patient has a terrible see is who

NOTE Confidence: 0.8758764

 $00:23:16.756 \longrightarrow 00:23:19.430$ they cough or they move during treatment.

NOTE Confidence: 0.8758764

 $00:23:19.430 \longrightarrow 00:23:21.446$ So this is called gated treatment.

NOTE Confidence: 0.8758764

 $00:23:21.450 \longrightarrow 00:23:23.430$ Attracts changes in position and location

 $00:23:23.430 \longrightarrow 00:23:25.140$ during the actual treatment itself.

NOTE Confidence: 0.8549116

 $00:23:28.130 \longrightarrow 00:23:29.093$ With that technique,

NOTE Confidence: 0.8549116

00:23:29.093 --> 00:23:31.019 were able to monitor the patient

NOTE Confidence: 0.8549116

00:23:31.019 --> 00:23:33.198 breath and the technique that we use

NOTE Confidence: 0.8549116

 $00:23:33.198 \longrightarrow 00:23:34.985$ is called deep inspiration breath hold

NOTE Confidence: 0.8549116

 $00{:}23{:}34.985 {\:{\circ}{\circ}{\circ}}>00{:}23{:}36.854$ so this technique can be best shown

NOTE Confidence: 0.8549116

 $00:23:36.854 \longrightarrow 00:23:39.160$ in these two images here on the left

NOTE Confidence: 0.8549116

 $00:23:39.160 \longrightarrow 00:23:41.327$ and the right is the same patient,

NOTE Confidence: 0.8549116

 $00:23:41.330 \longrightarrow 00:23:43.493$ but here on the left the patient

NOTE Confidence: 0.8549116

00:23:43.493 --> 00:23:45.337 is just breathing normally we have

NOTE Confidence: 0.8549116

 $00:23:45.337 \longrightarrow 00:23:47.325$ a chest CT scan of the chest.

NOTE Confidence: 0.8549116

 $00:23:47.330 \longrightarrow 00:23:48.830$ Here's a breast up here.

NOTE Confidence: 0.8549116

00:23:48.830 --> 00:23:50.330 Here's a heart and pink,

NOTE Confidence: 0.8549116

 $00:23:50.330 \longrightarrow 00:23:52.241$ but if the patient takes a breath

NOTE Confidence: 0.8549116

 $00:23:52.241 \longrightarrow 00:23:54.530$ you can see the lungs are expanded.

 $00:23:54.530 \longrightarrow 00:23:57.018$ The heart is moved away from the breast.

NOTE Confidence: 0.8549116

 $00:23:57.020 \longrightarrow 00:23:59.044$ And therefore the heart will get less dose,

NOTE Confidence: 0.8549116

 $00:23:59.050 \longrightarrow 00:24:00.574$ which is exactly what we want

NOTE Confidence: 0.8549116

 $00:24:00.574 \longrightarrow 00:24:01.336$ in these plants.

NOTE Confidence: 0.8210117

 $00:24:04.410 \longrightarrow 00:24:06.391$ I drew a red line here to

NOTE Confidence: 0.8210117

 $00:24:06.391 \longrightarrow 00:24:08.230$ show the beams of radiation.

NOTE Confidence: 0.8210117

 $00:24:08.230 \longrightarrow 00:24:10.126$ The posterior border of the beams.

NOTE Confidence: 0.8210117

00:24:10.130 --> 00:24:11.402 As you can remember,

NOTE Confidence: 0.8210117

 $00{:}24{:}11.402 --> 00{:}24{:}12.674$ there's a medial tangent.

NOTE Confidence: 0.8210117

00:24:12.680 --> 00:24:14.340 There's a lateral tangent and

NOTE Confidence: 0.8210117

 $00{:}24{:}14.340 \dashrightarrow 00{:}24{:}16.000$ that theme edge is represented

NOTE Confidence: 0.8210117

 $00:24:16.055 \longrightarrow 00:24:17.765$ by the red without breath hold.

NOTE Confidence: 0.8210117

00:24:17.770 --> 00:24:19.355 Sometimes it's very difficult to

NOTE Confidence: 0.8210117

00:24:19.355 --> 00:24:21.900 avoid a heart, as you can see here,

NOTE Confidence: 0.8210117

 $00:24:21.900 \longrightarrow 00:24:23.168$ there's some little overlap

NOTE Confidence: 0.8210117

 $00:24:23.168 \longrightarrow 00:24:24.436$ which we don't want,

 $00:24:24.440 \longrightarrow 00:24:25.712$ but with Breathhold were

NOTE Confidence: 0.8210117

 $00:24:25.712 \longrightarrow 00:24:27.302$ able to avoid the hard,

NOTE Confidence: 0.8210117

 $00:24:27.310 \longrightarrow 00:24:27.966$ sometimes entirely,

NOTE Confidence: 0.8210117

 $00:24:27.966 \longrightarrow 00:24:29.606$ and that decreases our long-term

NOTE Confidence: 0.8210117

 $00:24:29.606 \longrightarrow 00:24:31.120$ side effects for the heart.

NOTE Confidence: 0.863368

 $00{:}24{:}35.420 \dashrightarrow 00{:}24{:}37.075$ So this is another representation

NOTE Confidence: 0.863368

 $00:24:37.075 \longrightarrow 00:24:39.162$ of how the heart moves with

NOTE Confidence: 0.863368

 $00:24:39.162 \longrightarrow 00:24:40.630$ the breath hold technique.

NOTE Confidence: 0.863368

 $00:24:40.630 \longrightarrow 00:24:42.706$ The Red is the heart here.

NOTE Confidence: 0.863368

 $00:24:42.710 \longrightarrow 00:24:44.440$ The Green is the diaphragm.

NOTE Confidence: 0.863368

 $00{:}24{:}44.440 \dashrightarrow 00{:}24{:}47.248$ So if you take a breath in the heart

NOTE Confidence: 0.863368

 $00:24:47.248 \longrightarrow 00:24:49.650$ moves it down an moves backwards,

NOTE Confidence: 0.863368

 $00{:}24{:}49.650 \dashrightarrow 00{:}24{:}51.756$ so those two movements really help

NOTE Confidence: 0.863368

 $00:24:51.756 \longrightarrow 00:24:53.810$ prevent radiation dose to the heart.

NOTE Confidence: 0.8542935

00:24:57.600 --> 00:24:59.756 This is what the patient sees actually,

00:24:59.760 --> 00:25:01.452 so the patient wears these funky

NOTE Confidence: 0.8542935

 $00{:}25{:}01.452 \dashrightarrow 00{:}25{:}03.319$ goggles and on the goggles there's

NOTE Confidence: 0.8542935

 $00:25:03.319 \longrightarrow 00:25:05.019$ this little bar thing here.

NOTE Confidence: 0.8542935

 $00:25:05.020 \longrightarrow 00:25:07.873$ This orange bar moves up and down to the

NOTE Confidence: 0.8542935

 $00:25:07.873 \longrightarrow 00:25:10.270$ patients breath and this is what we see.

NOTE Confidence: 0.8542935

 $00:25:10.270 \longrightarrow 00:25:12.124$ So when the patient just breathe

NOTE Confidence: 0.8542935

00:25:12.124 --> 00:25:14.173 normally up and down, up and down,

NOTE Confidence: 0.8542935

 $00:25:14.173 \longrightarrow 00:25:16.469$ up and down until we take tell the

NOTE Confidence: 0.8542935

 $00{:}25{:}16.469 {\:{\circ}{\circ}{\circ}}>00{:}25{:}18.807$ patient to please hold your breath into

NOTE Confidence: 0.8542935

00:25:18.807 --> 00:25:21.394 the green line and so they hold their

NOTE Confidence: 0.8542935

 $00:25:21.394 \longrightarrow 00:25:23.578$ breath into the Green Line and hold

NOTE Confidence: 0.8542935

 $00:25:23.578 \longrightarrow 00:25:25.474$ it during the duration of treatment.

NOTE Confidence: 0.8542935

 $00:25:25.480 \longrightarrow 00:25:27.545$ Which is usually in the order of.

NOTE Confidence: 0.8542935

 $00:25:27.550 \longrightarrow 00:25:29.608$ I would say 15 seconds or so.

NOTE Confidence: 0.8542935

00:25:29.610 --> 00:25:31.090 The patients green lines hear

NOTE Confidence: 0.8542935

 $00:25:31.090 \longrightarrow 00:25:32.860$ what they see is this bar,

 $00:25:32.860 \longrightarrow 00:25:35.173$ so all they do is that they make sure

NOTE Confidence: 0.8542935

 $00:25:35.173 \longrightarrow 00:25:37.578$ they hold their breath within the line.

NOTE Confidence: 0.8542935

 $00:25:37.580 \longrightarrow 00:25:38.170$ 15 seconds.

NOTE Confidence: 0.8542935

00:25:38.170 --> 00:25:39.940 Usually most patients can do this

NOTE Confidence: 0.8542935

 $00:25:39.940 \longrightarrow 00:25:41.410$ without any problems at all.

NOTE Confidence: 0.87876415

 $00:25:43.530 \longrightarrow 00:25:45.080$ So there are new treatment

NOTE Confidence: 0.87876415

 $00:25:45.080 \longrightarrow 00:25:46.630$ techniques that we have been

NOTE Confidence: 0.87876415

 $00{:}25{:}46.695 \dashrightarrow 00{:}25{:}48.729$ following and adapting here at Yale,

NOTE Confidence: 0.87876415

 $00:25:48.730 \longrightarrow 00:25:50.030$ and they're actually really,

NOTE Confidence: 0.87876415

 $00:25:50.030 \longrightarrow 00:25:50.680$ really interesting.

NOTE Confidence: 0.87876415

 $00{:}25{:}50.680 \dashrightarrow 00{:}25{:}54.260$ So I want to share a few of them with you.

NOTE Confidence: 0.87876415

 $00:25:54.260 \longrightarrow 00:25:55.580$ So as you know,

NOTE Confidence: 0.87876415

 $00{:}25{:}55.580 \to 00{:}25{:}57.230$ the traditional treatment like I

NOTE Confidence: 0.87876415

 $00:25:57.230 \longrightarrow 00:25:59.130$ mentioned was five weeks, 25 treatments.

NOTE Confidence: 0.87876415

 $00:25:59.130 \longrightarrow 00:26:01.405$ It's very long and the question is,

 $00:26:01.410 \longrightarrow 00:26:03.678$ what if we can always shrink it?

NOTE Confidence: 0.87876415

 $00:26:03.680 \longrightarrow 00:26:06.605$ So over the course of the past few decades,

NOTE Confidence: 0.87876415

 $00:26:06.610 \longrightarrow 00:26:08.560$ we've shrunk it from 5 weeks.

NOTE Confidence: 0.87876415

 $00:26:08.560 \longrightarrow 00:26:10.695$ That three weeks there's a lot of

NOTE Confidence: 0.87876415

00:26:10.695 --> 00:26:12.878 data here in Europe or whatnot.

NOTE Confidence: 0.87876415

00:26:12.880 --> 00:26:14.450 That is, further shrinking that,

NOTE Confidence: 0.87876415

 $00:26:14.450 \longrightarrow 00:26:16.634$ so this is called the fast regimen.

NOTE Confidence: 0.87876415

 $00:26:16.640 \longrightarrow 00:26:18.824$ What if we can do breast radiation,

NOTE Confidence: 0.87876415

 $00{:}26{:}18.830 \dashrightarrow 00{:}26{:}20.708$ whole breast radiation in five treatments,

NOTE Confidence: 0.87876415

 $00:26:20.710 \longrightarrow 00:26:21.604$ not five weeks?

NOTE Confidence: 0.87876415

 $00{:}26{:}21.604 --> 00{:}26{:}23.392$ And when that be a mazing to

NOTE Confidence: 0.87876415

 $00:26:23.392 \longrightarrow 00:26:25.089$ the patient to save time,

NOTE Confidence: 0.87876415

 $00:26:25.090 \longrightarrow 00:26:26.968$ and if it has the same

NOTE Confidence: 0.87876415

 $00{:}26{:}26.968 \dashrightarrow 00{:}26{:}28.220$ efficacy and side effects,

NOTE Confidence: 0.87876415

 $00:26:28.220 \longrightarrow 00:26:30.656$ and that would be a very good

NOTE Confidence: 0.87876415

 $00{:}26{:}30.656 \dashrightarrow 00{:}26{:}32.420$ alternative to some patients.

 $00:26:32.420 \longrightarrow 00:26:35.462$ So it turns out that based on data that

NOTE Confidence: 0.87876415

 $00{:}26{:}35.462 \dashrightarrow 00{:}26{:}38.351$ that has become a reality in the past

NOTE Confidence: 0.87876415

00:26:38.351 --> 00:26:41.570 few years and now in most of our centers,

NOTE Confidence: 0.87876415

 $00:26:41.570 \longrightarrow 00:26:43.330$ we're offering this fast regimen,

NOTE Confidence: 0.87876415

 $00:26:43.330 \longrightarrow 00:26:45.528$ which is a five treatment course once

NOTE Confidence: 0.87876415

 $00:26:45.528 \longrightarrow 00:26:47.910$ a week for early stage patients.

NOTE Confidence: 0.87876415

00:26:47.910 --> 00:26:50.101 These are not the node positive patients

NOTE Confidence: 0.87876415

 $00:26:50.101 \longrightarrow 00:26:52.480$ that require the regional nodal radiation,

NOTE Confidence: 0.87876415

 $00:26:52.480 \longrightarrow 00:26:54.424$ but they just require whole breast

NOTE Confidence: 0.87876415

 $00:26:54.424 \longrightarrow 00:26:56.710$ radiation after a simple lumpectomy swear,

NOTE Confidence: 0.87876415

 $00:26:56.710 \longrightarrow 00:26:58.078$ something small like a,

NOTE Confidence: 0.87876415

 $00{:}26{:}58.078 \dashrightarrow 00{:}27{:}00.580$ for example 1 centimeter small breast cancer.

NOTE Confidence: 0.87876415

 $00:27:00.580 \longrightarrow 00:27:01.988$ So right early stage,

NOTE Confidence: 0.87876415

 $00:27:01.988 \longrightarrow 00:27:03.396$ no negative after lumpectomy.

NOTE Confidence: 0.87876415

 $00:27:03.400 \longrightarrow 00:27:05.610$ These are generally the patients

 $00:27:05.610 \longrightarrow 00:27:07.378$ that we want to.

NOTE Confidence: 0.87876415

 $00:27:07.380 \longrightarrow 00:27:09.040$ Treat with this regiment.

NOTE Confidence: 0.87876415

 $00:27:09.040 \longrightarrow 00:27:11.938$ Now another regiment that we have been

NOTE Confidence: 0.87876415

 $00:27:11.938 \longrightarrow 00:27:14.297$ discussing is you can imagine well now

NOTE Confidence: 0.87876415

 $00:27:14.297 \longrightarrow 00:27:17.299$ if a cancer is 1 centimeters in size.

NOTE Confidence: 0.87876415

 $00:27:17.300 \longrightarrow 00:27:20.140$ Do you have to treat the entire breast?

NOTE Confidence: 0.87876415

00:27:20.140 --> 00:27:22.222 A lot of patients asked me

NOTE Confidence: 0.87876415

00:27:22.222 --> 00:27:24.400 that and I always say that,

NOTE Confidence: 0.87876415 00:27:24.400 --> 00:27:24.730 well, NOTE Confidence: 0.87876415

 $00:27:24.730 \longrightarrow 00:27:26.710$ maybe not so this is called

NOTE Confidence: 0.87876415

 $00:27:26.710 \longrightarrow 00:27:28.310$ accelerated partial breast radiation.

NOTE Confidence: 0.87876415

00:27:28.310 --> 00:27:31.150 Truly actually has been around for a very,

NOTE Confidence: 0.87876415

 $00:27:31.150 \longrightarrow 00:27:32.212$ very long time,

NOTE Confidence: 0.87876415

 $00:27:32.212 \longrightarrow 00:27:34.336$ but the techniques have been changing.

NOTE Confidence: 0.87876415

 $00:27:34.340 \longrightarrow 00:27:36.860$ This one technique is actually from a

NOTE Confidence: 0.87876415

 $00:27:36.860 \longrightarrow 00:27:39.637$ center in Italy that reported the study.

 $00:27:39.640 \longrightarrow 00:27:42.125$ Showing a also a 5 fraction treatment

NOTE Confidence: 0.87876415

 $00{:}27{:}42.125 \to 00{:}27{:}44.727$ every other day to part of the breast,

NOTE Confidence: 0.87876415

 $00:27:44.730 \longrightarrow 00:27:46.194$ hence accelerated partial breast.

NOTE Confidence: 0.87876415

00:27:46.194 --> 00:27:48.024 This currently is our operating

NOTE Confidence: 0.87876415

 $00:27:48.024 \longrightarrow 00:27:49.333$ procedure and our safety

NOTE Confidence: 0.87876415

 $00:27:49.333 \longrightarrow 00:27:50.823$ procedures currently in the works.

NOTE Confidence: 0.87876415

 $00:27:50.830 \longrightarrow 00:27:53.660$ So maybe if you were to ask me in a

NOTE Confidence: 0.87876415

 $00{:}27{:}53.751 \to 00{:}27{:}56.586$ month or two or maybe three months,

NOTE Confidence: 0.87876415

 $00{:}27{:}56.590 \dashrightarrow 00{:}27{:}59.980$ we'll see if we can get this up and running.

NOTE Confidence: 0.87876415

 $00{:}27{:}59.980 \dashrightarrow 00{:}28{:}02.395$ So this is something in the future

NOTE Confidence: 0.87876415

 $00{:}28{:}02.395 \dashrightarrow 00{:}28{:}04.780$ that we're looking forward to as well

NOTE Confidence: 0.87876415

 $00:28:04.780 \longrightarrow 00:28:07.115$ so we have all these different new

NOTE Confidence: 0.87876415

 $00:28:07.115 \longrightarrow 00:28:09.899$ options in order to help the patients offer.

NOTE Confidence: 0.87876415

00:28:09.900 --> 00:28:11.016 Different treatments according

NOTE Confidence: 0.87876415

 $00:28:11.016 \longrightarrow 00:28:12.876$ to the patient's busy schedules

 $00:28:12.876 \longrightarrow 00:28:14.920$ and to deliver safe radiation.

NOTE Confidence: 0.8676893

00:28:19.690 --> 00:28:22.007 Not only do we have new treatments,

NOTE Confidence: 0.8676893

 $00:28:22.010 \longrightarrow 00:28:24.554$ but we are a center that really believes

NOTE Confidence: 0.8676893

 $00:28:24.554 \longrightarrow 00:28:26.667$ in pushing medicine to the cutting edge

NOTE Confidence: 0.8676893

 $00:28:26.667 \longrightarrow 00:28:29.305$ and a lot of the cutting edge treatments

NOTE Confidence: 0.8676893

 $00:28:29.305 \longrightarrow 00:28:31.639$ have to do with clinical trials.

NOTE Confidence: 0.8676893

 $00:28:31.640 \longrightarrow 00:28:33.225$ These are large, randomized, often

NOTE Confidence: 0.8676893

 $00:28:33.225 \longrightarrow 00:28:35.290$ randomized trials that asked the question.

NOTE Confidence: 0.8676893

 $00:28:35.290 \longrightarrow 00:28:36.950$ While we have this standard

NOTE Confidence: 0.8676893

00:28:36.950 --> 00:28:38.592 treatment that's very, very good,

NOTE Confidence: 0.8676893

 $00{:}28{:}38.592 \dashrightarrow 00{:}28{:}41.160$ but we have data showing that you know

NOTE Confidence: 0.8676893

 $00:28:41.229 \longrightarrow 00:28:43.588$ other treatment can be just as good,

NOTE Confidence: 0.8676893

 $00:28:43.590 \longrightarrow 00:28:44.661$ maybe even better.

NOTE Confidence: 0.8676893

 $00:28:44.661 \longrightarrow 00:28:47.160$ Why don't we do a study randomizing

NOTE Confidence: 0.8676893

00:28:47.231 --> 00:28:49.349 patient between one or two arms?

NOTE Confidence: 0.8676893

 $00:28:49.350 \longrightarrow 00:28:51.816$ And see what the outcomes are.

00:28:51.820 --> 00:28:54.548 So based on earlier studies like I mentioned,

NOTE Confidence: 0.8676893

 $00:28:54.550 \longrightarrow 00:28:57.278$ this one study is called the fabric trial,

NOTE Confidence: 0.8676893

 $00:28:57.280 \longrightarrow 00:28:58.640$ which is fractionation after

NOTE Confidence: 0.8676893

 $00:28:58.640 \longrightarrow 00:28:59.320$ breast reconstruction.

NOTE Confidence: 0.8676893

00:28:59.320 --> 00:29:01.904 So if you remember the picture I showed

NOTE Confidence: 0.8676893

00:29:01.904 --> 00:29:04.440 before with implantation to 1, not there,

NOTE Confidence: 0.8676893

00:29:04.440 --> 00:29:06.140 then anatomy of the implantation,

NOTE Confidence: 0.8676893

00:29:06.140 --> 00:29:08.527 it's a little different than normal tissue,

NOTE Confidence: 0.8676893

 $00:29:08.530 \longrightarrow 00:29:09.802$ but not by much.

NOTE Confidence: 0.8676893

00:29:09.802 --> 00:29:12.958 But we want to make sure that it's safe,

NOTE Confidence: 0.8676893

 $00:29:12.960 \longrightarrow 00:29:15.570$ so this is a really good trial in order

NOTE Confidence: 0.8676893

 $00:29:15.570 \longrightarrow 00:29:18.080$ to show if the standard treatment,

NOTE Confidence: 0.8676893

00:29:18.080 --> 00:29:20.656 which is the 25 fractions to 50 Gray

NOTE Confidence: 0.8676893

 $00:29:20.656 \longrightarrow 00:29:23.247$ is the same as the 16 fractions.

NOTE Confidence: 0.8676893

00:29:23.250 --> 00:29:26.071 242 Gray some centers do 15 fractions

 $00:29:26.071 \longrightarrow 00:29:27.686$ some centers, 216 fractions,

NOTE Confidence: 0.8676893

 $00{:}29{:}27.686 \dashrightarrow 00{:}29{:}30.910$ but this one trial does the 16 fractions.

NOTE Confidence: 0.8676893

 $00:29:30.910 \longrightarrow 00:29:33.322$ Now what is the outcome that

NOTE Confidence: 0.8676893

 $00:29:33.322 \longrightarrow 00:29:34.528$ we're looking at?

NOTE Confidence: 0.8676893

 $00:29:34.530 \longrightarrow 00:29:36.948$ It is the patient report outcomes.

NOTE Confidence: 0.8676893

 $00:29:36.950 \longrightarrow 00:29:40.350$ Basically that's caused me sis.

NOTE Confidence: 0.8676893

00:29:40.350 --> 00:29:41.720 Radiation, as you might know,

NOTE Confidence: 0.8676893

 $00:29:41.720 \longrightarrow 00:29:43.638$ is like kind of like the sun.

NOTE Confidence: 0.8676893

 $00{:}29{:}43.640 \dashrightarrow 00{:}29{:}45.558$ You get the sunburn on the breast,

NOTE Confidence: 0.8676893

 $00:29:45.560 \longrightarrow 00:29:47.198$ and that's a major side effect,

NOTE Confidence: 0.8676893

 $00:29:47.200 \longrightarrow 00:29:48.292$ so it's little red,

NOTE Confidence: 0.8676893

00:29:48.292 --> 00:29:49.384 it
chy peely they'll tan,

NOTE Confidence: 0.8676893

 $00:29:49.390 \longrightarrow 00:29:51.126$ and that is what we are looking

NOTE Confidence: 0.8676893

 $00:29:51.126 \longrightarrow 00:29:53.025$ at to see if these two fractions

NOTE Confidence: 0.8676893

 $00:29:53.025 \longrightarrow 00:29:55.150$ are the same or one is better.

NOTE Confidence: 0.8580389

 $00:29:57.680 \longrightarrow 00:30:00.250$ The final the final study.

 $00:30:00.250 \longrightarrow 00:30:02.539$ I want to bring to light is

NOTE Confidence: 0.8580389

 $00:30:02.539 \longrightarrow 00:30:03.520$ something called Deescalation?

NOTE Confidence: 0.8580389

 $00:30:03.520 \longrightarrow 00:30:05.560$ What if we're giving too much

NOTE Confidence: 0.8580389

 $00:30:05.560 \longrightarrow 00:30:07.925$ radiation or to such a large area

NOTE Confidence: 0.8580389

 $00:30:07.925 \longrightarrow 00:30:10.390$ that a lot of patients don't need it?

NOTE Confidence: 0.8580389

 $00:30:10.390 \longrightarrow 00:30:12.190$ Surely there are grey zones and

NOTE Confidence: 0.8580389

 $00:30:12.190 \longrightarrow 00:30:13.980$ radiation like any other specialty.

NOTE Confidence: 0.8580389

 $00:30:13.980 \longrightarrow 00:30:15.288$ Sometimes these grey zones

NOTE Confidence: 0.8580389

 $00{:}30{:}15.288 \dashrightarrow 00{:}30{:}17.250$ have to do with lymph nodes.

NOTE Confidence: 0.8580389

 $00:30:17.250 \longrightarrow 00:30:18.506$ In this particular case,

NOTE Confidence: 0.8580389

 $00:30:18.506 \longrightarrow 00:30:20.759$ the patient had low volume lymph nodes

NOTE Confidence: 0.8580389

 $00:30:20.759 \dashrightarrow 00:30:22.613$ and I mentioned that before lymph

NOTE Confidence: 0.8580389

 $00{:}30{:}22.613 \dashrightarrow 00{:}30{:}24.298$ nodes are almost always indicator

NOTE Confidence: 0.8580389

 $00:30:24.298 \longrightarrow 00:30:26.404$ to treat the regional lymph nodes.

NOTE Confidence: 0.8580389

00:30:26.410 --> 00:30:27.718 Well, not necessarily because

00:30:27.718 --> 00:30:29.680 certain times there are Gray area.

NOTE Confidence: 0.8580389

 $00:30:29.680 \longrightarrow 00:30:31.570$ So we want to see.

NOTE Confidence: 0.8580389

00:30:31.570 --> 00:30:32.974 In patients with lumpectomy,

NOTE Confidence: 0.8580389

00:30:32.974 --> 00:30:34.729 if they can randomize him,

NOTE Confidence: 0.8580389

 $00:30:34.730 \longrightarrow 00:30:36.782$ the whole breast radiation or radiation

NOTE Confidence: 0.8580389

 $00:30:36.782 \longrightarrow 00:30:39.290$ and regional locales in the second patients,

NOTE Confidence: 0.8580389

 $00:30:39.290 \longrightarrow 00:30:41.586$ we don't have to do post inspecting

NOTE Confidence: 0.8580389

 $00:30:41.586 \longrightarrow 00:30:43.150$ radiation or postmastectomy radiation.

NOTE Confidence: 0.8580389

 $00:30:43.150 \longrightarrow 00:30:43.852$ 11 notes.

NOTE Confidence: 0.8580389

00:30:43.852 --> 00:30:44.203 Basically,

NOTE Confidence: 0.8580389

 $00:30:44.203 \longrightarrow 00:30:46.309$ this is just to show that,

NOTE Confidence: 0.8580389

 $00:30:46.310 \longrightarrow 00:30:46.686$ again,

NOTE Confidence: 0.8580389

 $00:30:46.686 \longrightarrow 00:30:48.942$ we're trying to push the boundaries

NOTE Confidence: 0.8580389

 $00{:}30{:}48.942 \dashrightarrow 00{:}30{:}50.510$ and understand these Gray

NOTE Confidence: 0.8580389

 $00{:}30{:}50.510 \dashrightarrow 00{:}30{:}52.736$ areas better so we can tailor

NOTE Confidence: 0.8580389

 $00{:}30{:}52.736 \dashrightarrow 00{:}30{:}54.201$ deliver radiation treatment to

 $00:30:54.201 \longrightarrow 00:30:55.959$ the patients that we deem that

NOTE Confidence: 0.8580389

 $00:30:55.959 \longrightarrow 00:30:57.176$ they need extra treatments.

NOTE Confidence: 0.8580389

 $00:30:57.176 \longrightarrow 00:30:57.848$ For example,

NOTE Confidence: 0.8580389

 $00:30:57.848 \longrightarrow 00:30:59.528$ it actually treatment would be

NOTE Confidence: 0.8580389

 $00:30:59.528 \longrightarrow 00:31:01.050$ the regional nodal radiation.

NOTE Confidence: 0.832601

 $00:31:03.670 \longrightarrow 00:31:06.446$ So in summary, radiation is an essential part

NOTE Confidence: 0.832601

 $00:31:06.446 \longrightarrow 00:31:09.339$ of multi daldy treatment of breast cancer.

NOTE Confidence: 0.832601

 $00:31:09.340 \longrightarrow 00:31:11.446$ It is very important and works

NOTE Confidence: 0.832601

00:31:11.446 --> 00:31:13.880 just hand in hand with surgery,

NOTE Confidence: 0.832601

 $00:31:13.880 \longrightarrow 00:31:16.025$ systemic therapies and radiation clearly

NOTE Confidence: 0.832601

00:31:16.025 --> 00:31:18.865 does work and it decreases the risk

NOTE Confidence: 0.832601

 $00{:}31{:}18.865 \dashrightarrow 00{:}31{:}21.437$ of tumor recurrence by at least 50% in

NOTE Confidence: 0.832601

 $00{:}31{:}21.437 \dashrightarrow 00{:}31{:}23.699$ most cases of whole breast radiation,

NOTE Confidence: 0.832601

00:31:23.700 --> 00:31:25.312 radiation can increase patient

NOTE Confidence: 0.832601

00:31:25.312 --> 00:31:27.327 survival and select subsets and

00:31:27.327 --> 00:31:29.746 a lot of these are node positive,

NOTE Confidence: 0.832601

 $00:31:29.750 \longrightarrow 00:31:32.096$ patient that we treat with posting

NOTE Confidence: 0.832601

 $00:31:32.096 \longrightarrow 00:31:33.660$ secondary radiation to prevent.

NOTE Confidence: 0.832601

 $00:31:33.660 \longrightarrow 00:31:35.590$ Reoccurrences and advances in radiation

NOTE Confidence: 0.832601

 $00:31:35.590 \longrightarrow 00:31:37.520$ have improved side effect profile.

NOTE Confidence: 0.832601

 $00:31:37.520 \longrightarrow 00:31:39.450$ That is, the deep inspiration,

NOTE Confidence: 0.832601

 $00:31:39.450 \longrightarrow 00:31:42.852$ breath hold and the techniques to protect

NOTE Confidence: 0.832601

 $00:31:42.852 \longrightarrow 00:31:46.658$ the patient from dose to the lung and heart.

NOTE Confidence: 0.832601

 $00{:}31{:}46.660 \dashrightarrow 00{:}31{:}48.400$ Finally, clinical trials and new

NOTE Confidence: 0.832601

 $00:31:48.400 \longrightarrow 00:31:50.140$ treatment options are available on

NOTE Confidence: 0.832601

 $00{:}31{:}50.196 \dashrightarrow 00{:}31{:}52.116$ most of our radiation oncology sites,

NOTE Confidence: 0.832601

 $00:31:52.120 \longrightarrow 00:31:54.166$ and that's great because you want

NOTE Confidence: 0.832601

 $00:31:54.166 \longrightarrow 00:31:56.246$ to push the boundaries and also

NOTE Confidence: 0.832601

 $00{:}31{:}56.246 {\:{\mbox{--}}\!>}\ 00{:}31{:}57.861$ deliver tailor make ready issue

NOTE Confidence: 0.832601

 $00:31:57.861 \longrightarrow 00:32:00.280$ now here are all the centers that

NOTE Confidence: 0.832601

 $00:32:00.280 \longrightarrow 00:32:02.010$ we are currently operating in.

 $00:32:02.010 \longrightarrow 00:32:04.730$ We span from Greenwich here to New London.

NOTE Confidence: 0.832601

00:32:04.730 --> 00:32:06.018 Here our main satellites.

NOTE Confidence: 0.832601

00:32:06.018 --> 00:32:08.829 The One I work at here is Trumbull,

NOTE Confidence: 0.832601

 $00:32:08.830 \longrightarrow 00:32:11.210$ but the main salads are all here.

NOTE Confidence: 0.832601

 $00:32:11.210 \longrightarrow 00:32:12.574$ Listed below are smile,

NOTE Confidence: 0.832601

00:32:12.574 --> 00:32:13.256 Cancer Center,

NOTE Confidence: 0.832601

00:32:13.260 --> 00:32:16.764 New Haven of course is the mother ship.

NOTE Confidence: 0.832601

00:32:16.770 --> 00:32:19.110 And whatever you get radiation treatments,

NOTE Confidence: 0.832601

00:32:19.110 --> 00:32:21.840 we all have chart rounds on Wednesday,

NOTE Confidence: 0.832601

 $00:32:21.840 \longrightarrow 00:32:24.766$ so all the breast radiation colleges get

NOTE Confidence: 0.832601

 $00:32:24.766 \longrightarrow 00:32:27.686$ together and kind of look at this plant.

NOTE Confidence: 0.832601

 $00:32:27.690 \longrightarrow 00:32:30.126$ So the treatment from any of the

NOTE Confidence: 0.832601

 $00{:}32{:}30.126 \dashrightarrow 00{:}32{:}31.994$ centers is pretty much pretty

NOTE Confidence: 0.832601

00:32:31.994 --> 00:32:34.626 identical because we all look at the

NOTE Confidence: 0.832601

00:32:34.626 --> 00:32:37.658 plans in order to deliver the best

 $00:32:37.658 \longrightarrow 00:32:39.382$ radiation treatment for patients.

NOTE Confidence: 0.832601

 $00:32:39.390 \longrightarrow 00:32:41.340$ And I think that's it.

NOTE Confidence: 0.832601

 $00:32:41.340 \longrightarrow 00:32:43.290$ In like most of said,

NOTE Confidence: 0.832601

 $00{:}32{:}43.290 \dashrightarrow 00{:}32{:}45.630$ will answer questions at the end.

NOTE Confidence: 0.85459566

 $00:32:46.470 \longrightarrow 00:32:48.432$ Andrew, that was terrific and that

NOTE Confidence: 0.85459566

 $00:32:48.432 \longrightarrow 00:32:50.014$ last slide, even though those

NOTE Confidence: 0.85459566

 $00:32:50.014 \longrightarrow 00:32:51.862$ circles were sitting over the Long

NOTE Confidence: 0.85459566

 $00{:}32{:}51.862 \dashrightarrow 00{:}32{:}53.340$ Island Sound radiation stuff.

NOTE Confidence: 0.8383305

00:32:58.160 --> 00:32:59.572 And finally, we're going

NOTE Confidence: 0.8383305

 $00:32:59.572 \longrightarrow 00:33:01.337$ to move to doctor Fishback.

NOTE Confidence: 0.8383305

 $00:33:01.340 \longrightarrow 00:33:02.652$ Last but not least,

NOTE Confidence: 0.8383305

 $00:33:02.652 \longrightarrow 00:33:05.220$ to talk about some of it really.

NOTE Confidence: 0.8383305

 $00:33:05.220 \longrightarrow 00:33:07.272$ Some fantastic changes in the world

NOTE Confidence: 0.8383305

 $00{:}33{:}07.272 \dashrightarrow 00{:}33{:}09.459$ of medical oncology and drug the rapy.

NOTE Confidence: 0.8383305

00:33:09.460 --> 00:33:11.265 And again, I'm encouraging those

NOTE Confidence: 0.8383305

00:33:11.265 --> 00:33:13.779 that are listening in to put in

00:33:13.779 --> 00:33:15.394 through the question and answer

NOTE Confidence: 0.8383305

 $00:33:15.394 \longrightarrow 00:33:17.519$ and and chat any questions so

NOTE Confidence: 0.8383305

 $00:33:17.519 \longrightarrow 00:33:19.339$ we can start preparing those.

NOTE Confidence: 0.8383305

 $00:33:19.340 \longrightarrow 00:33:20.050$ Thanks Neil.

NOTE Confidence: 0.8383305

 $00:33:20.050 \longrightarrow 00:33:21.382$ Alright, thanks for.

NOTE Confidence: 0.8383305

00:33:21.382 --> 00:33:24.046 Let me see if I can.

NOTE Confidence: 0.8383305

 $00:33:24.050 \longrightarrow 00:33:25.590$ Share my screen here.

NOTE Confidence: 0.83726865

00:33:38.090 --> 00:33:39.819 How am I doing? Am I can

NOTE Confidence: 0.83726865

00:33:39.819 --> 00:33:41.090 people see my screen?

NOTE Confidence: 0.86134666

00:33:44.170 --> 00:33:46.150 Mirror Yep, Yep you did.

NOTE Confidence: 0.86134666

 $00{:}33{:}46.150 \dashrightarrow 00{:}33{:}49.696$ It was so you were able to see it.

NOTE Confidence: 0.86134666

 $00{:}33{:}49.700 \dashrightarrow 00{:}33{:}52.500$ OK cool alright so two things I have

NOTE Confidence: 0.86134666

 $00{:}33{:}52.500 \dashrightarrow 00{:}33{:}55.423$ learned from doing events similar to this

NOTE Confidence: 0.86134666

 $00:33:55.423 \longrightarrow 00:33:58.000$ one from Project Runway fashion show.

NOTE Confidence: 0.86134666

00:33:58.000 --> 00:34:00.496 Never walk down a runway after a fireman

 $00:34:00.496 \longrightarrow 00:34:02.750$ and the second from these informational

NOTE Confidence: 0.86134666

 $00{:}34{:}02.750 \dashrightarrow 00{:}34{:}05.630$ sessions is never go after a plastic

NOTE Confidence: 0.86134666

 $00{:}34{:}05.630 \dashrightarrow 00{:}34{:}07.970$ surgeon or radiation on cologist 'cause

NOTE Confidence: 0.86134666

 $00:34:07.970 \longrightarrow 00:34:10.638$ their pictures are always much cooler

NOTE Confidence: 0.86134666

 $00:34:10.638 \longrightarrow 00:34:12.608$ than the medical oncology pictures.

NOTE Confidence: 0.86134666

 $00:34:12.610 \longrightarrow 00:34:14.830$ So I apologize that the photos

NOTE Confidence: 0.86134666

 $00:34:14.830 \longrightarrow 00:34:17.160$ may not be overly inspiring.

NOTE Confidence: 0.86134666

00:34:17.160 --> 00:34:19.488 But the information is certainly yes,

NOTE Confidence: 0.86134666

 $00{:}34{:}19.490 \dashrightarrow 00{:}34{:}22.954$ so we're going to talk about the medical

NOTE Confidence: 0.86134666

00:34:22.954 --> 00:34:24.901 oncologists perspective to what's new

NOTE Confidence: 0.86134666

 $00{:}34{:}24.901 \dashrightarrow 00{:}34{:}27.267$ in breast cancer over the last year.

NOTE Confidence: 0.86134666

 $00:34:27.270 \longrightarrow 00:34:29.622$ And we're just going to touch on

NOTE Confidence: 0.86134666

 $00{:}34{:}29.622 \dashrightarrow 00{:}34{:}32.393$ three topics that will cover how are

NOTE Confidence: 0.86134666

 $00:34:32.393 \longrightarrow 00:34:34.085$ we improving preventing recurrence

NOTE Confidence: 0.86134666

00:34:34.085 --> 00:34:36.193 of breast cancer after tumors

NOTE Confidence: 0.86134666

 $00:34:36.193 \longrightarrow 00:34:38.168$ been removed from a breast?

 $00:34:38.170 \longrightarrow 00:34:38.948$ And specifically,

NOTE Confidence: 0.86134666

 $00{:}34{:}38.948 \dashrightarrow 00{:}34{:}42.060$ we're going to talk about a drug abemaciclib,

NOTE Confidence: 0.86134666

 $00:34:42.060 \longrightarrow 00:34:44.965$ which is recently been demonstrated to have

NOTE Confidence: 0.86134666

00:34:44.965 --> 00:34:47.577 a significant impact in reducing risk of.

NOTE Confidence: 0.86134666

 $00{:}34{:}47.580 \dashrightarrow 00{:}34{:}49.420$ Estrogen dependent breast cancer recurrence.

NOTE Confidence: 0.86134666

 $00{:}34{:}49.420 \dashrightarrow 00{:}34{:}51.821$ We're going to talk about a tool

NOTE Confidence: 0.86134666

 $00:34:51.821 \longrightarrow 00:34:53.820$ called the breast cancer index,

NOTE Confidence: 0.86134666

 $00:34:53.820 \longrightarrow 00:34:56.106$ which is helping us make decisions

NOTE Confidence: 0.86134666

00:34:56.106 --> 00:34:58.742 about what's the best duration of anti

NOTE Confidence: 0.86134666

 $00:34:58.742 \longrightarrow 00:35:01.598$ estrogen therapy 5 or 10 years and we're

NOTE Confidence: 0.86134666

00:35:01.598 --> 00:35:04.097 going to talk about a newcomer drug,

NOTE Confidence: 0.86134666

 $00:35:04.100 \longrightarrow 00:35:05.884$ sassy to some app,

NOTE Confidence: 0.86134666

 $00{:}35{:}05.884 \dashrightarrow 00{:}35{:}08.114$ which recently was FDA approved.

NOTE Confidence: 0.86134666

 $00:35:08.120 \longrightarrow 00:35:10.888$ To treat women with breast cancer that is,

NOTE Confidence: 0.86134666

 $00:35:10.890 \longrightarrow 00:35:13.305$ come back or spread a specific subtype.

00:35:13.310 --> 00:35:14.694 Triple negative breast cancer,

NOTE Confidence: 0.86134666

 $00:35:14.694 \longrightarrow 00:35:15.386$ but one.

NOTE Confidence: 0.86134666

 $00:35:15.390 \longrightarrow 00:35:16.377$ We're very excited.

NOTE Confidence: 0.86134666

 $00:35:16.377 \longrightarrow 00:35:18.680$ May be applicable to the whole spectrum

NOTE Confidence: 0.86134666

 $00:35:18.742 \longrightarrow 00:35:20.920$ of women with metastatic breast cancer,

NOTE Confidence: 0.86134666

 $00:35:20.920 \longrightarrow 00:35:22.996$ and as we touch on each

NOTE Confidence: 0.86134666

 $00:35:22.996 \longrightarrow 00:35:24.380$ of these three topics,

NOTE Confidence: 0.86134666

 $00:35:24.380 \longrightarrow 00:35:27.054$ we'll also highlight how we're trying to

NOTE Confidence: 0.86134666

 $00{:}35{:}27.054 \dashrightarrow 00{:}35{:}29.708$ answer the next generation of questions

NOTE Confidence: 0.86134666

 $00:35:29.708 \dashrightarrow 00:35:32.098$ at Yale through clinical trials.

NOTE Confidence: 0.86134666

 $00{:}35{:}32.100 \dashrightarrow 00{:}35{:}33.950$ So first some nomenclature things,

NOTE Confidence: 0.86134666

 $00:35:33.950 \longrightarrow 00:35:34.716$ your definitions,

NOTE Confidence: 0.86134666

 $00:35:34.716 \longrightarrow 00:35:37.397$ things your breast team may be saying

NOTE Confidence: 0.86134666

 $00{:}35{:}37.397 \dashrightarrow 00{:}35{:}40.219$ that may sound sort of familiar by choice.

NOTE Confidence: 0.86134666

 $00:35:40.220 \longrightarrow 00:35:41.540$ Wonder what they meant.

NOTE Confidence: 0.86134666

 $00:35:41.540 \longrightarrow 00:35:44.649$ So when we use the term ajibon therapy,

 $00:35:44.650 \longrightarrow 00:35:46.580$ we're really talking about treatments

NOTE Confidence: 0.86134666

 $00{:}35{:}46.580 {\:{\circ}{\circ}{\circ}}>00{:}35{:}49.270$ that are given after a primary tumor

NOTE Confidence: 0.86134666

00:35:49.270 --> 00:35:51.699 is removed from the breast with the

NOTE Confidence: 0.86134666

 $00:35:51.699 \longrightarrow 00:35:53.556$ goal of preventing recurrence in

NOTE Confidence: 0.86134666

 $00{:}35{:}53.556 \dashrightarrow 00{:}35{:}56.052$ both the breast in a distant site.

NOTE Confidence: 0.86134666

 $00:35:56.052 \longrightarrow 00:35:58.376$ So very much like after you might

NOTE Confidence: 0.86134666

 $00:35:58.376 \longrightarrow 00:36:00.877$ pluck a dandelion from your yard.

NOTE Confidence: 0.86134666

 $00:36:00.880 \longrightarrow 00:36:02.428$ If you don't like.

NOTE Confidence: 0.86134666

00:36:02.428 --> 00:36:04.363 Dandelions and don't want any

NOTE Confidence: 0.86134666

 $00:36:04.363 \longrightarrow 00:36:06.497$ to crop up anywhere else.

NOTE Confidence: 0.86134666

 $00{:}36{:}06.500 \dashrightarrow 00{:}36{:}08.520$ You may apply dandelion control

NOTE Confidence: 0.86134666

 $00:36:08.520 \longrightarrow 00:36:10.136$ to the entire lawn,

NOTE Confidence: 0.86134666

 $00{:}36{:}10.140 \dashrightarrow 00{:}36{:}12.926$ not just for the Dandelion was that's

NOTE Confidence: 0.86134666

 $00:36:12.926 \longrightarrow 00:36:15.003$ the idea behind agement therapy

NOTE Confidence: 0.86134666

 $00:36:15.003 \longrightarrow 00:36:17.810$ and that can come in many forms.

 $00:36:17.810 \longrightarrow 00:36:18.311$ Chemotherapy,

NOTE Confidence: 0.86134666

 $00:36:18.311 \longrightarrow 00:36:20.816$ anti estrogen treatments or increasingly

NOTE Confidence: 0.86134666

 $00:36:20.816 \longrightarrow 00:36:23.788$ targeted the rapies and when we get to

NOTE Confidence: 0.86134666

 $00:36:23.788 \longrightarrow 00:36:25.881$ talk about abama cycling been a second.

NOTE Confidence: 0.86134666

 $00:36:25.890 \longrightarrow 00:36:28.320$ That is a relatively new pathway.

NOTE Confidence: 0.86134666

 $00:36:28.320 \longrightarrow 00:36:30.930$ Acd K46 Pathway which we'll delve

NOTE Confidence: 0.86134666

 $00{:}36{:}30.930 \dashrightarrow 00{:}36{:}33.834$ into in a moment. Add more and more.

NOTE Confidence: 0.86134666

 $00:36:33.834 \longrightarrow 00:36:35.580$ Now we are doing what's called

NOTE Confidence: 0.86134666

 $00{:}36{:}35.641 --> 00{:}36{:}36.829 \ \mathrm{neoadjuvant \ therapy},$

NOTE Confidence: 0.86134666

 $00:36:36.830 \longrightarrow 00:36:38.565$ and that's treatment which is

NOTE Confidence: 0.86134666

 $00{:}36{:}38.565 \dashrightarrow 00{:}36{:}39.953$ actually given before surgery.

NOTE Confidence: 0.86134666

 $00:36:39.960 \longrightarrow 00:36:42.036$ So even before you have your

NOTE Confidence: 0.86134666

 $00:36:42.036 \longrightarrow 00:36:43.074$ breast tumor removed,

NOTE Confidence: 0.86134666

 $00:36:43.080 \longrightarrow 00:36:45.132$ treatments that go all through the

NOTE Confidence: 0.86134666

 $00:36:45.132 \longrightarrow 00:36:47.239$ body that both shrink the cancer,

NOTE Confidence: 0.86134666

 $00:36:47.240 \longrightarrow 00:36:49.460$ and more importantly.

 $00:36:49.460 \longrightarrow 00:36:52.004$ Eliminate if there were any any

NOTE Confidence: 0.86134666

 $00{:}36{:}52.004 \dashrightarrow 00{:}36{:}54.600$ microscopic deposits of cancer in the body.

NOTE Confidence: 0.86134666

00:36:54.600 --> 00:36:56.480 And while we're not specifically

NOTE Confidence: 0.86134666

 $00:36:56.480 \longrightarrow 00:36:58.360$ going to talk about it

NOTE Confidence: 0.8796453

00:36:58.430 --> 00:37:01.170 in my presentation, be delighted to talk

NOTE Confidence: 0.8796453

 $00:37:01.170 \longrightarrow 00:37:03.330$ about some exciting innovations in anti

NOTE Confidence: 0.8796453

 $00:37:03.399 \longrightarrow 00:37:05.444$ estrogen therapy given before surgery

NOTE Confidence: 0.8796453

 $00:37:05.444 \longrightarrow 00:37:08.030$ or immune therapy given before surgery.

NOTE Confidence: 0.86875397

 $00{:}37{:}11.170 \dashrightarrow 00{:}37{:}13.792$ I'll just version of the really

NOTE Confidence: 0.86875397

 $00{:}37{:}13.792 \dashrightarrow 00{:}37{:}16.257$ cool before and after reconstruction

NOTE Confidence: 0.86875397

 $00{:}37{:}16.257 \dashrightarrow 00{:}37{:}19.417$ picture or the radiation count.

NOTE Confidence: 0.86875397

 $00:37:19.420 \longrightarrow 00:37:22.188$ Quite live up to this the same level,

NOTE Confidence: 0.86875397

 $00{:}37{:}22.190 \dashrightarrow 00{:}37{:}25.190$ but this is a cartoon of the cell cycle so

NOTE Confidence: 0.86875397

 $00:37:25.269 \longrightarrow 00:37:28.413$ when a cell divides including a cancer cell,

NOTE Confidence: 0.86875397

 $00:37:28.420 \longrightarrow 00:37:32.260$ it does so in an orderly process and you can

 $00:37:32.350 \longrightarrow 00:37:36.274$ think of it kind of like a circular assembly.

NOTE Confidence: 0.86875397

 $00:37:36.280 \longrightarrow 00:37:39.920$ Sembly line there are assembly line workers.

NOTE Confidence: 0.86875397

 $00:37:39.920 \dashrightarrow 00:37:42.920$ Who sit at certain checkpoints and they can

NOTE Confidence: 0.86875397

 $00:37:42.920 \longrightarrow 00:37:46.346$ halt the assembly line if there is a problem.

NOTE Confidence: 0.86875397

 $00:37:46.350 \longrightarrow 00:37:48.606$ Now when you look at this,

NOTE Confidence: 0.86875397

 $00:37:48.610 \longrightarrow 00:37:50.500$ cut out the yellow box.

NOTE Confidence: 0.86875397

00:37:50.500 --> 00:37:53.506 This is a small window into a phase of

NOTE Confidence: 0.86875397

 $00:37:53.506 \longrightarrow 00:37:56.599$ the cell cycle where a cell is just

NOTE Confidence: 0.86875397

 $00{:}37{:}56.599 \dashrightarrow 00{:}37{:}59.580$ getting ready to replicate all its DNA,

NOTE Confidence: 0.86875397

 $00:37:59.580 \longrightarrow 00:38:01.722$ and there's a lot going on

NOTE Confidence: 0.86875397

 $00:38:01.722 \longrightarrow 00:38:04.109$ in the cell at that time.

NOTE Confidence: 0.86875397

 $00:38:04.110 \longrightarrow 00:38:06.609$ So sort of in the middle you

NOTE Confidence: 0.86875397

 $00:38:06.609 \longrightarrow 00:38:08.578$ see that estrogen diffuses into

NOTE Confidence: 0.86875397

 $00:38:08.578 \longrightarrow 00:38:10.628$ cells and binds to its.

NOTE Confidence: 0.86875397

 $00:38:10.630 \longrightarrow 00:38:11.534$ Estrogen receptor,

NOTE Confidence: 0.86875397

 $00:38:11.534 \longrightarrow 00:38:14.246$ called the ER an that complex

 $00:38:14.246 \longrightarrow 00:38:17.130$ can go across the dotted line,

NOTE Confidence: 0.86875397

 $00:38:17.130 \longrightarrow 00:38:20.364$ which is the border of the nucleus.

NOTE Confidence: 0.86875397

 $00:38:20.370 \longrightarrow 00:38:24.303$ Bind to DNA and cause changes in genes that

NOTE Confidence: 0.86875397

 $00:38:24.303 \longrightarrow 00:38:28.028$ move the cell along towards replication.

NOTE Confidence: 0.86875397

 $00:38:28.030 \longrightarrow 00:38:30.774$ And so for a long time we've been

NOTE Confidence: 0.86875397

 $00{:}38{:}30.774 \dashrightarrow 00{:}38{:}33.016$ using anti estrogen treatments to

NOTE Confidence: 0.86875397

 $00:38:33.016 \longrightarrow 00:38:35.962$ block this critical pathway in the

NOTE Confidence: 0.86875397

 $00{:}38{:}35.962 \dashrightarrow 00{:}38{:}38.960$ cells going through their cell cycle.

NOTE Confidence: 0.86875397

 $00:38:38.960 \longrightarrow 00:38:41.474$ But there's a parallel pathway that

NOTE Confidence: 0.86875397

 $00:38:41.474 \longrightarrow 00:38:43.760$ involves these cycling and kinases,

NOTE Confidence: 0.86875397

00:38:43.760 --> 00:38:45.137 particularly CD K46,

NOTE Confidence: 0.86875397

 $00:38:45.137 \longrightarrow 00:38:47.891$ which is also critical in moving

NOTE Confidence: 0.86875397

 $00{:}38{:}47.891 \dashrightarrow 00{:}38{:}50.890$ a cell into through this G1 phase

NOTE Confidence: 0.86875397

 $00:38:50.890 \longrightarrow 00:38:53.886$ of the cell cycle to where it's

NOTE Confidence: 0.86875397

 $00:38:53.886 \longrightarrow 00:38:56.011$ getting ready to replicate DNA

 $00:38:56.011 \longrightarrow 00:38:58.670$ and in exactly analogous manner 2.

NOTE Confidence: 0.86875397

 $00:38:58.670 \longrightarrow 00:39:01.370$ For a really bad bacterial infection,

NOTE Confidence: 0.86875397

 $00:39:01.370 \longrightarrow 00:39:03.455$ we may use two antibiotics

NOTE Confidence: 0.86875397

 $00:39:03.455 \longrightarrow 00:39:05.540$ to treat the same infection,

NOTE Confidence: 0.86875397

 $00:39:05.540 \longrightarrow 00:39:07.982$ or for HIV were using multiple

NOTE Confidence: 0.86875397

 $00{:}39{:}07.982 \dashrightarrow 00{:}39{:}10.589$ antiviral drugs to halt the replication

NOTE Confidence: 0.86875397

00:39:10.589 --> 00:39:13.301 of HIV cancers no different than

NOTE Confidence: 0.86875397

00:39:13.301 --> 00:39:16.162 the concept that if you attack two

NOTE Confidence: 0.86875397

 $00{:}39{:}16.162 \dashrightarrow 00{:}39{:}18.466$ growth pathways at the same time,

NOTE Confidence: 0.86875397

 $00:39:18.466 \longrightarrow 00:39:20.546$ you may have better results,

NOTE Confidence: 0.86875397

 $00{:}39{:}20.550 \dashrightarrow 00{:}39{:}23.094$ has been a successful strategy in

NOTE Confidence: 0.86875397

 $00:39:23.094 \longrightarrow 00:39:26.090$ treating breast cancer so we can inhibit

NOTE Confidence: 0.86875397

 $00:39:26.090 \longrightarrow 00:39:28.953$ this cyclin dependent kinase 46 and block.

NOTE Confidence: 0.86875397

 $00{:}39{:}28.960 \dashrightarrow 00{:}39{:}31.410$ Two pathways important in the cell cycle

NOTE Confidence: 0.86875397

 $00:39:31.410 \longrightarrow 00:39:34.342$ and that has proven to be remarkably

NOTE Confidence: 0.86875397

 $00:39:34.342 \longrightarrow 00:39:36.612$ effective in metastatic breast cancer.

 $00:39:36.620 \longrightarrow 00:39:38.535$ Breast cancer that has come

NOTE Confidence: 0.86875397

 $00{:}39{:}38.535 \dashrightarrow 00{:}39{:}41.050$ back and spread to other places,

NOTE Confidence: 0.86875397

 $00:39:41.050 \longrightarrow 00:39:43.468$ doubling the amount of time that.

NOTE Confidence: 0.8612645

00:39:45.690 --> 00:39:47.530 Successful treatment with anti

NOTE Confidence: 0.8612645

 $00:39:47.530 \longrightarrow 00:39:49.830$ estrogen therapy last and among

NOTE Confidence: 0.8612645

 $00:39:49.830 \longrightarrow 00:39:52.379$ the really good things we're doing

NOTE Confidence: 0.8612645

 $00:39:52.379 \longrightarrow 00:39:54.680$ when we are inhibiting this CD.

NOTE Confidence: 0.8612645

00:39:54.680 --> 00:39:57.669 46 pathway along with the estrogen pathway.

NOTE Confidence: 0.8612645

 $00:39:57.670 \longrightarrow 00:40:00.328$ As we're causing a process called.

NOTE Confidence: 0.8612645

 $00:40:00.330 \longrightarrow 00:40:03.195$ Cellular senescence, a senescence is

NOTE Confidence: 0.8612645

 $00{:}40{:}03.195 \dashrightarrow 00{:}40{:}07.477$ just the definition of a term where

NOTE Confidence: 0.8612645

 $00{:}40{:}07.477 \dashrightarrow 00{:}40{:}10.767$ cells have outlived their replicative.

NOTE Confidence: 0.8612645

 $00{:}40{:}10.770 \dashrightarrow 00{:}40{:}13.128$ Cannot divide anymore and when cells

NOTE Confidence: 0.8612645

 $00:40:13.128 \longrightarrow 00:40:16.226$ reach that point they do a lot of things

NOTE Confidence: 0.8612645

 $00:40:16.226 \longrightarrow 00:40:18.839$ that are really good for treating cancer.

 $00:40:18.840 \longrightarrow 00:40:20.665$ They release substances that turn

NOTE Confidence: 0.8612645

 $00{:}40{:}20.665 \to 00{:}40{:}23.279$ on the immune system and help the

NOTE Confidence: 0.8612645

 $00{:}40{:}23.279 \dashrightarrow 00{:}40{:}25.079$ immune system react to cancers.

NOTE Confidence: 0.8612645

 $00:40:25.080 \longrightarrow 00:40:27.726$ They also cause remodeling of the

NOTE Confidence: 0.8612645

 $00:40:27.726 \longrightarrow 00:40:29.490$ vasculature around tumors and

NOTE Confidence: 0.8612645

 $00{:}40{:}29.567 \dashrightarrow 00{:}40{:}31.877$ help your own body fight cancers.

NOTE Confidence: 0.8612645

 $00:40:31.880 \longrightarrow 00:40:35.360$ So more to the point.

NOTE Confidence: 0.8612645

00:40:35.360 --> 00:40:37.525 At this year's European Society

NOTE Confidence: 0.8612645

 $00{:}40{:}37.525 \dashrightarrow 00{:}40{:}39.690$ of medical oncology meeting big

NOTE Confidence: 0.8612645

00:40:39.762 --> 00:40:42.097 do meeting for medical Oncologist,

NOTE Confidence: 0.8612645

 $00{:}40{:}42.100 \dashrightarrow 00{:}40{:}44.340$ this monarchy trial was presented.

NOTE Confidence: 0.8612645

 $00:40:44.340 \longrightarrow 00:40:46.908$ Really big study involved about 5600

NOTE Confidence: 0.8612645

 $00:40:46.908 \longrightarrow 00:40:50.180$ women who had high risk breast cancer.

NOTE Confidence: 0.8612645

 $00:40:50.180 \longrightarrow 00:40:53.295$ These are women who had four or

NOTE Confidence: 0.8612645

 $00:40:53.295 \longrightarrow 00:40:55.976$ more involved armpit lymph nodes or

NOTE Confidence: 0.8612645

00:40:55.976 --> 00:40:58.909 they could have one to three lymph

 $00{:}40{:}59.002 \dashrightarrow 00{:}41{:}01.397$ nodes and really big tumors.

NOTE Confidence: 0.8612645

 $00:41:01.400 \longrightarrow 00:41:03.878$ These are women who were really

NOTE Confidence: 0.8612645

00:41:03.878 --> 00:41:06.440 concerned about risk of recurrence.

NOTE Confidence: 0.8612645

00:41:06.440 --> 00:41:08.715 Despite optimal local therapy and

NOTE Confidence: 0.8612645

 $00:41:08.715 \longrightarrow 00:41:11.571$ they were assigned the Standard anti

NOTE Confidence: 0.8612645

 $00:41:11.571 \longrightarrow 00:41:14.126$ estrogen therapy at their oncologist

NOTE Confidence: 0.8612645

 $00:41:14.126 \longrightarrow 00:41:16.170$ discretion or standard therapy.

NOTE Confidence: 0.8612645

00:41:16.170 --> 00:41:16.706 Chemists,

NOTE Confidence: 0.8612645

 $00:41:16.706 \longrightarrow 00:41:21.530$ I clip in a CD for CK46 inhibitor and

NOTE Confidence: 0.8612645

 $00{:}41{:}21.650 \longrightarrow 00{:}41{:}25.759$ their results are shown here in the.

NOTE Confidence: 0.8612645

 $00{:}41{:}25.760 \dashrightarrow 00{:}41{:}29.168$ Or just the one below is magnified and

NOTE Confidence: 0.8612645

 $00{:}41{:}29.168 \dashrightarrow 00{:}41{:}31.459$ this roughly 3% difference in cancer

NOTE Confidence: 0.8612645

 $00{:}41{:}31.459 \dashrightarrow 00{:}41{:}34.800$ coming back at a site outside the breast,

NOTE Confidence: 0.8612645

 $00:41:34.800 \longrightarrow 00:41:36.860$ so lungs liver bones elsewhere,

NOTE Confidence: 0.8612645

 $00:41:36.860 \longrightarrow 00:41:40.559$ the kind that we are not able to cure.

 $00:41:40.560 \longrightarrow 00:41:43.620$ While this might not seem like a lot to

NOTE Confidence: 0.8612645

 $00{:}41{:}43.620 \dashrightarrow 00{:}41{:}47.127$ the average person looking at these curves,

NOTE Confidence: 0.8612645

 $00:41:47.130 \longrightarrow 00:41:49.596$ this is a big big deal.

NOTE Confidence: 0.8612645

00:41:49.600 --> 00:41:52.060 The medical Oncologist is a 25%

NOTE Confidence: 0.8612645

 $00:41:52.060 \longrightarrow 00:41:54.180$ relative improvement in cure rate

NOTE Confidence: 0.8612645

 $00:41:54.180 \longrightarrow 00:41:57.089$ that we're seeing in only two years.

NOTE Confidence: 0.8612645

 $00:41:57.090 \longrightarrow 00:41:59.533$ And we anticipate that this is only

NOTE Confidence: 0.8612645

 $00:41:59.533 \longrightarrow 00:42:02.617$ going to get better as more years go by.

NOTE Confidence: 0.8612645

 $00:42:02.620 \longrightarrow 00:42:06.030$ And it is true that.

NOTE Confidence: 0.8612645

 $00:42:06.030 \longrightarrow 00:42:06.698$ Because overall,

NOTE Confidence: 0.8612645

 $00{:}42{:}06.698 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}42{:}09.036$ the outcome with breast cancer is good.

NOTE Confidence: 0.8612645

 $00:42:09.040 \longrightarrow 00:42:11.794$ You still need to treat a lot of women

NOTE Confidence: 0.8612645

 $00:42:11.794 \longrightarrow 00:42:14.375$ with this medicine to save one life.

NOTE Confidence: 0.8612645

00:42:14.380 --> 00:42:16.384 About 60 people with this medicine

NOTE Confidence: 0.8612645

 $00:42:16.384 \longrightarrow 00:42:19.060$ and all right. That seems like a lot.

NOTE Confidence: 0.8612645

 $00{:}42{:}19.060 \dashrightarrow 00{:}42{:}21.293$ But when you think about what are

 $00:42:21.293 \longrightarrow 00:42:23.398$ the side effects of this medicine,

NOTE Confidence: 0.8612645

 $00:42:23.400 \longrightarrow 00:42:25.398$ it was actually quite well tolerated.

NOTE Confidence: 0.8612645

 $00:42:25.400 \longrightarrow 00:42:27.404$ There was some diarrhea which a

NOTE Confidence: 0.8612645

 $00:42:27.404 \longrightarrow 00:42:29.436$ curd in about 80% of people.

NOTE Confidence: 0.8612645

 $00:42:29.436 \longrightarrow 00:42:31.524$ So if you have a problem

NOTE Confidence: 0.8612645

00:42:31.524 --> 00:42:32.750 with Constipation of MSI,

NOTE Confidence: 0.8612645

 $00:42:32.750 \longrightarrow 00:42:36.269$ clip is the medicine that you want to take.

NOTE Confidence: 0.8612645

00:42:36.270 --> 00:42:38.556 There was some fatigue in about

NOTE Confidence: 0.8612645

 $00:42:38.556 \longrightarrow 00:42:39.699 1/3$ of people,

NOTE Confidence: 0.8612645

 $00:42:39.700 \longrightarrow 00:42:42.748$ but rarely was that very severe and similar.

NOTE Confidence: 0.8612645

00:42:42.750 --> 00:42:44.270 There's some GI upset,

NOTE Confidence: 0.8612645

 $00:42:44.270 \longrightarrow 00:42:45.030$ but overall,

NOTE Confidence: 0.8612645

00:42:45.030 --> 00:42:47.316 in terms of serious or life

NOTE Confidence: 0.8612645

 $00:42:47.316 \longrightarrow 00:42:48.459$ threatening side effects,

NOTE Confidence: 0.8612645

 $00:42:48.460 \longrightarrow 00:42:50.800$ they really were not so this

 $00:42:50.800 \longrightarrow 00:42:53.030$ is going to become a very,

NOTE Confidence: 0.8612645

 $00{:}42{:}53.030 \dashrightarrow 00{:}42{:}55.592$ very valuable addition for the treatment of

NOTE Confidence: 0.8612645

 $00{:}42{:}55.592 \dashrightarrow 00{:}42{:}58.368$ women with high risk of cancer recurrence.

NOTE Confidence: 0.8612645

00:42:58.370 --> 00:43:00.600 Overnight became what I would

NOTE Confidence: 0.8612645

 $00:43:00.600 \longrightarrow 00:43:02.830$ consider the standard of care.

NOTE Confidence: 0.8612645

 $00:43:02.830 \longrightarrow 00:43:04.942$ And what we're doing at Yale as we

NOTE Confidence: 0.8612645

 $00:43:04.942 \longrightarrow 00:43:06.774$ are still we're participating in

NOTE Confidence: 0.8612645

00:43:06.774 --> 00:43:08.839 another trial that's looking at,

NOTE Confidence: 0.8612645

 $00{:}43{:}08.840 \dashrightarrow 00{:}43{:}10.989$ is the same strategy going to be

NOTE Confidence: 0.8612645

 $00:43:10.989 \longrightarrow 00:43:12.727$ effective in women with lower

NOTE Confidence: 0.8612645

00:43:12.727 --> 00:43:13.849 risk breast cancers?

NOTE Confidence: 0.8820303

 $00:43:13.850 \longrightarrow 00:43:16.146$ So we saw from the monarchy trial

NOTE Confidence: 0.8820303

 $00:43:16.146 \longrightarrow 00:43:18.198$ that you need to treat roughly

NOTE Confidence: 0.8820303

00:43:18.198 --> 00:43:20.196 60 women to save one life,

NOTE Confidence: 0.8820303

 $00:43:20.200 \longrightarrow 00:43:23.044$ and if we look at a lower risk population

NOTE Confidence: 0.8820303

 $00:43:23.044 \longrightarrow 00:43:25.878$ is probably going to be more than 60.

 $00:43:25.880 \longrightarrow 00:43:28.465$ How much more than 60? We're not sure.

NOTE Confidence: 0.8820303

00:43:28.465 --> 00:43:30.295 Will it even be a statistically

NOTE Confidence: 0.8820303

 $00:43:30.295 \longrightarrow 00:43:31.220$ significant difference?

NOTE Confidence: 0.8820303

00:43:31.220 --> 00:43:33.649 We're not sure, but it's a critically.

NOTE Confidence: 0.8820303

 $00:43:33.650 \longrightarrow 00:43:36.499$ Important question for us to answer and

NOTE Confidence: 0.8820303

 $00:43:36.499 \longrightarrow 00:43:39.247$ available at all of our care centers.

NOTE Confidence: 0.8424452

 $00:43:41.650 \longrightarrow 00:43:43.946$ So we're going to leave the world

NOTE Confidence: 0.8424452

00:43:43.946 --> 00:43:46.214 of agg event hormone therapy behind

NOTE Confidence: 0.8424452

 $00:43:46.214 \longrightarrow 00:43:48.638$ for a moment to think about.

NOTE Confidence: 0.8424452

00:43:48.640 --> 00:43:51.048 Alright, we made a decision what the

NOTE Confidence: 0.8424452

00:43:51.048 --> 00:43:53.429 what your anti estrogen should be.

NOTE Confidence: 0.8424452

 $00:43:53.430 \longrightarrow 00:43:55.999$ If you have extra independent breast cancer,

NOTE Confidence: 0.8424452

 $00{:}43{:}56.000 \dashrightarrow 00{:}43{:}58.640$ how long do you need to take these

NOTE Confidence: 0.8424452

 $00:43:58.640 \longrightarrow 00:44:00.937$ pills and in terms of politically

NOTE Confidence: 0.8424452

00:44:00.937 --> 00:44:03.730 moving the goal posts as you will,

 $00:44:03.730 \longrightarrow 00:44:06.299$ this is something with the goalpost have

NOTE Confidence: 0.8424452

 $00:44:06.299 \longrightarrow 00:44:08.879$ moved over the last couple of years.

NOTE Confidence: 0.8424452

 $00:44:08.880 \longrightarrow 00:44:09.646$ For decades.

NOTE Confidence: 0.8424452

 $00:44:09.646 \longrightarrow 00:44:11.178$ The standard duration of

NOTE Confidence: 0.8424452

00:44:11.178 --> 00:44:12.327 anti estrogen treatment.

NOTE Confidence: 0.8424452

 $00:44:12.330 \longrightarrow 00:44:14.526$ Was five years and then done

NOTE Confidence: 0.8424452

 $00:44:14.526 \longrightarrow 00:44:16.540$ but round about 10 years.

NOTE Confidence: 0.8424452

 $00:44:16.540 \longrightarrow 00:44:19.412$ We developed a new class of anti estrogen

NOTE Confidence: 0.8424452

 $00:44:19.412 \longrightarrow 00:44:21.354$ medicines that work via different

NOTE Confidence: 0.8424452

 $00:44:21.354 \longrightarrow 00:44:23.664$ mechanism and as we integrated those

NOTE Confidence: 0.8424452

 $00{:}44{:}23.664 \dashrightarrow 00{:}44{:}25.678$ into common treatment many women

NOTE Confidence: 0.8424452

00:44:25.678 --> 00:44:28.024 had already been on tamoxifen for

NOTE Confidence: 0.8424452

 $00:44:28.030 \longrightarrow 00:44:30.950$ three years or five years and so was

NOTE Confidence: 0.8424452

00:44:30.950 --> 00:44:33.779 natural that the clinical trial said OK,

NOTE Confidence: 0.8424452

 $00:44:33.780 \longrightarrow 00:44:36.230$ you can add this medicine and we're

NOTE Confidence: 0.8424452

 $00:44:36.230 \longrightarrow 00:44:39.518$ going to do it for five additional years.

 $00:44:39.520 \longrightarrow 00:44:42.082$ In addition to the first three

NOTE Confidence: 0.8424452

00:44:42.082 --> 00:44:44.120 years of tamoxifen ya at.

NOTE Confidence: 0.8424452

 $00:44:44.120 \longrightarrow 00:44:46.920$ And that led to the natural question.

NOTE Confidence: 0.8424452

00:44:46.920 --> 00:44:49.320 Well, what if you started with

NOTE Confidence: 0.8424452

00:44:49.320 --> 00:44:50.920 Arimidex Femara or aromasin?

NOTE Confidence: 0.8424452

 $00:44:50.920 \longrightarrow 00:44:52.520$ These Roman taste inhibitors

NOTE Confidence: 0.8424452

 $00:44:52.520 \longrightarrow 00:44:54.120$ and got five years.

NOTE Confidence: 0.8424452

 $00{:}44{:}54.120 \dashrightarrow 00{:}44{:}56.520$ Would adding another five years be

NOTE Confidence: 0.8424452

00:44:56.520 --> 00:44:58.120 beneficial and somewhat surprisingly,

NOTE Confidence: 0.8424452

 $00:44:58.120 \longrightarrow 00:45:00.466$ in 2020 we still don't really

NOTE Confidence: 0.8424452

 $00:45:00.466 \longrightarrow 00:45:02.520$ know the answer to this.

NOTE Confidence: 0.8424452

 $00:45:02.520 \longrightarrow 00:45:04.520$ For sure, the is longer,

NOTE Confidence: 0.8424452

 $00:45:04.520 \longrightarrow 00:45:05.320$ better question,

NOTE Confidence: 0.8424452

 $00:45:05.320 \longrightarrow 00:45:07.320$ at least for tamoxifen alone.

NOTE Confidence: 0.8424452

 $00:45:07.320 \longrightarrow 00:45:10.120$ This seems to be the case that

 $00:45:10.120 \longrightarrow 00:45:11.320$ longer is better.

NOTE Confidence: 0.8424452

 $00{:}45{:}11.320 \dashrightarrow 00{:}45{:}13.625 \ 10 \ {\rm years \ improves \ cure \ rate}$

NOTE Confidence: 0.8424452

00:45:13.625 --> 00:45:15.008 compared with five.

NOTE Confidence: 0.8424452

00:45:15.010 --> 00:45:16.936 But for women who are starting

NOTE Confidence: 0.8424452

 $00:45:16.936 \longrightarrow 00:45:17.899$ with aromatase inhibitors,

NOTE Confidence: 0.8424452

00:45:17.900 --> 00:45:20.460 we just don't know and we're still taking

NOTE Confidence: 0.8424452

 $00{:}45{:}20.460 \dashrightarrow 00{:}45{:}23.037$ a kind of 1 size fits all approach.

NOTE Confidence: 0.8424452

 $00:45:23.040 \longrightarrow 00:45:24.480$ So this next slide,

NOTE Confidence: 0.8424452

 $00:45:24.480 \longrightarrow 00:45:28.370$ which no one is going to be able to decipher.

NOTE Confidence: 0.8424452

00:45:28.370 --> 00:45:30.826 Just gives you a sense of the confusion

NOTE Confidence: 0.8424452

 $00{:}45{:}30.826 \to 00{:}45{:}33.267$ that medical oncologists are confronted by.

NOTE Confidence: 0.8424452

 $00:45:33.270 \longrightarrow 00:45:36.070$ These are 10 trials in the left column,

NOTE Confidence: 0.8424452

00:45:36.070 --> 00:45:38.242 10 different trials looking at the

NOTE Confidence: 0.8424452

 $00:45:38.242 \longrightarrow 00:45:40.097$ optimal duration of anti estrogen

NOTE Confidence: 0.8424452

 $00:45:40.097 \longrightarrow 00:45:42.498$ therapy and the red box are people

NOTE Confidence: 0.8424452

 $00:45:42.498 \longrightarrow 00:45:44.578$ who received tamoxifen for the first

00:45:44.578 --> 00:45:46.889 five years and then going over to

NOTE Confidence: 0.8424452

 $00:45:46.889 \longrightarrow 00:45:48.803$ the right or what they received

NOTE Confidence: 0.8424452

00:45:48.803 --> 00:45:51.338 from the next five was that Aromat

NOTE Confidence: 0.8424452

 $00:45:51.338 \longrightarrow 00:45:53.228$ ACE inhibitor was another five

NOTE Confidence: 0.8424452

 $00:45:53.228 \longrightarrow 00:45:55.709$ years of tamoxifen and all of these

NOTE Confidence: 0.8424452

 $00:45:55.709 \longrightarrow 00:45:58.198$ studies when you look at the two

NOTE Confidence: 0.8424452

 $00:45:58.198 \longrightarrow 00:46:00.078$ columns over on the right.

NOTE Confidence: 0.8424452

 $00:46:00.080 \longrightarrow 00:46:01.800$ One is disease free survival.

NOTE Confidence: 0.8424452

 $00{:}46{:}01.800 \dashrightarrow 00{:}46{:}03.168$ That's just the statistic

NOTE Confidence: 0.8424452

 $00:46:03.168 \longrightarrow 00:46:04.878$ for did cancer come back,

NOTE Confidence: 0.8424452

 $00:46:04.880 \longrightarrow 00:46:07.176$ either in breast or distant site and

NOTE Confidence: 0.8424452

 $00{:}46{:}07.176 \dashrightarrow 00{:}46{:}09.679$ the next column is the critical column.

NOTE Confidence: 0.8424452

 $00{:}46{:}09.680 \dashrightarrow 00{:}46{:}11.268$ That's the overall survival.

NOTE Confidence: 0.8424452

 $00:46:11.268 \longrightarrow 00:46:13.650$ Was there a difference in overall

NOTE Confidence: 0.8424452

 $00:46:13.716 \longrightarrow 00:46:15.792$ survival if you got extra anti

 $00:46:15.792 \longrightarrow 00:46:17.496$ estrogen therapy or not and

NOTE Confidence: 0.8424452

 $00:46:17.496 \longrightarrow 00:46:19.288$ while no one is going to be,

NOTE Confidence: 0.8424452

 $00:46:19.290 \longrightarrow 00:46:21.586$ I don't expect to be able to

NOTE Confidence: 0.8424452

 $00:46:21.586 \longrightarrow 00:46:23.060$ decipher these individual trials.

NOTE Confidence: 0.8424452

00:46:23.060 --> 00:46:25.265 The general theme is when you look

NOTE Confidence: 0.8424452

 $00:46:25.265 \longrightarrow 00:46:27.314$ at that disease free survival column

NOTE Confidence: 0.8424452

 $00:46:27.314 \longrightarrow 00:46:29.390$ you see that all those numbers

NOTE Confidence: 0.8424452

 $00:46:29.390 \longrightarrow 00:46:31.507$ are consistently less than one.

NOTE Confidence: 0.8424452

 $00{:}46{:}31.510 \dashrightarrow 00{:}46{:}34.270$ There all about .8 indicating there

NOTE Confidence: 0.8424452

 $00:46:34.270 \longrightarrow 00:46:37.474$ appeared to be about 20% less breast

NOTE Confidence: 0.8424452

 $00{:}46{:}37.474 \dashrightarrow 00{:}46{:}40.059$ cancer recurrence or second breast

NOTE Confidence: 0.8424452

00:46:40.059 --> 00:46:43.554 cancers in women who get more anti

NOTE Confidence: 0.8424452

 $00:46:43.554 \longrightarrow 00:46:45.879$ estrogen therapy five more years.

NOTE Confidence: 0.8424452

 $00{:}46{:}45.880 \dashrightarrow 00{:}46{:}48.648$ But when you look at the final column,

NOTE Confidence: 0.8424452

00:46:48.650 --> 00:46:51.418 all of those numbers hover just around one,

NOTE Confidence: 0.8594637

 $00{:}46{:}51.420 \dashrightarrow 00{:}46{:}53.376$ meaning it's not clear if we're

00:46:53.376 --> 00:46:55.106 saving lives or potentially simply

NOTE Confidence: 0.8594637

 $00{:}46{:}55.106 \dashrightarrow 00{:}46{:}56.946$ delaying recurrence a little bit.

NOTE Confidence: 0.8594637

 $00:46:56.950 \longrightarrow 00:46:58.680$ And the medical oncologist response

NOTE Confidence: 0.8594637

 $00:46:58.680 \longrightarrow 00:47:00.756$ to all this has been, well,

NOTE Confidence: 0.8594637

 $00:47:00.756 \longrightarrow 00:47:02.486$ we're still not entirely sure,

NOTE Confidence: 0.8594637

 $00:47:02.490 \longrightarrow 00:47:04.849$ so for women who either have high

NOTE Confidence: 0.8594637

 $00:47:04.849 \longrightarrow 00:47:07.224$ risk breast cancer or women who are

NOTE Confidence: 0.8594637

 $00:47:07.224 \longrightarrow 00:47:09.168$ doing really well with their anti

NOTE Confidence: 0.8594637

 $00:47:09.237 \longrightarrow 00:47:11.415$ estrogen therapy with no side effects

NOTE Confidence: 0.8594637

 $00:47:11.415 \longrightarrow 00:47:13.905$ will keep it going for 10 years.

NOTE Confidence: 0.8594637

00:47:13.905 --> 00:47:17.129 And wouldn't it be nice if we had some?

NOTE Confidence: 0.8594637

 $00:47:17.130 \longrightarrow 00:47:20.978$ Test which could help us in this decision.

NOTE Confidence: 0.8594637

 $00:47:20.980 \longrightarrow 00:47:23.212$ And that's where we get to

NOTE Confidence: 0.8594637

 $00:47:23.212 \longrightarrow 00:47:25.140$ this breast cancer index test.

NOTE Confidence: 0.8594637

00:47:25.140 --> 00:47:27.732 And I'm going to pinch out if I

 $00:47:27.732 \longrightarrow 00:47:30.428$ can to try and highlight this.

NOTE Confidence: 0.8594637

 $00:47:30.430 \longrightarrow 00:47:33.390$ The breast cancer index is a test that's

NOTE Confidence: 0.8594637

 $00:47:33.390 \longrightarrow 00:47:36.100$ a little bit like the Oncotype DX,

NOTE Confidence: 0.8594637

00:47:36.100 --> 00:47:38.668 and some who are listening in may have

NOTE Confidence: 0.8594637

 $00:47:38.668 \longrightarrow 00:47:41.388$ had it Oncotype DX tests performed.

NOTE Confidence: 0.8594637

 $00{:}47{:}41.390 \dashrightarrow 00{:}47{:}43.896$ The breast cancer index looks at the

NOTE Confidence: 0.8594637

 $00:47:43.896 \longrightarrow 00:47:46.604$ gene expression of five genes inside the

NOTE Confidence: 0.8594637

 $00:47:46.604 \longrightarrow 00:47:48.950$ cancer cells of the individual person,

NOTE Confidence: 0.8594637

 $00{:}47{:}48.950 \dashrightarrow 00{:}47{:}52.070$ so this is not looking at statistics from.

NOTE Confidence: 0.8594637

 $00:47:52.070 \longrightarrow 00:47:54.774$ 10,000 women this is looking at your cancer.

NOTE Confidence: 0.8594637

 $00:47:54.780 \longrightarrow 00:47:55.183$ Individually,

NOTE Confidence: 0.8594637

00:47:55.183 --> 00:47:57.601 Anna relates this level of gene

NOTE Confidence: 0.8594637

 $00:47:57.601 \longrightarrow 00:48:00.252$ expression to either a low risk or high

NOTE Confidence: 0.8594637

 $00:48:00.252 \longrightarrow 00:48:02.240$ risk of cancer coming back in lungs.

NOTE Confidence: 0.8594637

00:48:02.240 --> 00:48:04.606 Liver bones over the next five years,

NOTE Confidence: 0.8594637

 $00:48:04.610 \longrightarrow 00:48:05.630$ five through 10.

 $00:48:05.630 \longrightarrow 00:48:06.310$ So again,

NOTE Confidence: 0.8594637

 $00:48:06.310 \longrightarrow 00:48:08.550$ this is a test which is done

NOTE Confidence: 0.8594637

 $00:48:08.550 \longrightarrow 00:48:10.379$ right at the five year.

NOTE Confidence: 0.8594637

00:48:10.380 --> 00:48:13.204 If you will be a night old clubhouse

NOTE Confidence: 0.8594637

 $00:48:13.204 \longrightarrow 00:48:15.799$ turn and it can give us a sense.

NOTE Confidence: 0.8594637

00:48:15.800 --> 00:48:19.190 OK, what do we expect in the next five years?

NOTE Confidence: 0.8594637

 $00:48:19.190 \longrightarrow 00:48:21.278$ Do we expect that your breast

NOTE Confidence: 0.8594637

 $00:48:21.278 \longrightarrow 00:48:22.322$ cancer succeeded without?

NOTE Confidence: 0.8594637

 $00:48:22.330 \longrightarrow 00:48:23.800$ High risk of distant recurrence.

NOTE Confidence: 0.8594637

 $00{:}48{:}23.800 \dashrightarrow 00{:}48{:}25.912$ Those five years or a low risk and

NOTE Confidence: 0.8594637

 $00:48:25.912 \longrightarrow 00:48:27.779$ manufacturers of the test have somewhat

NOTE Confidence: 0.8594637

 $00:48:27.779 \longrightarrow 00:48:29.978$ arbitrarily decided that while 5% or higher,

NOTE Confidence: 0.8594637

 $00{:}48{:}29.978 \dashrightarrow 00{:}48{:}32.036$ they're going to high risk lower than

NOTE Confidence: 0.8594637

 $00:48:32.036 \longrightarrow 00:48:34.834$ 5% going to risk one of the nice things

NOTE Confidence: 0.8594637

 $00:48:34.834 \longrightarrow 00:48:37.398$ about the report is you get to see it

 $00:48:37.398 \longrightarrow 00:48:39.969$ and you get to make up your own mind.

NOTE Confidence: 0.8594637

 $00:48:39.970 \longrightarrow 00:48:40.822$ What's high.

NOTE Confidence: 0.8594637

 $00:48:40.822 \longrightarrow 00:48:42.526$ Risk is low disk.

NOTE Confidence: 0.8594637

 $00:48:42.530 \longrightarrow 00:48:43.952$ But what's really

NOTE Confidence: 0.8594637

 $00:48:43.952 \longrightarrow 00:48:45.848$ extraordinary about the test?

NOTE Confidence: 0.8594637

 $00:48:45.850 \longrightarrow 00:48:48.586$ Is not only does it give us a

NOTE Confidence: 0.8594637

 $00:48:48.586 \longrightarrow 00:48:50.033$ prognostic assessment of what's

NOTE Confidence: 0.8594637

 $00:48:50.033 \longrightarrow 00:48:52.097$ the risk of cancer coming back,

NOTE Confidence: 0.8594637

 $00{:}48{:}52.100 \dashrightarrow 00{:}48{:}54.092$ but it predicts will another five

NOTE Confidence: 0.8594637

00:48:54.092 --> 00:48:56.259 years of anti estrogen therapy help?

NOTE Confidence: 0.8594637

 $00:48:56.260 \longrightarrow 00:48:58.647$ And is the only test of its

NOTE Confidence: 0.8594637

 $00:48:58.647 \longrightarrow 00:49:00.420$ kind that can do that?

NOTE Confidence: 0.8594637

 $00:49:00.420 \longrightarrow 00:49:02.744$ So this is a typical report that

NOTE Confidence: 0.8594637

 $00{:}49{:}02.744 \dashrightarrow 00{:}49{:}04.988$ you might get back that lists

NOTE Confidence: 0.8594637

 $00:49:04.988 \longrightarrow 00:49:07.328$ the prognostic part at the bottom

NOTE Confidence: 0.8594637

 $00:49:07.328 \longrightarrow 00:49:09.612$ that this would be a low risk

 $00:49:09.612 \longrightarrow 00:49:11.871$ woman with a 2.2% risk of distant

NOTE Confidence: 0.8594637

00:49:11.871 --> 00:49:13.953 recurrence in years five through 10,

NOTE Confidence: 0.8594637

 $00:49:13.960 \longrightarrow 00:49:16.480$ and then above that it gives the.

NOTE Confidence: 0.8594637

00:49:16.480 --> 00:49:17.344 Predicted result,

NOTE Confidence: 0.8594637

 $00:49:17.344 \longrightarrow 00:49:20.368$ would we predict that an additional five

NOTE Confidence: 0.8594637

00:49:20.368 --> 00:49:23.496 years would add a significant risk reduction?

NOTE Confidence: 0.8594637

 $00:49:23.500 \longrightarrow 00:49:25.432$ So this is a test which actually

NOTE Confidence: 0.8594637

 $00:49:25.432 \longrightarrow 00:49:27.290$ in a study at Yellowstone,

NOTE Confidence: 0.8594637

 $00:49:27.290 \longrightarrow 00:49:29.313$ shown to be very helpful not only

NOTE Confidence: 0.8594637

 $00:49:29.313 \longrightarrow 00:49:31.371$ to doctors but people living with

NOTE Confidence: 0.8594637

 $00:49:31.371 \longrightarrow 00:49:33.615$ cancer to help them make informed

NOTE Confidence: 0.8594637

 $00{:}49{:}33.615 \dashrightarrow 00{:}49{:}35.679$ decisions about do I want to take

NOTE Confidence: 0.8594637

 $00:49:35.679 \longrightarrow 00:49:37.136$ another five years of treatment?

NOTE Confidence: 0.8594637

 $00:49:37.136 \longrightarrow 00:49:39.698$ But what's been missing is the bulk

NOTE Confidence: 0.8594637

 $00:49:39.698 \longrightarrow 00:49:42.658$ of the data had common women who had

00:49:42.658 --> 00:49:44.860 received five years of tamoxifen.

NOTE Confidence: 0.8594637

 $00:49:44.860 \longrightarrow 00:49:46.610$ And as we just discussed,

NOTE Confidence: 0.8594637

 $00{:}49{:}46.610 \dashrightarrow 00{:}49{:}48.550$ aromat ace inhibitors like Arimidex

NOTE Confidence: 0.8594637

00:49:48.550 --> 00:49:50.490 Femara aromasin have been around

NOTE Confidence: 0.84889746

 $00:49:50.548 \longrightarrow 00:49:51.858$ now for about 15 years,

NOTE Confidence: 0.84889746

 $00:49:51.860 \longrightarrow 00:49:54.660$ so most women now who are post menopausal,

NOTE Confidence: 0.84889746

 $00:49:54.660 \longrightarrow 00:49:56.060$ are completing five years

NOTE Confidence: 0.84889746

00:49:56.060 --> 00:49:57.460 of Aromat ACE inhibitor,

NOTE Confidence: 0.84889746

 $00{:}49{:}57.460 \dashrightarrow 00{:}50{:}00.420$ and we want to know is this test.

NOTE Confidence: 0.84889746

 $00:50:00.420 \longrightarrow 00:50:02.736$ Just as well in this population,

NOTE Confidence: 0.84889746

 $00{:}50{:}02.740 \dashrightarrow 00{:}50{:}05.050$ and at this year's Asco meeting,

NOTE Confidence: 0.84889746

 $00:50:05.050 \longrightarrow 00:50:06.594$ our big medical oncology

NOTE Confidence: 0.84889746

00:50:06.594 --> 00:50:08.138 meeting in North America,

NOTE Confidence: 0.84889746

 $00:50:08.140 \longrightarrow 00:50:10.456$ the answer was a resounding yes.

NOTE Confidence: 0.84889746

00:50:10.460 --> 00:50:12.798 That the breast cancer index is just

NOTE Confidence: 0.84889746

 $00:50:12.798 \longrightarrow 00:50:15.263$ as good at predicting the benefit

 $00:50:15.263 \longrightarrow 00:50:17.573$ of extended anti estrogen therapy

NOTE Confidence: 0.84889746

 $00{:}50{:}17.573 \dashrightarrow 00{:}50{:}20.284$ in women who are completing five

NOTE Confidence: 0.84889746

00:50:20.284 --> 00:50:22.419 years of Aromat ACE inhibitor.

NOTE Confidence: 0.84889746

00:50:22.420 --> 00:50:24.886 And what this table is showing

NOTE Confidence: 0.84889746

 $00:50:24.886 \longrightarrow 00:50:27.629$ that in a subset analysis and

NOTE Confidence: 0.84889746

 $00:50:27.629 \longrightarrow 00:50:30.647$ were really Big 5000 woman trial.

NOTE Confidence: 0.84889746

 $00:50:30.650 \longrightarrow 00:50:32.935$ Those who were had involved

NOTE Confidence: 0.84889746

 $00:50:32.935 \longrightarrow 00:50:35.220$ armpit lymph nodes or not.

NOTE Confidence: 0.84889746

 $00:50:35.220 \longrightarrow 00:50:37.901$ If you had a what's called a

NOTE Confidence: 0.84889746

 $00:50:37.901 \longrightarrow 00:50:40.124$ high benefit from anti estrogen

NOTE Confidence: 0.84889746

00:50:40.124 --> 00:50:43.076 therapy it looked like taking five

NOTE Confidence: 0.84889746

00:50:43.076 --> 00:50:45.729 more years of antacid therapy.

NOTE Confidence: 0.84889746

 $00:50:45.730 \longrightarrow 00:50:49.834$ Reduce your risk by 2/3 or at least 2/3,

NOTE Confidence: 0.84889746

 $00{:}50{:}49.840 \dashrightarrow 00{:}50{:}52.410$ whereas if you had a.

NOTE Confidence: 0.84889746

00:50:52.410 --> 00:50:54.345 Ratio of these two predicted

 $00:50:54.345 \longrightarrow 00:50:55.893$ genes that were low.

NOTE Confidence: 0.84889746

 $00{:}50{:}55.900 \dashrightarrow 00{:}50{:}58.120$ You really did not have significant

NOTE Confidence: 0.84889746

 $00:50:58.120 \longrightarrow 00:51:00.080$ benefit to five more years

NOTE Confidence: 0.84889746

 $00:51:00.080 \longrightarrow 00:51:01.720$ of anti estrogen therapy.

NOTE Confidence: 0.84889746

 $00:51:01.720 \longrightarrow 00:51:04.368$ So big validation for what I think is

NOTE Confidence: 0.84889746

 $00{:}51{:}04.368 \dashrightarrow 00{:}51{:}06.722$ going to be an increasingly utilized

NOTE Confidence: 0.84889746

 $00:51:06.722 \longrightarrow 00:51:09.870$ tool to help women make this decision.

NOTE Confidence: 0.84889746

00:51:09.870 --> 00:51:12.276 At five years and another population

NOTE Confidence: 0.84889746

 $00{:}51{:}12.276 \dashrightarrow 00{:}51{:}14.530$ we've also struggled with our well,

NOTE Confidence: 0.84889746

 $00:51:14.530 \longrightarrow 00:51:15.712$ what about women?

NOTE Confidence: 0.84889746

 $00:51:15.712 \longrightarrow 00:51:18.076$ Who are her two enriched breast

NOTE Confidence: 0.84889746

 $00:51:18.076 \longrightarrow 00:51:20.149$ cancer that comprises roughly a

NOTE Confidence: 0.84889746

00:51:20.149 --> 00:51:22.555 fifth of all breast cancers and?

NOTE Confidence: 0.84889746

 $00:51:22.560 \longrightarrow 00:51:24.560$ We've been really uncertain as

NOTE Confidence: 0.84889746

 $00:51:24.560 \longrightarrow 00:51:26.988$ to what's the relative role of

NOTE Confidence: 0.84889746

 $00{:}51{:}26.988 \dashrightarrow 00{:}51{:}28.748$ anti estrogen therapy in that

00:51:28.748 --> 00:51:31.219 group of women and do they really

NOTE Confidence: 0.84889746

 $00:51:31.219 \longrightarrow 00:51:33.199$ need 10 years or five years?

NOTE Confidence: 0.84889746

 $00:51:33.200 \longrightarrow 00:51:33.554$ Again,

NOTE Confidence: 0.84889746

 $00:51:33.554 \longrightarrow 00:51:34.970$ this another separate studies

NOTE Confidence: 0.84889746

 $00:51:34.970 \longrightarrow 00:51:37.180$ seem to indicate that even in

NOTE Confidence: 0.84889746

00:51:37.180 --> 00:51:38.708 the estrogen receptor positive,

NOTE Confidence: 0.84889746

00:51:38.710 --> 00:51:40.514 her two positive women,

NOTE Confidence: 0.84889746

 $00:51:40.514 \longrightarrow 00:51:42.769$ the breast cancer index is

NOTE Confidence: 0.84889746

 $00:51:42.769 \longrightarrow 00:51:44.789$ a very useful tool.

NOTE Confidence: 0.84889746

 $00:51:44.790 \longrightarrow 00:51:47.100$ Now we have at present three

NOTE Confidence: 0.84889746

 $00:51:47.100 \longrightarrow 00:51:49.085$ decision tools that help us

NOTE Confidence: 0.84889746

 $00{:}51{:}49.085 \dashrightarrow 00{:}51{:}51.305$ with the decision at five years

NOTE Confidence: 0.84889746

 $00:51:51.305 \longrightarrow 00:51:53.439$ with this breast cancer index.

NOTE Confidence: 0.84889746

00:51:53.440 --> 00:51:55.100 We just talked about,

NOTE Confidence: 0.84889746

 $00:51:55.100 \longrightarrow 00:51:57.175$ there's a statistical model called

 $00:51:57.175 \longrightarrow 00:51:59.652$ CTS 5 and then we can retool

NOTE Confidence: 0.84889746

 $00{:}51{:}59.652 {\:{\circ}{\circ}{\circ}}>00{:}52{:}02.319$ archetype for women who have had an

NOTE Confidence: 0.84889746

 $00:52:02.319 \longrightarrow 00:52:04.434$ archetype at their initial diagnosis.

NOTE Confidence: 0.84889746

 $00:52:04.440 \longrightarrow 00:52:06.546$ All three of those can help

NOTE Confidence: 0.84889746

 $00:52:06.546 \longrightarrow 00:52:08.483$ us estimate risk of recurrence

NOTE Confidence: 0.84889746

 $00:52:08.483 \longrightarrow 00:52:10.728$ in years five through 10,

NOTE Confidence: 0.84889746

 $00:52:10.730 \longrightarrow 00:52:12.884$ but really only the breast cancer

NOTE Confidence: 0.84889746

 $00:52:12.884 \longrightarrow 00:52:15.540$ index gives us this added predictive.

NOTE Confidence: 0.84889746

00:52:15.540 --> 00:52:17.502 Information of would take in five

NOTE Confidence: 0.84889746

 $00:52:17.502 \longrightarrow 00:52:19.370$ more years would be helpful,

NOTE Confidence: 0.84889746

 $00:52:19.370 \longrightarrow 00:52:19.720$ OK?

NOTE Confidence: 0.883313

 $00:52:21.930 \longrightarrow 00:52:24.138$ While that is exciting,

NOTE Confidence: 0.883313

 $00:52:24.138 \longrightarrow 00:52:28.517$ what is even more exciting is a clinical

NOTE Confidence: 0.883313

 $00:52:28.517 \longrightarrow 00:52:32.980$ trial that we are about to start at Yale.

NOTE Confidence: 0.883313

 $00:52:32.980 \longrightarrow 00:52:36.606$ That really brings this down to the

NOTE Confidence: 0.883313

00:52:36.606 --> 00:52:38.760 ultimate micro individual level.

 $00:52:38.760 \longrightarrow 00:52:42.276$ There is developing technology to look

NOTE Confidence: 0.883313

 $00{:}52{:}42.276 \dashrightarrow 00{:}52{:}46.448$ for cancer related DNA in people's blood.

NOTE Confidence: 0.883313

 $00:52:46.450 \longrightarrow 00:52:48.802$ And a company called Natera does

NOTE Confidence: 0.883313

 $00:52:48.802 \longrightarrow 00:52:51.779$ this by getting a sample of man

NOTE Confidence: 0.883313

00:52:51.779 --> 00:52:53.984 or woman's tumor breast cancer,

NOTE Confidence: 0.883313

 $00:52:53.990 \longrightarrow 00:52:56.504$ and they look for unique DNA

NOTE Confidence: 0.883313

 $00:52:56.504 \longrightarrow 00:52:58.180$ sequences inside that cancer.

NOTE Confidence: 0.883313

00:52:58.180 --> 00:53:01.524 All of our DNA has freckles in it.

NOTE Confidence: 0.883313

 $00:53:01.530 \longrightarrow 00:53:04.671$ Like we all have freckles on our skin and

NOTE Confidence: 0.883313

 $00{:}53{:}04.671 \dashrightarrow 00{:}53{:}07.406$ they can identify these unique freckles

NOTE Confidence: 0.883313

 $00{:}53{:}07.406 \dashrightarrow 00{:}53{:}10.330$ that make your tumor cells unique.

NOTE Confidence: 0.883313

 $00:53:10.330 \longrightarrow 00:53:13.690$ And they build a individual profile for you.

NOTE Confidence: 0.883313

 $00{:}53{:}13.690 \dashrightarrow 00{:}53{:}17.098$ And then they can look in your blood.

NOTE Confidence: 0.883313

 $00:53:17.100 \longrightarrow 00:53:20.034$ At various time points after treatment

NOTE Confidence: 0.883313

 $00:53:20.034 \longrightarrow 00:53:22.939$ and look for these unique freckles

 $00:53:22.939 \longrightarrow 00:53:26.371$ and we know that if we find cancer

NOTE Confidence: 0.883313

00:53:26.461 --> 00:53:29.100 related DNA in the blood of a

NOTE Confidence: 0.883313

00:53:29.100 --> 00:53:31.557 person who had early breast cancer,

NOTE Confidence: 0.883313

 $00:53:31.557 \longrightarrow 00:53:34.191$ unfortunately the chance is very high

NOTE Confidence: 0.883313

00:53:34.191 --> 00:53:36.791 that they will develop full blown

NOTE Confidence: 0.883313

 $00:53:36.791 \longrightarrow 00:53:39.440$ metastatic breast cancer in the future.

NOTE Confidence: 0.883313

 $00:53:39.440 \longrightarrow 00:53:40.876$ What's not known is.

NOTE Confidence: 0.883313

 $00:53:40.876 \longrightarrow 00:53:43.569$ Is this an opportunity for us to

NOTE Confidence: 0.883313

 $00{:}53{:}43.569 \dashrightarrow 00{:}53{:}45.899$ intervene and cure that microscopic

NOTE Confidence: 0.883313

00:53:45.899 --> 00:53:48.983 breast cancer by switching a womans anti

NOTE Confidence: 0.883313

 $00:53:48.983 \longrightarrow 00:53:52.026$ estrogen therapy even before we can see it?

NOTE Confidence: 0.883313

 $00:53:52.026 \longrightarrow 00:53:55.410$ Sort of the same idea but much more specific.

NOTE Confidence: 0.883313

 $00:53:55.410 \longrightarrow 00:53:57.756$ Whereas the breast cancer index we

NOTE Confidence: 0.883313

00:53:57.756 --> 00:54:00.690 just talked about kind of gives us this

NOTE Confidence: 0.883313

 $00:54:00.690 \longrightarrow 00:54:03.102$ macro level view of might five more

NOTE Confidence: 0.883313

 $00:54:03.102 \longrightarrow 00:54:05.930$ years of anti estrogen therapy be helpful.

00:54:05.930 --> 00:54:08.618 This natera assay is going to give

NOTE Confidence: 0.883313

 $00{:}54{:}08.618 \dashrightarrow 00{:}54{:}10.198$ us up-to-date individual information

NOTE Confidence: 0.883313

00:54:10.198 --> 00:54:12.346 that what you're doing right now

NOTE Confidence: 0.883313

 $00:54:12.346 \longrightarrow 00:54:14.010$ may not be working.

NOTE Confidence: 0.883313

 $00{:}54{:}14.010 \dashrightarrow 00{:}54{:}16.537$ And this may be an opportunity to

NOTE Confidence: 0.883313

00:54:16.537 --> 00:54:18.605 switch horses before we develop

NOTE Confidence: 0.883313

 $00:54:18.605 \longrightarrow 00:54:20.895$ evidence of metastatic breast cancer.

NOTE Confidence: 0.883313

 $00{:}54{:}20.900 \dashrightarrow 00{:}54{:}24.148$ So this is the way the clinical trial

NOTE Confidence: 0.883313

00:54:24.148 --> 00:54:27.980 is going to work. Women who have.

NOTE Confidence: 0.883313

 $00{:}54{:}27.980 \dashrightarrow 00{:}54{:}30.085$ Breast cancer confined to breast

NOTE Confidence: 0.883313

 $00{:}54{:}30.085 \dashrightarrow 00{:}54{:}33.084$ or armpit lymph nodes who are at

NOTE Confidence: 0.883313

 $00:54:33.084 \longrightarrow 00:54:35.119$ significant risk for recurrence will

NOTE Confidence: 0.883313

 $00{:}54{:}35.119 \dashrightarrow 00{:}54{:}37.982$ have a piece of their tumor sent

NOTE Confidence: 0.883313

 $00:54:37.982 \longrightarrow 00:54:40.334$ Inotera or they will develop these

NOTE Confidence: 0.883313

00:54:40.340 --> 00:54:42.180 specific individual specific assay

 $00:54:42.180 \longrightarrow 00:54:45.437$ and then women will do their anti

NOTE Confidence: 0.883313

 $00{:}54{:}45.437 \dashrightarrow 00{:}54{:}47.933$ estrogen the rapy and they will be

NOTE Confidence: 0.883313

00:54:47.933 --> 00:54:50.292 screened every six months by blood

NOTE Confidence: 0.883313

 $00:54:50.292 \longrightarrow 00:54:53.101$ and if at any point during that five

NOTE Confidence: 0.883313

 $00:54:53.101 \longrightarrow 00:54:55.106$ years we identify tumor specific

NOTE Confidence: 0.883313

 $00.54.55.106 \longrightarrow 00.54.58.129$ DNA in the blood they are assigned.

NOTE Confidence: 0.883313

 $00:54:58.130 \longrightarrow 00:55:00.608$ One to one to either continue

NOTE Confidence: 0.883313

 $00{:}55{:}00.608 \dashrightarrow 00{:}55{:}03.661$ their current treatment or to do a

NOTE Confidence: 0.883313

00:55:03.661 --> 00:55:04.987 different hormone treatment.

NOTE Confidence: 0.883313

 $00:55:04.990 \longrightarrow 00:55:06.052$ In this case,

NOTE Confidence: 0.883313

 $00:55:06.052 \longrightarrow 00:55:08.530$ it'll be a shot called full best

NOTE Confidence: 0.883313

 $00:55:08.608 \longrightarrow 00:55:11.128$ render faslodex and a different

NOTE Confidence: 0.883313

 $00{:}55{:}11.128 --> 00{:}55{:}13.144$ CD K inhibitor palbociclib.

NOTE Confidence: 0.883313

00:55:13.150 --> 00:55:16.146 So again, this will really novel concept,

NOTE Confidence: 0.883313

 $00:55:16.150 \longrightarrow 00:55:19.076$ exciting trial and hopefully it will help

NOTE Confidence: 0.883313

 $00:55:19.076 \longrightarrow 00:55:22.661$ us both be much more reassured about the

 $00:55:22.661 \longrightarrow 00:55:26.437$ majority of women who will fall in the tumor.

NOTE Confidence: 0.883313

00:55:26.440 --> 00:55:28.300 Dean, a negative population,

NOTE Confidence: 0.883313

 $00:55:28.300 \longrightarrow 00:55:29.695$ cured their cancer.

NOTE Confidence: 0.883313

 $00:55:29.700 \longrightarrow 00:55:32.568$ And give us a early warning,

NOTE Confidence: 0.883313

 $00:55:32.570 \longrightarrow 00:55:34.478$ an opportunity for those

NOTE Confidence: 0.883313

00:55:34.478 --> 00:55:36.863 women who may have sub,

NOTE Confidence: 0.883313

 $00:55:36.870 \longrightarrow 00:55:39.260$ clinical or undetectable cancer potential.

NOTE Confidence: 0.883313

 $00:55:39.260 \longrightarrow 00:55:43.210$ Only by circulating tumor DNA.

NOTE Confidence: 0.883313

00:55:43.210 --> 00:55:43.619 Alright,

NOTE Confidence: 0.883313

 $00:55:43.619 \dashrightarrow 00:55:47.300$ so the last topic we're going to talk about

NOTE Confidence: 0.883313

 $00:55:47.387 \longrightarrow 00:55:50.537$ is exciting new drug called Sacituzumab,

NOTE Confidence: 0.883313

 $00:55:50.540 \longrightarrow 00:55:53.046$ which is a drug which is already

NOTE Confidence: 0.883313

 $00{:}55{:}53.046 \dashrightarrow 00{:}55{:}55.760$ FDA approved to treat women with

NOTE Confidence: 0.883313

00:55:55.760 --> 00:55:57.326 metastatic estrogen progesterone

NOTE Confidence: 0.883313

 $00:55:57.326 \longrightarrow 00:56:00.160$ and her two receptor negative.

 $00:56:00.160 \longrightarrow 00:56:03.359$ What we call triple negative breast cancer.

NOTE Confidence: 0.8230822

 $00{:}56{:}03.360 \dashrightarrow 00{:}56{:}06.349$ Facet ISM is a member of a

NOTE Confidence: 0.8230822

 $00{:}56{:}06.349 \dashrightarrow 00{:}56{:}08.859$ relatively novel class of medicines.

NOTE Confidence: 0.8230822

 $00:56:08.860 \longrightarrow 00:56:10.210$ It's an antibody.

NOTE Confidence: 0.8230822

 $00:56:10.210 \longrightarrow 00:56:12.010$ Antibodies are proteins that

NOTE Confidence: 0.8230822

 $00:56:12.010 \longrightarrow 00:56:14.363$ our own body makes, which.

NOTE Confidence: 0.8230822

 $00:56:14.363 \longrightarrow 00:56:17.141$ Bind to unique elements typically have

NOTE Confidence: 0.8230822

00:56:17.141 --> 00:56:20.078 infections to target them for Eradication,

NOTE Confidence: 0.8230822

 $00{:}56{:}20.080 \dashrightarrow 00{:}56{:}22.495$ but antibodies can be engineered

NOTE Confidence: 0.8230822

00:56:22.495 --> 00:56:24.427 to recognize specific proteins

NOTE Confidence: 0.8230822

 $00{:}56{:}24.427 \dashrightarrow 00{:}56{:}27.039$ on the surface of cancer cells,

NOTE Confidence: 0.8230822

00:56:27.040 --> 00:56:30.316 and this sassy two some AB has been

NOTE Confidence: 0.8230822

 $00:56:30.316 \longrightarrow 00:56:32.609$ engineered to recognize Trope two.

NOTE Confidence: 0.8230822

 $00:56:32.610 \longrightarrow 00:56:35.571$ Trope Two is a substance which is

NOTE Confidence: 0.8230822

00:56:35.571 --> 00:56:38.426 expressed at high density on the

NOTE Confidence: 0.8230822

 $00:56:38.426 \longrightarrow 00:56:41.414$ surface of many different cancer cells,

 $00:56:41.420 \longrightarrow 00:56:44.738$ including breast cancer cells and to this.

NOTE Confidence: 0.8230822

 $00{:}56{:}44.740 \dashrightarrow 00{:}56{:}46.966$ Anti Trump two antibody is fused.

NOTE Confidence: 0.8230822

 $00:56:46.970 \longrightarrow 00:56:48.830$ All these green dots which

NOTE Confidence: 0.8230822

 $00:56:48.830 \longrightarrow 00:56:50.318$ are is the payload.

NOTE Confidence: 0.8230822

 $00:56:50.320 \longrightarrow 00:56:52.375$ These chemotherapy molecules and the

NOTE Confidence: 0.8230822

 $00:56:52.375 \longrightarrow 00:56:55.130$ secret sauce of this treatment is the

NOTE Confidence: 0.8230822

 $00:56:55.130 \longrightarrow 00:56:57.020$ antibody binds to the cancer cell.

NOTE Confidence: 0.8230822

 $00:56:57.020 \longrightarrow 00:56:59.393$ It's taken up by the cancer cell

NOTE Confidence: 0.8230822

 $00:56:59.393 \longrightarrow 00:57:01.997$ in the chemo is only released in

NOTE Confidence: 0.8230822

 $00:57:01.997 \longrightarrow 00:57:04.259$ the cancer cell so it's highly

NOTE Confidence: 0.8230822

00:57:04.334 --> 00:57:06.638 specific for your cancer and it's

NOTE Confidence: 0.8230822

 $00:57:06.638 \longrightarrow 00:57:08.934$ the chemo is only released inside

NOTE Confidence: 0.8230822

 $00{:}57{:}08.934 \dashrightarrow 00{:}57{:}12.412$ the cells so it does not cause a lot

NOTE Confidence: 0.8230822

 $00:57:12.412 \longrightarrow 00:57:15.030$ of side effects and what has made.

NOTE Confidence: 0.8230822

 $00:57:15.030 \longrightarrow 00:57:17.025$ There's company that developed this

 $00:57:17.025 \longrightarrow 00:57:19.589$ technology very prominent and lots of money.

NOTE Confidence: 0.8230822

 $00{:}57{:}19.590 \dashrightarrow 00{:}57{:}22.194$ Is this special linker and the Linker

NOTE Confidence: 0.8230822

 $00{:}57{:}22.194 \dashrightarrow 00{:}57{:}24.910$ is only broken that links the chemo

NOTE Confidence: 0.8230822

 $00:57:24.910 \longrightarrow 00:57:27.190$ to the antibody inside the cell.

NOTE Confidence: 0.8230822

 $00:57:27.190 \longrightarrow 00:57:29.850$ So here's a cartoon or what happens.

NOTE Confidence: 0.8230822

00:57:29.850 --> 00:57:31.920 The antibody binds the surface of

NOTE Confidence: 0.8230822

 $00:57:31.920 \longrightarrow 00:57:34.789$ the cell in the stroke two molecule.

NOTE Confidence: 0.8230822

 $00:57:34.790 \longrightarrow 00:57:36.690$ It's brought inside the cell

NOTE Confidence: 0.8230822

 $00:57:36.690 \longrightarrow 00:57:38.590$ into what's called an endosome.

NOTE Confidence: 0.8230822

 $00:57:38.590 \longrightarrow 00:57:40.714$ The endosome turns into a body

NOTE Confidence: 0.8230822

 $00{:}57{:}40.714 \dashrightarrow 00{:}57{:}43.030$ that releases a bunch of digestive

NOTE Confidence: 0.8230822

 $00{:}57{:}43.030 \dashrightarrow 00{:}57{:}45.105$ enzymes which cleave the chemo

NOTE Confidence: 0.8230822

00:57:45.105 --> 00:57:46.900 from this special Linker.

NOTE Confidence: 0.8230822

 $00:57:46.900 \longrightarrow 00:57:49.060$ And then that chemo drug,

NOTE Confidence: 0.8230822

 $00:57:49.060 \longrightarrow 00:57:51.220$ which is called SN 38,

NOTE Confidence: 0.8230822

 $00:57:51.220 \longrightarrow 00:57:54.220$ binds to cancer cell DNA

 $00:57:54.220 \longrightarrow 00:57:57.220$ and kills the cancer cells.

NOTE Confidence: 0.8230822

 $00{:}57{:}57.220 \to 00{:}57{:}59.218$ And this is the data looking

NOTE Confidence: 0.8230822

00:57:59.218 --> 00:58:01.102 at Sacituzumab in women with

NOTE Confidence: 0.8230822

 $00:58:01.102 \longrightarrow 00:58:03.026$ metastatic triple negative breast

NOTE Confidence: 0.8230822

 $00{:}58{:}03.026 \dashrightarrow 00{:}58{:}04.950$ cancer estrogen progesterone and

NOTE Confidence: 0.8230822

 $00:58:04.950 \longrightarrow 00:58:07.229$ her two negative breast cancer.

NOTE Confidence: 0.8230822

00:58:07.230 --> 00:58:09.575 So these were women who had received

NOTE Confidence: 0.8230822

 $00:58:09.575 \longrightarrow 00:58:12.229$ a lot of chemotherapy already.

NOTE Confidence: 0.8230822

00:58:12.230 --> 00:58:14.315 So population women or in

NOTE Confidence: 0.8230822

 $00:58:14.315 \longrightarrow 00:58:15.983$ a really tough situation.

NOTE Confidence: 0.8230822

00:58:15.990 --> 00:58:19.318 And what you see on that top line,

NOTE Confidence: 0.8230822

 $00:58:19.320 \longrightarrow 00:58:21.410$ which is the green line.

NOTE Confidence: 0.8230822

 $00{:}58{:}21.410 --> 00{:}58{:}23.996$ These are women treated with Sacituzumab

NOTE Confidence: 0.8230822

 $00:58:23.996 \longrightarrow 00:58:26.510$ and the bottom line are women.

NOTE Confidence: 0.8230822

 $00:58:26.510 \longrightarrow 00:58:28.838$ Dad who received the therapy that

 $00:58:28.838 \longrightarrow 00:58:31.248$ physicians choice was thought to be

NOTE Confidence: 0.8230822

 $00:58:31.248 \longrightarrow 00:58:33.228$ the best available alternative therapy.

NOTE Confidence: 0.8230822

 $00:58:33.230 \longrightarrow 00:58:35.645$ And so the time until cancer grew

NOTE Confidence: 0.8230822

 $00:58:35.645 \longrightarrow 00:58:37.969$ and people needed another treatment,

NOTE Confidence: 0.8230822

00:58:37.970 --> 00:58:40.786 you can see on the left lower curve

NOTE Confidence: 0.8230822

 $00:58:40.786 \longrightarrow 00:58:42.343$ is substantially increased when

NOTE Confidence: 0.8230822

 $00:58:42.343 \longrightarrow 00:58:44.695$ you're treated with sassy twos map

NOTE Confidence: 0.8230822

 $00{:}58{:}44.695 \dashrightarrow 00{:}58{:}47.258$ and that also translated into a

NOTE Confidence: 0.8230822

 $00{:}58{:}47.258 \dashrightarrow 00{:}58{:}48.962$ very meaningful prolongation in

NOTE Confidence: 0.8230822

00:58:48.962 --> 00:58:51.356 how long women were surviving and

NOTE Confidence: 0.8230822

 $00:58:51.356 \longrightarrow 00:58:54.265$ the side of a profile is actually

NOTE Confidence: 0.8230822

 $00:58:54.265 \longrightarrow 00:58:56.880$ really good with this medicine.

NOTE Confidence: 0.8230822

 $00{:}58{:}56.880 \dashrightarrow 00{:}58{:}59.392$ And this was the what I think even

NOTE Confidence: 0.8230822

 $00{:}58{:}59.392 \dashrightarrow 00{:}59{:}00.907$ more exciting information from

NOTE Confidence: 0.8230822

 $00:59:00.907 \longrightarrow 00:59:02.937$ this year's asthma meeting that

NOTE Confidence: 0.8230822

 $00:59:02.937 \dashrightarrow 00:59:05.777$ this trope to target is not unique

 $00:59:05.777 \longrightarrow 00:59:07.712$ to triple negative breast cancer

NOTE Confidence: 0.8230822

 $00:59:07.712 \longrightarrow 00:59:09.970$ cells or to bladder cancer cells.

NOTE Confidence: 0.8230822

 $00:59:09.970 \longrightarrow 00:59:10.712$ In fact,

NOTE Confidence: 0.8230822

00:59:10.712 --> 00:59:12.567 it's present on estrogen receptor

NOTE Confidence: 0.8230822

 $00:59:12.567 \longrightarrow 00:59:14.080$ positive breast cancer cells.

NOTE Confidence: 0.8230822

00:59:14.080 --> 00:59:16.522 Just so happened that the drug

NOTE Confidence: 0.8230822

00:59:16.522 --> 00:59:18.868 manufacturer made a decision that it

NOTE Confidence: 0.8230822

 $00:59:18.868 \longrightarrow 00:59:21.136$ was more expeditious for them to get

NOTE Confidence: 0.8230822

 $00:59{:}21.136 --> 00{:}59{:}24.430$ it approved in triple negative breast cancer.

NOTE Confidence: 0.8230822

 $00:59:24.430 \longrightarrow 00:59:26.255$ But they reported this year

NOTE Confidence: 0.8230822

00:59:26.255 --> 00:59:28.080 a study looking at roughly

NOTE Confidence: 0.8599751

 $00:59:28.155 \longrightarrow 00:59:30.480$ 35 women with estrogen receptor

NOTE Confidence: 0.8599751

00:59:30.480 --> 00:59:31.875 positive breast cancer.

NOTE Confidence: 0.8599751

 $00:59:31.880 \longrightarrow 00:59:33.596$ Received lots of chemo.

NOTE Confidence: 0.8599751

 $00:59:33.596 \longrightarrow 00:59:36.609$ Also giving this drug sassy to some

00:59:36.609 --> 00:59:39.409 app and what you see on the bottom

NOTE Confidence: 0.8599751

 $00{:}59{:}39.409 \dashrightarrow 00{:}59{:}42.512$ left is what's called a waterfall plot

NOTE Confidence: 0.8599751

 $00{:}59{:}42.512 \dashrightarrow 00{:}59{:}45.130$ in each bar represents an individual

NOTE Confidence: 0.8599751

00:59:45.130 --> 00:59:48.450 woman and the height of the bar above

NOTE Confidence: 0.8599751

00:59:48.539 --> 00:59:51.667 or below the X axis is whether their

NOTE Confidence: 0.8599751

 $00:59:51.667 \longrightarrow 00:59:55.058$ cancer grew or shrunk compared to baseline.

NOTE Confidence: 0.8599751

 $00:59:55.060 \longrightarrow 00:59:56.938$ And so when you see a

NOTE Confidence: 0.8599751

00:59:56.938 --> 00:59:58.190 waterfall curve like this,

NOTE Confidence: 0.8599751

 $00:59:58.190 \longrightarrow 01:00:00.948$ where the vast majority of women are.

NOTE Confidence: 0.8599751

 $01:00:00.950 \longrightarrow 01:00:03.855$ Pointed down that means the vast majority

NOTE Confidence: 0.8599751

 $01{:}00{:}03.855 \dashrightarrow 01{:}00{:}06.300$ of women's cancer actually shrunk.

NOTE Confidence: 0.8599751

 $01:00:06.300 \longrightarrow 01:00:08.530$ Now in the oncology world,

NOTE Confidence: 0.8599751

 $01:00:08.530 \longrightarrow 01:00:11.206$ we use a change from baseline,

NOTE Confidence: 0.8599751

 $01:00:11.210 \longrightarrow 01:00:16.746$ a shrinkage of 30% as a definition of.

NOTE Confidence: 0.8599751

01:00:16.750 --> 01:00:17.672 Partial response,

NOTE Confidence: 0.8599751

 $01:00:17.672 \longrightarrow 01:00:19.977$ whereas a growth that's generally

 $01:00:19.977 \longrightarrow 01:00:22.709$ over about 15 percent 10 to 15%.

NOTE Confidence: 0.8599751

 $01:00:22.710 \longrightarrow 01:00:23.970$ We call progression.

NOTE Confidence: 0.8599751

 $01:00:23.970 \longrightarrow 01:00:25.650$ So the really critical

NOTE Confidence: 0.8599751

01:00:25.650 --> 01:00:27.400 things about this study,

NOTE Confidence: 0.8599751

 $01:00:27.400 \longrightarrow 01:00:30.641$ from my perspective is that only one

NOTE Confidence: 0.8599751

 $01:00:30.641 \longrightarrow 01:00:33.455$ women had progression from the 1st at

NOTE Confidence: 0.8599751

 $01:00:33.455 \longrightarrow 01:00:36.350$ the time of the first data recording.

NOTE Confidence: 0.8599751

 $01:00:36.350 \longrightarrow 01:00:39.150$ The vast majority of women either had

NOTE Confidence: 0.8599751

01:00:39.150 --> 01:00:41.880 stable disease or their cancer shrunk,

NOTE Confidence: 0.8599751

 $01:00:41.880 \longrightarrow 01:00:44.370$ and so that's really really

NOTE Confidence: 0.8599751

 $01:00:44.370 \longrightarrow 01:00:45.864$ encouraging stuff Ann.

NOTE Confidence: 0.8599751

 $01:00:45.870 \longrightarrow 01:00:46.782$ Is Why?

NOTE Confidence: 0.8599751

 $01{:}00{:}46.782 \dashrightarrow 01{:}00{:}49.974$ We are thrilled that we are participating

NOTE Confidence: 0.8599751

01:00:49.974 --> 01:00:52.709 site in this tropics two trial,

NOTE Confidence: 0.8599751

 $01:00:52.710 \longrightarrow 01:00:55.170$ and that's a clinical trial that's

 $01:00:55.170 \longrightarrow 01:00:56.810$ exactly mirroring the registration

NOTE Confidence: 0.8599751

 $01:00:56.872 \longrightarrow 01:00:59.248$ trial for triple negative breast cancer.

NOTE Confidence: 0.8599751

 $01:00:59.250 \longrightarrow 01:01:02.328$ Women who have received treatment for

NOTE Confidence: 0.8599751

 $01:01:02.328 \longrightarrow 01:01:04.380$ estrogen receptor positive breath.

NOTE Confidence: 0.8599751

 $01:01:04.380 \longrightarrow 01:01:06.080$ Really neat thing about this

NOTE Confidence: 0.8599751

01:01:06.080 --> 01:01:08.445 study is you don't have to have

NOTE Confidence: 0.8599751

01:01:08.445 --> 01:01:09.940 received a lot of chemo,

NOTE Confidence: 0.8599751

 $01:01:09.940 \longrightarrow 01:01:12.229$ so this is going to be healthier.

NOTE Confidence: 0.8599751

 $01{:}01{:}12.230 \dashrightarrow 01{:}01{:}14.540$ Population of women and we expect that

NOTE Confidence: 0.8599751

01:01:14.540 --> 01:01:16.809 any treatment it's going to work better,

NOTE Confidence: 0.8599751

 $01:01:16.810 \longrightarrow 01:01:19.176$ healthier you are and it will be

NOTE Confidence: 0.8599751

 $01:01:19.176 \longrightarrow 01:01:21.058$ assigned the sassy to some app.

NOTE Confidence: 0.8599751

01:01:21.060 --> 01:01:21.894 Or again,

NOTE Confidence: 0.8599751

01:01:21.894 --> 01:01:24.396 the treatment of Physicians Choice with

NOTE Confidence: 0.8599751

 $01:01:24.396 \longrightarrow 01:01:26.815$ Medecins which we already use which

NOTE Confidence: 0.8599751

 $01:01:26.815 \longrightarrow 01:01:29.083$ are highly effective in that setting.

 $01:01:29.090 \longrightarrow 01:01:34.256$ And that probably was my last slide.

NOTE Confidence: 0.8599751

01:01:34.260 --> 01:01:36.858 So I will.

NOTE Confidence: 0.8599751

 $01:01:36.860 \longrightarrow 01:01:39.700$ Turn it back over to you mera.

NOTE Confidence: 0.8599751

01:01:39.700 --> 01:01:43.358 If I can figure out how to do that.

NOTE Confidence: 0.82009655

 $01{:}01{:}43.360 \dashrightarrow 01{:}01{:}45.390$ Yeah, that was fantastic and.

NOTE Confidence: 0.83877057

 $01:01:47.750 \longrightarrow 01:01:49.948$ Between the sassy and the tropics we

NOTE Confidence: 0.83877057

 $01:01:49.948 \longrightarrow 01:01:53.113$ have a lot to discuss so got a lot of

NOTE Confidence: 0.83877057

 $01:01:53.113 \longrightarrow 01:01:55.650$ questions that came through with your talk.

NOTE Confidence: 0.83877057

01:01:55.650 --> 01:01:57.826 One of 'em is from Donna asked what

NOTE Confidence: 0.83877057

 $01:01:57.826 \longrightarrow 01:02:00.327$ tests are available to see if there is

NOTE Confidence: 0.83877057

 $01{:}02{:}00.327 \dashrightarrow 01{:}02{:}02.852$ a recurrence during the five years of

NOTE Confidence: 0.83877057

 $01{:}02{:}02.852 \dashrightarrow 01{:}02{:}04.857$ post mastectomy anti hormone treatment.

NOTE Confidence: 0.83877057

 $01{:}02{:}04.860 \to 01{:}02{:}07.533$ I mean I guess the questions could be like

NOTE Confidence: 0.83877057

 $01:02:07.533 \longrightarrow 01:02:10.212$ you know are there blood tests or their

NOTE Confidence: 0.83877057

 $01:02:10.212 \longrightarrow 01:02:13.078$ scans or images that should be done through?

 $01:02:13.080 \longrightarrow 01:02:15.752$ Yeah yeah. So that is one of the

NOTE Confidence: 0.865131664666667

01:02:15.752 --> 01:02:18.037 most frequent questions that we get

NOTE Confidence: 0.86513166466667

01:02:18.037 --> 01:02:20.953 asked and I have to acknowledge the

NOTE Confidence: 0.865131664666667

 $01:02:20.953 \longrightarrow 01:02:23.603$ answer is still really disappointing

NOTE Confidence: 0.865131664666667

 $01:02:23.603 \longrightarrow 01:02:26.126$ because after rigorously looking at

NOTE Confidence: 0.86513166466667

01:02:26.126 --> 01:02:28.106 looking at the currently available

NOTE Confidence: 0.865131664666667

 $01:02:28.106 \longrightarrow 01:02:30.515$ serum blood test tumor markers or

NOTE Confidence: 0.865131664666667

 $01:02:30.515 \longrightarrow 01:02:33.147$ doing cat scans every six months or

NOTE Confidence: 0.865131664666667

 $01{:}02{:}33.147 \dashrightarrow 01{:}02{:}35.447$ monitoring for circulating tumor cells,

NOTE Confidence: 0.865131664666667

 $01:02:35.450 \longrightarrow 01:02:38.778$ we really have not identified a tool that

NOTE Confidence: 0.865131664666667

 $01{:}02{:}38.778 {\:{\circ}{\circ}{\circ}}>01{:}02{:}41.117$ impacts outcomes in a meaningful way.

NOTE Confidence: 0.865131664666667

 $01:02:41.120 \longrightarrow 01:02:43.550$ So it's still really old fashion.

NOTE Confidence: 0.865131664666667

 $01:02:43.550 \longrightarrow 01:02:45.170$ It's how you feeling.

NOTE Confidence: 0.865131664666667

 $01{:}02{:}45.170 \dashrightarrow 01{:}02{:}46.790$ What's important to recognize

NOTE Confidence: 0.865131664666667

 $01:02:46.790 \longrightarrow 01:02:48.910$ about that is no surveillance.

NOTE Confidence: 0.865131664666667

 $01{:}02{:}48.910 \dashrightarrow 01{:}02{:}50.872$ Imaging or testing does not mean

 $01:02:50.872 \longrightarrow 01:02:53.030$ we're going to ignore what happens.

NOTE Confidence: 0.865131664666667

 $01:02:53.030 \longrightarrow 01:02:54.695$ We have extraordinarily low thresholds

NOTE Confidence: 0.86513166466667

 $01:02:54.695 \longrightarrow 01:02:56.820$ to do imaging or diagnostic testing,

NOTE Confidence: 0.86513166466667

 $01:02:56.820 \longrightarrow 01:02:59.781$ but it seems to fly in the face of

NOTE Confidence: 0.865131664666667

01:02:59.781 --> 01:03:01.633 everything here all along, right?

NOTE Confidence: 0.865131664666667

01:03:01.633 --> 01:03:03.348 But early diagnosis saves lives,

NOTE Confidence: 0.865131664666667

 $01:03:03.350 \longrightarrow 01:03:05.010$ and that is critically important

NOTE Confidence: 0.865131664666667

01:03:05.010 --> 01:03:07.140 for breast cancer in the breast,

NOTE Confidence: 0.865131664666667

 $01{:}03{:}07.140 \dashrightarrow 01{:}03{:}09.580$ and we're still working on the tools for

NOTE Confidence: 0.86513166466667

 $01:03:09.580 \longrightarrow 01:03:11.609$ early diagnosis for recurrence elsewhere.

NOTE Confidence: 0.85955155

 $01:03:12.830 \longrightarrow 01:03:14.870$ That's great, and then we have

NOTE Confidence: 0.85955155

 $01:03:14.870 \longrightarrow 01:03:16.230$ another question from Tina,

NOTE Confidence: 0.85955155

 $01:03:16.230 \longrightarrow 01:03:17.930$ this time regarding the DNA

NOTE Confidence: 0.85955155

 $01:03:17.930 \longrightarrow 01:03:19.290$ in blood clinical trials.

NOTE Confidence: 0.85955155

 $01:03:19.290 \longrightarrow 01:03:21.078$ Are they being done in patients

01:03:21.078 --> 01:03:23.369 after 10 years of either tamoxifen,

NOTE Confidence: 0.85955155

 $01:03:23.370 \longrightarrow 01:03:27.100$ arimidex or other forms of anti estrogen?

NOTE Confidence: 0.860686

01:03:27.100 --> 01:03:28.720 So I suspect, unfortunately,

NOTE Confidence: 0.860686

 $01:03:28.720 \longrightarrow 01:03:30.745$ like the pace is slow.

NOTE Confidence: 0.860686

01:03:30.750 --> 01:03:33.006 Alright, so it's one thing to

NOTE Confidence: 0.860686

 $01:03:33.006 \longrightarrow 01:03:35.630$ be able to detect a population.

NOTE Confidence: 0.860686

 $01:03:35.630 \longrightarrow 01:03:38.060$ Women who are likely to recur.

NOTE Confidence: 0.860686

 $01:03:38.060 \longrightarrow 01:03:39.980$ It's yet another critical thing

NOTE Confidence: 0.860686

01:03:39.980 --> 01:03:43.240 to be able to prove we can do

NOTE Confidence: 0.860686

01:03:43.240 --> 01:03:45.345 something different to help impact

NOTE Confidence: 0.860686

01:03:45.345 --> 01:03:47.398 the outcome of those women,

NOTE Confidence: 0.860686

 $01:03:47.400 \longrightarrow 01:03:49.428$ so I suspect that this circulating

NOTE Confidence: 0.860686

 $01:03:49.428 \longrightarrow 01:03:52.189$ tumor DNA in the natera assays probably

NOTE Confidence: 0.860686

 $01:03:52.189 \longrightarrow 01:03:54.859$ will not be available for common

NOTE Confidence: 0.860686

 $01:03:54.859 \longrightarrow 01:03:57.230$ consumption until we've determined that.

NOTE Confidence: 0.860686

 $01:03:57.230 \longrightarrow 01:03:59.215$ We can actually change therapy

01:03:59.215 --> 01:04:00.406 and improve outcomes,

NOTE Confidence: 0.860686

 $01:04:00.410 \longrightarrow 01:04:02.534$ so I think we're probably like

NOTE Confidence: 0.860686

 $01:04:02.534 \longrightarrow 01:04:04.938$ a couple of years off until

NOTE Confidence: 0.860686

 $01:04:04.938 \longrightarrow 01:04:06.758$ these really hit Primetime.

NOTE Confidence: 0.860686

 $01:04:06.760 \longrightarrow 01:04:09.070$ They this similar technology is not

NOTE Confidence: 0.860686

01:04:09.070 --> 01:04:11.130 just specific for breast cancer,

NOTE Confidence: 0.860686

 $01:04:11.130 \longrightarrow 01:04:14.694$ so it is being used in colorectal cancer now.

NOTE Confidence: 0.860686

 $01{:}04{:}14.700 \longrightarrow 01{:}04{:}17.479$ Similar types of trials are being done,

NOTE Confidence: 0.860686

 $01:04:17.480 \longrightarrow 01:04:21.044$ but it's the pace will be slow until enough.

NOTE Confidence: 0.8010641

 $01:04:25.000 \longrightarrow 01:04:26.266$ Then we just get the answer.

NOTE Confidence: 0.8010641

 $01:04:26.270 \longrightarrow 01:04:27.110$ Spencer We gotta do.

NOTE Confidence: 0.84079665

 $01:04:27.910 \longrightarrow 01:04:29.298$ That was really great.

NOTE Confidence: 0.84079665

 $01{:}04{:}29.298 \dashrightarrow 01{:}04{:}31.380$ We have another question from Lynn

NOTE Confidence: 0.84079665

 $01:04:31.450 \longrightarrow 01:04:33.718$ who asks are women with hormone

NOTE Confidence: 0.84079665

01:04:33.718 --> 01:04:35.613 receptor positive cancers ever going

 $01:04:35.613 \longrightarrow 01:04:37.832$ to be able to take anything after

NOTE Confidence: 0.84079665

01:04:37.832 --> 01:04:39.878 menopause to help with all the

NOTE Confidence: 0.84079665

01:04:39.878 --> 01:04:41.638 hormone replacements stuff like skin,

NOTE Confidence: 0.84079665

01:04:41.640 --> 01:04:43.020 her libido, mood, memory,

NOTE Confidence: 0.84079665

 $01:04:43.020 \longrightarrow 01:04:45.090$ family fat and then I know

NOTE Confidence: 0.84079665

 $01:04:45.160 \longrightarrow 01:04:46.920$ that's a question of problems

NOTE Confidence: 0.84079665

 $01:04:46.920 \longrightarrow 01:04:48.680$ to your practice a lot.

NOTE Confidence: 0.84079665

 $01:04:48.680 \longrightarrow 01:04:49.380$ Yeah, yeah.

NOTE Confidence: 0.84079665

01:04:49.380 --> 01:04:51.844 So critically important people working on it.

NOTE Confidence: 0.84079665

 $01:04:51.850 \longrightarrow 01:04:54.307$ We will be doing more research neus.

NOTE Confidence: 0.84079665

 $01{:}04{:}54.310 \dashrightarrow 01{:}04{:}56.487$ So there are some things we can

NOTE Confidence: 0.84079665

 $01:04:56.487 \longrightarrow 01:04:58.660$ do like for vaginal dryness.

NOTE Confidence: 0.84079665

 $01:04:58.660 \longrightarrow 01:05:00.478$ We know that Topical Vaginal estrogen

NOTE Confidence: 0.84079665

 $01:05:00.478 \longrightarrow 01:05:02.599$ is safe when used at minimally

NOTE Confidence: 0.84079665

01:05:02.599 --> 01:05:04.719 effective dose libido has just

NOTE Confidence: 0.84079665

01:05:04.719 --> 01:05:05.991 been extraordinarily frustrating,

 $01:05:06.000 \longrightarrow 01:05:07.840$ so have things like waking.

NOTE Confidence: 0.84079665

 $01:05:07.840 \longrightarrow 01:05:10.036$ I think it's a matter of

NOTE Confidence: 0.84079665

 $01:05:10.036 \longrightarrow 01:05:11.134$ with your oncologist.

NOTE Confidence: 0.84079665

01:05:11.140 --> 01:05:13.336 You just need to decide OK?

NOTE Confidence: 0.84079665

 $01{:}05{:}13.340 \dashrightarrow 01{:}05{:}15.986$ Where is my risk profile set might

NOTE Confidence: 0.84079665

 $01:05:15.986 \longrightarrow 01:05:18.180$ weight gain ultimately be a bigger

NOTE Confidence: 0.84079665

 $01:05:18.180 \longrightarrow 01:05:20.166$ detriment to my health then staying

NOTE Confidence: 0.84079665

01:05:20.166 --> 01:05:22.837 on my anti estrogen therapy for an

NOTE Confidence: 0.84079665

 $01{:}05{:}22.837 \dashrightarrow 01{:}05{:}25.146$ additional five years and so these

NOTE Confidence: 0.84079665

 $01{:}05{:}25.146 \dashrightarrow 01{:}05{:}27.136$ are the kinds of individualized

NOTE Confidence: 0.84079665

 $01:05:27.136 \longrightarrow 01:05:29.570$ decisions that we need to make but.

NOTE Confidence: 0.84079665

 $01:05:29.570 \longrightarrow 01:05:31.890$ But I totally understand endocrine

NOTE Confidence: 0.84079665

 $01{:}05{:}31.890 \dashrightarrow 01{:}05{:}35.666$ therapy is a long tough slug and we are

NOTE Confidence: 0.84079665

 $01:05:35.666 \longrightarrow 01:05:38.370$ trying to find ways to make it better.

NOTE Confidence: 0.8509685

 $01:05:39.660 \longrightarrow 01:05:43.000$ So as we wait for more questions to come in,

01:05:43.000 --> 01:05:44.998 I have one for Doctor Mastriani,

NOTE Confidence: 0.8509685

 $01:05:45.000 \longrightarrow 01:05:47.528$ you know, like what if a woman is

NOTE Confidence: 0.8509685

01:05:47.528 --> 01:05:49.678 addressing one side with cancer with,

NOTE Confidence: 0.8509685

 $01:05:49.680 \longrightarrow 01:05:51.016$ for example, mastectomy and

NOTE Confidence: 0.8509685

 $01:05:51.016 \longrightarrow 01:05:52.349$ reconstruction, but she wants

NOTE Confidence: 0.8509685

 $01:05:52.349 \longrightarrow 01:05:54.014$ to preserve our opposite breast.

NOTE Confidence: 0.8509685

 $01:05:54.020 \longrightarrow 01:05:55.988$ What are some options for for

NOTE Confidence: 0.8509685

01:05:55.988 --> 01:05:57.700 them on the opposite side?

NOTE Confidence: 0.89070404

 $01:05:59.100 \longrightarrow 01:06:00.096$ The great question.

NOTE Confidence: 0.89070404

01:06:00.096 --> 01:06:03.111 A lot of people like to match the natural

NOTE Confidence: 0.89070404

01:06:03.111 --> 01:06:05.599 breast and I I always have a Frank

NOTE Confidence: 0.89070404

 $01{:}06{:}05.674 \dashrightarrow 01{:}06{:}08.249$ conversation with patients about that.

NOTE Confidence: 0.89070404

01:06:08.250 --> 01:06:09.402 It's not impossible,

NOTE Confidence: 0.89070404

01:06:09.402 --> 01:06:12.656 but we just sort of have to identify

NOTE Confidence: 0.89070404

 $01:06:12.656 \longrightarrow 01:06:15.056$ what goals the patient had.

NOTE Confidence: 0.89070404

 $01:06:15.060 \longrightarrow 01:06:17.440$ And one clothing. So are we going

 $01:06:17.440 \longrightarrow 01:06:20.089$ to match the volume of the breast?

NOTE Confidence: 0.89070404

 $01{:}06{:}20.090 \longrightarrow 01{:}06{:}22.596$ Do you want to have matching nipples?

NOTE Confidence: 0.89070404

 $01:06:22.600 \longrightarrow 01:06:25.464$ Can we match that with a secondary procedure?

NOTE Confidence: 0.89070404

 $01:06:25.470 \longrightarrow 01:06:27.594$ The biggest challenges I find actually

NOTE Confidence: 0.89070404

 $01:06:27.594 \longrightarrow 01:06:30.138$ our average women who have had children.

NOTE Confidence: 0.89070404

 $01:06:30.140 \longrightarrow 01:06:32.646$ They just have that dissent of tissue.

NOTE Confidence: 0.89070404

 $01:06:32.650 \longrightarrow 01:06:34.810$ And that's tougher to to address.

NOTE Confidence: 0.89070404

 $01:06:34.810 \longrightarrow 01:06:37.030$ But we can certainly address that

NOTE Confidence: 0.89070404

 $01{:}06{:}37.030 \dashrightarrow 01{:}06{:}39.483$ with a procedure like a lift or

NOTE Confidence: 0.89070404

 $01:06:39.483 \longrightarrow 01:06:41.295$ putting an implant in there to

NOTE Confidence: 0.89070404

 $01:06:41.295 \longrightarrow 01:06:43.419$ give them a similar appearance.

NOTE Confidence: 0.89070404

 $01:06:43.420 \longrightarrow 01:06:44.912$ So there are many,

NOTE Confidence: 0.89070404

01:06:44.912 --> 01:06:45.658 many options.

NOTE Confidence: 0.89070404

01:06:45.660 --> 01:06:47.588 But I always try to talk to my

NOTE Confidence: 0.89070404

 $01:06:47.588 \longrightarrow 01:06:49.097$ patients and find out what their

 $01:06:49.097 \longrightarrow 01:06:51.121$ goals are and we try to match what

NOTE Confidence: 0.89070404

 $01:06:51.121 \dashrightarrow 01:06:53.185$ I can do with what their wants are.

NOTE Confidence: 0.8445006

01:06:54.830 --> 01:06:58.403 Excellent and I have a question for a Andrew,

NOTE Confidence: 0.8445006

 $01:06:58.410 \longrightarrow 01:07:01.362$ you know one of those things that patients

NOTE Confidence: 0.8445006

 $01:07:01.362 \longrightarrow 01:07:03.978$ will often complain about is fatigue.

NOTE Confidence: 0.8445006

 $01:07:03.980 \longrightarrow 01:07:05.970$ During radiation. Is that something

NOTE Confidence: 0.8445006

 $01:07:05.970 \longrightarrow 01:07:09.154$ that we actually really see, or is it?

NOTE Confidence: 0.8445006

 $01:07:09.154 \longrightarrow 01:07:11.941$ And if we do, are there any

NOTE Confidence: 0.8445006

 $01{:}07{:}11.941 \dashrightarrow 01{:}07{:}13.926$ options or strategy with the.

NOTE Confidence: 0.8268766

01:07:15.470 --> 01:07:17.885 Fatigue is probably on the order of

NOTE Confidence: 0.8268766

 $01:07:17.885 \longrightarrow 01:07:20.490$ maybe I would say 50 to 75% of patients.

NOTE Confidence: 0.8268766

 $01:07:20.490 \longrightarrow 01:07:22.230$ It's using pretty mild fatigue and

NOTE Confidence: 0.8268766

 $01:07:22.230 \longrightarrow 01:07:24.029$ all the symptoms of radiation.

NOTE Confidence: 0.8268766

 $01:07:24.030 \longrightarrow 01:07:27.294$ Let's say you. Have a five week course.

NOTE Confidence: 0.8268766

 $01:07:27.300 \longrightarrow 01:07:29.498$ They don't really start the first week.

NOTE Confidence: 0.8268766

 $01:07:29.500 \longrightarrow 01:07:31.698$ Probably don't even start the second week.

01:07:31.700 --> 01:07:33.578 Radiation side effects are always delayed,

NOTE Confidence: 0.8268766

 $01:07:33.580 \longrightarrow 01:07:34.764$ so they probably start.

NOTE Confidence: 0.8268766

 $01:07:34.764 \longrightarrow 01:07:36.540$ Maybe the end of the second

NOTE Confidence: 0.8268766

 $01:07:36.604 \longrightarrow 01:07:38.289$ week starting the third week.

NOTE Confidence: 0.8268766

 $01:07:38.290 \longrightarrow 01:07:40.537$ I personally found that patients who exercise

NOTE Confidence: 0.8268766

 $01:07:40.537 \longrightarrow 01:07:42.689$ more actually don't have that much fatigue.

NOTE Confidence: 0.8268766

01:07:42.690 --> 01:07:44.006 There probably is correlated,

NOTE Confidence: 0.8268766

 $01:07:44.006 \longrightarrow 01:07:46.450$ but there's no real study looking at that.

NOTE Confidence: 0.8268766

01:07:46.450 --> 01:07:47.806 And after radiation phased,

NOTE Confidence: 0.8268766

 $01:07:47.806 \longrightarrow 01:07:49.501$ fortunate thing about fatigue is

NOTE Confidence: 0.8268766

 $01:07:49.501 \longrightarrow 01:07:51.158$ generally a short term side effects,

NOTE Confidence: 0.8268766

 $01:07:51.160 \longrightarrow 01:07:53.044$ so that usually goes away within

NOTE Confidence: 0.8268766

 $01:07:53.044 \longrightarrow 01:07:53.986$ about a month.

NOTE Confidence: 0.8096904

 $01:07:55.010 \longrightarrow 01:07:57.608$ Excellent, have a couple of questions

NOTE Confidence: 0.8096904

 $01:07:57.608 \longrightarrow 01:08:00.090$ coming in for doctor fishback.

 $01:08:00.090 \longrightarrow 01:08:01.476$ Very popular tonight.

NOTE Confidence: 0.8096904

 $01{:}08{:}01.476 \dashrightarrow 01{:}08{:}04.248$ Alexa ask is tamoxifen 10 milligrams

NOTE Confidence: 0.8096904

 $01:08:04.248 \longrightarrow 01:08:07.017$ daily just as effective as tamoxifen.

NOTE Confidence: 0.8096904

 $01:08:07.020 \longrightarrow 01:08:10.050$ 20 milligrams a day and.

NOTE Confidence: 0.8096904

 $01:08:10.050 \longrightarrow 01:08:12.024$ The one other question for you

NOTE Confidence: 0.8096904

 $01:08:12.024 \longrightarrow 01:08:14.348$ is do you along the lines of,

NOTE Confidence: 0.8096904

 $01:08:14.350 \longrightarrow 01:08:16.010$ I think Anti estrogen therapies.

NOTE Confidence: 0.8096904

01:08:16.010 --> 01:08:19.007 Do you have to have the PCI test to

NOTE Confidence: 0.8096904

 $01:08:19.007 \longrightarrow 01:08:21.963$ decide to stay on meds for 10 years if?

NOTE Confidence: 0.8096904

01:08:21.970 --> 01:08:24.186 If so, do you have the test at

NOTE Confidence: 0.8096904

 $01{:}08{:}24.186 \dashrightarrow 01{:}08{:}25.960$ five years after diagnosis or

NOTE Confidence: 0.8096904

 $01:08:25.960 \longrightarrow 01:08:28.258$ five years when you started the?

NOTE Confidence: 0.81701285

 $01:08:28.260 \longrightarrow 01:08:28.810$ Yeah, yeah.

NOTE Confidence: 0.81701285

 $01:08:28.810 \longrightarrow 01:08:31.010$ So the first question about the dose of

NOTE Confidence: 0.81701285

 $01:08:31.063 \longrightarrow 01:08:33.218$ tamoxifen that's really interesting one.

NOTE Confidence: 0.81701285

 $01{:}08{:}33.220 \dashrightarrow 01{:}08{:}35.537$ It gets to how to drug companies.

01:08:35.540 --> 01:08:37.190 Pick the right dose right?

NOTE Confidence: 0.81701285

 $01:08:37.190 \longrightarrow 01:08:38.740$ So for a pharmaceutical company

NOTE Confidence: 0.81701285

 $01:08:38.740 \longrightarrow 01:08:40.738$ they have no interest in finding

NOTE Confidence: 0.81701285

 $01:08:40.738 \longrightarrow 01:08:42.290$ a minimally effective dose.

NOTE Confidence: 0.81701285

 $01:08:42.290 \longrightarrow 01:08:45.790$ That takes a lot of people in a lot of time.

NOTE Confidence: 0.81701285

 $01{:}08{:}45.790 \mathrel{--}{>} 01{:}08{:}47.950$ They want to very quickly determine

NOTE Confidence: 0.81701285

 $01:08:47.950 \longrightarrow 01:08:49.736$ what's a maximally tolerated dose

NOTE Confidence: 0.81701285

 $01:08:49.736 \longrightarrow 01:08:51.703$ and move that to clinical trials and

NOTE Confidence: 0.81701285

 $01:08:51.703 \longrightarrow 01:08:53.740$ that way they are sure their drug.

NOTE Confidence: 0.81701285

01:08:53.740 --> 01:08:55.016 If it doesn't work,

NOTE Confidence: 0.81701285

 $01:08:55.016 \longrightarrow 01:08:56.292$ it's not working 'cause

NOTE Confidence: 0.81701285

 $01:08:56.292 \longrightarrow 01:08:57.870$ they picked the wrong dose.

NOTE Confidence: 0.81701285

 $01:08:57.870 \longrightarrow 01:08:59.460$ So tamoxifen in the 1970s,

NOTE Confidence: 0.81701285

 $01:08:59.460 \longrightarrow 01:09:00.688$ when it was evaluated,

NOTE Confidence: 0.81701285

 $01:09:00.688 \longrightarrow 01:09:02.923$ there was a lot of good data

 $01:09:02.923 \longrightarrow 01:09:04.867$ that just 5 milligrams a day.

NOTE Confidence: 0.81701285

 $01{:}09{:}04.870 \dashrightarrow 01{:}09{:}06.258$ Tamoxifen achieved significant blood

NOTE Confidence: 0.81701285

 $01:09:06.258 \longrightarrow 01:09:08.666$ levels and didn't have a lot of

NOTE Confidence: 0.81701285

01:09:08.666 --> 01:09:10.268 the side effects that 20 molded,

NOTE Confidence: 0.81701285

 $01:09:10.270 \longrightarrow 01:09:12.699$ but twenty was the maximally tolerated dose.

NOTE Confidence: 0.81701285

01:09:12.700 --> 01:09:14.800 And from then on became the dose

NOTE Confidence: 0.81701285

 $01:09:14.800 \longrightarrow 01:09:16.859$ used in all clinical trials.

NOTE Confidence: 0.81701285

 $01:09:16.860 \longrightarrow 01:09:18.852$ So there's no question in my

NOTE Confidence: 0.81701285

 $01:09:18.852 \longrightarrow 01:09:20.680$ mind that for many women,

NOTE Confidence: 0.81701285

01:09:20.680 --> 01:09:21.984 10 would be effective,

NOTE Confidence: 0.81701285

 $01:09:21.984 \longrightarrow 01:09:24.391$ but we just don't have 10s of

NOTE Confidence: 0.81701285

 $01:09:24.391 \longrightarrow 01:09:25.537$ thousands of people.

NOTE Confidence: 0.81701285

01:09:25.540 --> 01:09:26.928 Data demonstrating that 10

NOTE Confidence: 0.81701285

 $01:09:26.928 \longrightarrow 01:09:28.316$ is equivalent to 20.

NOTE Confidence: 0.81701285

 $01:09:28.320 \longrightarrow 01:09:30.957$ So if we reach a situation where a woman

NOTE Confidence: 0.81701285

 $01:09:30.957 \longrightarrow 01:09:33.427$ needs to be an anti estrogen therapy

 $01:09:33.427 \longrightarrow 01:09:35.600$ to prevent breast cancer recurrence,

NOTE Confidence: 0.81701285

 $01{:}09{:}35.600 \dashrightarrow 01{:}09{:}38.029$ a life saving treatment and 20 is intolerable,

NOTE Confidence: 0.81701285

01:09:38.030 --> 01:09:41.500 then I think 10 is a reasonable thing to try.

NOTE Confidence: 0.81701285

01:09:41.500 --> 01:09:42.362 In fact,

NOTE Confidence: 0.81701285

 $01:09:42.362 \longrightarrow 01:09:44.086$ there's some recent data.

NOTE Confidence: 0.81701285

01:09:44.090 --> 01:09:46.666 In women with a much lower risk

NOTE Confidence: 0.81701285

 $01:09:46.666 \longrightarrow 01:09:48.829$ breast cancer problem DCIS that 5

NOTE Confidence: 0.81701285

 $01:09:48.829 \longrightarrow 01:09:51.118$ milligrams a day has a benefit that

NOTE Confidence: 0.81701285

 $01{:}09{:}51.189 \dashrightarrow 01{:}09{:}53.861$ looks very similar to 20 so I would

NOTE Confidence: 0.81701285

 $01:09:53.861 \longrightarrow 01:09:55.532$ not advocate cutting your pills

NOTE Confidence: 0.81701285

 $01:09:55.532 \longrightarrow 01:09:58.317$ in half but but if we reached the

NOTE Confidence: 0.81701285

01:09:58.317 --> 01:10:00.525 point of just I'm either stopped.

NOTE Confidence: 0.81701285

 $01:10:00.530 \longrightarrow 01:10:03.640$ This pill or I'm going to find a better way,

NOTE Confidence: 0.81701285

01:10:03.640 --> 01:10:05.817 I think the Tensor East Wash now.

NOTE Confidence: 0.81701285

 $01:10:05.820 \longrightarrow 01:10:07.680$ The second question about the DCI.

 $01:10:07.680 \longrightarrow 01:10:08.302$ So yes,

NOTE Confidence: 0.81701285

 $01:10:08.302 \longrightarrow 01:10:09.546$ this is a test,

NOTE Confidence: 0.81701285

 $01:10:09.550 \longrightarrow 01:10:11.727$ which is typically done at five years.

NOTE Confidence: 0.81701285

 $01:10:11.730 \longrightarrow 01:10:13.590$ It is an increasingly popular test.

NOTE Confidence: 0.81701285

 $01:10:13.590 \longrightarrow 01:10:16.320$ I would not say it is yet to test that

NOTE Confidence: 0.81701285

 $01{:}10{:}16.401 \dashrightarrow 01{:}10{:}19.497$ every woman needs to do in my own practice.

NOTE Confidence: 0.81701285

01:10:19.500 --> 01:10:21.366 For women who have really high

NOTE Confidence: 0.81701285

01:10:21.366 --> 01:10:22.299 risk breast cancer,

NOTE Confidence: 0.81701285

 $01:10:22.300 \longrightarrow 01:10:23.544$ several involved aren't that

NOTE Confidence: 0.81701285

01:10:23.544 --> 01:10:24.477 lymph nodes involved.

NOTE Confidence: 0.81701285

01:10:24.480 --> 01:10:26.035 I still really encourage women

NOTE Confidence: 0.81701285

01:10:26.035 --> 01:10:28.210 to stick with it for 10 years,

NOTE Confidence: 0.81701285

 $01:10:28.210 \longrightarrow 01:10:30.331$ but for women who have lower risk

NOTE Confidence: 0.81701285

 $01:10:30.331 \longrightarrow 01:10:32.358$ breast cancer have kind of struggled.

NOTE Confidence: 0.81701285

01:10:32.360 --> 01:10:33.812 With five years of treatment and

NOTE Confidence: 0.81701285

 $01:10:33.812 \longrightarrow 01:10:35.317$ really would rather be off if

01:10:35.317 --> 01:10:36.527 there's any more evidence that

NOTE Confidence: 0.81701285

01:10:36.527 --> 01:10:37.659 we can constantly stop it,

NOTE Confidence: 0.81701285

01:10:37.660 --> 01:10:39.106 I think it's really helpful test.

NOTE Confidence: 0.852286

 $01:10:40.550 \longrightarrow 01:10:42.206$ Excellent and this one.

NOTE Confidence: 0.852286

 $01:10:42.206 \longrightarrow 01:10:43.862$ I probably a combination

NOTE Confidence: 0.852286

 $01:10:43.862 \longrightarrow 01:10:45.948$ of both Neil and Andrew.

NOTE Confidence: 0.852286

01:10:45.950 --> 01:10:47.610 You mentioned new medications.

NOTE Confidence: 0.852286

 $01:10:47.610 \longrightarrow 01:10:49.270$ This is from Elizabeth,

NOTE Confidence: 0.852286

 $01:10:49.270 \longrightarrow 01:10:51.340$ who initiates the exploration invention

NOTE Confidence: 0.852286

 $01:10:51.340 \longrightarrow 01:10:53.776$ of these new treatments, drug therapies.

NOTE Confidence: 0.852286

 $01:10:53.776 \longrightarrow 01:10:56.104$ Is it the drug companies or

NOTE Confidence: 0.852286

01:10:56.104 --> 01:10:57.979 scientists at the University?

NOTE Confidence: 0.852286

 $01:10:57.980 \longrightarrow 01:11:00.470$ And I think it's new treatments.

NOTE Confidence: 0.852286

 $01:11:00.470 \longrightarrow 01:11:04.059$ New drugs. Thoughts on that?

NOTE Confidence: 0.81508607

 $01:11:06.070 \longrightarrow 01:11:07.522$ Yeah, so regarding radiation,

 $01:11:07.522 \longrightarrow 01:11:10.265$ a lot of the new treatment techniques

NOTE Confidence: 0.81508607

 $01{:}11{:}10.265 \dashrightarrow 01{:}11{:}12.237$ is initiated by physicians.

NOTE Confidence: 0.81508607

 $01:11:12.240 \longrightarrow 01:11:13.880$ Every single clinical particular

NOTE Confidence: 0.81508607

01:11:13.880 --> 01:11:15.930 clinic and treatment center has,

NOTE Confidence: 0.81508607

01:11:15.930 --> 01:11:18.807 even though they follow the same guidelines,

NOTE Confidence: 0.81508607

01:11:18.810 --> 01:11:20.730 may have slight level variations

NOTE Confidence: 0.81508607

 $01:11:20.730 \longrightarrow 01:11:23.330$ in terms of the clinical practice.

NOTE Confidence: 0.81508607

01:11:23.330 --> 01:11:24.461 So for example,

NOTE Confidence: 0.81508607

01:11:24.461 --> 01:11:27.100 the trial data mention that we're adopting

NOTE Confidence: 0.81508607

 $01:11:27.174 \longrightarrow 01:11:29.910$ the five whole breast radiation treatment.

NOTE Confidence: 0.81508607

01:11:29.910 --> 01:11:32.521 That was a variation that the University

NOTE Confidence: 0.81508607

01:11:32.521 --> 01:11:35.248 of Florence and Italy particularly did,

NOTE Confidence: 0.81508607

 $01:11:35.250 \longrightarrow 01:11:37.370$ and they publish that in.

NOTE Confidence: 0.81508607

01:11:37.370 --> 01:11:38.818 We're adopting it here,

NOTE Confidence: 0.81508607

 $01:11:38.818 \longrightarrow 01:11:40.628$ so in terms of radiation,

NOTE Confidence: 0.81508607

 $01:11:40.630 \longrightarrow 01:11:43.758$ a lot of these new techniques is by

01:11:43.758 --> 01:11:46.690 physician and by hospital to kind of

NOTE Confidence: 0.81508607

 $01{:}11{:}46.690 \mathrel{--}{>} 01{:}11{:}49.851$ publish their results and try to share

NOTE Confidence: 0.81508607

 $01:11:49.851 \longrightarrow 01:11:52.356$ with the General Medical community.

NOTE Confidence: 0.8150860701:11:52.360 --> 01:11:52.730 But

NOTE Confidence: 0.8484132

01:11:52.730 --> 01:11:55.690 I think for the for the medicine part,

NOTE Confidence: 0.8484132

01:11:55.690 --> 01:11:57.540 it really is a unique,

NOTE Confidence: 0.8484132

01:11:57.540 --> 01:11:58.650 exciting collaboration between

NOTE Confidence: 0.8484132

 $01:11:58.650 \longrightarrow 01:12:00.500$ physicians in academia and industry.

NOTE Confidence: 0.8484132

 $01:12:00.500 \longrightarrow 01:12:02.712$ The positions in academia often do a

NOTE Confidence: 0.8484132

 $01{:}12{:}02.712 \dashrightarrow 01{:}12{:}05.397$ lot of the baseline basic science work

NOTE Confidence: 0.8484132

 $01:12:05.397 \longrightarrow 01:12:07.899$ for some of these novel compounds.

NOTE Confidence: 0.8484132

 $01:12:07.900 \longrightarrow 01:12:09.380$ That industry then develops

NOTE Confidence: 0.8484132

 $01:12:09.380 \longrightarrow 01:12:11.230$ and industry more and more,

NOTE Confidence: 0.8484132

01:12:11.230 --> 01:12:13.795 they are able to screen millions, 10s,

NOTE Confidence: 0.8484132

 $01:12:13.795 \longrightarrow 01:12:16.210$ millions of compounds and come up with

 $01:12:16.210 \longrightarrow 01:12:19.368$ a lot of interesting ideas on their own.

NOTE Confidence: 0.8484132

01:12:19.370 --> 01:12:21.335 And the collaborate with the

NOTE Confidence: 0.8484132

 $01{:}12{:}21.335 \dashrightarrow 01{:}12{:}22.907$ academic medical centers to.

NOTE Confidence: 0.8484132

 $01:12:22.910 \longrightarrow 01:12:25.223$ I'll get those ideas to people who need it.

NOTE Confidence: 0.86509407

 $01:12:27.260 \longrightarrow 01:12:29.366$ Doctor Mastriani had to drop off.

NOTE Confidence: 0.86509407

 $01:12:29.370 \longrightarrow 01:12:31.834$ She has. She had a screaming toddler

NOTE Confidence: 0.86509407

 $01:12:31.834 \longrightarrow 01:12:33.946$ in the background, so there are

NOTE Confidence: 0.86509407

 $01:12:33.946 \longrightarrow 01:12:35.354$ any questions for reconstruction.

NOTE Confidence: 0.86509407

 $01{:}12{:}35.360 \dashrightarrow 01{:}12{:}38.168$ I'm happy to pass those along to her.

NOTE Confidence: 0.86509407

 $01:12:38.170 \longrightarrow 01:12:39.930$ She's she's just a phenomenal

NOTE Confidence: 0.86509407

 $01:12:39.930 \longrightarrow 01:12:41.338$ addition to our program.

NOTE Confidence: 0.86509407

 $01:12:41.340 \longrightarrow 01:12:43.657$ And you know, I was privileged to

NOTE Confidence: 0.86509407

 $01{:}12{:}43.657 \dashrightarrow 01{:}12{:}46.619$ see her as a trainee in a residence.

NOTE Confidence: 0.86509407

 $01:12:46.620 \longrightarrow 01:12:48.735$ And now she's telling me

NOTE Confidence: 0.86509407

 $01:12:48.735 \longrightarrow 01:12:51.940$ what to do so it's fantastic.

NOTE Confidence: 0.86509407

 $01:12:51.940 \longrightarrow 01:12:54.286$ Along the lines of additional questions,

01:12:54.290 --> 01:12:57.034 what are thoughts on you know Neil?

NOTE Confidence: 0.86509407

 $01{:}12{:}57.040 \dashrightarrow 01{:}12{:}59.588$ You mentioned a little bit of this

NOTE Confidence: 0.86509407

 $01:12:59.588 \longrightarrow 01:13:02.412$ and Andrew as well on dees calation so

NOTE Confidence: 0.86509407

01:13:02.412 --> 01:13:05.264 often we're trying to do, you know,

NOTE Confidence: 0.86509407

 $01{:}13{:}05.264 \dashrightarrow 01{:}13{:}07.616$ get better, newer drugs more longer,

NOTE Confidence: 0.86509407

 $01:13:07.620 \longrightarrow 01:13:09.188$ longer courses of treatment

NOTE Confidence: 0.86509407

 $01:13:09.188 \longrightarrow 01:13:11.540$ so we can keep you know.

NOTE Confidence: 0.86509407

01:13:11.540 --> 01:13:13.108 Of course, you know.

NOTE Confidence: 0.86509407

01:13:13.108 --> 01:13:15.460 Survival is our number one concern.

NOTE Confidence: 0.86509407

 $01{:}13{:}15.460 \dashrightarrow 01{:}13{:}18.225$ Yet sometimes like for some of the

NOTE Confidence: 0.86509407

01:13:18.225 --> 01:13:20.716 less advanced diseases like DCIS you

NOTE Confidence: 0.86509407

 $01:13:20.716 \longrightarrow 01:13:23.170$ mentioned and certain types of cancers.

NOTE Confidence: 0.86509407

 $01{:}13{:}23.170 \dashrightarrow 01{:}13{:}26.278$ We may be overtreating as opposed

NOTE Confidence: 0.86509407

 $01:13:26.278 \longrightarrow 01:13:29.430$ to thinking of less treatment.

NOTE Confidence: 0.86509407

01:13:29.430 --> 01:13:29.740 Right,

 $01:13:29.740 \longrightarrow 01:13:30.892$ that is absolutely correct.

NOTE Confidence: 0.834367

01:13:30.892 --> 01:13:32.620 I'm over the past year is

NOTE Confidence: 0.834367

01:13:32.678 --> 01:13:34.308 radiation terms of cure rates,

NOTE Confidence: 0.834367

 $01:13:34.310 \longrightarrow 01:13:35.835$ control of local regional disease

NOTE Confidence: 0.834367

01:13:35.835 --> 01:13:37.055 has been pretty effective,

NOTE Confidence: 0.834367

01:13:37.060 --> 01:13:38.276 and we've been developing

NOTE Confidence: 0.834367

01:13:38.276 --> 01:13:39.796 our new technology and many,

NOTE Confidence: 0.834367

01:13:39.800 --> 01:13:41.822 many studies in trying to reduce

NOTE Confidence: 0.834367

01:13:41.822 --> 01:13:43.766 the side effects and that kind

NOTE Confidence: 0.834367

 $01:13:43.766 \longrightarrow 01:13:45.600$ of in the name of the game.

NOTE Confidence: 0.834367

01:13:45.600 --> 01:13:45.902 Fortunately,

NOTE Confidence: 0.834367

 $01:13:45.902 \longrightarrow 01:13:47.412$ breast cancers when those cancers

NOTE Confidence: 0.834367

01:13:47.412 --> 01:13:49.260 that has a much higher cure,

NOTE Confidence: 0.834367

 $01:13:49.260 \longrightarrow 01:13:51.388$ an control rate compared to other cancers.

NOTE Confidence: 0.834367

 $01:13:51.390 \longrightarrow 01:13:53.184$ So we actually have this privilege

NOTE Confidence: 0.834367

 $01:13:53.184 \longrightarrow 01:13:55.396$ of spending a lot of time and

01:13:55.396 --> 01:13:56.981 energy trying to increase side

NOTE Confidence: 0.834367

 $01{:}13{:}56.981 \longrightarrow 01{:}13{:}58.709$ effects that we might not have.

NOTE Confidence: 0.834367

 $01:13:58.710 \longrightarrow 01:13:59.847$ For example in.

NOTE Confidence: 0.834367

 $01:13:59.847 \longrightarrow 01:14:02.500$ Patients with brain cancer or lung cancer.

NOTE Confidence: 0.834367

01:14:02.500 --> 01:14:04.840 So different trials like I mentioned,

NOTE Confidence: 0.834367

 $01:14:04.840 \longrightarrow 01:14:06.795$ you know the fabric trial

NOTE Confidence: 0.834367

01:14:06.795 --> 01:14:07.968 changing the fractionation,

NOTE Confidence: 0.834367

 $01{:}14{:}07.970 \dashrightarrow 01{:}14{:}10.316$ maybe adding on breath hold technique.

NOTE Confidence: 0.834367

 $01:14:10.320 \longrightarrow 01:14:11.872$ All these different techniques

NOTE Confidence: 0.834367

 $01:14:11.872 \longrightarrow 01:14:14.659$ is really used to try to focus

NOTE Confidence: 0.834367

 $01:14:14.659 \longrightarrow 01:14:16.957$ patients in the Gray area where,

NOTE Confidence: 0.834367

 $01:14:16.960 \longrightarrow 01:14:19.222$ where maybe the treatment doesn't have

NOTE Confidence: 0.834367

 $01:14:19.222 \longrightarrow 01:14:22.336$ to be that long or that extensive or

NOTE Confidence: 0.834367

 $01:14:22.336 \longrightarrow 01:14:24.640$ cover regional nodes when you only

NOTE Confidence: 0.834367

 $01:14:24.710 \longrightarrow 01:14:27.098$ have maybe one lymph nodes compared

01:14:27.098 --> 01:14:29.436 to patients with four lymph nodes.

NOTE Confidence: 0.834367

 $01{:}14{:}29.436 \dashrightarrow 01{:}14{:}31.674$ So patients along the Gray area

NOTE Confidence: 0.834367

 $01:14:31.674 \longrightarrow 01:14:34.004$ spectrum are targets where we want

NOTE Confidence: 0.834367

 $01:14:34.004 \longrightarrow 01:14:36.278$ to tease out exactly which treatment

NOTE Confidence: 0.834367

 $01:14:36.352 \longrightarrow 01:14:38.626$ could benefit them the most without

NOTE Confidence: 0.834367

 $01:14:38.626 \longrightarrow 01:14:40.806$ causing that were side effects.

NOTE Confidence: 0.834367

01:14:40.806 --> 01:14:41.462 Yeah,

NOTE Confidence: 0.834367 01:14:41.462 --> 01:14:42.118 so

NOTE Confidence: 0.79552776

 $01{:}14{:}42.120 \dashrightarrow 01{:}14{:}44.400$ I have the medical equivalent meddock

NOTE Confidence: 0.79552776

01:14:44.400 --> 01:14:46.469 equivalent in what Andrew said is,

NOTE Confidence: 0.79552776

 $01:14:46.470 \longrightarrow 01:14:48.126$ I think, somewhat shamefully,

NOTE Confidence: 0.79552776

01:14:48.126 --> 01:14:50.610 I think that medical oncologist have

NOTE Confidence: 0.79552776

 $01:14:50.676 \longrightarrow 01:14:53.084$ been slow to get to the game of

NOTE Confidence: 0.79552776

 $01:14:53.084 \longrightarrow 01:14:55.180$ Deescalation and have pursued a more

NOTE Confidence: 0.79552776

 $01:14:55.180 \longrightarrow 01:14:57.322$ is better philosophy for for decades.

NOTE Confidence: 0.79552776

 $01:14:57.330 \longrightarrow 01:15:00.218$ And but we, although late to the game,

 $01:15:00.220 \longrightarrow 01:15:02.398$ we very much been catching up.

NOTE Confidence: 0.79552776

 $01:15:02.400 \longrightarrow 01:15:05.397$ So I think the best example of that is

NOTE Confidence: 0.79552776

 $01:15:05.397 \longrightarrow 01:15:08.519$ this Oncotype DX test where a test which

NOTE Confidence: 0.79552776

 $01:15:08.519 \longrightarrow 01:15:11.487$ has allowed us to give fully 50% less.

NOTE Confidence: 0.79552776

 $01:15:11.487 \longrightarrow 01:15:13.522$ Chemotherapy to women with early

NOTE Confidence: 0.79552776

01:15:13.522 --> 01:15:15.833 breast cancer and it now, thankfully,

NOTE Confidence: 0.79552776

01:15:15.833 --> 01:15:18.164 is pretty much top of mind in

NOTE Confidence: 0.79552776

 $01:15:18.164 \longrightarrow 01:15:20.230$ terms of medical oncologists.

NOTE Confidence: 0.79552776

 $01:15:20.230 \longrightarrow 01:15:22.588$ How can we give less chemo?

NOTE Confidence: 0.79552776

 $01:15:22.590 \longrightarrow 01:15:24.560$ How can we ameliorate the

NOTE Confidence: 0.79552776

 $01:15:24.560 \longrightarrow 01:15:26.530$ toxicities of anti estrogen therapy?

NOTE Confidence: 0.79552776

 $01:15:26.530 \longrightarrow 01:15:28.900$ Those types of things we have,

NOTE Confidence: 0.79552776

01:15:28.900 --> 01:15:30.166 Android or Merriweather?

NOTE Confidence: 0.79552776

 $01:15:30.166 \longrightarrow 01:15:32.276$ We've highlighted a really terrific

NOTE Confidence: 0.79552776

01:15:32.276 --> 01:15:34.867 study was coming up for women with

01:15:34.867 --> 01:15:36.552 non invasive breast cancer DCIS

NOTE Confidence: 0.79552776

 $01{:}15{:}36.619 \dashrightarrow 01{:}15{:}38.669$ looking at avoiding surgery and

NOTE Confidence: 0.79552776

 $01:15:38.669 \longrightarrow 01:15:40.719$ radiation altogether and seeing that

NOTE Confidence: 0.79552776

01:15:40.720 --> 01:15:43.604 does everybody with DCIS need to be?

NOTE Confidence: 0.79552776

01:15:43.610 --> 01:15:43.985 Treated,

NOTE Confidence: 0.79552776

01:15:43.985 --> 01:15:45.860 treated so we're cranking along

NOTE Confidence: 0.79552776

 $01:15:45.860 \longrightarrow 01:15:47.360$ at those interesting questions.

NOTE Confidence: 0.79552776

01:15:47.360 --> 01:15:49.610 Any of these trials are great,

NOTE Confidence: 0.742784

 $01{:}15{:}49.610 \dashrightarrow 01{:}15{:}52.985$ and I'm hoping they put me out of business

NOTE Confidence: 0.742784

01:15:52.985 --> 01:15:56.360 so I can just become a smile. O Moderador,

NOTE Confidence: 0.742784

 $01:15:56.360 \longrightarrow 01:15:57.860$ which do awfully well.

NOTE Confidence: 0.8541649

01:15:59.780 --> 01:16:01.465 I actually don't see any

NOTE Confidence: 0.8541649

01:16:01.465 --> 01:16:03.150 other questions that I know.

NOTE Confidence: 0.8541649

 $01:16:03.150 \longrightarrow 01:16:05.222$ The hour is late and I really

NOTE Confidence: 0.8541649

 $01:16:05.222 \longrightarrow 01:16:07.529$ first of all appreciate so much.

NOTE Confidence: 0.8541649

 $01{:}16{:}07.530 \dashrightarrow 01{:}16{:}09.889$ Neil, Andrew and Melissa for your time,

01:16:09.890 --> 01:16:11.894 the audience, and you know the

NOTE Confidence: 0.8541649

 $01:16:11.894 \longrightarrow 01:16:13.947$ patients that we have the privilege

NOTE Confidence: 0.8541649

01:16:13.947 --> 01:16:16.523 of taking care of for your time this

NOTE Confidence: 0.8541649

01:16:16.587 --> 01:16:18.974 evening just to listen in to Smilow

NOTE Confidence: 0.8541649

01:16:18.974 --> 01:16:20.674 Cancer Center and the phenomenal

NOTE Confidence: 0.8541649

 $01:16:20.674 \longrightarrow 01:16:22.359$ work that's being done here.

NOTE Confidence: 0.8541649

 $01:16:22.360 \longrightarrow 01:16:25.720$ And with that this is being recorded so

NOTE Confidence: 0.8541649

 $01:16:25.720 \longrightarrow 01:16:29.597$ you can go back if you had questions and.

NOTE Confidence: 0.8541649

01:16:29.600 --> 01:16:31.280 Exactly and we're always happy

NOTE Confidence: 0.8541649

 $01:16:31.280 \longrightarrow 01:16:32.960$ to answer questions at anytime.

NOTE Confidence: 0.8541649

 $01:16:32.960 \longrightarrow 01:16:34.640$ Thank you so much, guys.

NOTE Confidence: 0.82068735

01:16:37.760 --> 01:16:40.319 Take care everyone, take care.