WEBVTT

NOTE duration: "00:02:03.3280000"

NOTE recognizability:0.836

NOTE language:en-us

NOTE Confidence: 0.83643675

 $00:00:00.000 \longrightarrow 00:00:02.934$ My name is Cyril Mara I'm the section chief

NOTE Confidence: 0.83643675

 $00:00:02.934 \longrightarrow 00:00:05.854$ of head and neck surgery and associate

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 $00:00:05.854 \longrightarrow 00:00:08.670$ professor of surgery in otolaryngology.

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 $00:00:08.670 \longrightarrow 00:00:13.158$ I treat cancers of the head and neck.

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 $00:00:13.160 \longrightarrow 00:00:15.694$ That basically involves any cancer above the

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 $00:00:15.694 \longrightarrow 00:00:18.029$ collar bones except cancers of the brain.

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 $00:00:18.030 \longrightarrow 00:00:20.382$ The most common cancers I treat are

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 $00{:}00{:}20.382 \longrightarrow 00{:}00{:}22.556$ cancers in the mouth, the throat,

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 $00:00:22.556 \longrightarrow 00:00:24.641$ the salivary glands, and the thyroid.

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00:00:24.641 --> 00:00:26.376 When I started medical school,

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 $00{:}00{:}26.380 \dashrightarrow 00{:}00{:}29.512$ I wasn't sure I wanted to be a surgeon,

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 $00:00:29.520 \longrightarrow 00:00:32.296$ but during my clinical rotations in 3rd year,

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 $00:00:32.300 \longrightarrow 00:00:34.491$ that's when I saw head and neck

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 $00:00:34.491 \longrightarrow 00:00:37.347$ surgery and I thought it was the most

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 $00:00:37.347 \longrightarrow 00:00:39.610$ fascinating part of the human body.

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 $00:00:39.610 \longrightarrow 00:00:42.394$ And I really enjoyed the people I was

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 $00:00:42.394 \longrightarrow 00:00:45.210$ working with, even as a medical student.

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 $00:00:45.210 \longrightarrow 00:00:47.160$ And that just got me hooked.

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 $00:00:47.160 \longrightarrow 00:00:48.608$ The people, the anatomy,

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00:00:48.608 --> 00:00:50.780 the types of surgeries that were

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 $00:00:50.848 \longrightarrow 00:00:53.008$ going on in that part of the body.

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 $00{:}00{:}53.010 \dashrightarrow 00{:}00{:}55.782$ I think what patients need to know

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 $00:00:55.782 \longrightarrow 00:00:58.597$ about the treatment of head and neck

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 $00{:}00{:}58.597 \dashrightarrow 00{:}01{:}00.537$ cancer at Smilow Cancer Hospital

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 $00{:}01{:}00.537 \dashrightarrow 00{:}01{:}03.274$ and Yale is that it's a team sport.

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 $00:01:03.280 \longrightarrow 00:01:05.330$ Surgical oncologists as a surgeon.

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 $00:01:05.330 \longrightarrow 00:01:08.170$ You know one part of that team but

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 $00:01:08.170 \longrightarrow 00:01:10.230$ we need radiation, oncologists,

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 $00:01:10.230 \longrightarrow 00:01:11.460$ medical oncologists, pathologists,

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00:01:11.460 --> 00:01:12.790 neuroradiologists, social workers,

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00:01:12.790 --> 00:01:13.250 nurses,

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 $00:01:13.250 \longrightarrow 00:01:15.550$ nurse practitioners and really a

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 $00:01:15.550 \longrightarrow 00:01:18.294$ whole team to take care of patients

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 $00:01:18.294 \longrightarrow 00:01:20.044$ with head and neck cancer.

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00:01:20.050 --> 00:01:22.558 Head neck cancer affects so many

NOTE Confidence: 0.83643675

00:01:22.558 --> 00:01:25.260 parts of patients quality of life

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 $00{:}01{:}25.260 \dashrightarrow 00{:}01{:}27.164$ including speech swallowing their

NOTE Confidence: 0.83643675

 $00:01:27.164 \longrightarrow 00:01:29.778$ appearance and we really we really

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 $00:01:29.778 \longrightarrow 00:01:32.314$ need to do a good job of balancing

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 $00:01:32.320 \longrightarrow 00:01:34.800$ function and quality of life.

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 $00{:}01{:}34.800 \dashrightarrow 00{:}01{:}37.012$ With curing the cancer as an E

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 $00{:}01{:}37.012 --> 00{:}01{:}39.139$ NT head neck cancer surgeon,

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 $00:01:39.140 \longrightarrow 00:01:40.950$ I'm often tasked with diagnosing

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 $00:01:40.950 \longrightarrow 00:01:42.398$ patients with their cancer.

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 $00{:}01{:}42.400 \dashrightarrow 00{:}01{:}44.746$ I think it's important that patients

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 $00:01:44.746 \longrightarrow 00:01:47.557$ bring with them some family members when

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 $00{:}01{:}47.557 \dashrightarrow 00{:}01{:}50.780$ they think there's a chance that they might.

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 $00{:}01{:}50.780 \dashrightarrow 00{:}01{:}54.236$ Be having that cancer discussion to help them

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 $00{:}01{:}54.236 \dashrightarrow 00{:}01{:}57.650$ absorb all the information I'm giving them.