

WEBVTT

NOTE duration:"00:02:09.9410000"

NOTE language:en-us

NOTE Confidence: 0.8686733

00:00:00.000 --> 00:00:02.674 Colorectal cancer is a group of cancers

NOTE Confidence: 0.8686733

00:00:02.674 --> 00:00:05.696 that occur in the colon and the rectum.

NOTE Confidence: 0.8686733

00:00:05.700 --> 00:00:08.024 These cancers arise from the lining of

NOTE Confidence: 0.8686733

00:00:08.024 --> 00:00:09.816 these organs and actually represent

NOTE Confidence: 0.8686733

00:00:09.816 --> 00:00:12.392 the third most common cancer in the

NOTE Confidence: 0.8686733

00:00:12.392 --> 00:00:14.664 United States for both men and women

NOTE Confidence: 0.8686733

00:00:14.664 --> 00:00:16.932 and the third leading cause of cancer

NOTE Confidence: 0.8686733

00:00:16.932 --> 00:00:19.640 death for men and women in the US.

NOTE Confidence: 0.8513545

00:00:25.100 --> 00:00:27.518 Colorectal cancer is in fact preventable.

NOTE Confidence: 0.8513545

00:00:27.520 --> 00:00:30.348 That's exactly why screening is so critical.

NOTE Confidence: 0.8513545

00:00:30.350 --> 00:00:32.774 There are a number of colorectal

NOTE Confidence: 0.8513545

00:00:32.774 --> 00:00:33.986 cancer screening tools,

NOTE Confidence: 0.8513545

00:00:33.990 --> 00:00:36.005 and so the gold standard

NOTE Confidence: 0.8513545

00:00:36.005 --> 00:00:37.617 screening is a colonoscopy.

NOTE Confidence: 0.8513545

00:00:37.620 --> 00:00:38.799 For average risk.

NOTE Confidence: 0.8513545

00:00:38.799 --> 00:00:42.070 People that can happen once every 10 years.

NOTE Confidence: 0.8513545

00:00:42.070 --> 00:00:44.590 Other forms of screening include stool

NOTE Confidence: 0.8513545

00:00:44.590 --> 00:00:47.720 tests that look for blood in the stool,

NOTE Confidence: 0.8513545

00:00:47.720 --> 00:00:50.960 stool tests that look for DNA from cancers.

NOTE Confidence: 0.8799848

00:00:56.210 --> 00:00:58.368 Colorectal cancer screening is critical

NOTE Confidence: 0.8799848

00:00:58.368 --> 00:01:00.960 and for patients with average risk,

NOTE Confidence: 0.8799848

00:01:00.960 --> 00:01:03.732 that means people who don't necessarily

NOTE Confidence: 0.8799848

00:01:03.732 --> 00:01:07.000 have a family history or other risks

NOTE Confidence: 0.8799848

00:01:07.000 --> 00:01:09.235 that predispose them to getting

NOTE Confidence: 0.8799848

00:01:09.235 --> 00:01:11.319 colon cancer should get screened

NOTE Confidence: 0.8799848

00:01:11.319 --> 00:01:13.916 starting at the age of 50 and

NOTE Confidence: 0.8799848

00:01:13.920 --> 00:01:16.944 generally ending around the age of 75.

NOTE Confidence: 0.8799848

00:01:16.950 --> 00:01:19.068 black Americans are at especially an

NOTE Confidence: 0.8799848

00:01:19.068 --> 00:01:21.172 increased risk and some guidelines

NOTE Confidence: 0.8799848

00:01:21.172 --> 00:01:23.068 organizations already recommend.  
NOTE Confidence: 0.8799848

00:01:23.070 --> 00:01:25.226 That black Americans get screened starting at  
NOTE Confidence: 0.86582595

00:01:25.230 --> 00:01:26.470 the age of 45.  
NOTE Confidence: 0.8687027

00:01:32.160 --> 00:01:33.519 Home screening tests  
NOTE Confidence: 0.8687027

00:01:33.520 --> 00:01:35.780 do exist for colorectal cancer.  
NOTE Confidence: 0.8687027

00:01:35.780 --> 00:01:39.540 These are in the form of either looking  
NOTE Confidence: 0.8687027

00:01:39.540 --> 00:01:41.847 for microscopic blood or looking  
NOTE Confidence: 0.8687027

00:01:41.847 --> 00:01:44.836 for articles of DNA in the stool,  
NOTE Confidence: 0.8687027

00:01:44.840 --> 00:01:47.558 and I'd say especially during covid.  
NOTE Confidence: 0.8687027

00:01:47.560 --> 00:01:50.026 These have seen increasing uptake and  
NOTE Confidence: 0.8687027

00:01:50.026 --> 00:01:53.770 again this would be talk to your primary  
NOTE Confidence: 0.8687027

00:01:53.770 --> 00:01:55.790 care physician or gastroenterologist  
NOTE Confidence: 0.8687027

00:01:55.790 --> 00:01:57.980 about what's right for you.