

WEBVTT

NOTE duration:"00:02:37.3760000"

NOTE language:en-us

NOTE Confidence: 0.8579735

00:00:00.000 --> 00:00:02.976 My name is Sarah Magali and I'm an

NOTE Confidence: 0.8579735

00:00:02.976 --> 00:00:04.552 associate professor of medicine

NOTE Confidence: 0.8579735

00:00:04.552 --> 00:00:06.826 here at Yale School of Medicine,

NOTE Confidence: 0.8579735

00:00:06.830 --> 00:00:08.150 and I treat exclusively

NOTE Confidence: 0.8579735

00:00:08.150 --> 00:00:09.470 patients with breast cancer.

NOTE Confidence: 0.8579735

00:00:09.470 --> 00:00:11.582 I chose oncology because I love

NOTE Confidence: 0.8579735

00:00:11.582 --> 00:00:13.760 connecting with patients for a long time.

NOTE Confidence: 0.8579735

00:00:13.760 --> 00:00:15.740 I love getting to know them

NOTE Confidence: 0.8579735

00:00:15.740 --> 00:00:17.060 that the patients themselves.

NOTE Confidence: 0.8579735

00:00:17.060 --> 00:00:19.370 I love getting to know their families,

NOTE Confidence: 0.8579735

00:00:19.370 --> 00:00:21.260 what makes them tick to understand

NOTE Confidence: 0.8579735

00:00:21.260 --> 00:00:23.596 their values and to help them navigate

NOTE Confidence: 0.8579735

00:00:23.596 --> 00:00:25.962 a really difficult time in their lives.

NOTE Confidence: 0.8579735

00:00:25.970 --> 00:00:27.800 The first visit with your oncologist

NOTE Confidence: 0.8579735

00:00:27.800 --> 00:00:30.207 is one of the scariest visits you'll

NOTE Confidence: 0.8579735

00:00:30.207 --> 00:00:32.445 probably ever have in your life.

NOTE Confidence: 0.8579735

00:00:32.450 --> 00:00:34.802 It's important to come prepared to have

NOTE Confidence: 0.8579735

00:00:34.802 --> 00:00:37.152 questions that you and your family and

NOTE Confidence: 0.8579735

00:00:37.152 --> 00:00:39.066 your friends may may contribute to.

NOTE Confidence: 0.8579735

00:00:39.070 --> 00:00:41.163 It's important to take a deep breath

NOTE Confidence: 0.8579735

00:00:41.163 --> 00:00:43.103 and know that your oncologist is

NOTE Confidence: 0.8579735

00:00:43.103 --> 00:00:45.399 going to be walking with you through

NOTE Confidence: 0.8579735

00:00:45.468 --> 00:00:47.676 this journey from the very beginning,

NOTE Confidence: 0.8579735

00:00:47.680 --> 00:00:51.088 all the way to the end.

NOTE Confidence: 0.8579735

00:00:51.090 --> 00:00:53.076 If you have specific questions about

NOTE Confidence: 0.8579735

00:00:53.076 --> 00:00:54.820 the diagnosis about breast cancer,

NOTE Confidence: 0.8579735

00:00:54.820 --> 00:00:56.172 about cancer about supplements,

NOTE Confidence: 0.8579735

00:00:56.172 --> 00:00:56.943 vitamins, chemotherapy,

NOTE Confidence: 0.8579735

00:00:56.943 --> 00:00:58.242 other anything else,

NOTE Confidence: 0.8579735

00:00:58.242 --> 00:01:00.840 we're happy to answer those questions

NOTE Confidence: 0.8579735

00:01:00.903 --> 00:01:02.667 and make a list before you come

NOTE Confidence: 0.8579735

00:01:02.667 --> 00:01:05.081 so that we can address all of your

NOTE Confidence: 0.8579735

00:01:05.081 --> 00:01:06.671 concerns at that first visit.

NOTE Confidence: 0.8579735

00:01:06.680 --> 00:01:08.850 It's really important to bring a second

NOTE Confidence: 0.8579735

00:01:08.850 --> 00:01:11.427 set of ears to your first appointment.

NOTE Confidence: 0.8579735

00:01:11.430 --> 00:01:13.105 There's a lot of information

NOTE Confidence: 0.8579735

00:01:13.105 --> 00:01:15.500 that's going to go back and forth.

NOTE Confidence: 0.8579735

00:01:15.500 --> 00:01:17.866 We're going to give you lots of

NOTE Confidence: 0.8579735

00:01:17.866 --> 00:01:19.307 information about the pathology

NOTE Confidence: 0.8579735

00:01:19.307 --> 00:01:21.485 and about the treatment plan and

NOTE Confidence: 0.8579735

00:01:21.485 --> 00:01:23.600 about what the next steps are.

NOTE Confidence: 0.8579735

00:01:23.600 --> 00:01:26.380 And at this particular point

NOTE Confidence: 0.8579735

00:01:26.380 --> 00:01:29.160 in time in your life.

NOTE Confidence: 0.8579735

00:01:29.160 --> 00:01:32.800 Things may go in one ear and out the other,

NOTE Confidence: 0.8579735

00:01:32.800 --> 00:01:34.252 so having another person,

NOTE Confidence: 0.8579735

00:01:34.252 --> 00:01:36.440 a caregiver, a friend, a spouse,

NOTE Confidence: 0.8579735

00:01:36.440 --> 00:01:37.170 a daughter,

NOTE Confidence: 0.8579735

00:01:37.170 --> 00:01:38.434 a son, a mother,

NOTE Confidence: 0.8579735

00:01:38.434 --> 00:01:40.841 anyone with you is maybe a father

NOTE Confidence: 0.8579735

00:01:40.841 --> 00:01:42.986 too would be really helpful.

NOTE Confidence: 0.8579735

00:01:42.990 --> 00:01:45.126 The team based approach that we

NOTE Confidence: 0.8579735

00:01:45.126 --> 00:01:47.720 take in the breast center is a

NOTE Confidence: 0.8579735

00:01:47.720 --> 00:01:49.904 really important part of the care.

NOTE Confidence: 0.8579735

00:01:49.910 --> 00:01:52.088 I work with a practice nurse.

NOTE Confidence: 0.8579735

00:01:52.090 --> 00:01:54.280 I work with a nurse practitioner.

NOTE Confidence: 0.8579735

00:01:54.280 --> 00:01:56.458 We have a nutritionist, social workers,

NOTE Confidence: 0.8579735

00:01:56.460 --> 00:01:58.994 physical therapists who work with us to

NOTE Confidence: 0.8579735

00:01:58.994 --> 00:02:01.250 shepherd patients from the very beginning.

NOTE Confidence: 0.8579735

00:02:01.250 --> 00:02:02.762 Of their cancer diagnosis

NOTE Confidence: 0.8579735

00:02:02.762 --> 00:02:03.518 through survivorship.

NOTE Confidence: 0.8579735

00:02:03.520 --> 00:02:06.159 We work with the surgeons very closely.

NOTE Confidence: 0.8579735

00:02:06.160 --> 00:02:08.428 We work with the radiation oncologists,

NOTE Confidence: 0.8579735

00:02:08.430 --> 00:02:09.180 the radiologists,

NOTE Confidence: 0.8579735

00:02:09.180 --> 00:02:09.930 the pathologists.

NOTE Confidence: 0.8579735

00:02:09.930 --> 00:02:12.992 Once a week we have a team based

NOTE Confidence: 0.8579735

00:02:12.992 --> 00:02:15.206 meeting where we get together and

NOTE Confidence: 0.8579735

00:02:15.206 --> 00:02:17.137 discuss new patients and difficult

NOTE Confidence: 0.8579735

00:02:17.137 --> 00:02:19.387 cases so you can rest assured

NOTE Confidence: 0.8579735

00:02:19.387 --> 00:02:21.660 that if you come see us,

NOTE Confidence: 0.8579735

00:02:21.660 --> 00:02:24.243 you're not just seeing me but you're

NOTE Confidence: 0.8579735

00:02:24.243 --> 00:02:26.580 seeing a whole bunch of people,

NOTE Confidence: 0.8579735

00:02:26.580 --> 00:02:29.226 all of whom are interested in making

NOTE Confidence: 0.8579735

00:02:29.226 --> 00:02:32.248 this process as easy for you as possible.