My name is Tara Sanft. I am the director of the survivorship clinic. I am also a breast medical oncologist. I treat patients who have been diagnosed with breast cancer and I see survivors of multiple different disease types. I feel like it’s a privilege to take care of patients who’ve been diagnosed with breast cancer. The relationship is very intimate and you get to help someone through what may be the most difficult time in their life.
That being said, I feel like it is true that breast cancer can be a very hopeful. Diagnosis in that our cure rates and survival rates are incredibly high, and it’s a privilege to help women walk through those times in their life when they may be most vulnerable or afraid. First visits are a chance for us to get to know each other. I like to start by understanding what the patient has been told and what they’re hoping to cover. Drain the visit if they bring.
a loved one with them, it’s often very helpful to have

a second pair of ears because the conversations can get a little bit technical and it can be hard to absorb all of the information my research focuses on healthy diet and exercise intervention offered right after diagnosis before starting chemotherapy. We are understanding whether or not this intervention helps women complete chemotherapy in an easier fashion.

I would like my patients to know
that my passion is actually in communication and healthcare and that I’m committed to creating a relationship with each and every patient that I see and so is my team. We are part of a multidisciplinary team that provides comprehensive Breast Cancer Care and survivorship care and we look forward to meeting with each individual and getting to know each person as a human being.