My name is metrical Shannon and welcome to the Yale Cancer Center Smilow Cancer Hospital breast Program CME lecture series. We're going to wait a few minutes to have allow people to log in and hopefully right at 12 or 1201 will start. I'll be introducing Doctor Elizabeth Berger, Doctor Melanie Lynch and Doctor Rachel Greenup. The format will be that they will be giving them three talks in a row and please put in as many questions as you like in the chat box. And we will do our best to have...
00:00:37.528 --> 00:00:39.597 an interactive session at the end,

00:00:39.600 --> 00:00:41.230 answering those questions and we

00:00:41.230 --> 00:00:42.860 really look forward to hearing

00:00:42.921 --> 00:00:44.269 your perspectives as well.

00:02:43.170 --> 00:02:45.026 So, uh, good afternoon,

00:02:45.026 --> 00:02:47.346 my name is Macrogol Shannon.

00:02:47.350 --> 00:02:50.128 Welcome to the Yale Cancer Center,

00:02:50.130 --> 00:02:52.954 Smilow Cancer Hospital breast

00:02:52.954 --> 00:02:55.778 program CME lecture series.

00:02:55.780 --> 00:02:57.532 Hopefully people will be

00:02:57.532 --> 00:02:59.284 continuing to log in.

00:02:59.290 --> 00:03:02.098 We really appreciate those of our

00:03:02.098 --> 00:03:04.560 colleagues here in Connecticut and it.

00:03:04.560 --> 00:03:06.312 Yeah, and especially our

00:03:06.312 --> 00:03:08.064 counterparts around the world.
I see my colleagues from China from Japan, Turkey, South Korea and other places as well. So welcome, we’re going to have three fantastic lectures of this afternoon. We’ll start with Doctor Elizabeth Berger, who’s assistant professor of surgery. Here at the Yale Cancer Center, Yale Department of Surgery discussing updates and surgical management of our best of our breast cancer patients. Then it will be followed by Doctor Melanie Lynch, who is the director of Our Breast program and breast Surgery at Bridgeport Hospital. Talking about Uncle plastic and breast conservation,
finally least, but not finally at least but not least will be Doctor Rachel Greenup, our section Chief for El surgery, discussing young women with breast cancer surgical perspective. Please put in as many questions as you like into the chat box will do our best at the end to go through your questions and hopefully have an interactive dialogue as much as possible. The nice thing is that this is going to be recorded so you can go back and watch or listen or certainly forward it to colleagues and friends or around.
the country and around the world.

And this is the first of a three part series. Our next one will be May 27th. Will have Doctor Maryam Lustberg who's our incoming breast program director, speak along with Doctor Michael D Geovanna and Doctor Andrew Silver, so with no further ado, Doctor Elizabeth Berger, the podium is yours. Doctor Elizabeth Berger, the podium is yours. Thank you Doctor Wilson for that introduction. Good morning I guess. Not good morning. Not good morning. Good afternoon everyone. My name is Elizabeth as Doctor Wilson mentioned and I'm a new assistant.
Professor here at Yale and hopefully in the next 15 to 20 minutes. I’ll be just reviewing some updates and breast cancer surgery. In kind of the 21st, if not the most recent five year history, so I’m sure a lot of you have seen this meme on Twitter or other places in the Internet. Now, where, how has it started and where’s it going so you know, I’m sure we all know it started back with really William Halsted in the late 1800s, thinking that breast cancer was, you know, kind of locally advanced disease,
and so the whole side,

mastectomy became kind of a routine

a removal of the PEC major muscle,

the PEC minor muscle.

Breast, all the lymph nodes and in fact,

Interestingly,

the removal of the muscle was felt

because anatomically it was felt

that doing a level 1-2 and three

X axillary lymph node dissection

was not anatomically feasible

without removing that muscle.

We’ve made a lot of progress since

then and now we think more about just

lumpectomy’s saving the breast tissue.
Not having to do so much axillary surgery.

Bernie Fisher, one of my favorite quotes from him.

In God we trust all others must have data.

It was really revolutionary in our country, especially thinking about how we can deescalate surgical care and all care in breast cancer with similar oncologic outcomes for our patients.

So in thinking about the deescalation of Breast Cancer Care.

The Italians very easy were instrumental in thinking about how we can compare quadrant,ectomy and radiation to really
this idea about Halsted mastectomy
and so they conducted a well done study in the 1970s.
Bernie Fisher in Pittsburgh conducted the B6 trial looking at the total mastectomy versus. lumpectomy with radiation.
We then moved into the 1990s where we started thinking about deescalation of radiation therapy with the CLG trial with Kevin Hughes. Then Doctor Giuliano and a lot of other people looked at deescalation of axillary surgery in the 1990s and early 2000s. With this 11 trial.
Moving forward, we then thought about maybe there are even options to deescalate chemotherapy for some of our patients, especially in the ER PR positive cohorts with the tailor X trial. And now on going even there are multiple trials actually throughout the world, the common trials actually in the United States looking at deescalation of surgery and surveillance only for some subsets of DCIS. So we even now are talking about maybe we can actually eliminate surgery altogether with some patients.
There are ongoing trials looking at excellent responders, and so these excellent responders are considered women who, after neoadjuvant chemotherapy, no longer have any residual radiologic findings of cancer in their breasts. All four actually of these trials are three main ones throughout the world. Again, have looked at can we buy Oxy areas where there is no longer cancer and maybe even avoid surgery on some of these patients, but the data is still pretty raw.
considering that in all these trials we still found a false negative rates very high and the thought is is they did some subgroup analysis and felt that the false negative rate was lowest amongst her two positive in triple negative disease. However, these are really the highest group risk patients as we know to miss disease because of the ongoing or because the trials that we’ve looked at. With the addition of TDM wanan capeside, it being the agent setting for her two positive season triple negative that
improve overall and disease free survival.

So although we might get to a point where if we have excellent responders and not have to perform surgery on them, I think that’s still a little bit in the future.

Alright, so if we have to do surgery on our patients then what are the really the updates? Some \****** sparing discussions
NOTE Confidence: 0.794793912
00:09:35.778 --> 00:09:38.400 in terms of who is a candidate,
NOTE Confidence: 0.794793912
00:09:38.400 --> 00:09:40.437 the management of the XR on going
NOTE Confidence: 0.794793912
00:09:40.437 --> 00:09:41.841 discussions on going confusion
NOTE Confidence: 0.794793912
00:09:41.841 --> 00:09:43.737 about upfront surgical management,
NOTE Confidence: 0.794793912
00:09:43.740 --> 00:09:44.492 neoadjuvant therapy,
NOTE Confidence: 0.794793912
00:09:44.492 --> 00:09:46.748 and the surgical management of XR.
NOTE Confidence: 0.794793912
00:09:46.750 --> 00:09:48.962 A brief touch on stage four disease
NOTE Confidence: 0.794793912
00:09:48.962 --> 00:09:51.571 and in high risk lesions went to
NOTE Confidence: 0.794793912
00:09:51.571 --> 00:09:53.953 excise so wire localizations of breast
NOTE Confidence: 0.794793912
00:09:56.245 --> 00:09:58.460 across the country and many places
NOTE Confidence: 0.794793912
00:10:00.290 --> 00:10:00.649 However,
NOTE Confidence: 0.794793912
00:10:00.649 --> 00:10:03.162 we know that wires need to be
NOTE Confidence: 0.794793912
00:10:03.162 --> 00:10:05.418 placed the same day of surgery.
NOTE Confidence: 0.794793912
There can be very challenging logistics with wires. They can lead to potential or delays of the wires placed in the morning and something happens and oftentimes they are gets delayed. These wires can get dislodge. They’re often hanging outside of the women’s breast, and so in travel and transport they can get dislodged. They can lead to larger lumpectomy specimens as well. Many patients complain of dissatisfaction being cold,
being scared of having wires outside of their breasts, and then obviously, if the case were to get cancelled for any reason, those wires have to get replaced. They have to get removed and then replaced again if they have to come back for surgery. So what we’ve looked at then in how to localize, and this is just a map from a study that was actually done looking at one institution’s experience with wires and how many different touchpoints patients have when they actually have to get the wired on the same day of surgery,
and as you can see, it’s a mess of spaghetti if you will, because now what we are moving towards are what we call seeds. Seeds are a nice option for patients because they can get placed anytime before surgery. They aren’t. They don’t have to be placed the day of surgery. It completely decouples the scheduling of radiology and surgery, so that increases the flexibility with surgeon flexibility and radiology flexibility, they’ve been shown in various different
studies to minimize OR delays it allows. Obviously, for our first case start, the patient can get their seat placed a few days before and come in and still go to the operating room at 7:15 or 7. There have been data looking at that. They create smaller lumpectomy specimens and overall there’s some reports on improved patient satisfaction. You know, they don’t have to spend all day at the hospital. You know, they don’t be NPO for so long, and they can get this done
at their leisure.

Kind of the previously to surgery.

So in the Mount margins and how?

How much is enough to take for breast tissue?

One of our colleagues here,

Doctor Moran,

was instrumental in creating

a consensus guideline study.

An expert multidisciplinary panel.

In looking at what should our

margins before invasive disease,

but also for DCIS and so there was a

multi disciplinary panel convened.

They looked at meta analysis of 33

studies with over 28,000 patients,

and in the invasive setting what they
found was that no tumor on ink was a safe margin and that it did not increase its lateral breast tumor recurrence. If we truly had no tumor on ink, and the thought was that because of the systemic therapy after invasive disease, that this was a sufficient margin because of for the invasive disease. They asked the same question in the DCIS setting, So what we know about DCIS is that it often has skipped lesions. It’s not just necessarily one focal mass and so,
systemic therapy for DCIS,

so the thought was in looking at the analysis of over 30 studies for the DCIS panel with over 8000 patients with the thought was that 2 millimeters of Margin was sufficient to reduce the risk of in breast recurrence. They did look at various margin widths. 5 millimeters, 1 centimeter and further margin with did not decrease in breast recurrence and so to this day we still use the 2 millimeter margin.

With for pure DCIS in the breast, no tumor on ink for invasive.
And our very own Doctor Tag power here at Yale and multiple others here at Yale did a randomized control trial looking at this principle of margins, which was published not so long ago in the New England Journal of Medicine. The thought was so people do margin very differently. In breast surgery some people take margins off the actual specimen. Some do full shave margins within the cavity routinely. Some do select margins based upon what their image. What’s their specimen?
Looks like on the image radiograph and so this trial asked that very question about whether shave margins help with decreasing margin positive ITI they looked at 235 patients. They were randomized so they underwent a lumpectomy and then they were randomized to essentially no additional straight margins or routine shape margins. And as you can imagine, what they found was that in routine shape margins it reduced the margin. Margin positive ITI rate and the reexcision rate so less patients had to go back to the operating room for further reexcisions less.
00:15:14.700 --> 00:15:16.536 patients had positive margins.

00:15:16.540 --> 00:15:19.347 So if we’re not doing breast conservation

00:15:19.347 --> 00:15:21.889 and we’re thinking about mastectomies,

00:15:21.890 --> 00:15:25.274 what are some of the options

00:15:25.274 --> 00:15:27.530 for patients in mastectomies?

00:15:27.530 --> 00:15:30.833 We’ve now had a lot longer term data in

00:15:30.833 --> 00:15:32.734 looking at ***** sparing mastectomy’s.

00:15:32.734 --> 00:15:34.966 The data is still relatively new.

00:15:34.970 --> 00:15:36.470 Consider all things considered,

00:15:36.470 --> 00:15:38.720 but a lot more longitudinal data

00:15:38.784 --> 00:15:40.174 that ***** sparing mastectomy’s

00:15:40.174 --> 00:15:42.034 are safe for patients uncle.

00:15:42.040 --> 00:15:44.416 Logically,

00:15:42.436 --> 00:15:44.416 however there are definitely criteria

00:15:44.416 --> 00:15:46.705 that we consider when we think

NOTE Confidence: 0.83158356
about performing a ****** sparing mastectomy conservatively I would say a lot of people still use the two centimeters that the cancer should be 2 centimeters away from the ******. Oftentimes we think about early stage breast cancer patients as appropriate. The idea of multi focal multi centric disease. Most people will stay away from offering a ****** sparing for those patients. And of course if they have any significant ptosis of the brassware, their cosmetic outcome wouldn’t be inappropriate.
Cosmetic outcome for *****

Sparing mastectomy.

Prophylactic surgery is a great option for patients if they are undergoing prophylactic surgery for ***** sparing.

Mastectomy is an I’ll show you a trial looking at the Braca population and in ***** sparing’s.

Strong contraindications for ***** sparing so any locally advanced or inflammatory breast cancer or we do not want to leave skin behind and so we would not offer our patients ***** we would not offer our patients *****.

Springs for those types of cancers.
of course any kind of pathological radiologic involvement of the ******.

Our clinical involvement of the ****** as well, and then we think about high risk patients for Noble Springs. Not that we wouldn’t offer them if they’re smokers or diabetics, but we definitely counsel patients in terms of them having higher risk of ****** necrosis with these risk factors.

So looking at the Uncle Logic safety of prophylactic ****** sparing mastectomy in the Bracco population, about 550 patients were looked at in
this JAMA study and found that there was no ipsilateral breast cancer recurrence in the risk reducing sparing mastectomy group so it was deemed a safe technical procedure thinking also keeping in mind though that the median followups are still only 34 or 56 months. These are obviously getting more longitudinal as as time progress is, but overall you know. I think we all agree that sparing’s are safer genetic variant carriers. And then what about the contralateral prophylactic mastectomy conversation? You know?
I think a lot of women come into clinic saying I want both of my breasts removed if I have cancer. I never want this coming back. I don’t want it to spread from one breast to the other. We know breast cancer doesn’t spread that way.

We know that contralateral prophylactic mastectomy is actually not associated with a survival benefit. It’s double the surgery. It’s double the risk of complication. It’s double the recovery time. It’s definitely appropriate in for some women,
and you know if the anxiety and the angst of having breast cancer is just too much for them. I think that’s in completely appropriate reason to do a contralateral prophylactic mastectomy, but I think making sure that the patients understand and have a good understanding of the data behind why they’re choosing such a thing. There’s also you know **** dysfunction, psychological dysfunction with losing sensation of their entire chest, all things to think about, and to really encourage a shared
decision making with your patience.

So the surgical management of the XR has changed. I would argue drastically in the last 20 years where we’re obviously using a lot more neoadjuvant therapies. Now for our patients, targeted therapies for the her two positive patients were thinking more about immunotherapy for the triple negative breast cancer patients. So what we know is that in looking at Sentinel lymph node biopsy’s, there are two ways to localize Sentinel lymph nodes. Blue dye.
Whether it’s methylene blue or I so flooring blue and then are usually a radioactive isotope, technetium is one of them. Some surgeons use both. Some surgeons just use one. We do know that in the upfront surgical setting the we find that the false negative rate of less than 10% is inappropriate. False negative rate for Sentinel, lymph node biopsy’s and that single tracer is appropriate in the upfront surgical setting for that principle of false negative rate.
I only show these pictures because I think it’s helpful to really see what the gamma probe is that we use to find that radioactive isotope in the XR. The blue dye really does work. We find blue nodes. That are representative of Sentinel lymph node and just the principle of the level one and going back to the beginning slide of the whole. So mastectomy. Really the Level 3 lymph nodes that are medial to the PEC minor muscle. So in the upfront setting. If we have clinically node negative patients,
we can offer them a central lymph node biopsy if they have any clinically palpable adenopathy in the XR. Right now the right answer is to do an actual lymph node dissection. If we’re doing upfront surgery. Keeping in mind that if they’re clinically node negative, the Z 11 trial and the amaros trial and there was a lot of other good trials actually happening around the same time as the 11 trial. This just happened to occur in the United States, so we do tend to talk about
But what we found was that in the upfront setting, if there was no clinically coupled adenopathy in the XR that we could leave some maxillary disease behind with no sacrifice of Uncle Logic. Outcomes so these 900 women, about 850 patients were randomized to either axillary lymph node dissection or no additional axillary surgery if they had one or two positive Sentinel lymph nodes on their central lymph node biopsy. And Interestingly, in the patients who want to access section,
28% of them had additional positive axillary lymph nodes. However, thinking that it was randomized, the patients who did not go on to additional surgery probably had. Additional axillary disease that was left behind, and we found that there was no difference in axillary recurrences, survival, or disease free survival, so we feel comfortable now that if patients who have one or two positive lymph nodes on settling down biopsy in the upfront surgical setting that we do not need to go on.
00:22:02.416 --> 00:22:04.976 to perform the access section.
NOTE Confidence: 0.791849429999999
00:22:04.980 --> 00:22:07.584 However, I think that
NOTE Confidence: 0.791849429999999
00:22:07.584 --> 00:22:10.839 principle is going to become.
NOTE Confidence: 0.791849429999999
00:22:10.840 --> 00:22:13.710 More challenge maybe if you will with
NOTE Confidence: 0.791849429999999
00:22:13.710 --> 00:22:16.809 these new results of the RX Ponder trials.
NOTE Confidence: 0.791849429999999
00:22:16.810 --> 00:22:19.568 So in ER positive disease the tailor
NOTE Confidence: 0.791849429999999
00:22:19.568 --> 00:22:23.053 X trial as I showed you a few slides
NOTE Confidence: 0.791849429999999
00:22:23.053 --> 00:22:25.960 ago looked back in the early 2000s.
NOTE Confidence: 0.791849429999999
00:22:25.960 --> 00:22:27.950 Looked at ER positive disease
NOTE Confidence: 0.791849429999999
00:22:27.950 --> 00:22:29.144 node negative patients,
NOTE Confidence: 0.791849429999999
00:22:29.150 --> 00:22:31.929 and who benefited from chemotherapy or not.
NOTE Confidence: 0.791849429999999
00:22:31.930 --> 00:22:34.318 The Oncotype score is a genomic.
NOTE Confidence: 0.791849429999999
00:22:34.320 --> 00:22:36.228 The genomic testing on
NOTE Confidence: 0.791849429999999
00:22:36.228 --> 00:22:38.136 the actual tumor itself.
NOTE Confidence: 0.791849429999999
00:22:38.140 --> 00:22:40.276 And it gives us a score from zero
NOTE Confidence: 0.791849429999999
00:22:40.276 --> 00:22:42.849 to 50 and it was a non inferior
A trial looking at women who either got hormone therapy or loan or chemotherapy plus hormone therapy and if their score was less than 25, we felt that they did not benefit from chemotherapy and hormone therapy was sufficient.

That was in the node. Negative patients, however the RX Ponder trial, which is still ongoing, looked at the same question four months ago at San Antonio Breast Conference.
in now node positive patients,

one to three node positive patients,

one one or two or three positive lymph nodes.

And what we think is their finding

the same things that women who

have a score of less than 25

hormone therapy is sufficient.

Keeping in mind, though,

post menopausal women,

we still think that chemotherapy

benefits pre menopausal women.

So what does that mean for us as surgeons?

What it means is,

is that if a woman has a clinically palpable

lymph node and wants to avoid chemotherapy,
then it could be possible where we take them to surgery first, we do an access section to find exactly how many positive lymph nodes they have, and then we could potentially avoid giving them chemotherapy.

Alright, So what about if we give patients neoadjuvant therapy? Historically, the standard of care for clinically no positive patients even after neoadjuvant was still an access section, but some of these trials found that actually are nodal PC RAR,
pathologic complete response
rate in the XR was quite high,
and so we felt that maybe
we could avoid giving.
Avoid doing an access
section after neoadjuvant.
But the scary thing is,
is maybe this would decrease our or
is maybe this would decrease our or
increase our false negative rate,
lower identification rate,
or higher false negative rate
because of the non uniform effective
chemotherapy for well done trials
were performed around the same
time that demonstrated that if
you use dual tracer that blue
dye and radioactive isotope as I showed and you were moved at least three central lymph nodes, the false negative rate was inappropriate less than 10%. However, we do know that if. Any lymph nodes remain positive after new agent chemotherapy. We still go on tax dissection, but that is also getting looked at in an ongoing alliance trial where maybe like the Z 11 trial where we know we left some disease behind, maybe actually radiation is going to
00:25:15.964 --> 00:25:19.303 be sufficient enough and we can still leave some ancillary disease behind. We are using a lot more neoadjuvant endocrine therapy. Ferrari are positive patients, especially in the light of the RX Ponder trial. An especially during kovid, for instance, and So what is the data? We know that the PCR rates are low. They does help with breast conservation eligibility. We think for neoadjuvant enterkin therapy, they do need a lot of new management and therapy.
NOTE Confidence: 0.8172174
00:25:49.290 --> 00:25:50.766 About six months, however,
NOTE Confidence: 0.8172174
00:25:50.766 --> 00:25:54.105 we do think this was a nicely done child
NOTE Confidence: 0.8172174
00:25:54.105 --> 00:25:57.140 out of data are done at Dana Farber.
NOTE Confidence: 0.8172174
00:25:57.140 --> 00:25:59.156 We do think that in the
NOTE Confidence: 0.8172174
00:25:59.156 --> 00:26:01.250 clinically T1 or T2N0 patients,
NOTE Confidence: 0.8172174
00:26:01.250 --> 00:26:03.777 they had a low residual nodal burden
NOTE Confidence: 0.8172174
00:26:03.777 --> 00:26:05.370 after neoadjuvant endocrine therapy.
NOTE Confidence: 0.8172174
00:26:05.370 --> 00:26:10.010 So maybe we can extrapolate that and say.
NOTE Confidence: 0.8172174
00:26:10.010 --> 00:26:12.071 If they only have one or two positive lymph
NOTE Confidence: 0.8172174
00:26:12.071 --> 00:26:14.027 nodes after neoadjuvant endocrine therapy,
NOTE Confidence: 0.8172174
00:26:14.030 --> 00:26:16.095 we actually don’t have to
NOTE Confidence: 0.8172174
00:26:16.095 --> 00:26:18.160 go on to access section.
NOTE Confidence: 0.8172174
00:26:18.160 --> 00:26:18.515 Alright,
NOTE Confidence: 0.8172174
00:26:18.515 --> 00:26:21.000 I brief update on stage four disease.
NOTE Confidence: 0.8172174
00:26:21.000 --> 00:26:24.195 So why do we operate on stage four disease?
NOTE Confidence: 0.8172174
Oftentimes, it’s palliative wound control bleeding. If there’s an aquatic tumor.

And oftentimes, unfortunately, our patients present with operable disease, even if their stage four, they tend to be healthy. We are finding a lot more stage four disease because of better imaging, and there’s been a lot of mixed retrospective reviews.

Looking at this question of whether surgery helps with stage four disease. Doctor Khan out of northwestern just essentially finished a randomized controlled trial.
Looking at this various, this very question on whether surgery help stage four disease and the really final result. Final conclusion was that surgery and radiation did not extend survival in these de Novo metastatic breast cancer patients. The big question behind it is the idea of oligo metastatic. So if there’s one small little lesion somewhere else. Maybe it will help because we’re not the data is. This is so new that we don’t have.
all the data in terms of all the patients involved in this study, but we still don’t think that surgery is going to help. It is helping stage for de Novo patients and last but not least, so high risk lesions can be very complex, complicated, very scary for women. So based upon a lot of you know various data from across the country in terms of when we excite some of these high res high risk lesions, and when we don’t, the thought is is thinking about the upgrade rate and what I mean by upgrade rate is.
If you biopsy something and then take it out, what is the chance that you're going to find something more than what it was just on the core needle biopsy? And so the thought is, Ath DCIS obviously comes out a LH and classic LCS. Stays in because the low upgrade rate, but plea Amorphic and Florida else I should come out. Also keeping in mind that all of these high risk lesions, the ADH in the LH LCS increased the risk of developing breast cancer later in life.
00:28:32.940 --> 00:28:34.276 That’s all I have.

NOTE Confidence: 0.7380038

00:28:34.276 --> 00:28:35.946 I think I went overtime,

NOTE Confidence: 0.7380038

00:28:35.950 --> 00:28:36.949 so I apologize.

NOTE Confidence: 0.8521019

00:28:38.460 --> 00:28:40.878 Doctor Berger that you know to

NOTE Confidence: 0.8521019

00:28:40.878 --> 00:28:43.267 cover all these advances in breast

NOTE Confidence: 0.8521019

00:28:43.267 --> 00:28:45.717 surgery over the last year or so.

NOTE Confidence: 0.8521019

00:28:45.720 --> 00:28:47.630 That’s really impressive. Thank you.

NOTE Confidence: 0.8521019

00:28:47.630 --> 00:28:49.916 Next, we have doctor Melanie Lynch,

NOTE Confidence: 0.8521019

00:28:49.920 --> 00:28:52.587 an expert in Aqua plastic breast surgery,

NOTE Confidence: 0.8521019

00:28:52.590 --> 00:28:54.888 giving us some of the latest.

NOTE Confidence: 0.80811054

00:28:59.860 --> 00:29:01.240 Oh, you’re you’re on mute.

NOTE Confidence: 0.8389549

00:29:04.300 --> 00:29:10.830 I mute myself and share my screen. Anne.

NOTE Confidence: 0.8389549

00:29:10.830 --> 00:29:13.485 Well, that was a fellowship in half an hour.

NOTE Confidence: 0.8389549

00:29:13.490 --> 00:29:14.970 That was a wonderful talk.

NOTE Confidence: 0.8389549

00:29:14.970 --> 00:29:19.155 Thank you so much for that overview that was.

NOTE Confidence: 0.8389549

00:29:19.160 --> 00:29:20.985 Wonderful way to cover everything
and I'm going to focus on one small area on oncoplastic breast surgery and current advances there. And really the mandate to consider oncoplastic breast surgery is really the burden of breast cancer. Over 300,000 women are affected every year and most of these women will have a surgical procedure and so given the number of breast cancer survivors in the United States, it's incumbent upon us as breast surgeons to make sure that we are providing the best operations for patients not only to cure their breast cancer,
but to make sure that they have the best functional and cosmetic outcomes.

So when we think about breast cancer surgery, we think about mastectomies and then breast conservation, with a lumpectomy and followed by whole breast radiotherapy. But the lived consequences of these operations for our patients and for their bodies overtime, whether it’s a mastectomy or whether a lumpectomy with radiation can affect their sense of self and can also affect their functional outcomes. So as we think about Uncle plastic breast surgery,
there’s a lot of different definitions, consensus statements about what Uncle plastic surgery is. But I really like this description of Uncle plastic breast surgery as a philosophy. That we should be treating breast cancer surgically to cure the cancer and then to maintain and improve the cosmetic appearance of the breast. And that this requires a comprehensive consideration not only of the patient’s anatomy and the anatomy of their cancer, but with the patient’s own satisfaction with their breasts. The size and shape of their breast.
manage in their overall lifetime.

risk of breast cancer.

And what the patient’s goals are,

and so it’s a more comprehensive

and complex consideration as we plan

these operations for our patients.

And so we can talk about all sorts

of incisions and approaches to

every quadrant of the breast.

And this is a summary from the Krishna

Cloth paper that has really become

kind of the Bible for our consideration

of Uncle plastic breast surgery.

But I’m just going to focus on a

couple of key areas and techniques

and uncle plastic breast surgery too.
Created an opportunity for conversation so within breast conservation, starting with the most basic operation that we do every day of the week. Asimple partial mastectomy are scar placement should be considered. Fundamental in this and we can place our scars in places where the patients don’t have to see them regularly. It can either be at the edge of the areola or the edge of the breast, and when we start to think of separating the substance, the parenchyma of the breast from the skin of the breast and organizing.
our operation around that principle,
we find we have lots of ways we can approach this operation.
To put our scar in a cosmetic location and still have a good oncologic outcome.
For the simple partial mastectomy, the critical thing is to maintain the central location of the areolar complex, and in order to do that when we close the breast parenchyma after we have completed our lumpectomy, that needs to be oriented in a radial direction.
So we're always going to close up and down on the sides of the breast.
NOTE Confidence: 0.8565617

00:32:52.532 --> 00:32:55.463 or from side to side or the top on
NOTE Confidence: 0.8565617

00:32:55.463 --> 00:32:57.900 the top and bottom of the breast in
NOTE Confidence: 0.8565617

00:32:57.900 --> 00:32:59.878 order to maintain the ***** areolar
NOTE Confidence: 0.8565617

00:32:59.878 --> 00:33:02.174 complex in the middle of the breast.
NOTE Confidence: 0.83024573

00:33:04.430 --> 00:33:06.932 If we find we can't get to the tumor
NOTE Confidence: 0.83024573

00:33:06.932 --> 00:33:09.317 from one of those simple incisions,
NOTE Confidence: 0.83024573

00:33:09.320 --> 00:33:11.072 we can start to use other
NOTE Confidence: 0.83024573

00:33:11.072 --> 00:33:12.675 techniques that have been developed
NOTE Confidence: 0.83024573

00:33:12.675 --> 00:33:14.535 and used by plastic surgeons,
NOTE Confidence: 0.83024573

00:33:14.540 --> 00:33:16.570 but allow us to have more access
NOTE Confidence: 0.83024573

00:33:16.570 --> 00:33:18.450 to the breast parenchyma way.
NOTE Confidence: 0.83024573

00:33:18.450 --> 00:33:20.514 Still having a good cosmetic incision
NOTE Confidence: 0.83024573

00:33:20.514 --> 00:33:23.378 and a good choice here is always a
NOTE Confidence: 0.83024573

00:33:23.378 --> 00:33:25.514 Crescent or around block McMaster Pixie.
NOTE Confidence: 0.83024573

00:33:25.520 --> 00:33:27.275 Because by creating that larger
NOTE Confidence: 0.83024573

56
incision at the center of the breast

around the areolar complex,

and then again thinking about the

skin of the breast separate and

apart from the parent of the breast

that allows us to create broader

planes of dissection and access

tumors in more distal locations

from the areolar complex.

Another consideration is

avoiding some of the common deformities

that can come after we've respected

volume in the breast or radiation.

This picture here from the original

Cluff paper shows that kind of

classic birds beak deformity.
When we remove tissue from the 6:00 o’clock position of the breast, it creates scar radiation contracts the breast further and it pulls the areolar complex down and creates that kind of a deformity. We have multiple ways we can approach those tumors that would prevent that deformity, particularly by using a mastopexy approach. To allow us to excise skin over tumor to reshape the breast to refill the volume at the 6:00 o’clock pole and then recentralise the areolar complex. And then we can also work in partnership with our plastic surgery colleagues on several level 2.
techniques for breast reconstruction.

And this is a recent case.

That I did with my plastic surgery colleague here of a patient who had a 2 centimeter tumor that was involving the muscle of the chest wall in the upper inner quadrant of her left breast.

We chose to do a wise pattern mastopexy approach which gave us wide exposure of that area to allow excision of that tumor, including underlying muscle.

We were also able to do our axillary lymph node sampling.

Through this same incision again
through this principle that the breast parenchyma and the skin can be treated differently in these operations,
we had wide enough exposure to the axle through this wise pattern incision that we were able to remove our lymph node without making a separate incision.
And this is a patient at at one week post up.
Another approach for consideration is volume replacement for patients whose partial mastectomy volume is more than 20%, and sometimes it can be up to 30% of their breast when they don’t have a large breast volume. This is a patient who had a
00:36:05.130 --> 00:36:06.527 invasive lobular cancer that
NOTE Confidence: 0.8913484
00:36:06.527 --> 00:36:08.579 was rather extensive on the MRI.
NOTE Confidence: 0.8913484
00:36:08.580 --> 00:36:11.577 You can see that the cancer in the left
NOTE Confidence: 0.8913484
00:36:11.577 --> 00:36:14.005 breast you can see the biopsy clip.
NOTE Confidence: 0.8913484
00:36:14.010 --> 00:36:16.038 You can also see the cancer
NOTE Confidence: 0.8913484
00:36:16.038 --> 00:36:17.052 involving Cooper’s ligaments.
NOTE Confidence: 0.8913484
00:36:17.060 --> 00:36:19.356 So even though she had a significant
NOTE Confidence: 0.8913484
00:36:19.356 --> 00:36:20.790 amount of subcutaneous tissue,
NOTE Confidence: 0.8913484
00:36:20.790 --> 00:36:23.094 the skin overlying skin was tethered
NOTE Confidence: 0.8913484
00:36:23.094 --> 00:36:25.922 to the tumor and that skin had to
NOTE Confidence: 0.8913484
00:36:25.922 --> 00:36:28.550 be removed as part of her reception.
NOTE Confidence: 0.8913484
00:36:28.550 --> 00:36:30.917 And we knew we were going to have to
NOTE Confidence: 0.8913484
00:36:30.917 --> 00:36:35.920 remove about 25% of her breast volume
NOTE Confidence: 0.8913484
00:36:35.920 --> 00:36:38.454 in order to fully encompass this.
NOTE Confidence: 0.8913484
00:36:38.454 --> 00:36:40.822 And this also kind of attest to
NOTE Confidence: 0.8913484
00:36:40.822 --> 00:36:42.827 the importance of MRI in some
of this surgical planning, which I know is area of controversy.
So for this patient we used AT DAP flap, which was a rotational flap from the lateral chest wall to fill that volume to allow for a complete wide resection, including overlying skin with an acceptable cosmetic result to allow her to have breast conservation. And so the outcomes of oncoplastic partial mastectomy are mostly reported in case series.
There have been two large meta analysis looking at safety and outcomes in these cases,
including the rates of positive margins or rates of reexcision, the conversion to mastectomy, overall survival, disease free survival, and all of the expected surgical complications and our uncle plastic techniques. Are comparable to standard. Lumpectomy techniques, so we know that these are Uncle, logically, in surgically safe operations. All this is a series from MD Anderson looking at Uncle Logic outcomes, including survival and disease free survival,
and it’s always important to consider breast conservation versus mastectomy, but this trial again proves the point that surgeons know their patients very well because our patients who have simple mastectomy without reconstruction are usually patients who either have comorbidities or disease. Well, we know that these techniques are probably not going to be helpful to them. You can see in the red and the blue lines in these graphs that breast conserving surgery and breast conserving surgery with reconstruction have similar disease free and overall survival rates.
So what about patient reported outcomes in these operations?
There are. This state is hard to collect and hard to analyze, and there are several trials that have looked at different.
This was a larger study that looked at multiple types of oncoplastic procedures.
This was a larger study that looked at multiple types of oncoplastic procedures with regards to patient reported outcomes as reported using the breast Q, which is one of the most comprehensive and best studied patient reported outcome measures.
There are multiple components to the breast Q that include ******

65
00:39:13.040 --> 00:39:14.780 well being breast appearance,
00:39:14.780 --> 00:39:16.085 emotional well being,
00:39:16.090 --> 00:39:17.562 and physical well being.
00:39:17.562 --> 00:39:20.320 This is kind of a busy slide,
00:39:20.320 --> 00:39:23.120 but it looks at the comparison of simple
00:39:23.120 --> 00:39:24.780 mastectomy without reconstruction.
00:39:24.780 --> 00:39:26.752 to implant based reconstruction
00:39:26.752 --> 00:39:28.724 to rotational flap reconstruction
00:39:28.724 --> 00:39:31.166 with and without an implant with and without
00:39:31.166 --> 00:39:33.899 an implant as well as free flap
00:39:33.899 --> 00:39:36.279 reconstruction and breast conservation.
00:39:36.280 --> 00:39:38.644 So as you move across the
00:39:38.644 --> 00:39:40.850 chart from left to right,
00:39:40.850 --> 00:39:42.935 the uncle plastic breast conservation
00:39:42.935 --> 00:39:45.410 procedures are at the right side.
We know women have higher overall patient satisfaction with breast conservation, and if that breast conservation includes an uncle plastic approach, a mammaplasty approach or even a volume replacement approach, we know that there.

So just briefly about Uncle Plastic approaches to mastectomy. Now that we’ve moved towards immediate reconstruction using both skin and ****** sparing mastectomy techniques, this is allowed us to preserve the skin. The skin pocket which may have some concerns with regards to Uncle logic safety.
Doctor Berger, did present some data there.

I’m going to just repeat briefly a little bit of the data about Uncle Plastic or Uncle logic safety,

but we now have newer techniques in ***** sparing mastectomy that allow us to change the size and shape of the skin pocket to allow for other options in mastectomy.

So with regards to ***** sparing mastectomy, I really appreciate this picture because it really shows both the value of our inframammary incision which most surgeons have adopted now as the. Safest incision with the best
outcomes as well as the use of ATM’s and other matrices to help us do prepectoral reconstruction, which also has improved outcomes for patients, both functional and cosmetic. The size and shape of the breast. As well as patient risk factors, including diabetes and smoking, are important to make sure we’ve assessed those, so we have optimal outcomes using this incision. So the outcomes of ***** sparing mastectomy have shown that it’s both
Uncle logically safe and that our patient satisfaction and overall cosmetic outcomes are good. The American Society of Breast Surgeons, ***** sparing mastectomy rest Registry reported a recurrence rate of 1.4% with none of the recurrences at the ***** areolar complex. A Cochrane review that included over 11 studies with over 6000 participants found very. Compareable outcomes for ***** sparing.

Skin sparing an complete mastectomy with a trend towards improved aesthetic outcomes and quality of life for women.
having sparing mastectomy.

And this is a study from Sloan Kettering using the breast Q and looking at outcomes with sparing mastectomy versus total mastectomy. And there was a trend towards significance for psychosocial well being among those patients. So newer mastectomy, newer mastectomy techniques that can be used for women who are not optimal candidates for traditional sparing, mastectomy with the inframammary incision include techniques that allow us to reshape and resize the skin pocket using a wise pattern.
using free grafts to make a better size pocket for either implant based reconstruction or to use the patient’s own tissue for reconstruction. Whether that’s using a skin pedicle. Or using a rotational flap. And this includes the Goldilocks operation, which uses a local skin flap for that reconstruction. So it’s up to us to always consider what the best functional and cosmetic outcomes of our operations can be as we treat patients for breast cancer. Again, the priority always needs to be to make sure that we’re doing the operation.
That’s going to help achieve a cure for our patients cancer, but then to consider how we can offer more patients breast conservation and how we can make sure to ensure the best cosmetic and functional outcomes for patients. Thank you.

Thank you so much Doctor Lynch that is just absolutely fantastic. What a wonderful addition to our breast program and you know skills and techniques that I certainly can learn from you and so many others as well to an last but not least obviously is Doctor Rachel Green,
NOTE Confidence: 0.84878045
00:44:25.630 --> 00:44:27.038 Upper section chief in
NOTE Confidence: 0.84878045
00:44:27.038 --> 00:44:28.094 Breast Surgical oncology,
NOTE Confidence: 0.84878045
00:44:28.100 --> 00:44:29.464 really discussing and focusing
NOTE Confidence: 0.84878045
00:44:29.464 --> 00:44:31.169 on the young woman’s perspective
NOTE Confidence: 0.84878045
00:44:31.169 --> 00:44:32.690 and breast cancer surgery.
NOTE Confidence: 0.86008126
00:44:34.990 --> 00:44:36.880 And Doctor Lynch, you have a bunch
NOTE Confidence: 0.86008126
00:44:36.880 --> 00:44:40.170 of questions in the chat box and.
NOTE Confidence: 0.86008126
00:44:40.170 --> 00:44:42.066 Into the answer and will will
NOTE Confidence: 0.86008126
00:44:42.066 --> 00:44:44.159 have a some time at the end.
NOTE Confidence: 0.86008126
00:44:44.160 --> 00:44:46.616 Also to open it up to the larger
NOTE Confidence: 0.85978884
00:44:46.620 --> 00:44:47.538 audience. Thank you.
NOTE Confidence: 0.89070404
00:44:49.360 --> 00:44:53.469 I’m just going to unmute myself and.
NOTE Confidence: 0.89070404
00:44:53.470 --> 00:44:55.630 Get my slides connected alright,
NOTE Confidence: 0.89070404
00:44:55.630 --> 00:44:57.789 well thank you everyone for
NOTE Confidence: 0.89070404
00:44:57.790 --> 00:44:59.514 joining us this afternoon.
NOTE Confidence: 0.89070404

74
As mentioned, my name is Rachel Greenup, I just joined Yale in February and I'm thrilled to be here and I'll be talking today about young women with breast cancer perspectives from a surgeon. I have no relevant just disclosures, except that I became really interested in this topic from a clinical perspective when my dear friend was diagnosed with triple negative breast cancer at age 32, she's doing well practicing as a surgeon in the Midwest, but I had the privilege of being part of her journey and learning a lot along the way. So, as mentioned, we know that breast cancer is a really
common disease in the United States with one in eight women over their lifetime being diagnosed with breast cancer. And this assumes that women live to be in their 8th decade. But we, when we look at women under 40, there’s only about 4% of new breast cancer cases affecting this younger population. I’m gonna be talking about a kind of popery of topics related to this young cohort, including breast cancer screening, the incidence, prevalence, biology, and prognosis. Thinking a bit about surgical issues and options,
discussing pregnancy,

associated breast cancer,

and then unique issues within

So there’s been a lot of controversy in the last decade about breast cancer screening.

the US Preventive Taskforce originally recommended that women should wait to have breast cancer screen until they reached.

Age 50 the American Cancer Society has recommended that younger patients ages 40 to 44 should have a choice and that risk and potential benefit should be considered, including women who have a higher lifetime risk,
NOTE Confidence: 0.89070404
00:46:52.130 --> 00:46:56.295 who should start at 40 years old.
NOTE Confidence: 0.89070404
00:46:56.300 --> 00:46:58.255 The American Society of Breast
NOTE Confidence: 0.89070404
00:46:58.255 --> 00:47:00.683 Surgeons more recently came up with
NOTE Confidence: 0.89070404
00:47:00.683 --> 00:47:02.703 guidelines specific to our surgical
NOTE Confidence: 0.89070404
00:47:02.703 --> 00:47:05.559 community and that all women ages 25
NOTE Confidence: 0.89070404
00:47:05.559 --> 00:47:07.905 and older should undergo formal risk
NOTE Confidence: 0.89070404
00:47:07.905 --> 00:47:09.768 assessment for breast cancer that
NOTE Confidence: 0.89070404
00:47:09.768 --> 00:47:11.970 women with an average risk should
NOTE Confidence: 0.89070404
00:47:12.038 --> 00:47:13.873 begin yearly screening starting at
NOTE Confidence: 0.89070404
00:47:13.873 --> 00:47:17.131 age 40 and women with a higher risk
NOTE Confidence: 0.89070404
00:47:17.131 --> 00:47:18.939 should include screening mammography
NOTE Confidence: 0.89070404
00:47:18.939 --> 00:47:21.270 with the potential for supplemental
NOTE Confidence: 0.89070404
00:47:21.270 --> 00:47:24.180 imaging including ultrasound and or MRI.
NOTE Confidence: 0.89070404
00:47:24.180 --> 00:47:26.820 An they also included a really
NOTE Confidence: 0.89070404
00:47:26.820 --> 00:47:28.580 valuable component within their
NOTE Confidence: 0.89070404
screening recommendations, which included guidelines around breast density and that in the US means tomosynthesis imaging and or MRI with ultrasound. So in our world, many women do come in with this green detected cancer and you can see on the mammogram here highlighted in my circle that there’s a spiculated mass, but in a heterogeneously dense breast. Most women then go on have ultrasound and a biopsy showing cancer and they meet their surgical team either before or after this diagnosis. We know there are risk factors.
for breast cancer, summer nature, summer nurture being female. Certainly as age increases over time, having a genetic mutation or a personal family history, we know that any prior biopsy, whether it’s benign or malignant, is associated with a higher lifetime risk. Menstrual history. There’s some data around race, and certainly breast density. The nurture piece we look at delayed childbirth, alcohol intake, high fat diet, smoking. There’s a lot of data.
Coming out, some of which has been driven by Melinda Irwin and terracing after it. Yeah looking at body weight, an exercise history of childhood or young adult radiation, an long term hormone replacement use. So we know that risk of breast cancer increases with age. These are data from the American Cancer Society, facts and figures from 2019 showing that risk of breast cancer peaks in the 7th decade across all races and ethnicities, and so you can see that in our younger patient population which is
diagnosed typically under age 45.

But that definition also varies in the literature.

Breast cancer risk is less.

Comment it occurs in about 10% of women under 40.

There has been some speculation in the literature that young women’s breast cancer has been increasing over time in patients will often come in and ask us about that, but the data suggests that the prevalence is stable.

We know that 50% of cancers in younger patients are breast cancers,
an unfortunately the survival. Is typically lower in young women. All of that being said, when you look at the risk of breast cancer in women in their 20s, it does remain relatively low and their risk of death is very low. In this population. When we look at tumor Biology among young women, so on the right that figure again is showing that the overwhelming majority of all breast cancer patients tend to be hormone receptor positive and
her two negative in our younger patients, they are more likely to have unfavorable or higher risk tumor biology, including higher risk of ER PR, negative tumors, higher Ki 67, expression, more likely to have lymphovascular invasion. And Grade 3 tumors. These data are older. They were published in 1994 in the Journal of Clinical Oncology, but they were important in first demonstrating that age alone young age alone was a poor prognostic factor,
so we know that women less than 35 represented on the graphs by the solid line had significantly worse outcomes across disease. Specific survival overall survival, an risk of recurrence. More recently, we can see that the Boston Group here looked at risk of local recurrence in younger women. If you look at the breast cancer cohort, overall, the overall risk of local recurrence after breast conservation was about 2%, but in the younger cohort defined in this study as ages 26 to 45, there was a five year cumulative risk of 5%. The figure on the left shows that this
certainly varied by tumor subtype. With her two positive and triple negative breast cancers being more likely to demonstrate in breast recurrence, overtime, an overall age was an independent risk for local recurrence after breast conservation but remained acceptably low. These data were published by a colleague and friend, Carrie Anders, again in 2008, but this was a collaborative effort between Duke and UNC, where they looked at tissue samples in younger versus older patients. Defined in this study as
less than 45 or 65 and older,

they did find that younger women had lower rates of hormone receptor positive breast cancer.

Higher rates of hormone two positive cancer presented with larger tumor sizes, an higher grades, and again younger age was an independent risk factor for disease.

And during my time at Boston, we pursued evaluation of younger patients and the predicted value of pathologic complete response on overall survival in this rare cohort. So we know that across our
breast cancer patients, regardless of age, having neoadjuvant chemo with a pathologic complete response correlate's with excellent survival and the data from the original neoadjuvant studies at the NSC, BP. 19 and 27 suggested that perhaps in younger patient populations, preoperative chemo was. Correlated with not only improved eligibility for breast conservation, but also improved overall survival, but it was not statistically
significant in those studies, and so we wanted to get a better sense of in a contemporary cohort. How did neoadjuvant chemo and pathologic response impact cancer outcomes in younger patients? And you can see here women under 40 at diagnosis who received neoadjuvant chemo for stage two and three invasive cancers between 1998 and 2014. At Massachusetts General Hospital were evaluated. Overall there were only 170 young women in this analytic data set. About 30% received a path CR and this was more likely in Grade 3 disease. Her two positive and triple
negative breast cancers.

Age alone was not predicted for pathologic response, but when you look at a younger cohort, pathologic response was correlated with improved disease free and overall survival compared to women with residual disease. And this was based on tumor subtype with hormone receptor positive. Her two negative past CR responders having the best survival followed by triple negative and her two positive past CR. Patients.
Moving on to decisions for breast cancer surgery in the US, we face young and older women with early stage breast cancer and we offer them a choice for decisions related to surgery. We have very good and long term and contemporary data, both clinical trials and observational studies suggesting that these outcomes are not different. When our young patients come talk to us, they meet the larger multi disciplinary team. This often includes surgeons, medical oncologists, and radiation oncologist.
plastic surgeons, genetic counselors and sometimes oncofertility specialists which I'll touch on briefly. But we discussed with them recovery time, risk of recurrence, Peace of Mind, side effects and complications need for future surveillance, appearance and how this really impacts their lives. And the international consensus guidelines from 2019 strongly recommended, and these were experts from across the globe. Really recommended that local
00:55:44.512 --> 00:55:46.564 regional treatment in younger
NOTE Confidence: 0.8556857
00:55:46.564 --> 00:55:48.726 patients should not really differ
NOTE Confidence: 0.8556857
00:55:48.726 --> 00:55:51.211 from what we offer to older women.
NOTE Confidence: 0.87017626
00:55:51.220 --> 00:55:53.250 We should think strongly about
NOTE Confidence: 0.87017626
00:55:53.250 --> 00:55:55.280 breast conserving surgery as the
NOTE Confidence: 0.87017626
00:55:55.350 --> 00:55:57.350 first option whenever possible.
NOTE Confidence: 0.87017626
00:55:57.350 --> 00:56:03.144 I’m knowing that their survival
NOTE Confidence: 0.87017626
00:56:03.144 --> 00:56:05.718 overall is the same and that we should
NOTE Confidence: 0.87017626
00:56:05.720 --> 00:56:07.380 think as Doctor Lynch touched on.
NOTE Confidence: 0.87017626
00:56:07.380 --> 00:56:08.210 About uncle plastic repairs
NOTE Confidence: 0.87017626
00:56:08.210 --> 00:56:10.310 and reconstruction.
NOTE Confidence: 0.87017626
00:56:10.310 --> 00:56:10.310 An that false negative rates
NOTE Confidence: 0.87017626
00:56:10.310 --> 00:56:12.410 are worse outcomes related to
NOTE Confidence: 0.87017626
00:56:12.485 --> 00:56:14.915 central node biopsy use in this
NOTE Confidence: 0.87017626
00:56:14.915 --> 00:56:17.339 population should not be a concern,
NOTE Confidence: 0.87017626
00:56:17.340 --> 00:56:19.758 and I encourage anyone interested in
00:56:19.758 --> 00:56:22.319 this population to read this article.

00:56:22.320 --> 00:56:24.400 It touches on both local, regional systemic treatment guidelines and

00:56:24.400 --> 00:56:27.055 then recommendations for survivorship.

00:56:27.055 --> 00:56:29.179 As mentioned,

00:56:29.180 --> 00:56:30.030 when we perform a mastectomy,

00:56:30.030 --> 00:56:32.155 we can often perform ***** sparing with

00:56:32.160 --> 00:56:35.362 wonderful options for reconstruction.

00:56:35.362 --> 00:56:37.506 And there is some data coming out.

00:56:37.510 --> 00:56:40.387 This is from my colleague and friend

00:56:40.390 --> 00:56:43.190 Catherine Patches at the University

00:56:43.190 --> 00:56:45.543 of Chicago Northshore practice.

00:56:45.543 --> 00:56:47.695 That in a prospective study of women

00:56:47.700 --> 00:56:50.493 undergoing breast cancer treatment,

00:56:50.493 --> 00:56:54.550 either breast conservation or mastectomy,
the quality of life does not differ based on surgical choice, and so I think we can rest assured that even for our younger patients lumpectomy with radiation or mastectomy are safe options. Moving on to pregnancy associated breast cancer again, even more rare than breast cancer in our younger patients. We know this can occur in women, typically under 30. This is during the Peripartum period or within the first year. It’s very rare that one in three cases per 10,000 live birds.
We do find that the limited literature published on this topic suggests that larger locally advanced breast cancers. More likely, triple negative, an higher rate of death when diagnosis is in the peripartum period. Recommendations if you meet a woman with a breast mass who’s pregnant two evaluated on women, can undergo mammogram, a shielding and ultrasound. They should undergo a core needle biopsy of a mass, unless it’s concretely
radiographically benign.

Cornedo biopsy is better than FNA for evaluation of these lesions.

When we think about a staging, in the cases where breast cancer exists,

chest xray,

liver ultrasound labs and non contrast MRI.

Although we have had circumstances in which working with OBGYN team to discuss alternative staging evaluation is necessary,

many of these patients,

young young women,

pregnant or not,

should be considered for genetic counseling.

We know that pregnancy is not protective
in these younger patients unfortunately. Although over your lifetime and the number of pregnancies and childbirth. Does provide some benefit against breast cancer risk in younger women? This is a high risk, relatively higher risk time. Women who are pregnant can also undergo mastectomy versus breast conservation, as long as the radiation occurs after delivery and chemotherapy has been proven to be safe in the 2nd and 3rd trimester. So Lastly, I wanted to talk about survivorship.
in this younger population.

NOTE Confidence: 0.87017626

In my mind on this quote is really representative of what these younger patients go through.

NOTE Confidence: 0.87017626

Elizabeth McKinley was an associate Dean of Medicine at Case Western who was diagnosed with breast cancer at age 36, and she says after my last radiation treatment for breast cancer instead of joyous, I felt lonely, abandoned. Terrified, this was the rocky beginning of cancer survivorship for me.

NOTE Confidence: 0.88009125

So again, many of these young women outside of their cancer treatment are not interfacing with the
health system on a regular basis, and so we have to be especially sensitive to issues that accompany cancer treatment. These can include amenorrhea and early menopause, osteoporosis, secondary malignancies, fertility is of upmost concern for many of these women. And then Lastly psychosocial and quality of life issues. There are obviously a side effects of all breast cancer treatment, including those related to surgery, chemotherapy, radiation, and a current therapy and targeted therapy.
Chemotherapy induced amenorrhea is age related. I apologize for my slides and therapy dependent. It is less common at younger ages, so are very young patients. In their 20s are more likely to regain menstrual cycles after treatment than women in their late 30s or 40s. We know that shorter duration of treatment is less likely to be associated with chemotherapy induced amenorrhea as well. and that there may be some protective benefit. Two cessation of menses.
And this is a really nice table that goes through the risk of chemotherapy induced amenorrhea. Based on the treatment that women receive with little data at this point known around newer monoclonal antibody therapy. Ann Partridge's group at Dana Farber did some survey work around these younger patients who were diagnosed with breast cancer and fertility. Infertility concerns was a concern for over half of these women. About a third reported that fertility impact their cancer treatment decisions,
and I think that’s critically important for our training teams to be highly aware of women worried about menopausal symptoms after treatment. And only about half believe that their concerns were adequately addressed. There are ASCO guidelines around fertility preservation, notably that it should not delay cancer treatment. That the risk of recurrence with fertility preservation should be considered, but is likely very low. We’re learning that early referral to specialist is critical and correlate’s with successive pregnancy.
Long term, there are several options for oncofertility, including oocyte cryopreservation, embryo cryopreservation, and ovarian tissue preservation, and an ovarian suppression again. Partnering with our reproductive endocrinologist will give our patients their best outcomes. The positive trial is a national study led by Doctor Partridge out of Dana Farber, and this really looks at whether women who have completed between 18 and 30 months of endocrine therapy can temporarily stop endocrine therapy.
for pregnancy for up to two years.

This is all in the context of our best available evidence suggesting that pregnancy after breast cancer does not increase a woman’s risk of developing a recurrence. Even among women with hormone receptor positive disease. Psychosocial stress does impact our younger patients more significantly than many of our older patients. We know that younger age predicts higher distress at one year that treatment related menopause more likely correlates with worse psychosocial distress. Our younger patients,
01:03:27.022 --> 01:03:27.870 about 11%,

NOTE Confidence: 0.85646087

01:03:27.870 --> 01:03:30.348 are denied health or life insurance
NOTE Confidence: 0.85646087

01:03:30.348 --> 01:03:32.460 after their breast cancer diagnosis
NOTE Confidence: 0.85646087

01:03:32.460 --> 01:03:34.812 and they have a higher risk
NOTE Confidence: 0.85646087

01:03:34.812 --> 01:03:36.672 of treatment related financial
NOTE Confidence: 0.85646087

01:03:36.672 --> 01:03:39.108 hardship and employment disruption.
NOTE Confidence: 0.85646087

01:03:39.110 --> 01:03:42.512 Up to 20% report some work related
NOTE Confidence: 0.85646087

01:03:42.512 --> 01:03:45.487 problems either needing to take time off,
NOTE Confidence: 0.85646087

01:03:45.490 --> 01:03:45.946 work,
NOTE Confidence: 0.85646087

01:03:45.946 --> 01:03:48.226 difficulties with promotion or advancement,
NOTE Confidence: 0.85646087

01:03:48.230 --> 01:03:50.440 or unemployment and **** dysfunction
NOTE Confidence: 0.85646087

01:03:50.440 --> 01:03:53.250 tends to start shortly after surgery.
NOTE Confidence: 0.85646087

01:03:53.250 --> 01:03:55.530 An exist for many women,
NOTE Confidence: 0.85646087

01:03:55.530 --> 01:03:58.660 at least to one year.
NOTE Confidence: 0.85646087

01:03:58.660 --> 01:04:00.328 Looking at financial hardship,
NOTE Confidence: 0.85646087
which is a topic near and dear to my heart,
we do know that our younger cancer survivors are at the highest risk of this.
With 1/3 reporting financial hardship,
40% reporting difficulty affording their deductibles with young,
non Medicare covered patients at greatest risk and again are younger patients
more likely to receive comprehensive treatment or multimodal therapy?
Also,
an independent risk factor.
There are lots of resources for our young patients and these are some of but not all,
and so as we learn more about these women,
we will continue to support them
both during treatment and beyond. Thank you so much for having me today be happy to take any questions. Thank you Doctor Green up that was absolutely fantastic and thank you for all the speakers for really three phenomenal presentations which really generated a lot of questions both in the question and answer in the chat box and I'll try to ask the panelists for opinions on some of these. One is question on margins specific in the Uncle plastic setting. Maybe that’s best start with Doctor Lynch and her thoughts on how do you.
Either guarantee or do best to achieve clear margins and then if they’re not clear, what are the options for the patient and in your experience, right? So the one of the benefits of plastic surgery when you kind of separate the skin from the breast parenchyma with a little wider exposure for partial mastectomy is with a wider exposures. There’s a thinking that you might have fewer positive margins, at least the margin rate is not worse, and that’s the data that we have so far. So you would like to have your positive margin rate for routine breast surgery to be as close to 10% as possible and so
making sure you have diligent marking of your tumor bed after you've removed the area where the cancer is is important, not only for radiation but also for finding that again after you've done a tissue rearrangement. If you have to go back and clear your margin. When you’re doing a uncle plastic procedure to reduce the size of the breast, you can always plan the reduction of that tissue around your lumpectomy bed, and so you’ll remove your tissue. You’ll do your shave margins and then, if any more tissue needs to come out, that should also be oriented for the
01:06:38.911 --> 01:06:40.866 pathologist to make sure that you’re aware of all of the margins there again, routine use of shave margins will help reduce your risk of a positive margin.

01:06:40.866 --> 01:06:43.370 And if you’ve got to go back, you go back. And you try to go back as soon as possible when you still have sarcoma there before the rotational flap is healed in place to make sure that you’re removing the tissue that you’ve carefully marked at your first operation.

01:06:45.624 --> 01:06:50.837 But trying to get your positive margin rate to as close to or less than 10% is important.

01:06:50.837 --> 01:06:53.185 And if you’ve got to go back, you go back.

01:06:53.185 --> 01:06:55.213 But trying to get your positive margin rate to as close to or less than 10% is important.

01:06:55.213 --> 01:06:57.164 And if you’ve got to go back, you go back.

01:06:57.164 --> 01:07:02.332 But trying to get your positive margin rate to as close to or less than 10% is important.

01:07:02.332 --> 01:07:04.789 Thank you doctor Lynn shot doctor Berger.
01:07:17.510 --> 01:07:19.755 margins and ***** sparing mastectomy
01:07:19.755 --> 01:07:22.856 and should we consider a certain distance
01:07:22.856 --> 01:07:25.984 on pathology or an indoor image Ng to
01:07:26.058 --> 01:07:28.998 consider it clear we should that be
01:07:28.998 --> 01:07:32.864 treated different than say margin in a
01:07:32.864 --> 01:07:35.140 patient undergoing lumpectomy. Yeah,
01:07:35.140 --> 01:07:37.048 I think that's a great question.
01:07:37.050 --> 01:07:39.610 I mean, I think the conservative answer is,
01:07:39.610 --> 01:07:41.864 you know if there’s any pathology on
01:07:41.864 --> 01:07:43.489 imaging that’s within 2 centimeters
01:07:43.489 --> 01:07:46.619 We do tend to, or.
01:07:46.619 --> 01:07:49.490 You know, I would argue we tend to avoid.
01:07:49.490 --> 01:07:50.450 However, you know,
01:07:50.450 --> 01:07:53.007 if you take a ***** margin an it’s
01:07:53.007 --> 01:07:55.240 negative at the time of your operation,
NOTE Confidence: 0.80382687
01:07:55.240 --> 01:07:56.830 then you know I think.
NOTE Confidence: 0.80382687
01:07:56.830 --> 01:07:59.056 Regardless of how close that cancer is,
NOTE Confidence: 0.80382687
01:07:59.060 --> 01:08:00.388 the ****** areola complex
NOTE Confidence: 0.80382687
01:08:00.388 --> 01:08:01.716 we’d feel comfortable leaving
NOTE Confidence: 0.80382687
01:08:01.716 --> 01:08:03.209 the rest of that tissue,
NOTE Confidence: 0.80382687
01:08:03.210 --> 01:08:06.514 but I would defer to my more
NOTE Confidence: 0.80382687
01:08:06.514 --> 01:08:07.458 senior colleagues.
NOTE Confidence: 0.80382687
01:08:07.460 --> 01:08:09.340 I think you know
NOTE Confidence: 0.8354927
01:08:09.340 --> 01:08:12.462 there’s a nice a nice editorial written
NOTE Confidence: 0.8354927
01:08:12.462 --> 01:08:15.917 by Doctor Susie Coopey and Barbara Smith,
NOTE Confidence: 0.8354927
01:08:15.920 --> 01:08:18.740 arguing that the ****** is just
NOTE Confidence: 0.8354927
NOTE Confidence: 0.8354927
01:08:20.870 --> 01:08:23.250 Having done these operations
NOTE Confidence: 0.8354927
01:08:23.250 --> 01:08:25.630 for almost a decade,
NOTE Confidence: 0.8354927
01:08:25.630 --> 01:08:29.130 that one type of patient I’ve become
increasingly cautious about offering sparing mastectomy to is women with large areas of DCIS. Yeah, anecdotally had one patient with a negative margin who recurred in a short time frame, and thankfully she had a insight to recurrence in her that was salvageable with a central resection. But I think that disease with the skip pattern should probably be taken seriously in terms of offering sparing mastectomy or to follow these women very closely in your own practice for.
any signs or symptoms of recurrence.

Yes.

And there’s a question from Doctor Moran asking both.

You know, Melanie Rachel Elizabeth. What are your thoughts on the recent buzz on going flat

movement from the patients and the possibility of some perceived lack of support from surgeons around the country and around the world?

I’ll jump in on that one. I think you know that’s all part of shared decision-making, and with you know kind of carefully
chosen words and to clearly represent that the first goal of our operation is to cure the cancer, and our second operation is to make sure the patient has an outcome that she can live with. Because when we do these operations, we change our patients bodies for the rest of their lives. And trying to be as respectful and as inclusive in that conversation as we can possibly be. And there’s patients. There’s their partner, their family.
There’s a lot of people who have opinions about what women should be doing. When they make choices about these operations, and I think we have as many patients who come into our offices where they have family members telling them that they should be having bilateral mastectomies as we have. You know, other concerns that come forward. So it’s important that we’re all as respectful and inclusive as we can be, and that we’re ready for these conversations that we’re ready to talk about how our bodies change as we age.
How an implant might feel when you’re 40 and how it’s going to feel really differently when you’re 70? So that’s all got to be addressed up front, so I have not had that experience where I had a patient felt. Like they I was talking to them too much about reconstruction without respecting that they wanted to be flat, but I have read a lot of that literature. I did read the book flat as well.
so I have had women who could not manage the thought of embarking on reconstruction around diagnosis and they ended up a few years later wanting to meet with the reconstructive surgeon. So for many women there are options down the road. They might be limited compared to the options they have a diagnosis, but. The door should never feel entirely closed for them.

I have a question from my colleague Doctor Fatty Ottawan from Turkey for Doctor Green up wanting to know what your thoughts are looming in Turkey. The average age of breast cancer is
01:12:03.417 --> 01:12:05.739 much younger than the United States.

01:12:05.740 --> 01:12:07.575 What are your thoughts on luminal breast cancer?

01:12:07.575 --> 01:12:09.043 Zan, whether neoadjuvant chemotherapy potentially could be an option or or other thoughts on this population.

01:12:16.240 --> 01:12:19.420 Yeah, so we you know we talk about this in the context of multi disciplinary discussion and I think.

01:12:19.420 --> 01:12:22.920 In the US, at least, we're heavy utilizers of genomic assays and the abdomen setting. Occasionally we discuss using them in the neoadjuvant setting to help inform decisions around whether

01:12:26.420 --> 01:12:28.630 In the US, at least,

01:12:28.630 --> 01:12:30.835 we're heavy utilizers of genomic assays and the abdomen setting.

01:12:30.835 --> 01:12:33.040 Occasionally we discuss using them in the neoadjuvant setting to help inform decisions around whether
chemotherapy should be used, and certainly thinking about the size of the breast cancer. The status of the axilla. And all of those the patients preference for breast conservation versus mastectomy all contribute to decisions for preoperative chemo. There is a question from our colleagues from China where the breast tissue density tends to be a lot higher on our thoughts on a screening ultrasound. And obviously here in Connecticut we can maybe give a little bit of a different perspective than maybe the rest of the United States.
After lunch you want it or burger or.

So I hope you’re screening ultrasound and I’m becoming more and more familiar with it because it’s used routinely here in Connecticut.

I have recently moved from Ohio to Connecticut in Ohio.

We didn’t routinely do whole breast screening ultrasound and it seems to be a very very effective test.

We know it hasn’t. It picks up additional cancers at a rate of 8% more than mammography screening.

MRI for dense breasts picks up at a rate of 14%.
I think in Connecticut because of ultrasound being so routinely used and it’s a user dependent technology that their rates are actually much higher than 8% which is reported in the literature. So it can be a very effective adjunct to mammography for dense breasts and it’s user dependent. So the more you do, the better you get, and I think that’s why the rates here in Connecticut look better than the rest of the country. There was a question from a doctor Lustberg our incoming breast program director to touch base.
01:14:27.939 --> 01:14:30.350 upon shared decision makings for.

01:14:30.350 --> 01:14:32.246 Doctor Lynch just because of your

01:14:32.246 --> 01:14:34.284 you know wide array of surgical

01:14:34.284 --> 01:14:36.426 options that you can provide patients

01:14:36.426 --> 01:14:38.638 that maybe some of us don’t have

01:14:38.638 --> 01:14:40.393 the that background or you know

01:14:40.393 --> 01:14:42.008 those techniques that you discuss.

01:14:42.010 --> 01:14:43.960 What are your thoughts on that?

01:14:45.220 --> 01:14:48.966 It’s yeah, it’s. You know,

01:14:48.966 --> 01:14:51.264 we always worry about informed consent.

01:14:51.270 --> 01:14:53.580 Can we really explain to patients

01:14:53.580 --> 01:14:56.242 how this is going to look and

01:14:56.242 --> 01:14:58.324 feel to them after we’re done

01:15:00.870 --> 01:15:03.558 in my experience so far in using
Oncoplastic operations, well, an doctor Krishna Clef recently published an editorial in Annals of Surgical Oncology about how we're using this technique too much for some patients, and we have to be really careful about how we apply this. But we need to be able to describe to patients exactly how we do the operation and how it might feel to them afterwards. One of the issues that we're now beginning to really understand is how distressing it is for patients to experience fat necrosis. The more we separate the skin...
from the breast, and then radiate that tissue, the more patients are likely to feel a mass in their breast after they've had treatment, and that is actually fat necrosis and not recurrent cancer. And to be able to prepare patients for that, the older the patient is with, the more fat replaced breast. We know that they are more likely to develop fat necrosis and we need to be able to have that conversation with patients, and so if and when that mask comes
up that they’re not as distressed by it and that they know that they can come in and we can evaluate it and help sort that out. But the shared decision making is a process and it can include the whole of the multidisciplinary team including the radiation oncologist as well. Because of the they can talk to patients so they understand fully what radiation might feel to the breast when they’re done with treatment. That’s a, that’s a whole conference in itself.
We'll have the next session on that. Doctor Berger or what are your thoughts on intra-op margin assessments are or is that something that's ready for prime time? Or you know something that's still kind of in the research realm? And obviously Doctor Green up at lunch as well too?

Yeah, I know I'm up at

There's been some looking at,
margin assessment and whether we can lower the chance of positive margins on the final pathology specimen. There’s been different feasibility trials. Looking at that, there’s been different even outcome trials. Looking at that, I’m not sure we’re quite there yet, just based upon the limited amount of data that we do have. But you know, definitely something in the future that might be a possibility to prevent, you know, return to the OR on some of these patients. Yeah, I think nationally
we’ve continued to have to balance the extra operating room time. The logistics around having a workforce of pathologists available to evaluate margin in real time and then the accuracy obviously of the data that’s received in the operating room, certainly from the technology side. There’s a lot of independent companies and. NIH funded study is in partnership with. Industry looking at real time Inter operative margin assessment and certainly breast is a great place to start, but I would argue it will be really wonderful for patients.
For example that have pancreas cancers or liver tumors where the return trip to the operating room carries a much higher morbidity.

There is a question from Professor Dong in China about a 65 year old with early stage breast cancer. For example, a very tiny tumor, less than a 0.5 millimeters and they undergo breast conservation.

You know we have data on what you know women over 70 and maybe the ER positive setting on avoiding radiation.

How about on a slightly younger patient you know, do we? Can we drop that cut off and you
know where do we go from there?

Yeah, so we have good data from the prime two study looking at patients over 65 and ER PR positive cancers and deescalation of radiation therapy. But what I find really important too is you know asking the question can we deescalate hormone therapy so you know this principle of monotherapy, whether it is radiation or homeless hormone therapy I think is really important and that question is actually being asked right now in an ongoing trial because you know, a lot of people consider radiation therapy
01:19:25.483 --> 01:19:28.097 is the thing we should deescalate because.
NOTE Confidence: 0.8390911
01:19:28.100 --> 01:19:29.955 Hormone therapy protects you for the five
NOTE Confidence: 0.8390911
01:19:29.955 --> 01:19:32.124 years in the contralateral breast, etc.
NOTE Confidence: 0.8390911
01:19:32.124 --> 01:19:34.476 But that does not come without its own
NOTE Confidence: 0.8390911
01:19:34.476 --> 01:19:36.810 side effects an it’s owned, you know,
NOTE Confidence: 0.8390911
01:19:36.810 --> 01:19:38.670 kind of pit bulls and downfalls.
NOTE Confidence: 0.8390911
01:19:38.670 --> 01:19:40.794 And so I think if we look at the
NOTE Confidence: 0.8390911
01:19:40.794 --> 01:19:42.720 local regional recurrence rates,
NOTE Confidence: 0.8390911
01:19:42.720 --> 01:19:44.140 which recently I actually just
NOTE Confidence: 0.8390911
01:19:44.140 --> 01:19:45.560 did there relatively similar with
NOTE Confidence: 0.8390911
01:19:45.606 --> 01:19:46.758 the monotherapy principle.
NOTE Confidence: 0.8390911
01:19:46.760 --> 01:19:48.804 As far as DCIS goes, you know,
NOTE Confidence: 0.8390911
01:19:48.804 --> 01:19:50.498 I think there are a lot of
NOTE Confidence: 0.8390911
01:19:50.498 --> 01:19:52.049 good predictive nomograms,
NOTE Confidence: 0.8390911
01:19:52.050 --> 01:19:54.262 and we know that age obviously lessens
NOTE Confidence: 0.8390911
01:19:54.262 --> 01:19:56.183 your chance of recurrence just based
upon the fact that a woman is older.

And so yeah, again, going back to this whole principle of shared decision making,

that if you have a an informed decision with your patient and try to predict or recognize their risk of recurrence,

understanding that 50% of DCIS recurrences are invasive, then omitting both agile and treatments for DCIS.

I don’t think it’s unreasonable based upon the risk that your patient is willing to us.

You know, take.
Maybe the last question from Scott Posa for whoever wants to try to tackle this one in terms of some of the more complex reconstructions such as pop reconstructions in terms of ambulation and limitations associated with that.

So with early post-op ambulation after a tissue transfer. Maybe with a more complex free tissue transfer type reconstructions? ’cause you have to protect both the donor site then and the recipient site.

And so with microvascular repairs, you know patients will typically be limited in mobility for three to five days, and so you know 24 hours to 48 hours.
from bed to chair only for mobility.

Usually a Foley catheter will be in place for that for a day or two days for those patients, or a bedside commode. Because of the need for the to protect the microvascular site. And so that can impact early mobility, and it’s certainly shoulder mobility and things. And then afterwards again, it’s, exercises after surgery to make sure to. Detect shoulder mobility with full range of motion, hopefully.
within two weeks of the operation.

I said that was the last question.

Actually there’s one more,

and it’s all the way from Japan,

so I can’t let Doctor

Sakai get go unanswered.

What are our thoughts on putting a
clip for biopsy proven lymph nodes

before neoadjuvant chemotherapy?

That is a long discussion, I think in.

What are our thoughts on putting a
clip for biopsy proven lymph nodes

before neoadjuvant chemotherapy?

That is a long discussion, I think in.

I’ll try and answer. It’s essentially but.

Many other national trials

that are looking at potentially
downstaging an axillary disease

after neoadjuvant chemotherapy have

not required clip placement, and so.
Pending those results, I think. Most US institutions are localising. Lymph nodes that are involved with tumor with a clip. With the intention of marking the spot and for future resection of that involved. Node certainly that Abigail Coddles data from MD Anderson looking at targeted axillary dissection and the 1071 data from Judy Bui both include clip placement in the node for the purpose of retrieving the. They know that was most likely to be effective or have the highest tumor burden, but if the Alliance 11202
trial shows otherwise,

clip placement may be a thing of the past.

So with that I would really like to thank Doctor Berger, Doctor Lynch, Doctor Green up for these three fantastic presentations and you know the thoughtfully answers we’ve been able to provide to the audience, and more importantly, to the attendees from, you know, Yale, Connecticut, around the United States and around the world.

We really appreciate the time and the you know to listen to us and we look forward to seeing you in person one day, and until then,
we will continue these series.

So thank you very much.