WEBVTT

NOTE duration: "00:05:57.9520000"

NOTE language:en-us

NOTE Confidence: 0.8612976

00:00:00.000 --> 00:00:02.065 Hello everyone, I'm Taylor Kinzler,

NOTE Confidence: 0.8612976

 $00:00:02.065 \longrightarrow 00:00:04.521$ the host of NBC, Connecticut City Live

NOTE Confidence: 0.8612976

 $00:00:04.521 \longrightarrow 00:00:06.695$ and I'm really excited to talk to you

NOTE Confidence: 0.8612976

 $00:00:06.695 \longrightarrow 00:00:08.679$ about the closer to free ride for Smilow

NOTE Confidence: 0.8612976

 $00:00:08.679 \dashrightarrow 00:00:10.295$ Cancer Hospital and Yale Cancer Center

NOTE Confidence: 0.8612976

00:00:10.295 --> 00:00:12.134 coming up this year on September 11th.

NOTE Confidence: 0.8612976

 $00:00:12.134 \longrightarrow 00:00:13.444$ After all we've been through,

NOTE Confidence: 0.8612976

 $00:00:13.450 \longrightarrow 00:00:15.123$ maybe you're looking for a way to

NOTE Confidence: 0.8612976

 $00{:}00{:}15.123 \dashrightarrow 00{:}00{:}16.599$ stay connected to your community.

NOTE Confidence: 0.8612976

 $00:00:16.600 \longrightarrow 00:00:18.704$ Maybe you want to meet some new friends.

NOTE Confidence: 0.8612976

 $00:00:18.710 \longrightarrow 00:00:20.806$ And as the weather starts to get better,

NOTE Confidence: 0.8612976

 $00:00:20.810 \longrightarrow 00:00:22.834$ maybe you want to get outside and stay

NOTE Confidence: 0.8612976

 $00:00:22.834 \longrightarrow 00:00:25.015$ in shape while the closer to free ride,

NOTE Confidence: 0.8612976

 $00:00:25.020 \dashrightarrow 00:00:26.580$ Connecticut's best ride can help you

 $00:00:26.580 \longrightarrow 00:00:28.753$ to do all of those things and even

NOTE Confidence: 0.8612976

 $00:00:28.753 \longrightarrow 00:00:30.941$ better give you the chance to change and

NOTE Confidence: 0.8612976

 $00:00:30.941 \longrightarrow 00:00:32.973$ save the lives of people in our area.

NOTE Confidence: 0.8612976

00:00:32.980 --> 00:00:35.188 For battling cancer now in its 11th year,

NOTE Confidence: 0.8612976

 $00:00:35.190 \longrightarrow 00:00:37.122$ the closer to free Ride has become

NOTE Confidence: 0.8612976

 $00:00:37.122 \longrightarrow 00:00:39.086$ a favorite day of the year for

NOTE Confidence: 0.8612976

 $00:00:39.086 \longrightarrow 00:00:40.158$ thousands in our area.

NOTE Confidence: 0.8612976

 $00:00:40.160 \longrightarrow 00:00:42.360$ And that includes the team here at NBC,

NOTE Confidence: 0.8612976

 $00:00:42.360 \longrightarrow 00:00:42.624$ Connecticut.

NOTE Confidence: 0.8612976

 $00:00:42.624 \longrightarrow 00:00:44.208$ We've been proud to not only

NOTE Confidence: 0.8612976

 $00{:}00{:}44.208 \dashrightarrow 00{:}00{:}45.906$ spread the word and share great

NOTE Confidence: 0.8612976

 $00:00:45.906 \longrightarrow 00:00:47.326$ stories about the ride community,

NOTE Confidence: 0.8612976

 $00:00:47.330 \longrightarrow 00:00:48.194$ but our NBC,

NOTE Confidence: 0.8612976

 $00{:}00{:}48.194 \dashrightarrow 00{:}00{:}49.922$ Connecticut Ride team also gets out

NOTE Confidence: 0.8612976

 $00:00:49.922 \longrightarrow 00:00:51.951$ there each year to ride for those in

 $00:00:51.951 \longrightarrow 00:00:53.958$ our lives have been touched by cancer.

NOTE Confidence: 0.8612976

 $00{:}00{:}53.960 \dashrightarrow 00{:}00{:}55.335$ My family personally has been

NOTE Confidence: 0.8612976

00:00:55.335 --> 00:00:56.435 impacted by breast cancer,

NOTE Confidence: 0.8612976

00:00:56.440 --> 00:00:58.960 so this ride is important to me as I know

NOTE Confidence: 0.8612976

 $00:00:59.029 \longrightarrow 00:01:01.675$ it's important to so many of you out there.

NOTE Confidence: 0.8612976

00:01:01.680 --> 00:01:04.096 So what will the 2021 I've looked like?

NOTE Confidence: 0.8612976

00:01:04.100 --> 00:01:04.411 Well,

NOTE Confidence: 0.8612976

00:01:04.411 --> 00:01:06.588 let's start with this on September 11th.

NOTE Confidence: 0.8612976

 $00{:}01{:}06.590 \dashrightarrow 00{:}01{:}09.102$ We will be riding closer to free no

NOTE Confidence: 0.8612976

00:01:09.102 --> 00:01:11.269 matter what kind of bike you have,

NOTE Confidence: 0.8612976

 $00{:}01{:}11.270 \dashrightarrow 00{:}01{:}13.766$ no matter how far you'd like to ride,

NOTE Confidence: 0.8612976

00:01:13.770 --> 00:01:16.578 even if it's on your spin bike at home,

NOTE Confidence: 0.8612976

00:01:16.580 --> 00:01:19.700 you have a place in the closer to free ride,

NOTE Confidence: 0.8612976

 $00{:}01{:}19.700 \dashrightarrow 00{:}01{:}21.639$ and this year's ride is open to

NOTE Confidence: 0.8612976

 $00:01:21.639 \longrightarrow 00:01:23.439$ registration as a virtual program.

NOTE Confidence: 0.8612976

 $00:01:23.440 \longrightarrow 00:01:25.600$ The closer to free ride really hopes to

 $00{:}01{:}25.600 \dashrightarrow 00{:}01{:}28.349$ be able to include a safe and memorable

NOTE Confidence: 0.8612976

00:01:28.349 --> 00:01:30.299 in person community experience as well.

NOTE Confidence: 0.8612976

 $00:01:30.300 \longrightarrow 00:01:32.484$ That will really depend on uncertain factors.

NOTE Confidence: 0.8612976

00:01:32.490 --> 00:01:33.112 Most importantly,

NOTE Confidence: 0.8612976

 $00:01:33.112 \longrightarrow 00:01:35.008$ public health and local regulations, so.

NOTE Confidence: 0.8612976

00:01:35.008 --> 00:01:37.712 No matter what, you all do out there.

NOTE Confidence: 0.8612976

 $00:01:37.720 \longrightarrow 00:01:40.450$ Know that the ride virtual or in

NOTE Confidence: 0.8612976

 $00:01:40.450 \longrightarrow 00:01:43.367$ person will be a best in class

NOTE Confidence: 0.8612976

 $00:01:43.367 \longrightarrow 00:01:45.027$ experience on ride deck.

NOTE Confidence: 0.8612976

 $00:01:45.030 \longrightarrow 00:01:47.347$ The closer to free ride family has

NOTE Confidence: 0.8612976

00:01:47.347 --> 00:01:49.719 really been filled with so many stories,

NOTE Confidence: 0.8612976

00:01:49.720 --> 00:01:51.060 stories of courage, perseverance,

NOTE Confidence: 0.8612976

 $00{:}01{:}51.060 \dashrightarrow 00{:}01{:}52.400$ love and sometimes heartbreak.

NOTE Confidence: 0.8612976

 $00:01:52.400 \longrightarrow 00:01:54.752$ We want to share one of those stories

NOTE Confidence: 0.8612976

00:01:54.752 --> 00:01:57.251 now where a man took his heartbreak

00:01:57.251 --> 00:01:59.096 and turned it into determination.

NOTE Confidence: 0.8498731

 $00:02:03.200 \dashrightarrow 00:02:05.020$ We were so excited to become parents.

NOTE Confidence: 0.7151354

 $00:02:07.880 \longrightarrow 00:02:11.588$ So Mia was our first born.

NOTE Confidence: 0.7151354

00:02:11.590 --> 00:02:14.218 I wish she was spunky, little kid.

NOTE Confidence: 0.7151354

 $00:02:14.218 \longrightarrow 00:02:16.836$ First five years of life were amazing.

NOTE Confidence: 0.7151354

 $00:02:16.840 \longrightarrow 00:02:18.720$ We're giving her a bath.

NOTE Confidence: 0.7151354

 $00:02:18.720 \longrightarrow 00:02:21.338$ My wife notice something on Neil's cheek.

NOTE Confidence: 0.78817964

 $00{:}02{:}21.340 \dashrightarrow 00{:}02{:}23.832$ We were recommended for my auntie to

NOTE Confidence: 0.78817964

 $00{:}02{:}23.832 \longrightarrow 00{:}02{:}26.593$ go to Smilow Cancer Center and that's

NOTE Confidence: 0.78817964

 $00:02:26.593 \longrightarrow 00:02:30.010$ really where things you know got serious.

NOTE Confidence: 0.78817964

00:02:30.010 --> 00:02:31.150 Her official diagnosis was

NOTE Confidence: 0.78817964

 $00:02:31.150 \longrightarrow 00:02:32.290$ that it was Rhabdomyosarcoma.

NOTE Confidence: 0.78817964

 $00:02:32.290 \longrightarrow 00:02:34.538$ My wife and I just looked into each

NOTE Confidence: 0.78817964

 $00:02:34.538 \longrightarrow 00:02:36.539$ other's eyes and knew that we were

NOTE Confidence: 0.78817964

 $00:02:36.539 \longrightarrow 00:02:38.551$ going to do everything we could to

NOTE Confidence: 0.78817964

 $00{:}02{:}38.551 \dashrightarrow 00{:}02{:}40.553$ make her laugh as much as possible.

 $00{:}02{:}40.560 \dashrightarrow 00{:}02{:}42.750$ Maker as comfortable as possible.

NOTE Confidence: 0.78817964

 $00{:}02{:}42.750 \dashrightarrow 00{:}02{:}45.918$ Seeing how vicious she was and.

NOTE Confidence: 0.78817964

 $00:02:45.920 \longrightarrow 00:02:48.248$ And how happy she was like those were

NOTE Confidence: 0.78817964

 $00:02:48.248 \longrightarrow 00:02:50.479$ the things that really stuck with us.

NOTE Confidence: 0.8157092

 $00:02:53.120 \longrightarrow 00:02:55.205$ Grief is like an article

NOTE Confidence: 0.8157092

00:02:55.205 --> 00:02:57.290 of clothing that you have

NOTE Confidence: 0.8157092

 $00:02:57.383 \longrightarrow 00:02:59.639$ to put on every single day.

NOTE Confidence: 0.8157092

 $00:02:59.640 \longrightarrow 00:03:01.880$ But there are opportunities.

NOTE Confidence: 0.8157092

 $00{:}03{:}01.880 \dashrightarrow 00{:}03{:}05.240$ To take the memory that you

NOTE Confidence: 0.8157092

 $00:03:05.340 \longrightarrow 00:03:07.240$ have of that child.

NOTE Confidence: 0.8157092

 $00:03:07.240 \longrightarrow 00:03:09.712$ And use it as a mechanism

NOTE Confidence: 0.8157092

 $00:03:09.712 \longrightarrow 00:03:12.120$ for hope for other people.

NOTE Confidence: 0.8294303

 $00:03:15.210 \longrightarrow 00:03:17.204$ I started reading closer to

NOTE Confidence: 0.8294303

00:03:17.204 --> 00:03:19.640 free in 2016 while my daughter

NOTE Confidence: 0.8294303

 $00{:}03{:}19.721 \dashrightarrow 00{:}03{:}22.696$ was in treatment at Smilow Cancer Center.

 $00:03:22.700 \longrightarrow 00:03:24.534$ This year I will continue to rad.

NOTE Confidence: 0.8294303

 $00:03:24.540 \longrightarrow 00:03:26.580$ I plan on doing the 100 mile ride

NOTE Confidence: 0.8294303

 $00:03:26.580 \longrightarrow 00:03:28.488$ and this will be my sixth ride.

NOTE Confidence: 0.8294303

 $00:03:28.490 \longrightarrow 00:03:30.044$ Raised a lot of money and

NOTE Confidence: 0.8294303

 $00:03:30.044 \longrightarrow 00:03:32.170$ did a lot of good to me. If

NOTE Confidence: 0.81252277

 $00:03:32.170 \longrightarrow 00:03:33.485$ it's virtual, you know I

NOTE Confidence: 0.81252277

 $00:03:33.485 \longrightarrow 00:03:35.060$ get to do the same thing.

NOTE Confidence: 0.8614768

00:03:37.080 --> 00:03:39.536 And for me I ride for my daughter,

NOTE Confidence: 0.8614768

 $00{:}03{:}39.540 \dashrightarrow 00{:}03{:}43.550$ right for my family and I ride for myself. I

NOTE Confidence: 0.9050001

 $00:03:43.550 \longrightarrow 00:03:45.920$ got the call in November 19th,

NOTE Confidence: 0.9050001

 $00{:}03{:}45.920 \dashrightarrow 00{:}03{:}49.336$ 2020 that I had stage one adenocarcinoma.

NOTE Confidence: 0.9050001

00:03:49.340 --> 00:03:51.622 The first thing I thought of immediately

NOTE Confidence: 0.9050001

 $00{:}03{:}51.622 \dashrightarrow 00{:}03{:}54.242$ when I was told that it was going to

NOTE Confidence: 0.9050001

 $00:03:54.242 \longrightarrow 00:03:56.639$ be a surgery on my right upper lobe.

NOTE Confidence: 0.9050001

 $00:03:56.640 \longrightarrow 00:03:59.874$ That's exactly where Mia's first spread was.

NOTE Confidence: 0.9050001

 $00:03:59.880 \longrightarrow 00:04:02.687$ Knowing how that little girl thought made

 $00{:}04{:}02.687 \dashrightarrow 00{:}04{:}06.189$ me kind of remember that I needed to be

NOTE Confidence: 0.9050001

 $00:04:06.189 \longrightarrow 00:04:09.597$ tough to get myself back to being who I was.

NOTE Confidence: 0.9050001

 $00:04:09.600 \longrightarrow 00:04:11.808$ You know, to fight this straight

NOTE Confidence: 0.9050001

 $00:04:11.808 \longrightarrow 00:04:15.147$ on to not be scared of the things

NOTE Confidence: 0.9050001

 $00:04:15.147 \longrightarrow 00:04:17.372$ that I couldn't control and.

NOTE Confidence: 0.9050001

 $00:04:17.380 \longrightarrow 00:04:18.870$ To just work on recovery.

NOTE Confidence: 0.75571406

 $00:04:21.410 \longrightarrow 00:04:23.800$ Her name was Mia Mia.

NOTE Confidence: 0.89208347

 $00:04:25.860 \longrightarrow 00:04:28.614$ And just like what we did is we try

NOTE Confidence: 0.89208347

 $00{:}04{:}28.614 \dashrightarrow 00{:}04{:}31.415$ to make it amazing every day and.

NOTE Confidence: 0.89208347

 $00:04:31.420 \longrightarrow 00:04:32.776$ You know, she taught us that,

NOTE Confidence: 0.89208347

 $00:04:32.780 \longrightarrow 00:04:34.355$ and that's what we try to do.

NOTE Confidence: 0.8634935

 $00:04:37.940 \longrightarrow 00:04:39.192$ What an incredible story.

NOTE Confidence: 0.8634935

00:04:39.192 --> 00:04:41.070 That's the power of the closer

NOTE Confidence: 0.8634935

 $00:04:41.130 \longrightarrow 00:04:42.900$ to free family, and that's the

NOTE Confidence: 0.8634935

00:04:42.900 --> 00:04:44.450 power of Connecticut's best ride.

 $00:04:44.450 \longrightarrow 00:04:45.690$ A ride experience that

NOTE Confidence: 0.8634935

 $00:04:45.690 \longrightarrow 00:04:47.550$ you need to be apart of.

NOTE Confidence: 0.8634935

 $00:04:47.550 \longrightarrow 00:04:49.090$ Whether you're an experienced cyclist

NOTE Confidence: 0.8634935

 $00:04:49.090 \longrightarrow 00:04:51.576$ ready to take on the closer to free

NOTE Confidence: 0.8634935

 $00:04:51.576 \longrightarrow 00:04:53.358$ century or just off training wheels

NOTE Confidence: 0.8634935

 $00:04:53.358 \longrightarrow 00:04:54.987$ ready for a neighborhood spin,

NOTE Confidence: 0.8634935

 $00:04:54.990 \longrightarrow 00:04:56.146$ this is your ride.

NOTE Confidence: 0.8634935

 $00:04:56.146 \longrightarrow 00:04:58.400$ So how do you get on board?

NOTE Confidence: 0.8634935

 $00:04:58.400 \longrightarrow 00:04:59.058$ It's easy,

NOTE Confidence: 0.8634935

 $00:04:59.058 \longrightarrow 00:05:00.374$ simply head to rideclosertofree.org

NOTE Confidence: 0.8634935

 $00{:}05{:}00.374 \dashrightarrow 00{:}05{:}02.429$ and hit the register button up top.

NOTE Confidence: 0.8634935

 $00:05:02.430 \longrightarrow 00:05:03.995$ Registration is simple and there

NOTE Confidence: 0.8634935

00:05:03.995 --> 00:05:06.150 are tons of resources to help you

NOTE Confidence: 0.8634935

00:05:06.150 --> 00:05:08.055 get started on your fund raising.

NOTE Confidence: 0.8634935

 $00:05:08.055 \longrightarrow 00:05:10.330$ 100% of the dollars that you raise,

NOTE Confidence: 0.8634935

 $00:05:10.330 \longrightarrow 00:05:11.870$ go to research and care

00:05:11.870 --> 00:05:13.098 at Smilow Cancer Hospital

NOTE Confidence: 0.83710176

00:05:13.098 --> 00:05:14.326 in Yale Cancer Center.

NOTE Confidence: 0.83710176

 $00:05:14.330 \longrightarrow 00:05:16.178$ So the more friends and family

NOTE Confidence: 0.83710176

 $00:05:16.178 \longrightarrow 00:05:17.410$ you encouraged to donate,

NOTE Confidence: 0.83710176

 $00:05:17.410 \longrightarrow 00:05:19.566$ the more lives that you improve seem.

NOTE Confidence: 0.83710176

 $00{:}05{:}19.570 \dashrightarrow 00{:}05{:}21.472$ NBC Connecticut is riding closer to

NOTE Confidence: 0.83710176

 $00:05:21.472 \longrightarrow 00:05:23.661$ free along with so many others who

NOTE Confidence: 0.83710176

 $00:05:23.661 \longrightarrow 00:05:26.030$ want to let you know that they're into.

NOTE Confidence: 0.83710176

 $00:05:26.030 \longrightarrow 00:05:26.954$ So be safe,

NOTE Confidence: 0.83710176

 $00{:}05{:}26.954 \dashrightarrow 00{:}05{:}29.110$ take care and ride closer to free.