## WEBVTT

NOTE duration: "00:02:11.4350000"

NOTE language:en-us

NOTE Confidence: 0.982980395384615

 $00:00:00.000 \longrightarrow 00:00:02.060$  My name is Tara Sanft.

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 $00:00:02.060 \longrightarrow 00:00:06.520$  I am the director of the survivorship clinic.

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 $00{:}00{:}06.520 \dashrightarrow 00{:}00{:}09.070$  I am the chief Patient Experience

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00:00:09.070 --> 00:00:11.678 officer at Smilow Cancer Hospital and

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 $00{:}00{:}11.678 \dashrightarrow 00{:}00{:}14.583$  I am also a breast medical oncologist.

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00:00:14.590 --> 00:00:17.180 I treat patients who have been diagnosed

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 $00:00:17.180 \longrightarrow 00:00:19.925$  with breast cancer and I see survivors

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 $00:00:19.925 \longrightarrow 00:00:21.880$  of multiple different disease types.

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 $00:00:21.880 \longrightarrow 00:00:23.406$  I feel like it's a privilege to

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 $00:00:23.406 \longrightarrow 00:00:25.173$  take care of patients who've been

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 $00{:}00{:}25.173 \dashrightarrow 00{:}00{:}26.589$  diagnosed with breast cancer.

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 $00{:}00{:}26.590 \dashrightarrow 00{:}00{:}29.369$  The relationship is very intimate and you

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 $00:00:29.369 \longrightarrow 00:00:32.665$  get to help someone through what may be

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 $00:00:32.665 \longrightarrow 00:00:35.589$  the most difficult time in their life.

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 $00:00:35.590 \longrightarrow 00:00:36.796$  That being said,

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 $00:00:36.796 \longrightarrow 00:00:40.177$  I feel like it is true that breast

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 $00:00:40.177 \longrightarrow 00:00:42.997$  cancer can be a very hopeful.

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00:00:43.000 --> 00:00:45.520 Diagnosis in that our cure rates and

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00:00:45.520 --> 00:00:47.980 our survival rates are incredibly high,

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 $00:00:47.980 \longrightarrow 00:00:51.010$  and it's a privilege to help

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 $00:00:51.010 \longrightarrow 00:00:53.030$  women walk through those.

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 $00:00:53.030 \longrightarrow 00:00:54.830$  Times in their life when they

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 $00:00:54.830 \longrightarrow 00:00:56.670$  may be most vulnerable or afraid.

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 $00{:}00{:}56.670 \dashrightarrow 00{:}00{:}58.350$  First visits are a chance for

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 $00:00:58.350 \longrightarrow 00:01:00.610$  us to get to know each other.

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00:01:00.610 --> 00:01:02.392 I like to start by understanding

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 $00{:}01{:}02.392 \dashrightarrow 00{:}01{:}04.248$  what the patient has been told

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 $00:01:04.248 \longrightarrow 00:01:06.060$  and what they're hoping to cover.

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00:01:06.060 --> 00:01:07.824 Drain the visit if they bring

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 $00:01:07.824 \longrightarrow 00:01:09.390$  a loved one with them,

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 $00:01:09.390 \longrightarrow 00:01:11.130$  it's often very helpful to have

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 $00:01:11.130 \longrightarrow 00:01:13.466$  a second pair of ears because the

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 $00:01:13.466 \longrightarrow 00:01:15.680$  conversations can get a little bit

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 $00{:}01{:}15.680 \dashrightarrow 00{:}01{:}17.769$  technical and it can be hard to absorb

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00:01:17.769 --> 00:01:19.515 all of the information my research

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00:01:19.515 --> 00:01:21.585 focuses on healthy diet and exercise

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 $00:01:21.585 \longrightarrow 00:01:23.379$  during and after cancer treatment.

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00:01:23.380 --> 00:01:25.333 I have a study right now looking

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 $00:01:25.333 \longrightarrow 00:01:27.654$  at a healthy diet and exercise

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 $00{:}01{:}27.654 \dashrightarrow 00{:}01{:}29.542$  intervention offered right after

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 $00:01:29.542 \longrightarrow 00:01:31.830$  diagnosis before starting chemotherapy.

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 $00:01:31.830 \longrightarrow 00:01:34.026$  We are understanding whether or not

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 $00:01:34.026 \longrightarrow 00:01:35.951$  this intervention helps women complete

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00:01:35.951 --> 00:01:37.966 chemotherapy in an easier fashion.

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00:01:37.970 --> 00:01:40.182 I would like my patients to know

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 $00{:}01{:}40.182 \dashrightarrow 00{:}01{:}42.498$  that my passion is actually in

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 $00:01:42.498 \longrightarrow 00:01:44.234$  communication and healthcare and

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 $00:01:44.234 \longrightarrow 00:01:46.770$  that I'm committed to creating a

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 $00:01:46.770 \longrightarrow 00:01:48.710$  relationship with each and every

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 $00:01:48.710 \longrightarrow 00:01:52.178$  patient that I see and so is my team.

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 $00:01:52.180 \longrightarrow 00:01:54.844$  We are part of a multidisciplinary

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 $00:01:54.844 \longrightarrow 00:01:57.083$  team that provides comprehensive Breast

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 $00{:}01{:}57.083 \dashrightarrow 00{:}01{:}59.465$  Cancer Care and survivorship care and

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 $00:01:59.465 \longrightarrow 00:02:02.120$  we look forward to meeting with each.

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 $00:02:02.120 \longrightarrow 00:02:03.690$  Individual and getting to know

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 $00{:}02{:}03.690 \dashrightarrow 00{:}02{:}05.680$  each person as a human being.