

WEBVTT

NOTE duration:"00:58:54"

NOTE recognizability:0.919

NOTE language:en-us

NOTE Confidence: 0.91290372

00:00:00.000 --> 00:00:01.878 Hi everyone. Thank

NOTE Confidence: 0.9553487

00:00:01.880 --> 00:00:05.880 you for attending tonight. We're

NOTE Confidence: 0.948639766666667

00:00:05.880 --> 00:00:08.545 excited to have our palliative

NOTE Confidence: 0.948639766666667

00:00:08.545 --> 00:00:12.780 care team and as part of Smile

NOTE Confidence: 0.948639766666667

00:00:12.780 --> 00:00:15.120 shares with the primary care.

NOTE Confidence: 0.948639766666667

00:00:15.120 --> 00:00:19.184 This is a series that Karen Brown and I

NOTE Confidence: 0.948639766666667

00:00:19.184 --> 00:00:22.488 really have developed and lots of people

NOTE Confidence: 0.948639766666667

00:00:22.488 --> 00:00:27.088 have helped with to really focus on.

NOTE Confidence: 0.948639766666667

00:00:27.090 --> 00:00:29.946 The perspective of of of cancer

NOTE Confidence: 0.948639766666667

00:00:29.946 --> 00:00:31.850 and and palliative care,

NOTE Confidence: 0.948639766666667

00:00:31.850 --> 00:00:35.550 cancer and cancer and palliative

NOTE Confidence: 0.948639766666667

00:00:35.550 --> 00:00:38.343 care services for patients.

NOTE Confidence: 0.948639766666667

00:00:38.343 --> 00:00:40.062 And let's see,

NOTE Confidence: 0.948639766666667

00:00:40.062 --> 00:00:43.290 let's start with the slides please.

NOTE Confidence: 0.93421556

00:00:46.530 --> 00:00:49.690 And just so you folks know,

NOTE Confidence: 0.93421556

00:00:49.690 --> 00:00:51.909 if you ever, if you or other

NOTE Confidence: 0.93421556

00:00:51.909 --> 00:00:53.929 people want to access these

NOTE Confidence: 0.93421556

00:00:53.929 --> 00:00:56.404 afterwards there's a YouTube link.

NOTE Confidence: 0.93421556

00:00:56.410 --> 00:00:58.858 And actually we've been having lots

NOTE Confidence: 0.93421556

00:00:58.858 --> 00:01:01.278 of folks access those earlier or

NOTE Confidence: 0.93421556

00:01:01.278 --> 00:01:03.248 earlier lectures that we've had.

NOTE Confidence: 0.93421556

00:01:03.250 --> 00:01:04.850 So next slide please.

NOTE Confidence: 0.944628991304348

00:01:08.050 --> 00:01:10.813 As many of you may know this is a

NOTE Confidence: 0.944628991304348

00:01:10.813 --> 00:01:13.210 monthly lecture series that focuses

NOTE Confidence: 0.944628991304348

00:01:13.210 --> 00:01:15.218 on primary care perspectives

NOTE Confidence: 0.944628991304348

00:01:15.218 --> 00:01:17.729 and cancer and and hematology.

NOTE Confidence: 0.944628991304348

00:01:17.730 --> 00:01:20.570 We love having our faculty

NOTE Confidence: 0.944628991304348

00:01:20.570 --> 00:01:22.842 panel with featuring featuring

NOTE Confidence: 0.944628991304348

00:01:22.842 --> 00:01:25.159 primary care and our smilo.

NOTE Confidence: 0.944628991304348  
00:01:25.160 --> 00:01:29.479 And other experts and we try for Tuesdays  
NOTE Confidence: 0.944628991304348  
00:01:29.479 --> 00:01:33.064 the first Tuesday of the month, 5 to 6.  
NOTE Confidence: 0.944628991304348  
00:01:33.064 --> 00:01:36.232 Again, you can access these afterwards.  
NOTE Confidence: 0.944628991304348  
00:01:36.240 --> 00:01:37.932 And while there are lots of  
NOTE Confidence: 0.944628991304348  
00:01:37.932 --> 00:01:39.440 different venues that can teach  
NOTE Confidence: 0.944628991304348  
00:01:39.440 --> 00:01:40.720 you about cancer topics,  
NOTE Confidence: 0.944628991304348  
00:01:40.720 --> 00:01:44.290 this is really a case based  
NOTE Confidence: 0.944628991304348  
00:01:44.290 --> 00:01:47.040 discussion that highlights key  
NOTE Confidence: 0.944628991304348  
00:01:47.040 --> 00:01:49.220 key understandings and advances  
NOTE Confidence: 0.944628991304348  
00:01:49.220 --> 00:01:51.920 from the primary care perspective.  
NOTE Confidence: 0.9452853  
00:01:54.270 --> 00:01:57.874 Next slide, we are going to  
NOTE Confidence: 0.9452853  
00:01:57.874 --> 00:01:59.010 do some introductions and then  
NOTE Confidence: 0.9452853  
00:01:59.010 --> 00:02:00.509 we'll jump into our cases.  
NOTE Confidence: 0.9452853  
00:02:00.509 --> 00:02:03.710 We have some great ones today. Next slide,  
NOTE Confidence: 0.840370566  
00:02:06.110 --> 00:02:07.190 I'm going to introduce, oh,  
NOTE Confidence: 0.840370566

00:02:07.190 --> 00:02:08.582 I'm a medical oncologist.  
NOTE Confidence: 0.840370566

00:02:08.582 --> 00:02:10.670 I'm going to introduce Doctor or  
NOTE Confidence: 0.840370566

00:02:10.670 --> 00:02:12.128 Karen Brown is going to introduce  
NOTE Confidence: 0.840370566

00:02:12.128 --> 00:02:13.726 herself and then and then start  
NOTE Confidence: 0.840370566

00:02:13.726 --> 00:02:15.230 out with our introductions. Thanks.  
NOTE Confidence: 0.72853664

00:02:17.180 --> 00:02:18.260 Thank you. Thank you, Ann,  
NOTE Confidence: 0.72853664

00:02:18.260 --> 00:02:21.980 and thank you to everyone joining as well  
NOTE Confidence: 0.72853664

00:02:21.980 --> 00:02:25.568 as to the panelists who have prepared a  
NOTE Confidence: 0.72853664

00:02:25.568 --> 00:02:28.581 really terrific session in primary care.  
NOTE Confidence: 0.72853664

00:02:28.581 --> 00:02:31.383 One of our greatest challenges is  
NOTE Confidence: 0.72853664

00:02:31.383 --> 00:02:34.212 caring for patients with cancer and  
NOTE Confidence: 0.72853664

00:02:34.212 --> 00:02:36.396 the most challenging parts of that are  
NOTE Confidence: 0.72853664

00:02:36.396 --> 00:02:38.580 when they first present and we need  
NOTE Confidence: 0.72853664

00:02:38.580 --> 00:02:41.268 to make a diagnosis and at the end.  
NOTE Confidence: 0.72853664

00:02:41.268 --> 00:02:43.522 In the middle, there's a lot of  
NOTE Confidence: 0.72853664

00:02:43.522 --> 00:02:45.220 heavy oncologic care and they kind

NOTE Confidence: 0.72853664

00:02:45.276 --> 00:02:46.826 of know where they're going.

NOTE Confidence: 0.72853664

00:02:46.830 --> 00:02:50.008 So I'm especially looking forward to

NOTE Confidence: 0.72853664

00:02:50.008 --> 00:02:52.654 learning more today about how we can

NOTE Confidence: 0.72853664

00:02:52.654 --> 00:02:55.098 help them at the the end of their

NOTE Confidence: 0.72853664

00:02:55.098 --> 00:02:57.288 cancer journey or as they get more

NOTE Confidence: 0.72853664

00:02:57.288 --> 00:02:59.268 advanced in their cancer journey.

NOTE Confidence: 0.953671466666667

00:03:01.470 --> 00:03:04.242 I want to introduce my Northeast

NOTE Confidence: 0.953671466666667

00:03:04.242 --> 00:03:06.690 Medical Group colleague, Dr.

NOTE Confidence: 0.953671466666667

00:03:06.690 --> 00:03:08.810 Ola Rosinski.

NOTE Confidence: 0.953671466666667

00:03:08.810 --> 00:03:11.474 She received her undergraduate degree in

NOTE Confidence: 0.953671466666667

00:03:11.474 --> 00:03:13.690 Physiology and Neurobiology at UConn.

NOTE Confidence: 0.953671466666667

00:03:13.690 --> 00:03:16.707 She then went on to medical school

NOTE Confidence: 0.953671466666667

00:03:16.707 --> 00:03:19.970 at Yagolonian did I get it right?

NOTE Confidence: 0.953671466666667

00:03:19.970 --> 00:03:22.250 University Medical College in Poland,

NOTE Confidence: 0.953671466666667

00:03:22.250 --> 00:03:24.272 and she completed her residency and

NOTE Confidence: 0.953671466666667

00:03:24.272 --> 00:03:26.075 internal medicine at Saint Vincent's  
NOTE Confidence: 0.953671466666667

00:03:26.075 --> 00:03:28.065 Medical Center here in Bridgeport.  
NOTE Confidence: 0.953671466666667

00:03:28.070 --> 00:03:30.198 She was in academic medicine and was  
NOTE Confidence: 0.953671466666667

00:03:30.198 --> 00:03:31.987 the assistant and then associate  
NOTE Confidence: 0.953671466666667

00:03:31.987 --> 00:03:33.611 program director for Internal  
NOTE Confidence: 0.953671466666667

00:03:33.611 --> 00:03:36.019 Medicine at Saint Vincent's and she  
NOTE Confidence: 0.953671466666667

00:03:36.019 --> 00:03:37.824 was also the ambulatory Education  
NOTE Confidence: 0.953671466666667

00:03:37.824 --> 00:03:40.202 Coordinator and worked on developing  
NOTE Confidence: 0.953671466666667

00:03:40.202 --> 00:03:42.786 the ambulatory resident curriculum.  
NOTE Confidence: 0.953671466666667

00:03:42.790 --> 00:03:44.782 We were fortunate that she joined  
NOTE Confidence: 0.953671466666667

00:03:44.782 --> 00:03:46.480 Northeast Medical Group in 2019.  
NOTE Confidence: 0.953671466666667

00:03:46.480 --> 00:03:49.440 She sees patients full time in New Haven  
NOTE Confidence: 0.953671466666667

00:03:49.440 --> 00:03:52.549 and also teaches students in her office.  
NOTE Confidence: 0.953671466666667

00:03:52.550 --> 00:03:54.872 She is well regarded by her  
NOTE Confidence: 0.953671466666667

00:03:54.872 --> 00:03:57.240 patients and our medical community.  
NOTE Confidence: 0.953671466666667

00:03:57.240 --> 00:03:58.480 And in her spare time,

NOTE Confidence: 0.953671466666667  
00:03:58.480 --> 00:03:59.820 she likes to bake,  
NOTE Confidence: 0.953671466666667  
00:03:59.820 --> 00:04:02.292 and she's a history buff with an  
NOTE Confidence: 0.953671466666667  
00:04:02.292 --> 00:04:05.036 special interest in the ancient Near East.  
NOTE Confidence: 0.953671466666667  
00:04:05.040 --> 00:04:06.240 I'll pass it along to you.  
NOTE Confidence: 0.953671466666667  
00:04:06.240 --> 00:04:07.640 And for your introductions,  
NOTE Confidence: 0.9201268  
00:04:09.720 --> 00:04:09.820 am  
NOTE Confidence: 0.9201268  
00:04:14.440 --> 00:04:15.040 I on now?  
NOTE Confidence: 0.854956277777778  
00:04:16.400 --> 00:04:17.244 That's helpful,  
NOTE Confidence: 0.854956277777778  
00:04:17.244 --> 00:04:20.198 I'd like to introduce Doctor Morgan Bain.  
NOTE Confidence: 0.854956277777778  
00:04:20.200 --> 00:04:22.588 He's currently the section head for  
NOTE Confidence: 0.854956277777778  
00:04:22.588 --> 00:04:24.636 palliative care at Greenwich Hospital  
NOTE Confidence: 0.854956277777778  
00:04:24.636 --> 00:04:27.359 and former Professor of Medicine at Duke.  
NOTE Confidence: 0.854956277777778  
00:04:27.360 --> 00:04:29.750 He studied undergraduate at Wesleyan  
NOTE Confidence: 0.854956277777778  
00:04:29.750 --> 00:04:33.497 and got his Med school degree at VCU  
NOTE Confidence: 0.854956277777778  
00:04:33.497 --> 00:04:36.719 and trained at Norwalk Hospital in  
NOTE Confidence: 0.854956277777778

00:04:36.719 --> 00:04:39.240 Connecticut in affiliation with Yale,  
NOTE Confidence: 0.8549562777777778

00:04:39.240 --> 00:04:41.832 followed by a Geriatric Medicine fellowship  
NOTE Confidence: 0.8549562777777778

00:04:41.832 --> 00:04:45.320 at the at Mount Sinai in New York City.  
NOTE Confidence: 0.8549562777777778

00:04:45.320 --> 00:04:47.530 He's board certified internal medicine,  
NOTE Confidence: 0.8549562777777778

00:04:47.530 --> 00:04:49.201 Hospice and palliative medicine  
NOTE Confidence: 0.8549562777777778

00:04:49.201 --> 00:04:50.524 and geriatric medicine,  
NOTE Confidence: 0.8549562777777778

00:04:50.524 --> 00:04:53.170 and he has many years experience  
NOTE Confidence: 0.8549562777777778

00:04:53.239 --> 00:04:54.927 of experience caring for  
NOTE Confidence: 0.8549562777777778

00:04:54.927 --> 00:04:57.037 vulnerable adults with lots of.  
NOTE Confidence: 0.8549562777777778

00:04:57.040 --> 00:05:00.118 Complex medical needs.  
NOTE Confidence: 0.8549562777777778

00:05:00.120 --> 00:05:01.880 His passions are patient  
NOTE Confidence: 0.8549562777777778

00:05:01.880 --> 00:05:03.640 care and medical education,  
NOTE Confidence: 0.8549562777777778

00:05:03.640 --> 00:05:05.865 and having taught hundreds of  
NOTE Confidence: 0.8549562777777778

00:05:05.865 --> 00:05:08.720 medical students how staff and and  
NOTE Confidence: 0.8549562777777778

00:05:08.720 --> 00:05:10.916 physicians throughout his career,  
NOTE Confidence: 0.8549562777777778

00:05:10.920 --> 00:05:14.550 next I have doctor Kristen Edwards.



NOTE Confidence: 0.854956277777778  
00:05:14.550 --> 00:05:16.710 She's a a board certified physician,  
NOTE Confidence: 0.854956277777778  
00:05:16.710 --> 00:05:17.682 controlled medicine,  
NOTE Confidence: 0.854956277777778  
00:05:17.682 --> 00:05:19.626 Hospice and palliative medicine.  
NOTE Confidence: 0.854956277777778  
00:05:19.630 --> 00:05:21.570 She's the medical director of  
NOTE Confidence: 0.854956277777778  
00:05:21.570 --> 00:05:23.510 palliative care at Bridgeport Hospital.  
NOTE Confidence: 0.854956277777778  
00:05:23.510 --> 00:05:25.110 She manages all aspects of  
NOTE Confidence: 0.854956277777778  
00:05:25.110 --> 00:05:26.710 the PAL care program there,  
NOTE Confidence: 0.854956277777778  
00:05:26.710 --> 00:05:29.910 including clinical care education management.  
NOTE Confidence: 0.854956277777778  
00:05:29.910 --> 00:05:32.868 She's the site director for the  
NOTE Confidence: 0.854956277777778  
00:05:32.870 --> 00:05:36.230 Yale Geriatrics Hospice and  
NOTE Confidence: 0.854956277777778  
00:05:36.230 --> 00:05:38.750 Palliative Medicine Fellowship.  
NOTE Confidence: 0.854956277777778  
00:05:38.750 --> 00:05:40.374 She's an assistant clinical  
NOTE Confidence: 0.854956277777778  
00:05:40.374 --> 00:05:42.404 professor of medicine at Yale.  
NOTE Confidence: 0.854956277777778  
00:05:42.410 --> 00:05:43.715 And in 2019,  
NOTE Confidence: 0.854956277777778  
00:05:43.715 --> 00:05:46.325 she was actually awarded emerging Leader  
NOTE Confidence: 0.854956277777778

00:05:46.325 --> 00:05:49.330 in Hospice and palliative medicine,  
NOTE Confidence: 0.854956277777778

00:05:49.330 --> 00:05:50.695 a national award given every  
NOTE Confidence: 0.854956277777778

00:05:50.695 --> 00:05:52.668 five years to 40 leaders in the  
NOTE Confidence: 0.854956277777778

00:05:52.668 --> 00:05:53.768 field of palliative care.  
NOTE Confidence: 0.854956277777778

00:05:53.770 --> 00:05:57.090 So fantastic work, Christian.  
NOTE Confidence: 0.854956277777778

00:05:57.090 --> 00:06:00.048 And then finally Doctor Liz Persich.  
NOTE Confidence: 0.854956277777778

00:06:00.050 --> 00:06:02.730 She's a physician specializing in  
NOTE Confidence: 0.854956277777778

00:06:02.730 --> 00:06:05.410 medical oncology and palliative care.  
NOTE Confidence: 0.854956277777778

00:06:05.410 --> 00:06:07.094 She received her medical  
NOTE Confidence: 0.854956277777778

00:06:07.094 --> 00:06:08.778 degree from George Washington.  
NOTE Confidence: 0.854956277777778

00:06:08.780 --> 00:06:11.840 University School of Medicine and did  
NOTE Confidence: 0.854956277777778

00:06:11.840 --> 00:06:14.660 her residency and fellowship at Brown.  
NOTE Confidence: 0.854956277777778

00:06:14.660 --> 00:06:17.324 She is certified.  
NOTE Confidence: 0.854956277777778

00:06:17.324 --> 00:06:19.420 Also in sorry,  
NOTE Confidence: 0.854956277777778

00:06:19.420 --> 00:06:21.660 she had a fellowship also at Brown  
NOTE Confidence: 0.854956277777778

00:06:21.660 --> 00:06:24.300 focusing on end of life and palliative care.

NOTE Confidence: 0.854956277777778

00:06:24.300 --> 00:06:28.110 So she's double fellowship, Medoc and.

NOTE Confidence: 0.854956277777778

00:06:28.110 --> 00:06:28.850 Palliative care.

NOTE Confidence: 0.854956277777778

00:06:28.850 --> 00:06:31.070 She's an assistant professor at Yale.

NOTE Confidence: 0.854956277777778

00:06:31.070 --> 00:06:33.170 She's the director of adult

NOTE Confidence: 0.854956277777778

00:06:33.170 --> 00:06:35.270 inpatient palliative care at Yale

NOTE Confidence: 0.854956277777778

00:06:35.348 --> 00:06:37.499 New Haven Hospital and firm chief

NOTE Confidence: 0.854956277777778

00:06:37.499 --> 00:06:39.317 for for the medical oncology unit

NOTE Confidence: 0.854956277777778

00:06:39.317 --> 00:06:40.990 at Smile Cancer Hospital.

NOTE Confidence: 0.854956277777778

00:06:40.990 --> 00:06:43.732 And she's dedicated to serving patients

NOTE Confidence: 0.854956277777778

00:06:43.732 --> 00:06:46.475 with serious life or life limiting

NOTE Confidence: 0.854956277777778

00:06:46.475 --> 00:06:48.750 illness with complex medical needs.

NOTE Confidence: 0.854956277777778

00:06:48.750 --> 00:06:50.370 Difficult to control symptoms

NOTE Confidence: 0.854956277777778

00:06:50.370 --> 00:06:51.990 and supporting their caregivers.

NOTE Confidence: 0.854956277777778

00:06:51.990 --> 00:06:54.244 This is a just a terrific team

NOTE Confidence: 0.854956277777778

00:06:54.244 --> 00:06:56.456 of folks I've had the pleasure

NOTE Confidence: 0.854956277777778

00:06:56.456 --> 00:06:58.761 of working with and so really,  
NOTE Confidence: 0.854956277777778

00:06:58.761 --> 00:07:01.023 really excited about the panel tonight.  
NOTE Confidence: 0.854956277777778

00:07:01.030 --> 00:07:03.627 I'm going to turn it over to  
NOTE Confidence: 0.854956277777778

00:07:03.630 --> 00:07:06.228 Doctor Rosinski to to start off.  
NOTE Confidence: 0.9553487

00:07:12.270 --> 00:07:13.510 Good evening everyone.  
NOTE Confidence: 0.9553487

00:07:13.510 --> 00:07:17.480 So let's get started case one.  
NOTE Confidence: 0.9553487

00:07:17.480 --> 00:07:20.720 Is an 82 year old female comes to the office  
NOTE Confidence: 0.9553487

00:07:20.794 --> 00:07:23.618 for an urgent visit regarding a lump in  
NOTE Confidence: 0.9553487

00:07:23.618 --> 00:07:26.758 her left breast that she noted yesterday.  
NOTE Confidence: 0.9553487

00:07:26.760 --> 00:07:28.640 Her last screening mammogram  
NOTE Confidence: 0.9553487

00:07:28.640 --> 00:07:30.520 was 15 years ago.  
NOTE Confidence: 0.9553487

00:07:30.520 --> 00:07:32.160 She doesn't have any pain,  
NOTE Confidence: 0.9553487

00:07:32.160 --> 00:07:33.960 although it does feel tender  
NOTE Confidence: 0.9553487

00:07:33.960 --> 00:07:35.760 when she presses on it.  
NOTE Confidence: 0.9553487

00:07:35.760 --> 00:07:39.036 She has no redness, skin changes,  
NOTE Confidence: 0.9553487

00:07:39.040 --> 00:07:41.990 \*\*\*\*\* discharge or weight loss.

NOTE Confidence: 0.9553487

00:07:41.990 --> 00:07:44.246 The exam is notable for a

NOTE Confidence: 0.9553487

00:07:44.246 --> 00:07:46.470 mass in the left breast,

NOTE Confidence: 0.9553487

00:07:46.470 --> 00:07:48.816 2 by 4 centimeters in the

NOTE Confidence: 0.9553487

00:07:48.816 --> 00:07:49.989 11:00 o'clock position,

NOTE Confidence: 0.9553487

00:07:49.990 --> 00:07:51.750 10 centimeters from the \*\*\*\*\*.

NOTE Confidence: 0.9553487

00:07:51.750 --> 00:07:52.998 The mass is firm,

NOTE Confidence: 0.9553487

00:07:52.998 --> 00:07:55.390 with no tenderness of the mass itself,

NOTE Confidence: 0.9553487

00:07:55.390 --> 00:07:57.515 but there is tenderness of

NOTE Confidence: 0.9553487

00:07:57.515 --> 00:07:58.790 the surrounding tissue.

NOTE Confidence: 0.9553487

00:07:58.790 --> 00:08:02.094 There is left axillary

NOTE Confidence: 0.9553487

00:08:02.094 --> 00:08:03.746 lymphadenopathy present.

NOTE Confidence: 0.9553487

00:08:03.750 --> 00:08:05.655 Diagnostic mammogram and

NOTE Confidence: 0.9553487

00:08:05.655 --> 00:08:07.560 ultrasound were ordered.

NOTE Confidence: 0.9553487

00:08:07.560 --> 00:08:09.891 The patient herself is very afraid that

NOTE Confidence: 0.9553487

00:08:09.891 --> 00:08:12.320 this is cancer and that she will die.

NOTE Confidence: 0.9553487

00:08:12.320 --> 00:08:14.078 She says that she's not ready.  
NOTE Confidence: 0.9368991333333333

00:08:17.680 --> 00:08:21.336 So you order the mammogram and there is  
NOTE Confidence: 0.9368991333333333

00:08:21.336 --> 00:08:24.494 a 3.2 centimeter irregular mass with an  
NOTE Confidence: 0.9368991333333333

00:08:24.494 --> 00:08:27.179 indistinct margin and the left breast  
NOTE Confidence: 0.9368991333333333

00:08:27.179 --> 00:08:29.633 at the 12:00 o'clock middle depth.  
NOTE Confidence: 0.9368991333333333

00:08:29.640 --> 00:08:34.284 And the biopsy shows invasive ductal  
NOTE Confidence: 0.9368991333333333

00:08:34.284 --> 00:08:36.606 carcinoma poorly differentiated.  
NOTE Confidence: 0.9368991333333333

00:08:36.610 --> 00:08:39.235 The patient would like to  
NOTE Confidence: 0.9368991333333333

00:08:39.235 --> 00:08:40.810 pursue curative treatment.  
NOTE Confidence: 0.9368991333333333

00:08:40.810 --> 00:08:43.738 So how would you structure your  
NOTE Confidence: 0.9368991333333333

00:08:43.738 --> 00:08:45.690 conversation with this patient  
NOTE Confidence: 0.9368991333333333

00:08:45.690 --> 00:08:48.030 and would you even mention  
NOTE Confidence: 0.9368991333333333

00:08:48.030 --> 00:08:50.370 palliative care at this point?  
NOTE Confidence: 0.944566485714286

00:08:56.910 --> 00:08:59.227 And to help us answer those questions,  
NOTE Confidence: 0.944566485714286

00:08:59.230 --> 00:09:01.645 I'd like to turn over to my  
NOTE Confidence: 0.944566485714286

00:09:01.645 --> 00:09:02.870 colleague, Doctor Edwards.

NOTE Confidence: 0.8141212

00:09:03.910 --> 00:09:07.622 Thank you. So couple things I think let me,

NOTE Confidence: 0.8141212

00:09:07.622 --> 00:09:08.366 can everybody hear me,

NOTE Confidence: 0.8141212

00:09:08.370 --> 00:09:10.314 okay, on this patient.

NOTE Confidence: 0.8141212

00:09:10.314 --> 00:09:12.305 You know really we're still trying to

NOTE Confidence: 0.8141212

00:09:12.305 --> 00:09:14.367 find out what is her prognosis at this point.

NOTE Confidence: 0.8141212

00:09:14.370 --> 00:09:17.100 I'm sure she's overwhelmed with

NOTE Confidence: 0.8141212

00:09:17.100 --> 00:09:18.870 emotions and really just trying to

NOTE Confidence: 0.8141212

00:09:18.870 --> 00:09:20.330 figure out what next steps are.

NOTE Confidence: 0.8141212

00:09:20.330 --> 00:09:22.298 So I think the conversation would

NOTE Confidence: 0.8141212

00:09:22.298 --> 00:09:24.990 really be a lot of listening and and

NOTE Confidence: 0.8141212

00:09:24.990 --> 00:09:27.478 I we're going to get to some of those

NOTE Confidence: 0.8141212

00:09:27.478 --> 00:09:30.004 communication pearls in my second slide,

NOTE Confidence: 0.8141212

00:09:30.010 --> 00:09:31.284 I'm going to tackle the first question,

NOTE Confidence: 0.8141212

00:09:31.290 --> 00:09:32.290 the second question first then,

NOTE Confidence: 0.8141212

00:09:32.290 --> 00:09:34.985 which is what I mentioned palliative care.

NOTE Confidence: 0.8141212

00:09:34.990 --> 00:09:37.300 I probably wouldn't mention palliative care

NOTE Confidence: 0.8141212

00:09:37.300 --> 00:09:39.630 in this particular interaction because again,

NOTE Confidence: 0.8141212

00:09:39.630 --> 00:09:41.254 it's very early and still trying to

NOTE Confidence: 0.8141212

00:09:41.254 --> 00:09:42.907 figure out what exactly is going on.

NOTE Confidence: 0.8141212

00:09:42.910 --> 00:09:44.422 And part of that is because of what

NOTE Confidence: 0.8141212

00:09:44.422 --> 00:09:45.670 the definition of palliative care is.

NOTE Confidence: 0.8141212

00:09:45.670 --> 00:09:48.856 So if you can, go to the next slide.

NOTE Confidence: 0.8141212

00:09:48.860 --> 00:09:50.337 So there are a couple of models

NOTE Confidence: 0.8141212

00:09:50.337 --> 00:09:51.645 out there for palliative care

NOTE Confidence: 0.8141212

00:09:51.645 --> 00:09:53.215 that are helpful to understand.

NOTE Confidence: 0.8141212

00:09:53.220 --> 00:09:54.860 Palliative care used to be

NOTE Confidence: 0.8141212

00:09:54.860 --> 00:09:56.500 thought of as very sequential.

NOTE Confidence: 0.8141212

00:09:56.500 --> 00:09:58.420 So the Top Model is what's

NOTE Confidence: 0.8141212

00:09:58.420 --> 00:09:59.700 called an integrated model,

NOTE Confidence: 0.8141212

00:09:59.700 --> 00:10:01.662 which was the new and improved

NOTE Confidence: 0.8141212

00:10:01.662 --> 00:10:03.383 way of thinking of palliative



NOTE Confidence: 0.8141212

00:10:03.383 --> 00:10:05.777 care about 10 to 15 years ago.

NOTE Confidence: 0.8141212

00:10:05.780 --> 00:10:07.341 Before that we thought of it really

NOTE Confidence: 0.8141212

00:10:07.341 --> 00:10:09.135 as all of these therapies to prolong

NOTE Confidence: 0.8141212

00:10:09.135 --> 00:10:11.095 life then almost a flip the switch

NOTE Confidence: 0.8141212

00:10:11.095 --> 00:10:13.209 and then there was Hospice which was

NOTE Confidence: 0.8141212

00:10:13.209 --> 00:10:14.864 approximately the last six months

NOTE Confidence: 0.8141212

00:10:14.864 --> 00:10:16.256 and bereavement care afterwards.

NOTE Confidence: 0.8141212

00:10:16.260 --> 00:10:18.180 And that was when the Hospice

NOTE Confidence: 0.8141212

00:10:18.180 --> 00:10:20.100 benefit was introduced in the 1970s.

NOTE Confidence: 0.8141212

00:10:20.100 --> 00:10:21.856 The integrated model recognizes

NOTE Confidence: 0.8141212

00:10:21.856 --> 00:10:23.612 that palliative care includes

NOTE Confidence: 0.8141212

00:10:23.612 --> 00:10:25.580 the end of life portion,

NOTE Confidence: 0.8141212

00:10:25.580 --> 00:10:27.694 but also includes all of these therapies

NOTE Confidence: 0.8141212

00:10:27.694 --> 00:10:29.973 that are geared at relieving suffering or

NOTE Confidence: 0.8141212

00:10:29.973 --> 00:10:32.220 improving quality of life along the way.

NOTE Confidence: 0.8141212

00:10:32.220 --> 00:10:33.991 Palliative care is the other part of  
NOTE Confidence: 0.8141212

00:10:33.991 --> 00:10:35.681 it's really important to understand is  
NOTE Confidence: 0.8141212

00:10:35.681 --> 00:10:37.146 that there's primary palliative care  
NOTE Confidence: 0.8141212

00:10:37.146 --> 00:10:38.740 and specialty level palliative care.  
NOTE Confidence: 0.8141212

00:10:38.740 --> 00:10:41.386 And so everyone who's on this call  
NOTE Confidence: 0.8141212

00:10:41.386 --> 00:10:44.338 already does some primary palliative care.  
NOTE Confidence: 0.8141212

00:10:44.340 --> 00:10:46.111 That is the the basic how do  
NOTE Confidence: 0.8141212

00:10:46.111 --> 00:10:47.220 you deliver bad news,  
NOTE Confidence: 0.8141212

00:10:47.220 --> 00:10:49.537 how do you have a serious conversation,  
NOTE Confidence: 0.8141212

00:10:49.540 --> 00:10:51.538 how, what symptoms are you controlling?  
NOTE Confidence: 0.8141212

00:10:51.540 --> 00:10:53.402 And so whether or not you referred  
NOTE Confidence: 0.8141212

00:10:53.402 --> 00:10:55.156 this patient to specialty level  
NOTE Confidence: 0.8141212

00:10:55.156 --> 00:10:56.500 palliative care initially,  
NOTE Confidence: 0.8141212

00:10:56.500 --> 00:10:57.977 I'm not sure that I would introduce  
NOTE Confidence: 0.8141212

00:10:57.977 --> 00:10:59.760 it in this particular conversation.  
NOTE Confidence: 0.8141212

00:10:59.760 --> 00:11:01.797 If it came up, I certainly would,

NOTE Confidence: 0.8141212

00:11:01.800 --> 00:11:03.656 but and I would have that explanation that

NOTE Confidence: 0.8141212

00:11:03.656 --> 00:11:05.318 palliative care is an extra layer of support,

NOTE Confidence: 0.8141212

00:11:05.320 --> 00:11:06.495 but I wouldn't necessarily introduce

NOTE Confidence: 0.8141212

00:11:06.495 --> 00:11:08.158 it as the first thing on my mind.

NOTE Confidence: 0.8141212

00:11:08.160 --> 00:11:10.296 The second model that I think is important

NOTE Confidence: 0.8141212

00:11:10.296 --> 00:11:11.840 to understand is this other model,

NOTE Confidence: 0.8141212

00:11:11.840 --> 00:11:13.898 which is the bow tie model.

NOTE Confidence: 0.8141212

00:11:13.900 --> 00:11:15.717 This one came out in about 2014

NOTE Confidence: 0.8141212

00:11:15.717 --> 00:11:17.796 and it's one of my favorite models

NOTE Confidence: 0.8141212

00:11:17.796 --> 00:11:19.616 because it shows it's the same

NOTE Confidence: 0.8141212

00:11:19.616 --> 00:11:21.900 diagram but it shows how they overlap.

NOTE Confidence: 0.8141212

00:11:21.900 --> 00:11:23.426 And whether you look at it from

NOTE Confidence: 0.8141212

00:11:23.426 --> 00:11:24.800 a disease manager perspective or

NOTE Confidence: 0.8141212

00:11:24.800 --> 00:11:26.136 a palliative care perspective,

NOTE Confidence: 0.8141212

00:11:26.140 --> 00:11:27.730 you see that palliative care is

NOTE Confidence: 0.8141212

00:11:27.730 --> 00:11:29.260 much more than just Hospice.  
NOTE Confidence: 0.8141212

00:11:29.260 --> 00:11:31.472 So in fact palliative care can be  
NOTE Confidence: 0.8141212

00:11:31.472 --> 00:11:33.673 done even when patients are expected  
NOTE Confidence: 0.8141212

00:11:33.673 --> 00:11:34.858 to get better.  
NOTE Confidence: 0.8141212

00:11:34.860 --> 00:11:36.828 This this talk is obviously focused  
NOTE Confidence: 0.8141212

00:11:36.828 --> 00:11:38.140 about patients with oncology,  
NOTE Confidence: 0.94151147125

00:11:38.140 --> 00:11:39.740 but we do palliative care in all settings.  
NOTE Confidence: 0.94151147125

00:11:39.740 --> 00:11:42.372 So we do palliative care for other disease  
NOTE Confidence: 0.94151147125

00:11:42.372 --> 00:11:44.020 serious illnesses and even include.  
NOTE Confidence: 0.94151147125

00:11:44.020 --> 00:11:45.934 Trauma, burn, etcetera, in which patients  
NOTE Confidence: 0.94151147125

00:11:45.934 --> 00:11:47.779 are definitely expected to get better.  
NOTE Confidence: 0.94151147125

00:11:47.780 --> 00:11:50.656 So it's someone who has a serious  
NOTE Confidence: 0.94151147125

00:11:50.656 --> 00:11:53.436 illness but not necessarily terminal  
NOTE Confidence: 0.94151147125

00:11:53.436 --> 00:11:56.554 illness and needs additional symptom  
NOTE Confidence: 0.94151147125

00:11:56.554 --> 00:11:59.524 management communication and goals of  
NOTE Confidence: 0.94151147125

00:11:59.524 --> 00:12:02.212 care decision making along that process.

NOTE Confidence: 0.94151147125  
00:12:02.220 --> 00:12:04.468 Can we go to that, my next slide,  
NOTE Confidence: 0.94151147125  
00:12:04.468 --> 00:12:07.540 oh, oh, sorry, let me go back,  
NOTE Confidence: 0.94151147125  
00:12:07.540 --> 00:12:09.297 let me go back to that one.  
NOTE Confidence: 0.94151147125  
00:12:09.300 --> 00:12:12.247 The the communication phrases I'm going to.  
NOTE Confidence: 0.94151147125  
00:12:12.250 --> 00:12:13.839 I think what I would focus on  
NOTE Confidence: 0.94151147125  
00:12:13.839 --> 00:12:15.050 for this particular patient would  
NOTE Confidence: 0.94151147125  
00:12:15.050 --> 00:12:16.709 be setting the stage for her to  
NOTE Confidence: 0.94151147125  
00:12:16.709 --> 00:12:18.250 focus on specifically next steps.  
NOTE Confidence: 0.94151147125  
00:12:18.250 --> 00:12:22.292 So one would be addressing the emotions  
NOTE Confidence: 0.94151147125  
00:12:22.292 --> 00:12:24.385 and empathy and then helping her focus  
NOTE Confidence: 0.94151147125  
00:12:24.385 --> 00:12:26.825 on truly what are the next steps that she  
NOTE Confidence: 0.94151147125  
00:12:26.825 --> 00:12:28.809 wants to know about and how would she  
NOTE Confidence: 0.94151147125  
00:12:28.810 --> 00:12:31.204 focus specifically on just the next steps.  
NOTE Confidence: 0.94151147125  
00:12:31.210 --> 00:12:32.071 For the moment,  
NOTE Confidence: 0.94151147125  
00:12:32.071 --> 00:12:34.080 I think my communication pros will come  
NOTE Confidence: 0.94151147125

00:12:34.132 --> 00:12:36.004 in after the next part of this case.  
NOTE Confidence: 0.94151147125

00:12:36.010 --> 00:12:37.487 So I'll I'll talk about that then.  
NOTE Confidence: 0.941691228571429

00:12:40.700 --> 00:12:43.017 So we're going to continue the case.  
NOTE Confidence: 0.941691228571429

00:12:43.020 --> 00:12:45.188 The patient afterwards underwent  
NOTE Confidence: 0.941691228571429

00:12:45.188 --> 00:12:47.898 lumpectomy with lymph node dissection.  
NOTE Confidence: 0.941691228571429

00:12:47.900 --> 00:12:51.267 She had 12 or 14 Sentinel nodes  
NOTE Confidence: 0.941691228571429

00:12:51.267 --> 00:12:53.500 positive for metastatic disease.  
NOTE Confidence: 0.941691228571429

00:12:53.500 --> 00:12:55.528 About four months later,  
NOTE Confidence: 0.941691228571429

00:12:55.528 --> 00:12:58.570 the patient really begins to decline.  
NOTE Confidence: 0.941691228571429

00:12:58.570 --> 00:13:00.970 The work up at that time included a  
NOTE Confidence: 0.941691228571429

00:13:00.970 --> 00:13:03.644 pet CT that showed avid mediastinal  
NOTE Confidence: 0.941691228571429

00:13:03.644 --> 00:13:06.144 bilateral hilar and left internal  
NOTE Confidence: 0.941691228571429

00:13:06.144 --> 00:13:08.683 mammary lymph nodes that were  
NOTE Confidence: 0.941691228571429

00:13:08.683 --> 00:13:10.647 highly suspicious for metastasis,  
NOTE Confidence: 0.941691228571429

00:13:10.650 --> 00:13:13.608 avid multifocal liver and osseous metastasis,  
NOTE Confidence: 0.941691228571429

00:13:13.610 --> 00:13:15.596 lytic metastasis involving

NOTE Confidence: 0.941691228571429  
00:13:15.596 --> 00:13:18.244 the right occipital condyle.  
NOTE Confidence: 0.941691228571429  
00:13:18.250 --> 00:13:19.768 Her daughters at this point are  
NOTE Confidence: 0.941691228571429  
00:13:19.768 --> 00:13:21.490 with her in the appointment,  
NOTE Confidence: 0.941691228571429  
00:13:21.490 --> 00:13:24.087 and I've heard that even with Mets,  
NOTE Confidence: 0.941691228571429  
00:13:24.090 --> 00:13:27.040 some patients can be cured.  
NOTE Confidence: 0.941691228571429  
00:13:27.040 --> 00:13:30.040 Her declining functional status is noted.  
NOTE Confidence: 0.941691228571429  
00:13:30.040 --> 00:13:33.200 She has by this point been spending more  
NOTE Confidence: 0.941691228571429  
00:13:33.200 --> 00:13:36.520 than half her time in bed during the day.  
NOTE Confidence: 0.941691228571429  
00:13:36.520 --> 00:13:38.907 So the question that we have is  
NOTE Confidence: 0.941691228571429  
00:13:38.907 --> 00:13:41.880 how do you transition her goals of  
NOTE Confidence: 0.941691228571429  
00:13:41.880 --> 00:13:45.114 her goals of care at this juncture?  
NOTE Confidence: 0.941691228571429  
00:13:45.120 --> 00:13:46.604 And I think Doctor Edwards is going  
NOTE Confidence: 0.941691228571429  
00:13:46.604 --> 00:13:48.558 to talk a little bit more about that.  
NOTE Confidence: 0.9251585  
00:13:49.580 --> 00:13:50.760 So if we could go to, yeah, so,  
NOTE Confidence: 0.9251585  
00:13:50.760 --> 00:13:52.760 so this is the slide that I'll walk  
NOTE Confidence: 0.9251585

00:13:52.824 --> 00:13:54.534 through some of the communication  
NOTE Confidence: 0.9251585

00:13:54.534 --> 00:13:56.400 tools and some of these would have  
NOTE Confidence: 0.9251585

00:13:56.400 --> 00:13:57.902 been appropriate even in the first  
NOTE Confidence: 0.9251585

00:13:57.902 --> 00:13:59.778 conversation that I had with this patient.  
NOTE Confidence: 0.9251585

00:13:59.780 --> 00:14:02.870 So that's really important to recognize.  
NOTE Confidence: 0.9251585

00:14:02.870 --> 00:14:04.862 You may have seen some of  
NOTE Confidence: 0.9251585

00:14:04.862 --> 00:14:06.190 these tools already there.  
NOTE Confidence: 0.9251585

00:14:06.190 --> 00:14:07.558 While we do think of them  
NOTE Confidence: 0.9251585

00:14:07.558 --> 00:14:08.470 as palliative care tools,  
NOTE Confidence: 0.9251585

00:14:08.470 --> 00:14:09.825 they're really just communication tools  
NOTE Confidence: 0.9251585

00:14:09.825 --> 00:14:12.017 and some of them you will have seen  
NOTE Confidence: 0.9251585

00:14:12.017 --> 00:14:13.583 in other forms that do communication.  
NOTE Confidence: 0.9251585

00:14:13.590 --> 00:14:15.390 So whether it's leadership  
NOTE Confidence: 0.9251585

00:14:15.390 --> 00:14:17.668 training or education or patient  
NOTE Confidence: 0.9251585

00:14:17.668 --> 00:14:19.102 standard relation communication,  
NOTE Confidence: 0.9251585

00:14:19.102 --> 00:14:21.492 you may have seen similar



NOTE Confidence: 0.9251585

00:14:21.492 --> 00:14:22.950 phrases that are used.

NOTE Confidence: 0.9251585

00:14:22.950 --> 00:14:24.230 So I'm going to go through each one of these.

NOTE Confidence: 0.9251585

00:14:24.230 --> 00:14:28.505 Some of these are what the I wish statements,

NOTE Confidence: 0.9251585

00:14:28.510 --> 00:14:31.318 I'm sorry the the slide I think got.

NOTE Confidence: 0.9251585

00:14:31.320 --> 00:14:32.328 Change. So the first one is

NOTE Confidence: 0.9251585

00:14:32.328 --> 00:14:33.259 actually supposed to read, ask,

NOTE Confidence: 0.9251585

00:14:33.259 --> 00:14:34.813 tell, ask and then the second

NOTE Confidence: 0.9251585

00:14:34.813 --> 00:14:36.559 one is I wish statement.

NOTE Confidence: 0.9251585

00:14:36.560 --> 00:14:37.304 So bear with me.

NOTE Confidence: 0.9251585

00:14:37.304 --> 00:14:38.919 It's not important for the slide but it does,

NOTE Confidence: 0.9251585

00:14:38.920 --> 00:14:40.558 it does matter in terms of the the terms.

NOTE Confidence: 0.9251585

00:14:40.560 --> 00:14:41.148 So ask, tell,

NOTE Confidence: 0.9251585

00:14:41.148 --> 00:14:42.520 ask is a way we think of

NOTE Confidence: 0.9251585

00:14:42.579 --> 00:14:44.079 structuring the conversation.

NOTE Confidence: 0.9251585

00:14:44.080 --> 00:14:45.816 So actually if you go back to

NOTE Confidence: 0.9251585

00:14:45.816 --> 00:14:47.110 that first conversation with the  
NOTE Confidence: 0.9251585

00:14:47.110 --> 00:14:49.040 patient what you when you ask,  
NOTE Confidence: 0.9251585

00:14:49.040 --> 00:14:50.792 you ask what they know and  
NOTE Confidence: 0.9251585

00:14:50.792 --> 00:14:52.360 what they want to know.  
NOTE Confidence: 0.9251585

00:14:52.360 --> 00:14:53.950 You wait for their answers and  
NOTE Confidence: 0.9251585

00:14:53.950 --> 00:14:55.895 then what based on what they say  
NOTE Confidence: 0.9251585

00:14:55.895 --> 00:14:57.551 then you tell them what they've  
NOTE Confidence: 0.9251585

00:14:57.551 --> 00:14:59.177 asked and what the clinical update  
NOTE Confidence: 0.9251585

00:14:59.177 --> 00:15:00.808 is and then you ask again.  
NOTE Confidence: 0.9251585

00:15:00.808 --> 00:15:03.432 What have they heard so that you make  
NOTE Confidence: 0.9251585

00:15:03.432 --> 00:15:05.976 sure that you have explained it well?  
NOTE Confidence: 0.9251585

00:15:05.980 --> 00:15:08.104 What questions do they have and  
NOTE Confidence: 0.9251585

00:15:08.104 --> 00:15:10.538 what else do they want to know?  
NOTE Confidence: 0.9251585

00:15:10.540 --> 00:15:12.572 And the reason to do it in this  
NOTE Confidence: 0.9251585

00:15:12.572 --> 00:15:14.849 structure is it really helps pace the  
NOTE Confidence: 0.9251585

00:15:14.849 --> 00:15:17.020 conversation for what somebody can absorb,

NOTE Confidence: 0.9251585

00:15:17.020 --> 00:15:18.748 especially when they're overwhelmed

NOTE Confidence: 0.9251585

00:15:18.748 --> 00:15:21.340 with emotion in a first encounter.

NOTE Confidence: 0.9251585

00:15:21.340 --> 00:15:23.083 So if you think about that very

NOTE Confidence: 0.9251585

00:15:23.083 --> 00:15:24.460 first encounter when you met her,

NOTE Confidence: 0.9251585

00:15:24.460 --> 00:15:26.780 to help her focus on those next steps,

NOTE Confidence: 0.9251585

00:15:26.780 --> 00:15:27.740 I would have used an ask,

NOTE Confidence: 0.9251585

00:15:27.740 --> 00:15:28.200 tell,

NOTE Confidence: 0.9251585

00:15:28.200 --> 00:15:30.500 ask strategy to get through

NOTE Confidence: 0.9251585

00:15:30.500 --> 00:15:31.420 that conversation.

NOTE Confidence: 0.9251585

00:15:31.420 --> 00:15:34.300 The other comments tell me more is a

NOTE Confidence: 0.9251585

00:15:34.300 --> 00:15:36.760 good one to use when you're not sure

NOTE Confidence: 0.9251585

00:15:36.760 --> 00:15:38.580 what someone is saying or what you're

NOTE Confidence: 0.9251585

00:15:38.636 --> 00:15:40.196 there said something but you want

NOTE Confidence: 0.9251585

00:15:40.196 --> 00:15:42.160 to explore a little bit more what's

NOTE Confidence: 0.9251585

00:15:42.160 --> 00:15:43.894 behind the statement or the question.

NOTE Confidence: 0.9251585

00:15:43.900 --> 00:15:46.620 So simply tell me more  
NOTE Confidence: 0.9251585

00:15:46.620 --> 00:15:48.258 and then the the next one.  
NOTE Confidence: 0.9251585

00:15:48.260 --> 00:15:50.584 That should be an I wish statement  
NOTE Confidence: 0.9251585

00:15:50.584 --> 00:15:52.939 or an I worry those two things  
NOTE Confidence: 0.9251585

00:15:52.939 --> 00:15:55.642 I wish and then I worry we use  
NOTE Confidence: 0.9251585

00:15:55.642 --> 00:15:58.468 I wish statements there to say.  
NOTE Confidence: 0.9251585

00:15:58.470 --> 00:15:59.892 When someone is expressing something that  
NOTE Confidence: 0.9251585

00:15:59.892 --> 00:16:01.789 you don't think is realistically possible.  
NOTE Confidence: 0.9251585

00:16:01.790 --> 00:16:04.126 So an example would be I wish that  
NOTE Confidence: 0.9251585

00:16:04.126 --> 00:16:06.693 we were going to be able to cure  
NOTE Confidence: 0.9251585

00:16:06.693 --> 00:16:08.950 this cancer with more chemotherapy,  
NOTE Confidence: 0.9251585

00:16:08.950 --> 00:16:12.214 and I'm worried that that may not be  
NOTE Confidence: 0.9251585

00:16:12.214 --> 00:16:14.949 possible given your functional status.  
NOTE Confidence: 0.9251585

00:16:14.950 --> 00:16:16.868 The When you combine them that way,  
NOTE Confidence: 0.9251585

00:16:16.870 --> 00:16:17.918 it does two things.  
NOTE Confidence: 0.9251585

00:16:17.918 --> 00:16:18.704 One is it,

NOTE Confidence: 0.9251585

00:16:18.710 --> 00:16:21.958 it reinforces the reality of what's there.

NOTE Confidence: 0.9251585

00:16:21.960 --> 00:16:23.878 It also with the I wish it

NOTE Confidence: 0.9251585

00:16:23.878 --> 00:16:24.700 aligns you with

NOTE Confidence: 0.936060629166667

00:16:24.775 --> 00:16:27.864 that person. And so it's really is empathy

NOTE Confidence: 0.936060629166667

00:16:27.864 --> 00:16:29.400 building and relationship building.

NOTE Confidence: 0.936060629166667

00:16:29.400 --> 00:16:31.514 The I worry part of it allows

NOTE Confidence: 0.936060629166667

00:16:31.514 --> 00:16:33.474 you to introduce some of the

NOTE Confidence: 0.936060629166667

00:16:33.474 --> 00:16:35.114 concerns that might come up.

NOTE Confidence: 0.936060629166667

00:16:35.120 --> 00:16:36.902 It'll like again allows you to

NOTE Confidence: 0.936060629166667

00:16:36.902 --> 00:16:38.469 empathize and to align yourself

NOTE Confidence: 0.936060629166667

00:16:38.469 --> 00:16:40.667 with that person and it allows you

NOTE Confidence: 0.936060629166667

00:16:40.667 --> 00:16:42.539 to introduce a little bit of the

NOTE Confidence: 0.936060629166667

00:16:42.539 --> 00:16:44.291 humanity of you as the clinician

NOTE Confidence: 0.936060629166667

00:16:44.291 --> 00:16:47.717 interacting with that patient as well.

NOTE Confidence: 0.936060629166667

00:16:47.720 --> 00:16:49.352 The next one here is we're

NOTE Confidence: 0.936060629166667

00:16:49.352 --> 00:16:50.440 in a different place.  
NOTE Confidence: 0.936060629166667

00:16:50.440 --> 00:16:52.120 This comes from vital top training.  
NOTE Confidence: 0.936060629166667

00:16:52.120 --> 00:16:54.800 I know Liz will certainly recognize that one,  
NOTE Confidence: 0.936060629166667

00:16:54.800 --> 00:16:55.600 and that's.  
NOTE Confidence: 0.936060629166667

00:16:55.600 --> 00:16:57.400 But this patient in particular,  
NOTE Confidence: 0.936060629166667

00:16:57.400 --> 00:16:59.758 she may have wanted curative intent.  
NOTE Confidence: 0.936060629166667

00:16:59.760 --> 00:17:01.224 You may have had suspicions that that might  
NOTE Confidence: 0.936060629166667

00:17:01.224 --> 00:17:02.759 not have been possible in the first time,  
NOTE Confidence: 0.936060629166667

00:17:02.760 --> 00:17:04.800 but it wasn't entirely clear.  
NOTE Confidence: 0.936060629166667

00:17:04.800 --> 00:17:05.856 But then to say,  
NOTE Confidence: 0.936060629166667

00:17:05.856 --> 00:17:07.176 I know we started chemotherapy  
NOTE Confidence: 0.936060629166667

00:17:07.176 --> 00:17:09.080 or I know we wanted chemotherapy,  
NOTE Confidence: 0.936060629166667

00:17:09.080 --> 00:17:10.895 we're in a different place  
NOTE Confidence: 0.936060629166667

00:17:10.895 --> 00:17:13.080 now than when we first met.  
NOTE Confidence: 0.936060629166667

00:17:13.080 --> 00:17:14.508 Let's talk about how we can  
NOTE Confidence: 0.936060629166667

00:17:14.508 --> 00:17:15.760 still meet your goals here.

NOTE Confidence: 0.936060629166667  
00:17:15.760 --> 00:17:17.727 It's a way to signpost that we're  
NOTE Confidence: 0.936060629166667  
00:17:17.727 --> 00:17:19.713 going to be transitioning to a  
NOTE Confidence: 0.936060629166667  
00:17:19.713 --> 00:17:21.873 different plan than we had before  
NOTE Confidence: 0.936060629166667  
00:17:21.880 --> 00:17:23.360 in terms of exploring goals.  
NOTE Confidence: 0.936060629166667  
00:17:23.360 --> 00:17:24.560 So when you do signpost,  
NOTE Confidence: 0.936060629166667  
00:17:24.560 --> 00:17:26.000 then we're we can transition.  
NOTE Confidence: 0.936060629166667  
00:17:26.000 --> 00:17:27.320 So what are you hoping for?  
NOTE Confidence: 0.936060629166667  
00:17:27.320 --> 00:17:29.120 Now that you've gone through some of that?  
NOTE Confidence: 0.936060629166667  
00:17:29.120 --> 00:17:30.660 Here's where we are.  
NOTE Confidence: 0.936060629166667  
00:17:30.660 --> 00:17:32.200 This is what's realistic.  
NOTE Confidence: 0.936060629166667  
00:17:32.200 --> 00:17:33.793 I like to ask what are you hoping for?  
NOTE Confidence: 0.936060629166667  
00:17:33.800 --> 00:17:35.220 It gives an understanding of  
NOTE Confidence: 0.936060629166667  
00:17:35.220 --> 00:17:36.356 what their values are.  
NOTE Confidence: 0.936060629166667  
00:17:36.360 --> 00:17:37.948 If time were short,  
NOTE Confidence: 0.936060629166667  
00:17:37.948 --> 00:17:42.090 I use were in this case because sometimes.  
NOTE Confidence: 0.936060629166667

00:17:42.090 --> 00:17:42.416 Well,  
NOTE Confidence: 0.936060629166667

00:17:42.416 --> 00:17:44.046 actually almost always planning for  
NOTE Confidence: 0.936060629166667

00:17:44.046 --> 00:17:45.990 the future and putting some distance  
NOTE Confidence: 0.936060629166667

00:17:45.990 --> 00:17:48.027 between you and the future is actually  
NOTE Confidence: 0.936060629166667

00:17:48.027 --> 00:17:49.845 much easier for patients to to do.  
NOTE Confidence: 0.936060629166667

00:17:49.850 --> 00:17:52.610 So if if you were to get sicker,  
NOTE Confidence: 0.936060629166667

00:17:52.610 --> 00:17:54.610 can we talk about what you would want?  
NOTE Confidence: 0.936060629166667

00:17:54.610 --> 00:17:56.134 It's often psychologically easier  
NOTE Confidence: 0.936060629166667

00:17:56.134 --> 00:17:58.805 to discuss than if you do get  
NOTE Confidence: 0.936060629166667

00:17:58.805 --> 00:18:00.689 sicker or when you get sicker.  
NOTE Confidence: 0.936060629166667

00:18:00.690 --> 00:18:03.130 So that's a little bit of a a nuance there.  
NOTE Confidence: 0.936060629166667

00:18:03.130 --> 00:18:04.824 And then the comment of what else  
NOTE Confidence: 0.936060629166667

00:18:04.824 --> 00:18:06.602 are you hoping for can be useful  
NOTE Confidence: 0.936060629166667

00:18:06.602 --> 00:18:08.090 in terms of when somebody says,  
NOTE Confidence: 0.936060629166667

00:18:08.090 --> 00:18:09.776 well, I'm hoping to get better.  
NOTE Confidence: 0.936060629166667

00:18:09.780 --> 00:18:12.377 Well, I I'm hoping for that too.



NOTE Confidence: 0.936060629166667  
00:18:12.380 --> 00:18:15.019 And I'm worried if that doesn't happen,  
NOTE Confidence: 0.936060629166667  
00:18:15.020 --> 00:18:16.352 is there something else that you're  
NOTE Confidence: 0.936060629166667  
00:18:16.352 --> 00:18:17.778 hoping for that we can aim for?  
NOTE Confidence: 0.936060629166667  
00:18:17.780 --> 00:18:18.065 Again,  
NOTE Confidence: 0.936060629166667  
00:18:18.065 --> 00:18:19.775 it just softly redirects them to  
NOTE Confidence: 0.936060629166667  
00:18:19.775 --> 00:18:21.780 something that might be able to be achieved,  
NOTE Confidence: 0.936060629166667  
00:18:21.780 --> 00:18:23.200 rather than perhaps something  
NOTE Confidence: 0.936060629166667  
00:18:23.200 --> 00:18:24.975 that's not realistic for them.  
NOTE Confidence: 0.936060629166667  
00:18:24.980 --> 00:18:26.317 One of the other key things that  
NOTE Confidence: 0.936060629166667  
00:18:26.317 --> 00:18:27.720 we use is silence, obviously,  
NOTE Confidence: 0.936060629166667  
00:18:27.720 --> 00:18:30.660 to allow people to express their emotions,  
NOTE Confidence: 0.936060629166667  
00:18:30.660 --> 00:18:31.911 gather their thoughts.  
NOTE Confidence: 0.936060629166667  
00:18:31.911 --> 00:18:35.820 Most people on the giving end of information,  
NOTE Confidence: 0.936060629166667  
00:18:35.820 --> 00:18:37.280 so clinicians feel much more  
NOTE Confidence: 0.936060629166667  
00:18:37.280 --> 00:18:38.740 uncomfortable with the silence than  
NOTE Confidence: 0.936060629166667

00:18:38.795 --> 00:18:40.259 the person on the receiving end.  
NOTE Confidence: 0.936060629166667

00:18:40.260 --> 00:18:42.178 They're just trying to get their heads  
NOTE Confidence: 0.936060629166667

00:18:42.180 --> 00:18:44.340 around whatever news has been delivered.  
NOTE Confidence: 0.936060629166667

00:18:44.340 --> 00:18:45.620 And so if you wait,  
NOTE Confidence: 0.936060629166667

00:18:45.620 --> 00:18:46.940 they will usually offer what  
NOTE Confidence: 0.936060629166667

00:18:46.940 --> 00:18:48.260 they need to say next.  
NOTE Confidence: 0.936060629166667

00:18:48.260 --> 00:18:49.139 And then finally,  
NOTE Confidence: 0.936060629166667

00:18:49.139 --> 00:18:50.897 if it goes on and on,  
NOTE Confidence: 0.936060629166667

00:18:50.900 --> 00:18:52.454 you can certainly ask can you  
NOTE Confidence: 0.936060629166667

00:18:52.454 --> 00:18:54.020 tell me what you're thinking?  
NOTE Confidence: 0.936060629166667

00:18:54.020 --> 00:18:55.798 And that will prompt them to to  
NOTE Confidence: 0.936060629166667

00:18:55.798 --> 00:18:57.190 discuss what's on their mind.  
NOTE Confidence: 0.954891272727273

00:18:57.190 --> 00:19:00.158 Lastly, there is a pneumonic to help  
NOTE Confidence: 0.954891272727273

00:19:00.158 --> 00:19:02.270 reinforce those empathic statements.  
NOTE Confidence: 0.954891272727273

00:19:02.270 --> 00:19:03.050 So nurse emotions,  
NOTE Confidence: 0.954891272727273

00:19:03.050 --> 00:19:05.463 which is stands for you, name the emotion.

NOTE Confidence: 0.954891272727273  
00:19:05.463 --> 00:19:08.060 It it sounds like you're very frustrated  
NOTE Confidence: 0.954891272727273  
00:19:08.131 --> 00:19:10.308 or it sounds like you're very sad.  
NOTE Confidence: 0.954891272727273  
00:19:10.310 --> 00:19:11.948 Understand. Can you tell me a little  
NOTE Confidence: 0.954891272727273  
00:19:11.948 --> 00:19:13.390 bit more about what's helping?  
NOTE Confidence: 0.954891272727273  
00:19:13.390 --> 00:19:15.588 What's making you feel sad right now?  
NOTE Confidence: 0.954891272727273  
00:19:15.590 --> 00:19:16.362 I respect.  
NOTE Confidence: 0.954891272727273  
00:19:16.362 --> 00:19:19.064 So respect is we respect the journey,  
NOTE Confidence: 0.954891272727273  
00:19:19.070 --> 00:19:20.183 respect that personhood.  
NOTE Confidence: 0.954891272727273  
00:19:20.183 --> 00:19:22.409 I can understand how you might  
NOTE Confidence: 0.954891272727273  
00:19:22.409 --> 00:19:24.387 feel sad in the circumstances.  
NOTE Confidence: 0.954891272727273  
00:19:24.390 --> 00:19:26.796 I would certainly feel sad too.  
NOTE Confidence: 0.954891272727273  
00:19:26.800 --> 00:19:29.230 The support piece is really important  
NOTE Confidence: 0.954891272727273  
00:19:29.230 --> 00:19:31.597 for aligning yourself with that person  
NOTE Confidence: 0.954891272727273  
00:19:31.597 --> 00:19:33.637 for the duration of their care.  
NOTE Confidence: 0.954891272727273  
00:19:33.640 --> 00:19:35.872 I am going to be here and walk you  
NOTE Confidence: 0.954891272727273

00:19:35.872 --> 00:19:37.658 through every step and then lastly  
NOTE Confidence: 0.954891272727273

00:19:37.658 --> 00:19:39.776 is explore what else is making you  
NOTE Confidence: 0.954891272727273

00:19:39.776 --> 00:19:41.799 sad or what would support you so.  
NOTE Confidence: 0.954891272727273

00:19:41.800 --> 00:19:44.264 So that's just a little snippet of how  
NOTE Confidence: 0.954891272727273

00:19:44.264 --> 00:19:46.519 to address emotions in an encounter.  
NOTE Confidence: 0.954891272727273

00:19:46.520 --> 00:19:46.767 Lastly,  
NOTE Confidence: 0.954891272727273

00:19:46.767 --> 00:19:48.496 I just wanted to leave some tools  
NOTE Confidence: 0.954891272727273

00:19:48.496 --> 00:19:50.197 that we have within our system.  
NOTE Confidence: 0.954891272727273

00:19:50.200 --> 00:19:52.188 So within Epic itself there are two  
NOTE Confidence: 0.954891272727273

00:19:52.188 --> 00:19:54.388 places where you can find some advanced  
NOTE Confidence: 0.954891272727273

00:19:54.388 --> 00:19:55.998 care planning pathway tools that  
NOTE Confidence: 0.954891272727273

00:19:55.998 --> 00:19:58.080 can help guide these conversations.  
NOTE Confidence: 0.954891272727273

00:19:58.080 --> 00:20:00.880 So one is the advanced care planning pathway,  
NOTE Confidence: 0.954891272727273

00:20:00.880 --> 00:20:02.380 unfortunately it is only for inpatient  
NOTE Confidence: 0.954891272727273

00:20:02.380 --> 00:20:03.828 right now, but it does exist.  
NOTE Confidence: 0.954891272727273

00:20:03.828 --> 00:20:05.587 And then the other is advanced care

NOTE Confidence: 0.954891272727273

00:20:05.587 --> 00:20:07.273 planning tools where there is a

NOTE Confidence: 0.954891272727273

00:20:07.273 --> 00:20:08.800 serious illness guide conversation,

NOTE Confidence: 0.954891272727273

00:20:08.800 --> 00:20:11.012 it is literally you can you can

NOTE Confidence: 0.954891272727273

00:20:11.012 --> 00:20:15.308 print it out and while that sounds.

NOTE Confidence: 0.954891272727273

00:20:15.310 --> 00:20:17.188 Scripted if you say, you know,

NOTE Confidence: 0.954891272727273

00:20:17.190 --> 00:20:18.961 I'm just going to keep these questions

NOTE Confidence: 0.954891272727273

00:20:18.961 --> 00:20:20.960 here because I want to make sure I

NOTE Confidence: 0.954891272727273

00:20:20.960 --> 00:20:22.350 cover the important things for you

NOTE Confidence: 0.954891272727273

00:20:22.350 --> 00:20:24.037 many times that is actually very well

NOTE Confidence: 0.954891272727273

00:20:24.037 --> 00:20:25.350 received by patients and families.

NOTE Confidence: 0.954891272727273

00:20:25.350 --> 00:20:26.766 And then lastly if you additional

NOTE Confidence: 0.954891272727273

00:20:26.766 --> 00:20:28.870 training on how to have some of these

NOTE Confidence: 0.954891272727273

00:20:28.870 --> 00:20:30.255 conversations would be through catsy

NOTE Confidence: 0.954891272727273

00:20:30.255 --> 00:20:32.192 vital talk and then the serious illness

NOTE Confidence: 0.954891272727273

00:20:32.192 --> 00:20:34.062 conversation which is the last one there.

NOTE Confidence: 0.954891272727273

00:20:34.062 --> 00:20:35.646 So I think for this individual  
NOTE Confidence: 0.954891272727273

00:20:35.646 --> 00:20:36.829 going back to the case,  
NOTE Confidence: 0.954891272727273

00:20:36.830 --> 00:20:38.990 can we flip back one more slide backwards?  
NOTE Confidence: 0.937509036363636

00:20:41.180 --> 00:20:42.908 So the how would I transition her from  
NOTE Confidence: 0.937509036363636

00:20:42.908 --> 00:20:44.864 goals of care, from cure to treatment  
NOTE Confidence: 0.937509036363636

00:20:44.864 --> 00:20:46.419 would really be that conversation.  
NOTE Confidence: 0.937509036363636

00:20:46.420 --> 00:20:47.352 What's important to you?  
NOTE Confidence: 0.937509036363636

00:20:47.352 --> 00:20:48.750 I do see your your functional  
NOTE Confidence: 0.937509036363636

00:20:48.798 --> 00:20:49.620 status is declined.  
NOTE Confidence: 0.937509036363636

00:20:49.620 --> 00:20:51.476 I'm worried that we're not going to be  
NOTE Confidence: 0.937509036363636

00:20:51.476 --> 00:20:53.978 able to get more chemotherapy at this time.  
NOTE Confidence: 0.937509036363636

00:20:53.978 --> 00:20:55.814 What would be important to you?  
NOTE Confidence: 0.937509036363636

00:20:55.820 --> 00:20:56.620 And then I would go, I'm  
NOTE Confidence: 0.931867433333333

00:20:59.020 --> 00:20:59.980 going to pass on to that.  
NOTE Confidence: 0.59980077

00:21:03.460 --> 00:21:07.746 Okay, so now we're on Case 2.  
NOTE Confidence: 0.59980077

00:21:07.750 --> 00:21:10.942 So case two is a 47 year old female with

NOTE Confidence: 0.59980077

00:21:10.942 --> 00:21:14.269 a gist tumor metastatic to the liver,

NOTE Confidence: 0.59980077

00:21:14.270 --> 00:21:16.034 treated with SUTININIB,

NOTE Confidence: 0.59980077

00:21:16.034 --> 00:21:18.386 seeks advice for fatigue,

NOTE Confidence: 0.59980077

00:21:18.390 --> 00:21:20.466 abdominal pain, sores in the mouth,

NOTE Confidence: 0.59980077

00:21:20.470 --> 00:21:22.081 nausea and insomnia.

NOTE Confidence: 0.59980077

00:21:22.081 --> 00:21:25.303 Her dose was actually recently increased

NOTE Confidence: 0.59980077

00:21:25.303 --> 00:21:29.064 and she does not think this is going well.

NOTE Confidence: 0.59980077

00:21:29.070 --> 00:21:31.070 Her gist tumor was first

NOTE Confidence: 0.59980077

00:21:31.070 --> 00:21:32.670 diagnosed five years ago.

NOTE Confidence: 0.59980077

00:21:32.670 --> 00:21:34.985 At that time she underwent

NOTE Confidence: 0.59980077

00:21:34.985 --> 00:21:36.374 surgery with splenectomy.

NOTE Confidence: 0.59980077

00:21:36.380 --> 00:21:39.092 Initially she was treated with imatinib

NOTE Confidence: 0.59980077

00:21:39.092 --> 00:21:41.420 and then transitioned to sunitinib

NOTE Confidence: 0.59980077

00:21:41.420 --> 00:21:44.020 50 milligrams due to recurrence.

NOTE Confidence: 0.881184153571429

00:21:46.580 --> 00:21:49.709 She's having the abdominal pain every day

NOTE Confidence: 0.881184153571429

00:21:49.709 --> 00:21:53.420 and she wants to avoid opiate medications.

NOTE Confidence: 0.881184153571429

00:21:53.420 --> 00:21:55.092 She has nausea daily.

NOTE Confidence: 0.881184153571429

00:21:55.092 --> 00:21:57.182 She has trouble eating and

NOTE Confidence: 0.881184153571429

00:21:57.182 --> 00:21:59.458 has lost about £10 so far.

NOTE Confidence: 0.881184153571429

00:21:59.460 --> 00:22:01.980 She has a sore in her mouth which

NOTE Confidence: 0.881184153571429

00:22:01.980 --> 00:22:04.251 is bothering her greatly and also

NOTE Confidence: 0.881184153571429

00:22:04.251 --> 00:22:05.823 prevents her from eating.

NOTE Confidence: 0.881184153571429

00:22:05.830 --> 00:22:08.838 Overall, she's feeling stressed,

NOTE Confidence: 0.881184153571429

00:22:08.838 --> 00:22:11.990 tired, and she can't sleep.

NOTE Confidence: 0.881184153571429

00:22:11.990 --> 00:22:13.754 So the questions are,

NOTE Confidence: 0.881184153571429

00:22:13.754 --> 00:22:15.959 how can palliative care help

NOTE Confidence: 0.881184153571429

00:22:15.959 --> 00:22:18.150 us manage her symptoms?

NOTE Confidence: 0.881184153571429

00:22:18.150 --> 00:22:20.158 How does prognosis factor

NOTE Confidence: 0.881184153571429

00:22:20.158 --> 00:22:21.664 into this discussion?

NOTE Confidence: 0.881184153571429

00:22:21.670 --> 00:22:23.394 Remember, she does have

NOTE Confidence: 0.881184153571429

00:22:23.394 --> 00:22:25.549 metastatic disease to the liver.



NOTE Confidence: 0.881184153571429  
00:22:25.550 --> 00:22:28.460 And what is the role of  
NOTE Confidence: 0.881184153571429  
00:22:28.460 --> 00:22:30.052 primary care here now?  
NOTE Confidence: 0.881184153571429  
00:22:30.052 --> 00:22:32.229 She's been stable for a long time,  
NOTE Confidence: 0.881184153571429  
00:22:32.230 --> 00:22:35.150 even with the metastatic disease.  
NOTE Confidence: 0.881184153571429  
00:22:35.150 --> 00:22:39.470 So I'd like to go to my colleague and  
NOTE Confidence: 0.911394589047619  
00:22:42.710 --> 00:22:43.798 thank you Doctor Brzezinski.  
NOTE Confidence: 0.911394589047619  
00:22:43.798 --> 00:22:45.430 Actually you can go back the  
NOTE Confidence: 0.911394589047619  
00:22:45.486 --> 00:22:47.094 previous slide and we can tackle  
NOTE Confidence: 0.911394589047619  
00:22:47.094 --> 00:22:48.550 some of these questions though.  
NOTE Confidence: 0.911394589047619  
00:22:48.550 --> 00:22:50.648 So this is an example of a patient who is is  
NOTE Confidence: 0.911394589047619  
00:22:50.648 --> 00:22:52.464 not in the beginning of her cancer journey.  
NOTE Confidence: 0.911394589047619  
00:22:52.470 --> 00:22:54.822 She's been diagnosed and has been undergoing  
NOTE Confidence: 0.911394589047619  
00:22:54.822 --> 00:22:56.947 treatment for many years at this point,  
NOTE Confidence: 0.911394589047619  
00:22:56.950 --> 00:23:00.678 but is experiencing a lot of side effects  
NOTE Confidence: 0.911394589047619  
00:23:00.678 --> 00:23:04.608 and disease related issues at this point and.  
NOTE Confidence: 0.911394589047619

00:23:04.610 --> 00:23:06.822 This is a typical patient we would  
NOTE Confidence: 0.911394589047619

00:23:06.822 --> 00:23:09.046 kind of see in the outpatient  
NOTE Confidence: 0.911394589047619

00:23:09.046 --> 00:23:10.658 pitive care arena before coming  
NOTE Confidence: 0.911394589047619

00:23:10.658 --> 00:23:12.086 to you on the Haven health system.  
NOTE Confidence: 0.911394589047619

00:23:12.090 --> 00:23:14.834 I was at Duke as the medical director  
NOTE Confidence: 0.911394589047619

00:23:14.834 --> 00:23:16.858 outpatient pitive care and so many  
NOTE Confidence: 0.911394589047619

00:23:16.858 --> 00:23:19.063 patients in the Duke Cancer Center that  
NOTE Confidence: 0.911394589047619

00:23:19.063 --> 00:23:20.528 were actively going through treatment.  
NOTE Confidence: 0.911394589047619

00:23:20.530 --> 00:23:22.889 We weren't at end of life scenario.  
NOTE Confidence: 0.911394589047619

00:23:22.890 --> 00:23:25.230 This was trying to help them live as best  
NOTE Confidence: 0.911394589047619

00:23:25.230 --> 00:23:27.615 as possible and so that's the goal of  
NOTE Confidence: 0.911394589047619

00:23:27.615 --> 00:23:30.276 Pitive cares to help improve quality of life.  
NOTE Confidence: 0.911394589047619

00:23:30.280 --> 00:23:31.700 Regardless of where they are  
NOTE Confidence: 0.911394589047619

00:23:31.700 --> 00:23:32.836 in their treatment trajectory.  
NOTE Confidence: 0.911394589047619

00:23:32.840 --> 00:23:35.570 So how can palliative care help  
NOTE Confidence: 0.911394589047619

00:23:35.570 --> 00:23:36.320 manage her symptoms?

NOTE Confidence: 0.911394589047619  
00:23:36.320 --> 00:23:39.281 So we'd like to think that we're experts in  
NOTE Confidence: 0.911394589047619  
00:23:39.281 --> 00:23:41.959 managing symptoms related to serious illness,  
NOTE Confidence: 0.911394589047619  
00:23:41.960 --> 00:23:45.131 in this case cancer we.  
NOTE Confidence: 0.911394589047619  
00:23:45.131 --> 00:23:48.008 Kind of are the ones that assess  
NOTE Confidence: 0.911394589047619  
00:23:48.008 --> 00:23:50.020 them frequently in our visits.  
NOTE Confidence: 0.911394589047619  
00:23:50.020 --> 00:23:52.144 We have some assessment tools like  
NOTE Confidence: 0.911394589047619  
00:23:52.144 --> 00:23:53.940 the Edmonton Symptom Assessment Scale,  
NOTE Confidence: 0.911394589047619  
00:23:53.940 --> 00:23:56.355 which just has 8 to 10 different  
NOTE Confidence: 0.911394589047619  
00:23:56.355 --> 00:23:58.619 questions about do you have fatigue,  
NOTE Confidence: 0.911394589047619  
00:23:58.620 --> 00:24:01.175 do you have pain, are you sleeping,  
NOTE Confidence: 0.911394589047619  
00:24:01.180 --> 00:24:02.980 are you anxious, are you nervous,  
NOTE Confidence: 0.911394589047619  
00:24:02.980 --> 00:24:04.225 are you depressed?  
NOTE Confidence: 0.911394589047619  
00:24:04.225 --> 00:24:04.640 So,  
NOTE Confidence: 0.911394589047619  
00:24:04.640 --> 00:24:07.825 so it's a regular thing that we assess  
NOTE Confidence: 0.911394589047619  
00:24:07.825 --> 00:24:10.495 for when we have patient encounters  
NOTE Confidence: 0.911394589047619

00:24:10.500 --> 00:24:12.372 and not uncommon pain and fatigue  
NOTE Confidence: 0.911394589047619

00:24:12.372 --> 00:24:14.379 are the most common symptoms that  
NOTE Confidence: 0.911394589047619

00:24:14.379 --> 00:24:16.455 we find for patients with cancer.  
NOTE Confidence: 0.911394589047619

00:24:16.460 --> 00:24:19.736 So we deal with it quite frequently.  
NOTE Confidence: 0.911394589047619

00:24:19.740 --> 00:24:22.288 So one is just assessing how severe  
NOTE Confidence: 0.911394589047619

00:24:22.288 --> 00:24:23.380 are the symptoms.  
NOTE Confidence: 0.911394589047619

00:24:23.380 --> 00:24:26.260 Is it just mild and a mild nuisance to  
NOTE Confidence: 0.911394589047619

00:24:26.260 --> 00:24:29.132 her or is this something that really  
NOTE Confidence: 0.911394589047619

00:24:29.132 --> 00:24:31.503 is moderate to severe and so it's  
NOTE Confidence: 0.911394589047619

00:24:31.503 --> 00:24:33.380 just trying to figure out where they're at.  
NOTE Confidence: 0.911394589047619

00:24:33.380 --> 00:24:35.462 And those are through basic questions  
NOTE Confidence: 0.911394589047619

00:24:35.462 --> 00:24:37.339 that we're all taught through  
NOTE Confidence: 0.911394589047619

00:24:37.339 --> 00:24:38.993 our medical training, so.  
NOTE Confidence: 0.911394589047619

00:24:38.993 --> 00:24:41.604 When we are taking care of patients,  
NOTE Confidence: 0.911394589047619

00:24:41.610 --> 00:24:43.410 we will frequently see them.  
NOTE Confidence: 0.911394589047619

00:24:43.410 --> 00:24:45.642 It may be every week depending upon the

NOTE Confidence: 0.911394589047619  
00:24:45.642 --> 00:24:47.767 severity and if we're titrating medicine,  
NOTE Confidence: 0.911394589047619  
00:24:47.770 --> 00:24:50.206 sometimes it's every couple of weeks,  
NOTE Confidence: 0.911394589047619  
00:24:50.210 --> 00:24:52.275 but for more stable people is usually  
NOTE Confidence: 0.911394589047619  
00:24:52.275 --> 00:24:54.001 once every month they would come  
NOTE Confidence: 0.911394589047619  
00:24:54.001 --> 00:24:55.835 and visit us and we would assess  
NOTE Confidence: 0.911394589047619  
00:24:55.892 --> 00:24:56.930 change medications,  
NOTE Confidence: 0.911394589047619  
00:24:56.930 --> 00:25:00.336 change treatments and then go from there, so.  
NOTE Confidence: 0.911394589047619  
00:25:00.336 --> 00:25:02.566 So we certainly could help  
NOTE Confidence: 0.911394589047619  
00:25:02.566 --> 00:25:04.850 this patient manage her pain.  
NOTE Confidence: 0.911394589047619  
00:25:04.850 --> 00:25:06.794 She has a preference for not  
NOTE Confidence: 0.911394589047619  
00:25:06.794 --> 00:25:07.766 using opioid medication.  
NOTE Confidence: 0.911394589047619  
00:25:07.770 --> 00:25:09.570 I often say that when we're  
NOTE Confidence: 0.911394589047619  
00:25:09.570 --> 00:25:10.170 managing symptoms,  
NOTE Confidence: 0.911394589047619  
00:25:10.170 --> 00:25:12.345 it's best to use non  
NOTE Confidence: 0.911394589047619  
00:25:12.345 --> 00:25:13.650 pharmacologic therapies first.  
NOTE Confidence: 0.911394589047619

00:25:13.650 --> 00:25:16.818 So that might include psychological support

NOTE Confidence: 0.911394589047619

00:25:16.818 --> 00:25:18.930 through cognitive behavioral therapy.

NOTE Confidence: 0.911394589047619

00:25:18.930 --> 00:25:22.236 It might include sort of alternative

NOTE Confidence: 0.911394589047619

00:25:22.236 --> 00:25:23.889 therapies like acupuncture,

NOTE Confidence: 0.911394589047619

00:25:23.890 --> 00:25:26.250 meditation, things of that nature.

NOTE Confidence: 0.911394589047619

00:25:26.250 --> 00:25:28.905 Certainly we could use pharmacological

NOTE Confidence: 0.911394589047619

00:25:28.905 --> 00:25:30.556 medications that don't use

NOTE Confidence: 0.911394589047619

00:25:30.556 --> 00:25:31.728 opioids right up front.

NOTE Confidence: 0.911394589047619

00:25:31.730 --> 00:25:34.425 Sometimes we can use adjuvant

NOTE Confidence: 0.911394589047619

00:25:34.425 --> 00:25:37.750 medicine such as gabapentin or other.

NOTE Confidence: 0.911394589047619

00:25:37.750 --> 00:25:39.070 You know, nonopen medications.

NOTE Confidence: 0.911394589047619

00:25:39.070 --> 00:25:41.050 But when it does get moderate

NOTE Confidence: 0.911394589047619

00:25:41.112 --> 00:25:42.996 and severe and it's not being

NOTE Confidence: 0.911394589047619

00:25:42.996 --> 00:25:44.252 controlled with the current

NOTE Confidence: 0.921272421428571

00:25:44.309 --> 00:25:46.194 regimen, then sometimes quite frequently

NOTE Confidence: 0.921272421428571

00:25:46.194 --> 00:25:48.800 we have to escalate into the stronger

NOTE Confidence: 0.921272421428571  
00:25:48.800 --> 00:25:51.068 pain medicines and that it's really  
NOTE Confidence: 0.921272421428571  
00:25:51.070 --> 00:25:52.988 weighing the benefits and burdens of it.  
NOTE Confidence: 0.921272421428571  
00:25:52.990 --> 00:25:55.013 But hopefully our role is to help  
NOTE Confidence: 0.921272421428571  
00:25:55.013 --> 00:25:56.543 support the patient through that  
NOTE Confidence: 0.921272421428571  
00:25:56.543 --> 00:25:58.343 process so that they are aware,  
NOTE Confidence: 0.921272421428571  
00:25:58.350 --> 00:25:59.790 they know what they're getting into,  
NOTE Confidence: 0.921272421428571  
00:25:59.790 --> 00:26:03.030 where they're to monitor them closely.  
NOTE Confidence: 0.921272421428571  
00:26:03.030 --> 00:26:06.630 Nausea is certainly another chemo related  
NOTE Confidence: 0.921272421428571  
00:26:06.630 --> 00:26:10.230 immune related disease side effect.  
NOTE Confidence: 0.921272421428571  
00:26:10.230 --> 00:26:12.890 And so one other thing I'd like to say is  
NOTE Confidence: 0.921272421428571  
00:26:12.963 --> 00:26:16.024 that sometimes we like to pull things out  
NOTE Confidence: 0.921272421428571  
00:26:16.024 --> 00:26:19.370 of our sleeves like with fatigue certainly.  
NOTE Confidence: 0.921272421428571  
00:26:19.370 --> 00:26:21.770 Most commonly, we recommend exercise.  
NOTE Confidence: 0.921272421428571  
00:26:21.770 --> 00:26:23.574 Sometimes we're talking about  
NOTE Confidence: 0.921272421428571  
00:26:23.574 --> 00:26:24.927 energy conservation techniques,  
NOTE Confidence: 0.921272421428571

00:26:24.930 --> 00:26:27.016 but sometimes we pull out medicines that  
NOTE Confidence: 0.921272421428571

00:26:27.016 --> 00:26:29.249 most others don't think about or don't use,  
NOTE Confidence: 0.921272421428571

00:26:29.250 --> 00:26:30.672 such as methylphenidate.  
NOTE Confidence: 0.921272421428571

00:26:30.672 --> 00:26:32.568 Sometimes for severe cases,  
NOTE Confidence: 0.921272421428571

00:26:32.570 --> 00:26:35.244 we'll use those kind of medications and  
NOTE Confidence: 0.921272421428571

00:26:35.244 --> 00:26:37.544 it's not something that many providers  
NOTE Confidence: 0.921272421428571

00:26:37.544 --> 00:26:40.609 will know how the expertise and how to use.  
NOTE Confidence: 0.921272421428571

00:26:40.610 --> 00:26:42.250 Moving to the second question,  
NOTE Confidence: 0.921272421428571

00:26:42.250 --> 00:26:44.540 how does prognosis factor into  
NOTE Confidence: 0.921272421428571

00:26:44.540 --> 00:26:45.456 the discussion?  
NOTE Confidence: 0.921272421428571

00:26:45.460 --> 00:26:48.566 It's a very good question as hopefully we  
NOTE Confidence: 0.921272421428571

00:26:48.566 --> 00:26:51.098 follow these people through their journey,  
NOTE Confidence: 0.921272421428571

00:26:51.100 --> 00:26:53.980 we will get a sense of what they're  
NOTE Confidence: 0.921272421428571

00:26:53.980 --> 00:26:54.980 likely prognosis is.  
NOTE Confidence: 0.921272421428571

00:26:54.980 --> 00:26:57.030 Certainly there are therapies that  
NOTE Confidence: 0.921272421428571

00:26:57.030 --> 00:26:59.476 we wouldn't recommend if it was



NOTE Confidence: 0.921272421428571  
00:26:59.476 --> 00:27:01.456 a long prognosis of many years.  
NOTE Confidence: 0.921272421428571  
00:27:01.460 --> 00:27:03.060 Certainly steroids we use for  
NOTE Confidence: 0.921272421428571  
00:27:03.060 --> 00:27:04.660 pain management as an adjuvant,  
NOTE Confidence: 0.921272421428571  
00:27:04.660 --> 00:27:07.028 but we don't want to put people on  
NOTE Confidence: 0.921272421428571  
00:27:07.028 --> 00:27:09.324 steroids for several months to years  
NOTE Confidence: 0.921272421428571  
00:27:09.324 --> 00:27:11.880 knowing the side effects of that.  
NOTE Confidence: 0.921272421428571  
00:27:11.880 --> 00:27:14.262 There's certain things that we wouldn't  
NOTE Confidence: 0.921272421428571  
00:27:14.262 --> 00:27:16.280 recommend if prognosis is short,  
NOTE Confidence: 0.921272421428571  
00:27:16.280 --> 00:27:18.480 things like total parental nutrition  
NOTE Confidence: 0.921272421428571  
00:27:18.480 --> 00:27:20.680 for help with nutritional support.  
NOTE Confidence: 0.921272421428571  
00:27:20.680 --> 00:27:22.560 If the prognosis is less than three months,  
NOTE Confidence: 0.921272421428571  
00:27:22.560 --> 00:27:23.928 the literature would generally  
NOTE Confidence: 0.921272421428571  
00:27:23.928 --> 00:27:24.954 not support that.  
NOTE Confidence: 0.921272421428571  
00:27:24.960 --> 00:27:27.599 So it definitely plays a factor into  
NOTE Confidence: 0.921272421428571  
00:27:27.599 --> 00:27:30.885 what is going to provide the most benefit  
NOTE Confidence: 0.921272421428571

00:27:30.885 --> 00:27:34.319 and minimize the burdens in those situations.

NOTE Confidence: 0.921272421428571

00:27:34.320 --> 00:27:36.476 So and we we get that through

NOTE Confidence: 0.921272421428571

00:27:36.476 --> 00:27:37.400 following the patient,

NOTE Confidence: 0.921272421428571

00:27:37.400 --> 00:27:39.710 we also get it through frequent

NOTE Confidence: 0.921272421428571

00:27:39.710 --> 00:27:41.250 conversations with the oncologists.

NOTE Confidence: 0.921272421428571

00:27:41.250 --> 00:27:43.540 The goal is to work side by side with them

NOTE Confidence: 0.921272421428571

00:27:43.604 --> 00:27:45.730 and that's how my experience has been.

NOTE Confidence: 0.921272421428571

00:27:45.730 --> 00:27:47.978 And so it's a dialogue back and forth as

NOTE Confidence: 0.921272421428571

00:27:47.978 --> 00:27:50.128 to how are they doing on their regimen,

NOTE Confidence: 0.921272421428571

00:27:50.130 --> 00:27:51.288 are they progressing,

NOTE Confidence: 0.921272421428571

00:27:51.288 --> 00:27:52.446 are they improving,

NOTE Confidence: 0.921272421428571

00:27:52.450 --> 00:27:53.594 are they changing treatments?

NOTE Confidence: 0.921272421428571

00:27:53.594 --> 00:27:55.770 What does that mean for the patient?

NOTE Confidence: 0.921272421428571

00:27:55.770 --> 00:27:58.672 So it's a close collaboration to get

NOTE Confidence: 0.921272421428571

00:27:58.672 --> 00:28:00.289 a sense of what that prognosis is.

NOTE Confidence: 0.921272421428571

00:28:00.290 --> 00:28:02.475 Certainly prognosis can be talked

NOTE Confidence: 0.921272421428571  
00:28:02.475 --> 00:28:05.170 about at length in another venue,  
NOTE Confidence: 0.921272421428571  
00:28:05.170 --> 00:28:06.970 but it's important for patients  
NOTE Confidence: 0.921272421428571  
00:28:06.970 --> 00:28:09.586 to know that sometimes for life  
NOTE Confidence: 0.921272421428571  
00:28:09.586 --> 00:28:11.330 planning and other things.  
NOTE Confidence: 0.921272421428571  
00:28:11.330 --> 00:28:12.690 Moving to the last question,  
NOTE Confidence: 0.921272421428571  
00:28:12.690 --> 00:28:14.586 what is the role of primary  
NOTE Confidence: 0.921272421428571  
00:28:14.586 --> 00:28:16.650 care in the care team here?  
NOTE Confidence: 0.921272421428571  
00:28:16.650 --> 00:28:17.220 As mentioned,  
NOTE Confidence: 0.921272421428571  
00:28:17.220 --> 00:28:18.645 I'm trained in geriatric medicine,  
NOTE Confidence: 0.921272421428571  
00:28:18.650 --> 00:28:20.198 Hospice and palliative medicine.  
NOTE Confidence: 0.921272421428571  
00:28:20.198 --> 00:28:22.133 And in those two disciplines  
NOTE Confidence: 0.921272421428571  
00:28:22.133 --> 00:28:23.926 it's very much a team sport.  
NOTE Confidence: 0.921272421428571  
00:28:23.930 --> 00:28:26.729 I know that I can't provide the care myself.  
NOTE Confidence: 0.921272421428571  
00:28:26.730 --> 00:28:28.078 It takes, you know,  
NOTE Confidence: 0.921272421428571  
00:28:28.078 --> 00:28:30.146 our social workers, our therapists,  
NOTE Confidence: 0.921272421428571

00:28:30.146 --> 00:28:32.600 our nurses, our other volunteers.  
NOTE Confidence: 0.921272421428571

00:28:32.600 --> 00:28:36.080 And so primary care is a very important  
NOTE Confidence: 0.921272421428571

00:28:36.164 --> 00:28:38.609 part of that team collaboration.  
NOTE Confidence: 0.921272421428571

00:28:38.610 --> 00:28:40.248 It also depends on the scenario.  
NOTE Confidence: 0.921272421428571

00:28:40.250 --> 00:28:41.828 I I've seen patients where they  
NOTE Confidence: 0.921272421428571

00:28:41.828 --> 00:28:43.823 just started with a new primary care  
NOTE Confidence: 0.921272421428571

00:28:43.823 --> 00:28:45.881 physician and don't know them very well,  
NOTE Confidence: 0.950317

00:28:45.890 --> 00:28:46.901 don't you know,  
NOTE Confidence: 0.950317

00:28:46.901 --> 00:28:48.249 haven't had many interactions.  
NOTE Confidence: 0.950317

00:28:48.250 --> 00:28:51.210 So there's not a lot of trust build up yet.  
NOTE Confidence: 0.950317

00:28:51.210 --> 00:28:52.585 But then certainly there's patients  
NOTE Confidence: 0.950317

00:28:52.585 --> 00:28:54.282 who've been followed by their primary  
NOTE Confidence: 0.950317

00:28:54.282 --> 00:28:55.677 care physician for several years  
NOTE Confidence: 0.950317

00:28:55.677 --> 00:28:57.050 and they completely trust them.  
NOTE Confidence: 0.950317

00:28:57.050 --> 00:28:59.394 So it's good for us to know those  
NOTE Confidence: 0.950317

00:28:59.394 --> 00:29:01.921 things because we can go back to their

NOTE Confidence: 0.950317

00:29:01.921 --> 00:29:03.774 primary care physicians and try to

NOTE Confidence: 0.950317

00:29:03.774 --> 00:29:06.102 include them in the care and sort of

NOTE Confidence: 0.950317

00:29:06.102 --> 00:29:08.370 again have a dialogue back and forth.

NOTE Confidence: 0.950317

00:29:08.370 --> 00:29:10.050 A lot of times patients when

NOTE Confidence: 0.950317

00:29:10.050 --> 00:29:11.170 they're getting cancer care,

NOTE Confidence: 0.950317

00:29:11.170 --> 00:29:13.394 just want to know who do I call

NOTE Confidence: 0.950317

00:29:13.394 --> 00:29:15.524 when I have a problem, you know,

NOTE Confidence: 0.950317

00:29:15.524 --> 00:29:16.706 as opposed to just going to

NOTE Confidence: 0.950317

00:29:16.706 --> 00:29:17.570 the emergency department.

NOTE Confidence: 0.950317

00:29:17.570 --> 00:29:19.642 They want to have somebody at the at

NOTE Confidence: 0.950317

00:29:19.642 --> 00:29:21.533 the ready on the phone and we kind

NOTE Confidence: 0.950317

00:29:21.533 --> 00:29:23.510 of try to help sort that out with

NOTE Confidence: 0.950317

00:29:23.510 --> 00:29:25.890 them and who's responsible for what.

NOTE Confidence: 0.950317

00:29:25.890 --> 00:29:28.386 So including primary care is certainly

NOTE Confidence: 0.950317

00:29:28.386 --> 00:29:33.413 an important part of that next slide so.

NOTE Confidence: 0.950317

00:29:33.413 --> 00:29:35.677 And I was asked to talk about a  
NOTE Confidence: 0.950317

00:29:35.677 --> 00:29:37.785 few things related to this case  
NOTE Confidence: 0.950317

00:29:37.785 --> 00:29:40.550 and that the case is presented one  
NOTE Confidence: 0.950317

00:29:40.550 --> 00:29:41.910 about Pine to care triggers.  
NOTE Confidence: 0.950317

00:29:41.910 --> 00:29:43.998 When do you want to get  
NOTE Confidence: 0.950317

00:29:43.998 --> 00:29:45.390 pine of care involved?  
NOTE Confidence: 0.950317

00:29:45.390 --> 00:29:46.702 Sometimes it's readily apparent  
NOTE Confidence: 0.950317

00:29:46.702 --> 00:29:48.342 and sometimes not so much.  
NOTE Confidence: 0.950317

00:29:48.350 --> 00:29:52.229 So this is just a list of some criteria.  
NOTE Confidence: 0.950317

00:29:52.230 --> 00:29:54.050 Certainly there's many different lists  
NOTE Confidence: 0.950317

00:29:54.050 --> 00:29:55.830 in the literature about criteria,  
NOTE Confidence: 0.950317

00:29:55.830 --> 00:29:57.430 but quite often we're thinking  
NOTE Confidence: 0.950317

00:29:57.430 --> 00:29:59.545 of people that have life limiting  
NOTE Confidence: 0.950317

00:29:59.545 --> 00:30:01.109 or life threatening illnesses,  
NOTE Confidence: 0.950317

00:30:01.110 --> 00:30:03.486 what we call a serious illness.  
NOTE Confidence: 0.950317

00:30:03.490 --> 00:30:05.002 There's primary criteria,

NOTE Confidence: 0.950317

00:30:05.002 --> 00:30:06.010 secondary criteria,

NOTE Confidence: 0.950317

00:30:06.010 --> 00:30:07.246 and this was published by Dr.

NOTE Confidence: 0.950317

00:30:07.250 --> 00:30:09.536 David Weissman and his colleague Dr.

NOTE Confidence: 0.950317

00:30:09.536 --> 00:30:11.566 Diane Meyer several years ago.

NOTE Confidence: 0.950317

00:30:11.570 --> 00:30:13.937 But we also talk in the to Care

NOTE Confidence: 0.950317

00:30:13.937 --> 00:30:16.168 World about the surprise question,

NOTE Confidence: 0.950317

00:30:16.170 --> 00:30:17.103 and that is,

NOTE Confidence: 0.950317

00:30:17.103 --> 00:30:19.770 when looking at a patient in any venue,

NOTE Confidence: 0.950317

00:30:19.770 --> 00:30:22.056 would you be surprised that this

NOTE Confidence: 0.950317

00:30:22.056 --> 00:30:24.680 patient died within the next 12 months?

NOTE Confidence: 0.950317

00:30:24.680 --> 00:30:26.786 And it's used for research purposes

NOTE Confidence: 0.950317

00:30:26.786 --> 00:30:29.799 and just an easy question to gauge

NOTE Confidence: 0.950317

00:30:29.799 --> 00:30:31.851 whether somebody would potentially

NOTE Confidence: 0.950317

00:30:31.851 --> 00:30:33.800 benefit from palliative care.

NOTE Confidence: 0.950317

00:30:33.800 --> 00:30:35.702 Palliative care is more focused on

NOTE Confidence: 0.950317

00:30:35.702 --> 00:30:37.560 needs and not necessarily prognosis,  
NOTE Confidence: 0.950317

00:30:37.560 --> 00:30:40.143 but it's a it's an entry question  
NOTE Confidence: 0.950317

00:30:40.143 --> 00:30:42.230 to figuring out the trigger.  
NOTE Confidence: 0.950317

00:30:42.230 --> 00:30:44.180 Certainly people are coming to  
NOTE Confidence: 0.950317

00:30:44.180 --> 00:30:46.040 the hospital frequently if they've  
NOTE Confidence: 0.950317

00:30:46.040 --> 00:30:48.110 had a severe decline in function,  
NOTE Confidence: 0.950317

00:30:48.110 --> 00:30:50.082 unintended decline in weight.  
NOTE Confidence: 0.950317

00:30:50.082 --> 00:30:52.054 Secondary criteria include things  
NOTE Confidence: 0.950317

00:30:52.054 --> 00:30:54.430 such as an elderly patient,  
NOTE Confidence: 0.950317

00:30:54.430 --> 00:30:57.510 metastatic or locally advanced cancer,  
NOTE Confidence: 0.950317

00:30:57.510 --> 00:31:00.510 cardiac arrest. So it goes on and on.  
NOTE Confidence: 0.950317

00:31:00.510 --> 00:31:02.586 And so they exist out there.  
NOTE Confidence: 0.950317

00:31:02.590 --> 00:31:04.732 We in the hospital here have a  
NOTE Confidence: 0.950317

00:31:04.732 --> 00:31:06.608 resource card which we carry around  
NOTE Confidence: 0.950317

00:31:06.608 --> 00:31:08.701 and it has a number of questions.  
NOTE Confidence: 0.950317

00:31:08.710 --> 00:31:11.034 Or triggers both in the Ed and



NOTE Confidence: 0.950317

00:31:11.034 --> 00:31:12.430 also in the ICU.

NOTE Confidence: 0.950317

00:31:12.430 --> 00:31:12.695 So.

NOTE Confidence: 0.950317

00:31:12.695 --> 00:31:14.815 So we have tools in the system that

NOTE Confidence: 0.950317

00:31:14.815 --> 00:31:16.811 can help people understand when they

NOTE Confidence: 0.950317

00:31:16.811 --> 00:31:19.588 might want to get pit of care involved.

NOTE Confidence: 0.950317

00:31:19.590 --> 00:31:21.238 I was also asked to talk about sort

NOTE Confidence: 0.950317

00:31:21.238 --> 00:31:23.077 of the pit of care stigma and I I

NOTE Confidence: 0.950317

00:31:23.077 --> 00:31:24.722 leave a quote from my mentor and

NOTE Confidence: 0.950317

00:31:24.722 --> 00:31:26.492 national leader and pit of care, Dr.

NOTE Confidence: 0.950317

00:31:26.492 --> 00:31:28.064 Diane Meyer out of Mount Sinai.

NOTE Confidence: 0.950317

00:31:28.070 --> 00:31:30.150 And she told me early on when I was a

NOTE Confidence: 0.950317

00:31:30.209 --> 00:31:32.625 fellow that if you're trying to sell death,

NOTE Confidence: 0.950317

00:31:32.630 --> 00:31:34.790 no one is going to buy.

NOTE Confidence: 0.943913124545454

00:31:34.790 --> 00:31:36.295 And I think frequently my

NOTE Confidence: 0.943913124545454

00:31:36.295 --> 00:31:38.390 colleagues and I run into patients,

NOTE Confidence: 0.943913124545454

00:31:38.390 --> 00:31:40.706 run into staff who, you know,  
NOTE Confidence: 0.943913124545454

00:31:40.710 --> 00:31:43.718 we hear the words patient is not ready  
NOTE Confidence: 0.943913124545454

00:31:43.718 --> 00:31:46.470 for palliative care and that is a barrier.  
NOTE Confidence: 0.943913124545454

00:31:46.470 --> 00:31:47.946 If they're not ready for palliative  
NOTE Confidence: 0.943913124545454

00:31:47.946 --> 00:31:49.710 care or don't want palliative care,  
NOTE Confidence: 0.943913124545454

00:31:49.710 --> 00:31:51.530 then we're not allowed to  
NOTE Confidence: 0.943913124545454

00:31:51.530 --> 00:31:53.350 be involved in their care.  
NOTE Confidence: 0.943913124545454

00:31:53.350 --> 00:31:57.984 And so it's trying to highlight the  
NOTE Confidence: 0.943913124545454

00:31:57.984 --> 00:31:59.669 positive things about palliative care.  
NOTE Confidence: 0.943913124545454

00:31:59.670 --> 00:32:01.812 You know, palliative care is there  
NOTE Confidence: 0.943913124545454

00:32:01.812 --> 00:32:03.799 to help improve quality of life.  
NOTE Confidence: 0.943913124545454

00:32:03.800 --> 00:32:07.651 And that's the focus talking about Hospice,  
NOTE Confidence: 0.943913124545454

00:32:07.651 --> 00:32:09.639 talking about stopping treatments,  
NOTE Confidence: 0.943913124545454

00:32:09.640 --> 00:32:11.875 talking about death is certainly  
NOTE Confidence: 0.943913124545454

00:32:11.875 --> 00:32:14.110 very charged and very powerful  
NOTE Confidence: 0.943913124545454

00:32:14.190 --> 00:32:16.110 and patients don't readily.

NOTE Confidence: 0.943913124545454

00:32:16.110 --> 00:32:18.686 Embrace that and that is often a barrier

NOTE Confidence: 0.943913124545454

00:32:18.686 --> 00:32:20.787 to getting high to care involved.

NOTE Confidence: 0.943913124545454

00:32:20.790 --> 00:32:22.980 So, so this is a what I call a Diane

NOTE Confidence: 0.943913124545454

00:32:23.041 --> 00:32:25.169 Meyerism that sticks in my head and

NOTE Confidence: 0.943913124545454

00:32:25.169 --> 00:32:27.456 it's always to try to highlight the

NOTE Confidence: 0.943913124545454

00:32:27.456 --> 00:32:29.726 positive things that high to care does.

NOTE Confidence: 0.943913124545454

00:32:29.726 --> 00:32:31.206 We certainly do help manage

NOTE Confidence: 0.943913124545454

00:32:31.206 --> 00:32:33.110 with end of life situations,

NOTE Confidence: 0.943913124545454

00:32:33.110 --> 00:32:34.976 but we don't sort of bill

NOTE Confidence: 0.943913124545454

00:32:34.976 --> 00:32:36.470 ourselves as that next slide.

NOTE Confidence: 0.951994233333333

00:32:39.120 --> 00:32:41.316 Another part of support for patients

NOTE Confidence: 0.951994233333333

00:32:41.320 --> 00:32:43.160 and especially the Cancer Center

NOTE Confidence: 0.951994233333333

00:32:43.160 --> 00:32:45.000 is about advanced care planning.

NOTE Confidence: 0.951994233333333

00:32:45.000 --> 00:32:47.592 Most patients and families don't know

NOTE Confidence: 0.951994233333333

00:32:47.592 --> 00:32:50.200 exactly what advanced care planning is,

NOTE Confidence: 0.951994233333333

00:32:50.200 --> 00:32:53.032 but really the goal of it in our  
NOTE Confidence: 0.9519942333333333

00:32:53.032 --> 00:32:54.972 daytoday conversations is to enhance  
NOTE Confidence: 0.9519942333333333

00:32:54.972 --> 00:32:57.030 patient and family education about  
NOTE Confidence: 0.9519942333333333

00:32:57.030 --> 00:32:59.580 their illness about likely prognosis.  
NOTE Confidence: 0.9519942333333333

00:32:59.580 --> 00:33:01.500 Outcomes of alternative care plans,  
NOTE Confidence: 0.9519942333333333

00:33:01.500 --> 00:33:03.540 we hear what treatments they're on.  
NOTE Confidence: 0.9519942333333333

00:33:03.540 --> 00:33:04.915 We gauge how well they're  
NOTE Confidence: 0.9519942333333333

00:33:04.915 --> 00:33:06.015 doing with those treatments.  
NOTE Confidence: 0.9519942333333333

00:33:06.020 --> 00:33:08.621 We kind of want to know what other things  
NOTE Confidence: 0.9519942333333333

00:33:08.621 --> 00:33:10.940 might be available if it doesn't work.  
NOTE Confidence: 0.9519942333333333

00:33:10.940 --> 00:33:13.280 So we take the time to talk to patients and  
NOTE Confidence: 0.9519942333333333

00:33:13.334 --> 00:33:15.620 families about all those different things.  
NOTE Confidence: 0.9519942333333333

00:33:15.620 --> 00:33:17.510 Certainly, we wanted to find key priorities  
NOTE Confidence: 0.9519942333333333

00:33:17.510 --> 00:33:19.900 in the end of life care and develop a  
NOTE Confidence: 0.9519942333333333

00:33:19.900 --> 00:33:21.620 care plan that addresses these issues.  
NOTE Confidence: 0.9519942333333333

00:33:21.620 --> 00:33:23.769 A lot of those conversations is something

NOTE Confidence: 0.9519942333333333  
00:33:23.769 --> 00:33:25.881 that Kristen already brought up and we  
NOTE Confidence: 0.9519942333333333  
00:33:25.881 --> 00:33:27.579 use those tools in these conversations.  
NOTE Confidence: 0.9519942333333333  
00:33:27.580 --> 00:33:29.236 And also to help shape future  
NOTE Confidence: 0.9519942333333333  
00:33:29.236 --> 00:33:31.527 clinical care to the fit the patient's  
NOTE Confidence: 0.9519942333333333  
00:33:31.527 --> 00:33:33.026 preferences and values, you know,  
NOTE Confidence: 0.9519942333333333  
00:33:33.026 --> 00:33:34.740 do they want to go to the emergency room?  
NOTE Confidence: 0.9519942333333333  
00:33:34.740 --> 00:33:35.980 If they should get sick,  
NOTE Confidence: 0.9519942333333333  
00:33:35.980 --> 00:33:37.732 would they want to be transferred  
NOTE Confidence: 0.9519942333333333  
00:33:37.732 --> 00:33:39.220 to the intensive care unit?  
NOTE Confidence: 0.9519942333333333  
00:33:39.220 --> 00:33:41.140 Would they want to be resuscitated?  
NOTE Confidence: 0.9519942333333333  
00:33:41.140 --> 00:33:42.420 These are all conversations that  
NOTE Confidence: 0.9519942333333333  
00:33:42.420 --> 00:33:44.379 we have every day in the hospital.  
NOTE Confidence: 0.9519942333333333  
00:33:44.380 --> 00:33:46.548 And if we can move some of these  
NOTE Confidence: 0.9519942333333333  
00:33:46.548 --> 00:33:48.419 conversations into the nonemergent setting,  
NOTE Confidence: 0.9519942333333333  
00:33:48.420 --> 00:33:51.010 into the primary care office or to  
NOTE Confidence: 0.9519942333333333

00:33:51.010 --> 00:33:53.430 the Cancer Center visit, you know,  
NOTE Confidence: 0.9519942333333333

00:33:53.430 --> 00:33:56.265 it's a better conversation in that sense.  
NOTE Confidence: 0.9519942333333333

00:33:56.270 --> 00:33:58.210 There are certainly documents in  
NOTE Confidence: 0.9519942333333333

00:33:58.210 --> 00:34:00.630 Connecticut that help with these things.  
NOTE Confidence: 0.9519942333333333

00:34:00.630 --> 00:34:03.094 Most recommended I would say is the  
NOTE Confidence: 0.9519942333333333

00:34:03.094 --> 00:34:04.150 healthcare representative form.  
NOTE Confidence: 0.9519942333333333

00:34:04.150 --> 00:34:05.800 If a patient lacks capacity to  
NOTE Confidence: 0.9519942333333333

00:34:05.800 --> 00:34:07.430 make decisions in the hospital,  
NOTE Confidence: 0.9519942333333333

00:34:07.430 --> 00:34:08.834 the providers are going to be  
NOTE Confidence: 0.9519942333333333

00:34:08.834 --> 00:34:10.066 looking for somebody that can  
NOTE Confidence: 0.9519942333333333

00:34:10.066 --> 00:34:11.306 make decisions for that person.  
NOTE Confidence: 0.9519942333333333

00:34:11.310 --> 00:34:13.403 And we want the patient to maintain  
NOTE Confidence: 0.9519942333333333

00:34:13.403 --> 00:34:15.069 control as much as possible.  
NOTE Confidence: 0.9519942333333333

00:34:15.070 --> 00:34:16.810 And so through this document they  
NOTE Confidence: 0.9519942333333333

00:34:16.810 --> 00:34:18.631 can designate who they trust to  
NOTE Confidence: 0.9519942333333333

00:34:18.631 --> 00:34:20.146 make medical decisions for them.

NOTE Confidence: 0.9519942333333333  
00:34:20.150 --> 00:34:23.118 Living Will is sort of another  
NOTE Confidence: 0.9519942333333333  
00:34:23.118 --> 00:34:24.222 document that exists.  
NOTE Confidence: 0.9519942333333333  
00:34:24.222 --> 00:34:24.590 It's.  
NOTE Confidence: 0.938815971428571  
00:34:26.710 --> 00:34:29.307 Not the greatest tool in my sense,  
NOTE Confidence: 0.938815971428571  
00:34:29.310 --> 00:34:31.046 but certainly helps with  
NOTE Confidence: 0.938815971428571  
00:34:31.046 --> 00:34:32.348 promoting the conversation.  
NOTE Confidence: 0.938815971428571  
00:34:32.350 --> 00:34:34.541 And then the last document is the  
NOTE Confidence: 0.938815971428571  
00:34:34.541 --> 00:34:36.360 medical orders for life sustaining  
NOTE Confidence: 0.938815971428571  
00:34:36.360 --> 00:34:38.556 treatment which is exists in Connecticut.  
NOTE Confidence: 0.938815971428571  
00:34:38.556 --> 00:34:39.844 We do have conversations  
NOTE Confidence: 0.938815971428571  
00:34:39.844 --> 00:34:41.510 but it's not most common.  
NOTE Confidence: 0.938815971428571  
00:34:41.510 --> 00:34:43.760 I'd say the healthcare representative  
NOTE Confidence: 0.938815971428571  
00:34:43.760 --> 00:34:46.930 conversation is the most common that we have.  
NOTE Confidence: 0.938815971428571  
00:34:46.930 --> 00:34:48.988 The next picture on the slide  
NOTE Confidence: 0.938815971428571  
00:34:48.988 --> 00:34:51.511 is just go back one is just  
NOTE Confidence: 0.938815971428571

00:34:51.511 --> 00:34:53.647 how for all of our encounters,  
NOTE Confidence: 0.938815971428571

00:34:53.650 --> 00:34:54.806 all of our patients,  
NOTE Confidence: 0.938815971428571

00:34:54.806 --> 00:34:56.540 we always keep them in the  
NOTE Confidence: 0.938815971428571

00:34:56.601 --> 00:34:58.326 center when we work as a team.  
NOTE Confidence: 0.938815971428571

00:34:58.330 --> 00:35:00.130 We're all working around the patient.  
NOTE Confidence: 0.938815971428571

00:35:00.130 --> 00:35:01.586 And so certainly primary  
NOTE Confidence: 0.938815971428571

00:35:01.586 --> 00:35:03.406 care is part of those,  
NOTE Confidence: 0.938815971428571

00:35:03.410 --> 00:35:05.210 one of those surrounding circles  
NOTE Confidence: 0.938815971428571

00:35:05.210 --> 00:35:07.010 along with physicians and others.  
NOTE Confidence: 0.938815971428571

00:35:07.010 --> 00:35:09.538 So it's just again A-Team sport and we  
NOTE Confidence: 0.938815971428571

00:35:09.538 --> 00:35:12.289 just need to communicate with each other.  
NOTE Confidence: 0.938815971428571

00:35:12.290 --> 00:35:12.770 Next slide.  
NOTE Confidence: 0.913715447142857

00:35:15.150 --> 00:35:16.508 This is the last slide I have.  
NOTE Confidence: 0.913715447142857

00:35:16.510 --> 00:35:18.940 It's just some common things that  
NOTE Confidence: 0.913715447142857

00:35:18.940 --> 00:35:21.500 we are concerned about when we  
NOTE Confidence: 0.913715447142857

00:35:21.500 --> 00:35:23.670 engage with patients and families,



NOTE Confidence: 0.913715447142857  
00:35:23.670 --> 00:35:26.856 we sort of look at, you know,  
NOTE Confidence: 0.913715447142857  
00:35:26.856 --> 00:35:31.148 suffering as a total, total pain scenario.  
NOTE Confidence: 0.913715447142857  
00:35:31.150 --> 00:35:33.026 You know, what are they suffering from?  
NOTE Confidence: 0.913715447142857  
00:35:33.030 --> 00:35:35.190 Is it physiologic, is it social,  
NOTE Confidence: 0.913715447142857  
00:35:35.190 --> 00:35:37.386 is it spiritual, is it emotional?  
NOTE Confidence: 0.913715447142857  
00:35:37.390 --> 00:35:39.814 So questions that we have are  
NOTE Confidence: 0.913715447142857  
00:35:39.814 --> 00:35:41.430 are there distressing symptoms?  
NOTE Confidence: 0.913715447142857  
00:35:41.430 --> 00:35:43.630 Is there significant social concerns,  
NOTE Confidence: 0.913715447142857  
00:35:43.630 --> 00:35:45.268 spiritual concerns affecting  
NOTE Confidence: 0.913715447142857  
00:35:45.268 --> 00:35:46.906 their daily life?  
NOTE Confidence: 0.913715447142857  
00:35:46.910 --> 00:35:48.230 Does a patient,  
NOTE Confidence: 0.913715447142857  
00:35:48.230 --> 00:35:49.550 family surrogate understand  
NOTE Confidence: 0.913715447142857  
00:35:49.550 --> 00:35:50.870 the current illness?  
NOTE Confidence: 0.913715447142857  
00:35:50.870 --> 00:35:53.318 There's many a times when I speak to  
NOTE Confidence: 0.913715447142857  
00:35:53.318 --> 00:35:55.430 patients who have incurable disease,  
NOTE Confidence: 0.913715447142857

00:35:55.430 --> 00:35:57.663 but they still think that it is  
NOTE Confidence: 0.913715447142857

00:35:57.663 --> 00:36:00.338 curable and we do have to help  
NOTE Confidence: 0.913715447142857

00:36:00.338 --> 00:36:02.388 with those conversations to help  
NOTE Confidence: 0.913715447142857

00:36:02.388 --> 00:36:04.536 transition the goals at that point.  
NOTE Confidence: 0.913715447142857

00:36:04.540 --> 00:36:07.459 We also asked what are their goals,  
NOTE Confidence: 0.913715447142857

00:36:07.460 --> 00:36:09.980 what treatment options they prefer?  
NOTE Confidence: 0.913715447142857

00:36:09.980 --> 00:36:12.265 Have they completed advanced care  
NOTE Confidence: 0.913715447142857

00:36:12.265 --> 00:36:14.093 planning documents or conversations?  
NOTE Confidence: 0.913715447142857

00:36:14.100 --> 00:36:14.853 And then lastly,  
NOTE Confidence: 0.913715447142857

00:36:14.853 --> 00:36:16.359 what are the key considerations for  
NOTE Confidence: 0.913715447142857

00:36:16.359 --> 00:36:17.903 a safe and sustainable transition  
NOTE Confidence: 0.913715447142857

00:36:17.903 --> 00:36:19.453 from one setting to another?  
NOTE Confidence: 0.913715447142857

00:36:19.460 --> 00:36:19.749 Certainly,  
NOTE Confidence: 0.913715447142857

00:36:19.749 --> 00:36:21.772 we see patients that come back and  
NOTE Confidence: 0.913715447142857

00:36:21.772 --> 00:36:23.531 forth from home to the hospital  
NOTE Confidence: 0.913715447142857

00:36:23.531 --> 00:36:24.936 or hospital to nursing home,

NOTE Confidence: 0.913715447142857

00:36:24.940 --> 00:36:26.896 nursing home back to the hospital.

NOTE Confidence: 0.913715447142857

00:36:26.900 --> 00:36:29.112 And so we are familiar with a

NOTE Confidence: 0.913715447142857

00:36:29.112 --> 00:36:31.179 lot of transitions and we try to

NOTE Confidence: 0.913715447142857

00:36:31.179 --> 00:36:33.090 help support it as best we can.

NOTE Confidence: 0.913715447142857

00:36:33.090 --> 00:36:34.290 And I think that is it.

NOTE Confidence: 0.880995692857143

00:36:41.360 --> 00:36:44.237 Okay. So this is our last case.

NOTE Confidence: 0.880995692857143

00:36:44.240 --> 00:36:47.128 It is a 65 year old female with

NOTE Confidence: 0.880995692857143

00:36:47.128 --> 00:36:49.319 metastatic lung cancer who presents as

NOTE Confidence: 0.880995692857143

00:36:49.319 --> 00:36:52.400 a new patient due to a recent move.

NOTE Confidence: 0.880995692857143

00:36:52.400 --> 00:36:54.440 She is there with her niece

NOTE Confidence: 0.880995692857143

00:36:54.440 --> 00:36:55.800 who is her caregiver.

NOTE Confidence: 0.880995692857143

00:36:55.800 --> 00:36:58.194 She is being managed by a new oncologist and

NOTE Confidence: 0.880995692857143

00:36:58.194 --> 00:37:00.678 is not responding to the current regimen.

NOTE Confidence: 0.880995692857143

00:37:00.680 --> 00:37:04.176 She is on causing great distress to her.

NOTE Confidence: 0.880995692857143

00:37:04.180 --> 00:37:06.412 The patient had to move in with her niece

NOTE Confidence: 0.880995692857143

00:37:06.412 --> 00:37:08.783 as she lost her house due to mounting  
NOTE Confidence: 0.880995692857143

00:37:08.783 --> 00:37:10.739 medical bills and inability to work.  
NOTE Confidence: 0.880995692857143

00:37:10.740 --> 00:37:13.698 The patient herself has no children.  
NOTE Confidence: 0.880995692857143

00:37:13.700 --> 00:37:15.300 She needs help with toileting,  
NOTE Confidence: 0.880995692857143

00:37:15.300 --> 00:37:17.967 dressing meals and ambulates only with a  
NOTE Confidence: 0.880995692857143

00:37:17.967 --> 00:37:20.857 Walker for short distances in your office.  
NOTE Confidence: 0.880995692857143

00:37:20.860 --> 00:37:22.420 She is in a wheelchair.  
NOTE Confidence: 0.93889291875

00:37:25.100 --> 00:37:26.966 The niece has bags under her  
NOTE Confidence: 0.93889291875

00:37:26.966 --> 00:37:29.229 eyes and she looks very upset  
NOTE Confidence: 0.93889291875

00:37:29.229 --> 00:37:31.125 throughout the entire encounter.  
NOTE Confidence: 0.93889291875

00:37:31.130 --> 00:37:33.146 You ask her what is the  
NOTE Confidence: 0.93889291875

00:37:33.146 --> 00:37:35.089 matter and she begins to cry.  
NOTE Confidence: 0.93889291875

00:37:35.090 --> 00:37:36.539 The niece tells you she is under  
NOTE Confidence: 0.93889291875

00:37:36.539 --> 00:37:38.581 a lot of stress, taking care of  
NOTE Confidence: 0.93889291875

00:37:38.581 --> 00:37:40.603 her aunt and working full time.  
NOTE Confidence: 0.93889291875

00:37:40.610 --> 00:37:43.530 She feels like she is working two jobs.

NOTE Confidence: 0.93889291875

00:37:43.530 --> 00:37:45.770 She is not taking care of her own.

NOTE Confidence: 0.93889291875

00:37:45.770 --> 00:37:48.140 Diabetes and her blood sugars have

NOTE Confidence: 0.93889291875

00:37:48.140 --> 00:37:51.169 been in the three hundreds recently.

NOTE Confidence: 0.93889291875

00:37:51.170 --> 00:37:53.030 This is clearly an argument

NOTE Confidence: 0.93889291875

00:37:53.030 --> 00:37:55.360 the Paris had in the past.

NOTE Confidence: 0.93889291875

00:37:55.360 --> 00:37:57.572 The patient states she does not want

NOTE Confidence: 0.93889291875

00:37:57.572 --> 00:37:59.895 anyone else in the House because she

NOTE Confidence: 0.93889291875

00:37:59.895 --> 00:38:02.172 would not trust them and she's far

NOTE Confidence: 0.93889291875

00:38:02.172 --> 00:38:05.439 too young to go to an old folks home.

NOTE Confidence: 0.93889291875

00:38:05.440 --> 00:38:07.807 Also she says she has no money and if

NOTE Confidence: 0.93889291875

00:38:07.807 --> 00:38:10.200 her niece does not take care of her,

NOTE Confidence: 0.93889291875

00:38:10.200 --> 00:38:13.119 she will be out on the street.

NOTE Confidence: 0.93889291875

00:38:13.120 --> 00:38:15.318 So this is a very difficult situation.

NOTE Confidence: 0.93889291875

00:38:15.320 --> 00:38:18.264 So how can you take care of the

NOTE Confidence: 0.93889291875

00:38:18.264 --> 00:38:20.716 patient and help the niece as well?

NOTE Confidence: 0.93889291875

00:38:20.720 --> 00:38:23.270 And how can palliative care  
NOTE Confidence: 0.93889291875

00:38:23.270 --> 00:38:25.820 help you in this scenario?  
NOTE Confidence: 0.93889291875

00:38:25.820 --> 00:38:27.620 So I'm going to turn over to my colleague.  
NOTE Confidence: 0.77635235

00:38:36.140 --> 00:38:37.660 Liz, you're on mute.  
NOTE Confidence: 0.931867433333333

00:38:42.960 --> 00:38:44.478 I am so sorry about that.  
NOTE Confidence: 0.931867433333333

00:38:44.480 --> 00:38:45.502 I was trying to make sure you  
NOTE Confidence: 0.931867433333333

00:38:45.502 --> 00:38:46.640 didn't hear my kids screaming in  
NOTE Confidence: 0.931867433333333

00:38:46.640 --> 00:38:48.920 the background, and here we are.  
NOTE Confidence: 0.931867433333333

00:38:48.920 --> 00:38:49.924 So I'm Liz persichen.  
NOTE Confidence: 0.931867433333333

00:38:49.924 --> 00:38:52.039 Thank you so much for giving me the  
NOTE Confidence: 0.931867433333333

00:38:52.039 --> 00:38:53.434 opportunity to speak here today.  
NOTE Confidence: 0.931867433333333

00:38:53.440 --> 00:38:55.424 I think what struck me most about that  
NOTE Confidence: 0.931867433333333

00:38:55.424 --> 00:38:57.407 last slide is the comment that the niece  
NOTE Confidence: 0.931867433333333

00:38:57.407 --> 00:38:59.278 felt that she was working two jobs.  
NOTE Confidence: 0.931867433333333

00:38:59.280 --> 00:39:01.096 And I want to take a moment to  
NOTE Confidence: 0.931867433333333

00:39:01.096 --> 00:39:01.907 acknowledge the significant

NOTE Confidence: 0.931867433333333

00:39:01.907 --> 00:39:04.049 caregiving burden that so many of our

NOTE Confidence: 0.931867433333333

00:39:04.049 --> 00:39:05.699 patients and their families face.

NOTE Confidence: 0.931867433333333

00:39:05.700 --> 00:39:07.545 And I know that many of you in the

NOTE Confidence: 0.931867433333333

00:39:07.545 --> 00:39:09.439 primary care field have seen your own

NOTE Confidence: 0.931867433333333

00:39:09.439 --> 00:39:11.240 patients be caregivers and seeing the

NOTE Confidence: 0.931867433333333

00:39:11.240 --> 00:39:12.548 significant caregiving burden that

NOTE Confidence: 0.931867433333333

00:39:12.548 --> 00:39:14.766 many of your patients require for care.

NOTE Confidence: 0.931867433333333

00:39:14.766 --> 00:39:17.308 And I think one thing just to step

NOTE Confidence: 0.931867433333333

00:39:17.308 --> 00:39:19.456 back is to define palliative care.

NOTE Confidence: 0.931867433333333

00:39:19.460 --> 00:39:21.794 And palliative care is really a

NOTE Confidence: 0.931867433333333

00:39:21.794 --> 00:39:23.350 team based interdisciplinary means

NOTE Confidence: 0.931867433333333

00:39:23.412 --> 00:39:25.147 to support patients facing serious

NOTE Confidence: 0.931867433333333

00:39:25.147 --> 00:39:27.540 illness as well as their caregivers

NOTE Confidence: 0.931867433333333

00:39:27.540 --> 00:39:29.255 and addressing the caregiver distress

NOTE Confidence: 0.931867433333333

00:39:29.255 --> 00:39:31.269 and the caregiver needs is an

NOTE Confidence: 0.931867433333333

00:39:31.269 --> 00:39:33.173 important part of what we do as well.

NOTE Confidence: 0.9318674333333333

00:39:33.180 --> 00:39:35.630 So the niece is working two jobs.

NOTE Confidence: 0.9318674333333333

00:39:35.630 --> 00:39:37.949 She's a caregiver.

NOTE Confidence: 0.9318674333333333

00:39:37.950 --> 00:39:40.356 And our team offers a true

NOTE Confidence: 0.9318674333333333

00:39:40.356 --> 00:39:41.559 interdisciplinary mechanism to

NOTE Confidence: 0.9318674333333333

00:39:41.559 --> 00:39:43.747 support patients and families that

NOTE Confidence: 0.9318674333333333

00:39:43.747 --> 00:39:45.902 are facing serious illness together.

NOTE Confidence: 0.9318674333333333

00:39:45.910 --> 00:39:47.566 And what I wanted to highlight

NOTE Confidence: 0.9318674333333333

00:39:47.566 --> 00:39:49.582 here is really the amazing team

NOTE Confidence: 0.9318674333333333

00:39:49.582 --> 00:39:52.318 that we have both within SMILO and

NOTE Confidence: 0.9318674333333333

00:39:52.318 --> 00:39:54.028 in the palliative care programs

NOTE Confidence: 0.9318674333333333

00:39:54.028 --> 00:39:55.710 throughout the only Haven hospital,

NOTE Confidence: 0.9318674333333333

00:39:55.710 --> 00:39:58.030 the only Haven health system.

NOTE Confidence: 0.9318674333333333

00:39:58.030 --> 00:39:59.353 And I was going to talk through

NOTE Confidence: 0.9318674333333333

00:39:59.353 --> 00:40:00.150 them one by one.

NOTE Confidence: 0.9318674333333333

00:40:00.150 --> 00:40:02.845 So many times people think you know.



NOTE Confidence: 0.9318674333333333  
00:40:02.850 --> 00:40:04.410 Patient is very sick.  
NOTE Confidence: 0.9318674333333333  
00:40:04.410 --> 00:40:05.970 They need certain resources.  
NOTE Confidence: 0.9318674333333333  
00:40:05.970 --> 00:40:07.260 Let's send a referral to palliative  
NOTE Confidence: 0.9318674333333333  
00:40:07.260 --> 00:40:08.730 care and what exactly does that mean?  
NOTE Confidence: 0.9318674333333333  
00:40:08.730 --> 00:40:10.312 What do you get with a palliative  
NOTE Confidence: 0.9318674333333333  
00:40:10.312 --> 00:40:10.764 care referral?  
NOTE Confidence: 0.9318674333333333  
00:40:10.770 --> 00:40:13.129 What do you get with a palliative  
NOTE Confidence: 0.9318674333333333  
00:40:13.129 --> 00:40:13.803 care consultation?  
NOTE Confidence: 0.9318674333333333  
00:40:13.810 --> 00:40:14.202 And I,  
NOTE Confidence: 0.9318674333333333  
00:40:14.202 --> 00:40:15.770 I want to make sure folks know that  
NOTE Confidence: 0.9318674333333333  
00:40:15.824 --> 00:40:17.459 consultations are available in the  
NOTE Confidence: 0.9318674333333333  
00:40:17.459 --> 00:40:19.443 inpatient setting for patients with all  
NOTE Confidence: 0.9318674333333333  
00:40:19.443 --> 00:40:21.207 diagnoses and in the outpatient setting.  
NOTE Confidence: 0.9318674333333333  
00:40:21.210 --> 00:40:23.395 Our current availability is really  
NOTE Confidence: 0.9318674333333333  
00:40:23.395 --> 00:40:25.991 only for the patient population with  
NOTE Confidence: 0.9318674333333333

00:40:25.991 --> 00:40:28.364 cancer and that is a big limitation,  
NOTE Confidence: 0.9318674333333333

00:40:28.370 --> 00:40:30.156 I understand,  
NOTE Confidence: 0.9318674333333333

00:40:30.156 --> 00:40:31.049 but.  
NOTE Confidence: 0.9318674333333333

00:40:31.050 --> 00:40:32.324 We are working on that in the  
NOTE Confidence: 0.9318674333333333

00:40:32.324 --> 00:40:32.688 background today,  
NOTE Confidence: 0.9318674333333333

00:40:32.690 --> 00:40:34.802 we're going to talk about resources  
NOTE Confidence: 0.9318674333333333

00:40:34.802 --> 00:40:36.210 for patients with cancer.  
NOTE Confidence: 0.9318674333333333

00:40:36.210 --> 00:40:38.121 So when you do place a palliative  
NOTE Confidence: 0.9318674333333333

00:40:38.121 --> 00:40:39.450 care consultation or referral,  
NOTE Confidence: 0.9318674333333333

00:40:39.450 --> 00:40:41.910 you're getting an entire interdisciplinary  
NOTE Confidence: 0.9318674333333333

00:40:41.910 --> 00:40:43.878 team that's working together  
NOTE Confidence: 0.9318674333333333

00:40:43.878 --> 00:40:46.019 with expertise for supporting  
NOTE Confidence: 0.9318674333333333

00:40:46.019 --> 00:40:48.127 patients facing serious illness.  
NOTE Confidence: 0.9318674333333333

00:40:48.130 --> 00:40:50.248 We have a team of physicians,  
NOTE Confidence: 0.9318674333333333

00:40:50.250 --> 00:40:51.666 nurse practitioners.  
NOTE Confidence: 0.9318674333333333

00:40:51.666 --> 00:40:53.790 Social work chaplains,

NOTE Confidence: 0.9318674333333333  
00:40:53.790 --> 00:40:56.300 bereavement care as well as  
NOTE Confidence: 0.9318674333333333  
00:40:56.300 --> 00:40:57.892 ancillary services within and  
NOTE Confidence: 0.9318674333333333  
00:40:57.892 --> 00:40:59.347 without our palliative care program,  
NOTE Confidence: 0.9318674333333333  
00:40:59.350 --> 00:41:01.482 including medical, legal support,  
NOTE Confidence: 0.9318674333333333  
00:41:01.482 --> 00:41:02.548 psycho oncology,  
NOTE Confidence: 0.9318674333333333  
00:41:02.550 --> 00:41:04.930 integrative medicine and also  
NOTE Confidence: 0.9318674333333333  
00:41:04.930 --> 00:41:07.310 relationships with Hospice caregivers.  
NOTE Confidence: 0.9318674333333333  
00:41:07.310 --> 00:41:09.170 So our social work groups offer  
NOTE Confidence: 0.9318674333333333  
00:41:09.170 --> 00:41:11.120 individual and group programs including  
NOTE Confidence: 0.9318674333333333  
00:41:11.120 --> 00:41:13.469 both bereavement and grief support groups,  
NOTE Confidence: 0.9318674333333333  
00:41:13.470 --> 00:41:15.200 not just for patients but  
NOTE Confidence: 0.9318674333333333  
00:41:15.200 --> 00:41:16.238 also their caregivers.  
NOTE Confidence: 0.9318674333333333  
00:41:16.240 --> 00:41:18.515 So a mechanism to connect  
NOTE Confidence: 0.9318674333333333  
00:41:18.515 --> 00:41:19.880 with other caregivers,  
NOTE Confidence: 0.9318674333333333  
00:41:19.880 --> 00:41:21.284 connect with other people who are  
NOTE Confidence: 0.9318674333333333

00:41:21.284 --> 00:41:22.600 facing loss or serious illness.  
NOTE Confidence: 0.9318674333333333

00:41:22.600 --> 00:41:25.384 Whether you are the patient or whether you  
NOTE Confidence: 0.9318674333333333

00:41:25.384 --> 00:41:27.592 are the caregiver is really important.  
NOTE Confidence: 0.9318674333333333

00:41:27.600 --> 00:41:29.560 Our spiritual care chaplains are  
NOTE Confidence: 0.9318674333333333

00:41:29.560 --> 00:41:31.520 available both inpatient and outpatient.  
NOTE Confidence: 0.9318674333333333

00:41:31.520 --> 00:41:35.680 They help with Valuebased resources,  
NOTE Confidence: 0.9754755

00:41:35.680 --> 00:41:36.652 spiritual resources,  
NOTE Confidence: 0.9754755

00:41:36.652 --> 00:41:38.596 support for existential concerns,  
NOTE Confidence: 0.9754755

00:41:38.600 --> 00:41:40.790 and also help complete some of  
NOTE Confidence: 0.9754755

00:41:40.790 --> 00:41:42.640 the advanced care planning that.  
NOTE Confidence: 0.9754755

00:41:42.640 --> 00:41:45.640 That Morgan had discussed earlier,  
NOTE Confidence: 0.9754755

00:41:45.640 --> 00:41:47.344 our palliative care chaplain at Yale  
NOTE Confidence: 0.9754755

00:41:47.344 --> 00:41:49.576 is actually one of 20 palliative care  
NOTE Confidence: 0.9754755

00:41:49.576 --> 00:41:51.316 certified chaplains in the country,  
NOTE Confidence: 0.9754755

00:41:51.320 --> 00:41:53.120 which he's really proud of.  
NOTE Confidence: 0.9754755

00:41:53.120 --> 00:41:55.545 So really a dedicated and

NOTE Confidence: 0.9754755

00:41:55.545 --> 00:41:57.000 focused response there.

NOTE Confidence: 0.9754755

00:41:57.000 --> 00:41:59.155 Our Psycho Oncology team has

NOTE Confidence: 0.9754755

00:41:59.155 --> 00:42:00.879 support for resilience building,

NOTE Confidence: 0.9754755

00:42:00.880 --> 00:42:02.164 emotional support skills,

NOTE Confidence: 0.9754755

00:42:02.164 --> 00:42:04.732 CBT as well as expressive therapy

NOTE Confidence: 0.9754755

00:42:04.732 --> 00:42:06.977 and art therapy and we contract

NOTE Confidence: 0.9754755

00:42:06.977 --> 00:42:09.180 with the art therapist who is

NOTE Confidence: 0.9754755

00:42:09.180 --> 00:42:11.430 part of our services as well.

NOTE Confidence: 0.9754755

00:42:11.430 --> 00:42:13.670 And then we have a very well structured

NOTE Confidence: 0.9754755

00:42:13.670 --> 00:42:15.196 bereavement group as well for both

NOTE Confidence: 0.9754755

00:42:15.196 --> 00:42:17.026 telephone outreach in real time,

NOTE Confidence: 0.9754755

00:42:17.030 --> 00:42:18.706 monthly bereavement seminar support

NOTE Confidence: 0.9754755

00:42:18.706 --> 00:42:20.801 groups and also support around

NOTE Confidence: 0.9754755

00:42:20.801 --> 00:42:22.794 times of holidays and memorials

NOTE Confidence: 0.9754755

00:42:22.794 --> 00:42:24.306 for patients and families.

NOTE Confidence: 0.9754755

00:42:24.310 --> 00:42:26.536 So this is all clearly kind of.

NOTE Confidence: 0.9754755

00:42:26.540 --> 00:42:28.157 Some of this is at end of

NOTE Confidence: 0.9754755

00:42:28.157 --> 00:42:29.620 life and post end of life,

NOTE Confidence: 0.9754755

00:42:29.620 --> 00:42:32.020 but available for patients and caregivers

NOTE Confidence: 0.9754755

00:42:32.020 --> 00:42:33.620 throughout the disease process.

NOTE Confidence: 0.9754755

00:42:33.620 --> 00:42:36.665 And of course we have our physician

NOTE Confidence: 0.9754755

00:42:36.665 --> 00:42:39.099 and APP colleagues who work with

NOTE Confidence: 0.9754755

00:42:39.100 --> 00:42:40.924 primarily symptom management and

NOTE Confidence: 0.9754755

00:42:40.924 --> 00:42:42.748 also navigating these difficult

NOTE Confidence: 0.9754755

00:42:42.748 --> 00:42:44.498 conversations for goals of care,

NOTE Confidence: 0.9754755

00:42:44.500 --> 00:42:47.620 medical decision making, et cetera.

NOTE Confidence: 0.9754755

00:42:47.620 --> 00:42:48.796 So when you reach out for

NOTE Confidence: 0.9754755

00:42:48.796 --> 00:42:49.580 a palliative care consult,

NOTE Confidence: 0.9754755

00:42:49.580 --> 00:42:50.956 you're getting all of

NOTE Confidence: 0.9754755

00:42:50.956 --> 00:42:51.988 these different services.

NOTE Confidence: 0.9754755

00:42:51.990 --> 00:42:53.544 I did want to speak briefly about

NOTE Confidence: 0.9754755

00:42:53.544 --> 00:42:54.910 the medical legal support system.

NOTE Confidence: 0.9754755

00:42:54.910 --> 00:42:57.234 So within Yale we have a relationship

NOTE Confidence: 0.9754755

00:42:57.234 --> 00:42:59.957 with Yale Law School and they have a

NOTE Confidence: 0.9754755

00:42:59.957 --> 00:43:02.042 pro bono program for medical legal

NOTE Confidence: 0.9754755

00:43:02.042 --> 00:43:04.548 support for patients that are in need,

NOTE Confidence: 0.9754755

00:43:04.550 --> 00:43:06.078 whether that be related

NOTE Confidence: 0.9754755

00:43:06.078 --> 00:43:07.224 to financial constraints,

NOTE Confidence: 0.9754755

00:43:07.230 --> 00:43:10.146 social constraints or health related issues,

NOTE Confidence: 0.9754755

00:43:10.150 --> 00:43:10.576 so.

NOTE Confidence: 0.9754755

00:43:10.576 --> 00:43:12.280 Guardianship Wills financial complex

NOTE Confidence: 0.9754755

00:43:12.280 --> 00:43:14.819 situations that need to be dealt

NOTE Confidence: 0.9754755

00:43:14.819 --> 00:43:16.889 with in a time sensitive manner,

NOTE Confidence: 0.9754755

00:43:16.890 --> 00:43:18.690 whether that be in the hospital,

NOTE Confidence: 0.9754755

00:43:18.690 --> 00:43:20.810 in the patient's home, etcetera.

NOTE Confidence: 0.9754755

00:43:20.810 --> 00:43:22.454 We've helped navigate guardianship

NOTE Confidence: 0.9754755

00:43:22.454 --> 00:43:24.509 instant for instance for patients  
NOTE Confidence: 0.9754755

00:43:24.509 --> 00:43:26.359 that are facing serious illness  
NOTE Confidence: 0.9754755

00:43:26.359 --> 00:43:28.079 that have either minor children  
NOTE Confidence: 0.9754755

00:43:28.079 --> 00:43:29.890 or dependent adult children,  
NOTE Confidence: 0.9754755

00:43:29.890 --> 00:43:31.582 where times of the essence and  
NOTE Confidence: 0.9754755

00:43:31.582 --> 00:43:33.130 these are very important things,  
NOTE Confidence: 0.9754755

00:43:33.130 --> 00:43:35.410 not just logistically but also  
NOTE Confidence: 0.9754755

00:43:35.410 --> 00:43:37.907 in terms of bringing peace and  
NOTE Confidence: 0.9754755

00:43:37.907 --> 00:43:39.209 a sense of closure to families,  
NOTE Confidence: 0.9754755

00:43:39.210 --> 00:43:40.170 knowing that their loved ones  
NOTE Confidence: 0.9754755

00:43:40.170 --> 00:43:41.130 will be cared for and.  
NOTE Confidence: 0.9754755

00:43:41.130 --> 00:43:43.230 Things that are important to  
NOTE Confidence: 0.9754755

00:43:43.230 --> 00:43:45.810 them that they value are done.  
NOTE Confidence: 0.9754755

00:43:45.810 --> 00:43:47.922 We also work with our integrative  
NOTE Confidence: 0.9754755

00:43:47.922 --> 00:43:49.835 medicine colleagues who have both  
NOTE Confidence: 0.9754755

00:43:49.835 --> 00:43:51.607 inpatient and outpatient services.



NOTE Confidence: 0.9754755

00:43:51.610 --> 00:43:54.480 For patients that are within the smilo

NOTE Confidence: 0.9754755

00:43:54.480 --> 00:43:57.514 system, they offer massage therapy,

NOTE Confidence: 0.9754755

00:43:57.514 --> 00:43:58.170 Reiki,

NOTE Confidence: 0.9754755

00:43:58.170 --> 00:43:59.450 aromatherapy as well to patients

NOTE Confidence: 0.9754755

00:43:59.450 --> 00:44:01.250 in and out of the hospital,

NOTE Confidence: 0.9754755

00:44:01.250 --> 00:44:03.850 which is a huge support.

NOTE Confidence: 0.9754755

00:44:03.850 --> 00:44:05.770 And then also we work closely with Hospice.

NOTE Confidence: 0.9754755

00:44:05.770 --> 00:44:08.578 So if there's any questions about

NOTE Confidence: 0.9754755

00:44:08.578 --> 00:44:10.450 the Hospice referral program

NOTE Confidence: 0.9754755

00:44:10.450 --> 00:44:11.674 resources in the community,

NOTE Confidence: 0.9754755

00:44:11.674 --> 00:44:13.204 we're not a Hospice agency.

NOTE Confidence: 0.9754755

00:44:13.210 --> 00:44:15.138 Of course, a lot of times people can

NOTE Confidence: 0.9754755

00:44:15.138 --> 00:44:16.689 found Hospice and highlighted care,

NOTE Confidence: 0.9754755

00:44:16.690 --> 00:44:19.026 but we can certainly help navigate

NOTE Confidence: 0.9754755

00:44:19.026 --> 00:44:21.330 what that system is,

NOTE Confidence: 0.9754755

00:44:21.330 --> 00:44:21.686 inform,  
NOTE Confidence: 0.9754755

00:44:21.686 --> 00:44:24.178 educate and also be a bridge if  
NOTE Confidence: 0.9754755

00:44:24.178 --> 00:44:26.530 and when Hospice is appropriate  
NOTE Confidence: 0.9754755

00:44:26.530 --> 00:44:30.260 for patients and families, so.  
NOTE Confidence: 0.9754755

00:44:30.260 --> 00:44:30.698 You know,  
NOTE Confidence: 0.9754755

00:44:30.698 --> 00:44:32.450 I think we have a lot to offer  
NOTE Confidence: 0.9754755

00:44:32.507 --> 00:44:33.691 besides symptom management and  
NOTE Confidence: 0.9754755

00:44:33.691 --> 00:44:36.132 goals of care and a lot to offer  
NOTE Confidence: 0.9754755

00:44:36.132 --> 00:44:37.352 throughout the trajectory of  
NOTE Confidence: 0.9754755

00:44:37.352 --> 00:44:38.680 a patient's serious illness.  
NOTE Confidence: 0.9754755

00:44:38.680 --> 00:44:41.060 I think that alludes to Kristen slides.  
NOTE Confidence: 0.9332928375

00:44:41.060 --> 00:44:43.153 You know from the time of diagnosis  
NOTE Confidence: 0.9332928375

00:44:43.153 --> 00:44:45.266 whether the intent is curative or whether  
NOTE Confidence: 0.9332928375

00:44:45.266 --> 00:44:47.667 this is a lifelong illness or some an  
NOTE Confidence: 0.9332928375

00:44:47.667 --> 00:44:49.497 illness of the very short prognosis,  
NOTE Confidence: 0.9332928375

00:44:49.500 --> 00:44:51.337 palliative care has a lot to offer in

NOTE Confidence: 0.9332928375

00:44:51.337 --> 00:44:52.779 terms of improving quality of life,

NOTE Confidence: 0.9332928375

00:44:52.780 --> 00:44:54.692 not just for patients but

NOTE Confidence: 0.9332928375

00:44:54.692 --> 00:44:55.940 also for their caregivers.

NOTE Confidence: 0.9332928375

00:44:55.940 --> 00:44:58.820 And I think we all recognize the enormous.

NOTE Confidence: 0.9332928375

00:44:58.820 --> 00:45:00.292 Financial, social,

NOTE Confidence: 0.9332928375

00:45:00.292 --> 00:45:03.574 psychological and medical challenges that

NOTE Confidence: 0.9332928375

00:45:03.574 --> 00:45:07.333 so many people face with serious illness.

NOTE Confidence: 0.9332928375

00:45:07.340 --> 00:45:09.097 I think I answered all the questions

NOTE Confidence: 0.9332928375

00:45:09.097 --> 00:45:10.818 that I was hoping to get to.

NOTE Confidence: 0.9332928375

00:45:10.820 --> 00:45:12.260 I'm really looking forward to Q&A.

NOTE Confidence: 0.9332928375

00:45:12.260 --> 00:45:15.596 I hope, I hope this has been a

NOTE Confidence: 0.9332928375

00:45:15.596 --> 00:45:17.184 helpful presentation and I look

NOTE Confidence: 0.9332928375

00:45:17.184 --> 00:45:18.639 forward to discussing more with

NOTE Confidence: 0.9332928375

00:45:18.639 --> 00:45:20.418 our audience and other panelists.

NOTE Confidence: 0.9352219

00:45:22.620 --> 00:45:25.806 Thank you so much. That was.

NOTE Confidence: 0.9352219

00:45:25.810 --> 00:45:28.848 Really great with a lot of very practical

NOTE Confidence: 0.9352219

00:45:28.848 --> 00:45:32.040 pearls in addition to kind of a nice

NOTE Confidence: 0.9352219

00:45:32.119 --> 00:45:35.169 theoretical concept of palliative care.

NOTE Confidence: 0.9352219

00:45:35.170 --> 00:45:37.822 I I love the specialty versus

NOTE Confidence: 0.9352219

00:45:37.822 --> 00:45:39.590 nonspecialty palliative care because

NOTE Confidence: 0.9352219

00:45:39.664 --> 00:45:42.100 I think in primary care we are

NOTE Confidence: 0.9352219

00:45:42.100 --> 00:45:44.088 doing palliative care all the time.

NOTE Confidence: 0.9352219

00:45:44.090 --> 00:45:45.730 And so it's it's nice to hear that,

NOTE Confidence: 0.9352219

00:45:45.730 --> 00:45:47.921 kind of recognize it and realize that

NOTE Confidence: 0.9352219

00:45:47.921 --> 00:45:50.714 some of the same tools you use are things

NOTE Confidence: 0.9352219

00:45:50.714 --> 00:45:55.828 we can apply across broader diagnosis.

NOTE Confidence: 0.9352219

00:45:55.830 --> 00:45:57.643 I think just a couple of housekeeping

NOTE Confidence: 0.9352219

00:45:57.643 --> 00:45:59.495 things is there will be a survey at

NOTE Confidence: 0.9352219

00:45:59.495 --> 00:46:01.670 the end and that's how you get the CME.

NOTE Confidence: 0.9352219

00:46:01.670 --> 00:46:04.944 Doctor Chang just posted that and

NOTE Confidence: 0.9352219

00:46:04.944 --> 00:46:07.788 we do have our upcoming talks.

NOTE Confidence: 0.9352219

00:46:07.790 --> 00:46:08.720 In the meantime,

NOTE Confidence: 0.9352219

00:46:08.720 --> 00:46:11.347 I want to make sure that we open

NOTE Confidence: 0.9352219

00:46:11.347 --> 00:46:12.508 up for questions.

NOTE Confidence: 0.9352219

00:46:12.510 --> 00:46:14.018 We've had some really,

NOTE Confidence: 0.9352219

00:46:14.018 --> 00:46:16.814 we have good attendance and I'm interested

NOTE Confidence: 0.9352219

00:46:16.814 --> 00:46:19.568 to hear questions that people have.

NOTE Confidence: 0.9352219

00:46:19.570 --> 00:46:20.106 And Ola,

NOTE Confidence: 0.9352219

00:46:20.106 --> 00:46:22.250 I don't know if you have any questions,

NOTE Confidence: 0.9352219

00:46:22.250 --> 00:46:23.870 additional questions on the cases

NOTE Confidence: 0.9352219

00:46:23.870 --> 00:46:25.490 that you presented before we

NOTE Confidence: 0.9352219

00:46:25.547 --> 00:46:27.167 move to those who are watching.

NOTE Confidence: 0.935940824285714

00:46:31.730 --> 00:46:35.181 I guess my just my one question is

NOTE Confidence: 0.935940824285714

00:46:35.181 --> 00:46:36.687 actually in terms of the medical

NOTE Confidence: 0.935940824285714

00:46:36.687 --> 00:46:38.530 orders for life sustaining treatment,

NOTE Confidence: 0.935940824285714

00:46:38.530 --> 00:46:42.135 I feel like that is a very useful

NOTE Confidence: 0.935940824285714

00:46:42.135 --> 00:46:43.665 tool and I'm wondering how we  
NOTE Confidence: 0.935940824285714

00:46:43.665 --> 00:46:45.287 can get that in Connecticut.  
NOTE Confidence: 0.931785312307692

00:46:47.690 --> 00:46:50.354 So the Department of Health actually  
NOTE Confidence: 0.931785312307692

00:46:50.354 --> 00:46:53.290 will send them to you for free.  
NOTE Confidence: 0.931785312307692

00:46:53.290 --> 00:46:56.194 That's how we get it here  
NOTE Confidence: 0.931785312307692

00:46:56.194 --> 00:46:57.646 in Greenwich Hospital.  
NOTE Confidence: 0.931785312307692

00:46:57.650 --> 00:46:59.090 It differs from state to state.  
NOTE Confidence: 0.931785312307692

00:46:59.090 --> 00:47:00.574 It's based upon the.  
NOTE Confidence: 0.931785312307692

00:47:00.574 --> 00:47:02.429 What was originally the pulsed  
NOTE Confidence: 0.931785312307692

00:47:02.429 --> 00:47:03.728 paradigm out of Oregon?  
NOTE Confidence: 0.931785312307692

00:47:03.730 --> 00:47:05.330 The physician orders for  
NOTE Confidence: 0.931785312307692

00:47:05.330 --> 00:47:06.530 license taking treatment.  
NOTE Confidence: 0.931785312307692

00:47:06.530 --> 00:47:07.690 My years in North Carolina.  
NOTE Confidence: 0.931785312307692

00:47:07.690 --> 00:47:10.170 The document was what we called Pulsar Pink,  
NOTE Confidence: 0.931785312307692

00:47:10.170 --> 00:47:11.250 very bright pink.  
NOTE Confidence: 0.931785312307692

00:47:11.250 --> 00:47:12.330 Here in Connecticut,

NOTE Confidence: 0.931785312307692  
00:47:12.330 --> 00:47:13.728 it's more of a neon green,  
NOTE Confidence: 0.931785312307692  
00:47:13.730 --> 00:47:16.316 so it was intended to stand  
NOTE Confidence: 0.931785312307692  
00:47:16.316 --> 00:47:18.730 out in a written chart,  
NOTE Confidence: 0.931785312307692  
00:47:18.730 --> 00:47:21.446 but we don't have written charts anymore.  
NOTE Confidence: 0.931785312307692  
00:47:21.450 --> 00:47:22.334 Some of my colleagues,  
NOTE Confidence: 0.931785312307692  
00:47:22.334 --> 00:47:23.660 it may not be just the  
NOTE Confidence: 0.931785312307692  
00:47:23.718 --> 00:47:25.050 completion of the document,  
NOTE Confidence: 0.931785312307692  
00:47:25.050 --> 00:47:26.786 but it serves as sort of a  
NOTE Confidence: 0.931785312307692  
00:47:26.786 --> 00:47:27.530 template for conversation.  
NOTE Confidence: 0.918178208333333  
00:47:29.230 --> 00:47:31.330 Yeah. And my understanding is  
NOTE Confidence: 0.918178208333333  
00:47:31.330 --> 00:47:33.190 that because it has to be green,  
NOTE Confidence: 0.918178208333333  
00:47:33.190 --> 00:47:34.709 it's not as easy to scan in.  
NOTE Confidence: 0.918178208333333  
00:47:34.710 --> 00:47:36.918 So the patient has to carry  
NOTE Confidence: 0.918178208333333  
00:47:36.918 --> 00:47:38.390 around the green form.  
NOTE Confidence: 0.918178208333333  
00:47:38.390 --> 00:47:40.105 But certainly having things well  
NOTE Confidence: 0.918178208333333

00:47:40.105 --> 00:47:42.207 documented in the chart and whether  
NOTE Confidence: 0.9181782083333333

00:47:42.207 --> 00:47:44.503 we do it from inpatient or outpatient,  
NOTE Confidence: 0.9181782083333333

00:47:44.510 --> 00:47:46.134 these advanced care planning  
NOTE Confidence: 0.9181782083333333

00:47:46.134 --> 00:47:48.422 has a huge free text section.  
NOTE Confidence: 0.9181782083333333

00:47:48.422 --> 00:47:51.788 So I hope that you guys look at that  
NOTE Confidence: 0.9181782083333333

00:47:51.788 --> 00:47:54.308 when we do that from primary care  
NOTE Confidence: 0.9181782083333333

00:47:54.310 --> 00:47:58.048 for bidirectional communication.  
NOTE Confidence: 0.9181782083333333

00:47:58.050 --> 00:48:00.570 I'll just add a question as well  
NOTE Confidence: 0.9181782083333333

00:48:00.570 --> 00:48:02.756 while we wait for some in the  
NOTE Confidence: 0.9181782083333333

00:48:02.756 --> 00:48:04.328 audience to come up with some.  
NOTE Confidence: 0.9181782083333333

00:48:04.330 --> 00:48:06.010 So and we're getting that diagram  
NOTE Confidence: 0.9181782083333333

00:48:06.010 --> 00:48:07.794 that you gave which had that kind of  
NOTE Confidence: 0.9181782083333333

00:48:07.794 --> 00:48:09.810 circle and then all the caregivers  
NOTE Confidence: 0.9181782083333333

00:48:09.810 --> 00:48:12.210 around the patient and their family.  
NOTE Confidence: 0.9181782083333333

00:48:12.210 --> 00:48:14.046 Sometimes I feel like, you know,  
NOTE Confidence: 0.9181782083333333

00:48:14.050 --> 00:48:15.620 Smilo has such complete services



NOTE Confidence: 0.918178208333333

00:48:15.620 --> 00:48:17.782 that in primary care we're a little

NOTE Confidence: 0.918178208333333

00:48:17.782 --> 00:48:19.644 bit like in outer space around that,

NOTE Confidence: 0.918178208333333

00:48:19.650 --> 00:48:20.822 maybe not outer space,

NOTE Confidence: 0.918178208333333

00:48:20.822 --> 00:48:22.287 but in a different room.

NOTE Confidence: 0.918178208333333

00:48:22.290 --> 00:48:24.168 We're all on the same chart, right?

NOTE Confidence: 0.918178208333333

00:48:24.168 --> 00:48:26.558 But at the same time,

NOTE Confidence: 0.918178208333333

00:48:26.560 --> 00:48:29.476 sometimes that communication would be hard.

NOTE Confidence: 0.918178208333333

00:48:29.480 --> 00:48:32.640 Is it possible to initiate a palliative care,

NOTE Confidence: 0.918178208333333

00:48:32.640 --> 00:48:36.880 consult yet palliative care advice

NOTE Confidence: 0.918178208333333

00:48:36.880 --> 00:48:38.047 or or interact?

NOTE Confidence: 0.918178208333333

00:48:38.047 --> 00:48:40.381 What's the best way to kind

NOTE Confidence: 0.918178208333333

00:48:40.381 --> 00:48:42.799 of interact with you guys?

NOTE Confidence: 0.957025933333333

00:48:44.430 --> 00:48:45.930 Very good question.

NOTE Confidence: 0.957025933333333

00:48:45.930 --> 00:48:47.430 So different avenues.

NOTE Confidence: 0.957025933333333

00:48:47.430 --> 00:48:49.915 We all have main office numbers if

NOTE Confidence: 0.957025933333333

00:48:49.915 --> 00:48:52.403 people want to call and hopefully we  
NOTE Confidence: 0.9570259333333333

00:48:52.403 --> 00:48:54.509 can provide that to the audience.  
NOTE Confidence: 0.9570259333333333

00:48:54.510 --> 00:48:57.230 Epic, certainly there is messaging  
NOTE Confidence: 0.9570259333333333

00:48:57.230 --> 00:48:59.950 capability from provider to provider,  
NOTE Confidence: 0.9570259333333333

00:48:59.950 --> 00:49:03.268 so that could be another platform.  
NOTE Confidence: 0.9570259333333333

00:49:03.270 --> 00:49:05.010 And those are the the typical  
NOTE Confidence: 0.9570259333333333

00:49:05.010 --> 00:49:06.674 ways I communicate when I see  
NOTE Confidence: 0.9570259333333333

00:49:06.674 --> 00:49:08.024 a patient and write a note,  
NOTE Confidence: 0.9570259333333333

00:49:08.030 --> 00:49:10.410 I CC their primary care physician so  
NOTE Confidence: 0.9570259333333333

00:49:10.410 --> 00:49:12.458 that hopefully they get to see the  
NOTE Confidence: 0.9570259333333333

00:49:12.458 --> 00:49:14.170 notes as well and are up to speed  
NOTE Confidence: 0.9570259333333333

00:49:14.170 --> 00:49:15.630 with what changes may have been done.  
NOTE Confidence: 0.93019015

00:49:18.390 --> 00:49:19.825 And then let's move.  
NOTE Confidence: 0.93019015

00:49:19.825 --> 00:49:23.070 We do have a question that came in  
NOTE Confidence: 0.940253548

00:49:23.070 --> 00:49:25.310 and the question was,  
NOTE Confidence: 0.940253548

00:49:25.310 --> 00:49:28.430 is it possible to introduce

NOTE Confidence: 0.940253548  
00:49:28.430 --> 00:49:30.926 palliative care too late?  
NOTE Confidence: 0.940253548  
00:49:30.930 --> 00:49:31.746 And I think, Liz,  
NOTE Confidence: 0.940253548  
00:49:31.746 --> 00:49:32.970 you had answered that a little  
NOTE Confidence: 0.940253548  
00:49:33.021 --> 00:49:34.090 in writing, if you want to.  
NOTE Confidence: 0.90694514  
00:49:34.330 --> 00:49:36.242 Yeah, I I wanted to answer that.  
NOTE Confidence: 0.90694514  
00:49:36.242 --> 00:49:38.370 And you know, I, I do inpatient palliative  
NOTE Confidence: 0.895637679166667  
00:49:38.370 --> 00:49:40.426 care and a lot of oncology and and  
NOTE Confidence: 0.895637679166667  
00:49:40.426 --> 00:49:42.480 oftentimes like our consoles do come too,  
NOTE Confidence: 0.895637679166667  
00:49:42.480 --> 00:49:45.010 too late by some traditional metrics.  
NOTE Confidence: 0.895637679166667  
00:49:45.010 --> 00:49:46.972 I would argue to say that it's never too  
NOTE Confidence: 0.895637679166667  
00:49:46.972 --> 00:49:50.080 late to introduce palliative care, however.  
NOTE Confidence: 0.895637679166667  
00:49:50.080 --> 00:49:51.760 I think sometimes we're involved  
NOTE Confidence: 0.895637679166667  
00:49:51.760 --> 00:49:53.440 very short periods of time,  
NOTE Confidence: 0.895637679166667  
00:49:53.440 --> 00:49:56.000 but have an enormous impact on the patient,  
NOTE Confidence: 0.895637679166667  
00:49:56.000 --> 00:49:59.640 on the family, on bereavement for the  
NOTE Confidence: 0.895637679166667

00:49:59.640 --> 00:50:01.880 caregivers and for a sense of closure and  
NOTE Confidence: 0.895637679166667

00:50:01.940 --> 00:50:04.397 sometimes the most helpful support we give,  
NOTE Confidence: 0.895637679166667

00:50:04.400 --> 00:50:07.246 just making sure I'm not muted is when we  
NOTE Confidence: 0.895637679166667

00:50:07.246 --> 00:50:08.938 can help support those with complicated  
NOTE Confidence: 0.895637679166667

00:50:08.938 --> 00:50:10.637 bereavement needs after a patient's death,  
NOTE Confidence: 0.895637679166667

00:50:10.640 --> 00:50:11.704 let's say, you know,  
NOTE Confidence: 0.895637679166667

00:50:11.704 --> 00:50:14.090 the illness was very brief and there was  
NOTE Confidence: 0.895637679166667

00:50:14.090 --> 00:50:15.920 a very difficult short hospitalization.  
NOTE Confidence: 0.895637679166667

00:50:15.920 --> 00:50:17.280 There's a lot of.  
NOTE Confidence: 0.895637679166667

00:50:17.280 --> 00:50:19.950 Sense of regret or uncertainty or, you know,  
NOTE Confidence: 0.895637679166667

00:50:19.950 --> 00:50:22.155 lack of closure for the family member.  
NOTE Confidence: 0.895637679166667

00:50:22.160 --> 00:50:24.722 Our social workers will contact them  
NOTE Confidence: 0.895637679166667

00:50:24.722 --> 00:50:26.960 and have bereavement support groups,  
NOTE Confidence: 0.895637679166667

00:50:26.960 --> 00:50:27.692 one-on-one, counseling,  
NOTE Confidence: 0.895637679166667

00:50:27.692 --> 00:50:28.424 telephone outreach,  
NOTE Confidence: 0.895637679166667

00:50:28.424 --> 00:50:30.620 in addition to whatever other support

NOTE Confidence: 0.895637679166667

00:50:30.674 --> 00:50:32.330 services they may have access either

NOTE Confidence: 0.895637679166667

00:50:32.330 --> 00:50:33.800 through Hospice or other places.

NOTE Confidence: 0.895637679166667

00:50:33.800 --> 00:50:35.456 And that is a really important

NOTE Confidence: 0.895637679166667

00:50:35.456 --> 00:50:36.560 resource for many people.

NOTE Confidence: 0.895637679166667

00:50:36.560 --> 00:50:39.112 So I would argue it's never ever too

NOTE Confidence: 0.895637679166667

00:50:39.112 --> 00:50:41.720 late to introduce palliative care,

NOTE Confidence: 0.895637679166667

00:50:41.720 --> 00:50:42.160 ever.

NOTE Confidence: 0.9352219

00:50:43.040 --> 00:50:46.218 I'm so glad Liz asked that or answered that.

NOTE Confidence: 0.9352219

00:50:46.218 --> 00:50:47.660 I wanted to to piggyback on top

NOTE Confidence: 0.9352219

00:50:47.704 --> 00:50:49.083 of that because that was the other

NOTE Confidence: 0.9352219

00:50:49.083 --> 00:50:50.664 thing that I wanted to mention is

NOTE Confidence: 0.9352219

00:50:50.664 --> 00:50:52.074 the bereavements of part the other.

NOTE Confidence: 0.9352219

00:50:52.080 --> 00:50:53.905 The other thing, there's actually

NOTE Confidence: 0.9352219

00:50:53.905 --> 00:50:55.120 a study, and I'm sorry,

NOTE Confidence: 0.9352219

00:50:55.120 --> 00:50:56.520 I don't know the authors at the moment,

NOTE Confidence: 0.9352219

00:50:56.520 --> 00:50:58.116 but there was a study that  
NOTE Confidence: 0.9352219

00:50:58.116 --> 00:50:58.914 looked at patients,  
NOTE Confidence: 0.9352219

00:50:58.920 --> 00:51:01.152 families of patients who had died  
NOTE Confidence: 0.9352219

00:51:01.152 --> 00:51:04.119 and asked them how they felt about  
NOTE Confidence: 0.9352219

00:51:04.119 --> 00:51:06.449 when palliative care was introduced.  
NOTE Confidence: 0.9352219

00:51:06.450 --> 00:51:08.004 And most of the researchers thought  
NOTE Confidence: 0.9352219

00:51:08.004 --> 00:51:09.529 that they would be too late.  
NOTE Confidence: 0.9352219

00:51:09.530 --> 00:51:12.690 And no matter when in the disease trajectory,  
NOTE Confidence: 0.9352219

00:51:12.690 --> 00:51:13.878 palliative care was introduced,  
NOTE Confidence: 0.9352219

00:51:13.878 --> 00:51:16.250 the family thought it was the right time.  
NOTE Confidence: 0.9352219

00:51:16.250 --> 00:51:18.225 Which whether that's a psychological  
NOTE Confidence: 0.9352219

00:51:18.225 --> 00:51:19.805 confirmation bias or what,  
NOTE Confidence: 0.9352219

00:51:19.810 --> 00:51:21.562 it's just interesting to me that  
NOTE Confidence: 0.9352219

00:51:21.562 --> 00:51:23.082 almost always families are just  
NOTE Confidence: 0.9352219

00:51:23.082 --> 00:51:24.567 grateful for when it's offered.  
NOTE Confidence: 0.9352219

00:51:24.570 --> 00:51:26.946 And and the one thing I will add is

NOTE Confidence: 0.9352219

00:51:26.946 --> 00:51:29.145 going back to that very first case.

NOTE Confidence: 0.9352219

00:51:29.150 --> 00:51:30.865 How early can you introduce palliative care?

NOTE Confidence: 0.9352219

00:51:30.870 --> 00:51:32.515 So, so that my one question was

NOTE Confidence: 0.9352219

00:51:32.515 --> 00:51:34.745 as as I was thinking that as this

NOTE Confidence: 0.9352219

00:51:34.745 --> 00:51:36.718 was coming up it it is possible

NOTE Confidence: 0.9352219

00:51:36.718 --> 00:51:38.350 to introduce it right early on.

NOTE Confidence: 0.9352219

00:51:38.350 --> 00:51:40.546 I wouldn't have referred that patient

NOTE Confidence: 0.9352219

00:51:40.546 --> 00:51:43.025 to palliative care at the time of

NOTE Confidence: 0.9352219

00:51:43.025 --> 00:51:44.605 diagnosis if it wasn't mastatic

NOTE Confidence: 0.9352219

00:51:44.605 --> 00:51:46.344 and she didn't have symptoms.

NOTE Confidence: 0.9352219

00:51:46.344 --> 00:51:49.176 But if it was either metastatic or she

NOTE Confidence: 0.9352219

00:51:49.176 --> 00:51:51.918 had symptoms needing to be controlled,

NOTE Confidence: 0.9352219

00:51:51.920 --> 00:51:52.570 then yes,

NOTE Confidence: 0.9352219

00:51:52.570 --> 00:51:53.870 absolutely would consider referring

NOTE Confidence: 0.9352219

00:51:53.870 --> 00:51:55.440 to specialty level powdered care.

NOTE Confidence: 0.9352219

00:51:55.440 --> 00:51:57.323 And you can introduce it the way  
NOTE Confidence: 0.9352219

00:51:57.323 --> 00:51:59.385 I introduce it and my guess is  
NOTE Confidence: 0.9352219

00:51:59.385 --> 00:52:00.880 that my pallet care colleagues,  
NOTE Confidence: 0.9352219

00:52:00.880 --> 00:52:02.000 it would be pretty similar  
NOTE Confidence: 0.9352219

00:52:02.000 --> 00:52:03.669 because we have sort of a national  
NOTE Confidence: 0.9352219

00:52:03.669 --> 00:52:04.919 expectation of how we stand.  
NOTE Confidence: 0.9352219

00:52:04.920 --> 00:52:07.314 I say it's a, it's a specialty of medicine,  
NOTE Confidence: 0.9352219

00:52:07.320 --> 00:52:08.560 it's a focus on symptoms,  
NOTE Confidence: 0.9352219

00:52:08.560 --> 00:52:10.640 communication and sometimes decision making.  
NOTE Confidence: 0.9352219

00:52:10.640 --> 00:52:12.033 The best way to think of it  
NOTE Confidence: 0.9352219

00:52:12.033 --> 00:52:13.559 as an extra layer of support.  
NOTE Confidence: 0.9352219

00:52:13.560 --> 00:52:14.360 There are other versions  
NOTE Confidence: 0.9352219

00:52:14.360 --> 00:52:15.160 of that whether it's,  
NOTE Confidence: 0.9352219

00:52:15.160 --> 00:52:15.658 you know,  
NOTE Confidence: 0.9352219

00:52:15.658 --> 00:52:17.401 it's a team of experts who are  
NOTE Confidence: 0.9352219

00:52:17.401 --> 00:52:19.563 going to help partner with me to



NOTE Confidence: 0.9352219

00:52:19.563 --> 00:52:20.799 manage your symptoms etcetera.

NOTE Confidence: 0.9352219

00:52:20.800 --> 00:52:22.456 But it's it's that whole concept

NOTE Confidence: 0.9352219

00:52:22.456 --> 00:52:23.560 of it's a team.

NOTE Confidence: 0.9352219

00:52:23.560 --> 00:52:24.460 So, so yes,

NOTE Confidence: 0.9352219

00:52:24.460 --> 00:52:25.960 absolutely could have referred it.

NOTE Confidence: 0.9352219

00:52:25.960 --> 00:52:27.744 I think that my thought in that first

NOTE Confidence: 0.9352219

00:52:27.744 --> 00:52:29.878 case is she's just getting the diagnosis,

NOTE Confidence: 0.9352219

00:52:29.880 --> 00:52:30.714 she's completely overwhelming.

NOTE Confidence: 0.9352219

00:52:30.714 --> 00:52:32.660 So you really just want to ground

NOTE Confidence: 0.9352219

00:52:32.705 --> 00:52:34.409 her in next steps and and if she

NOTE Confidence: 0.9352219

00:52:34.409 --> 00:52:35.400 weren't actively symptomatic,

NOTE Confidence: 0.9352219

00:52:35.400 --> 00:52:36.562 I'm not sure I would have referred

NOTE Confidence: 0.9352219

00:52:36.562 --> 00:52:37.240 at that point yet.

NOTE Confidence: 0.92415216

00:52:38.580 --> 00:52:40.612 If I can jump in, just give talks about

NOTE Confidence: 0.92415216

00:52:40.612 --> 00:52:42.460 what I call fishing further upstream,

NOTE Confidence: 0.92415216

00:52:42.460 --> 00:52:43.725 meaning trying to get involved  
NOTE Confidence: 0.92415216

00:52:43.725 --> 00:52:44.990 earlier from the time of  
NOTE Confidence: 0.92415216

00:52:45.039 --> 00:52:46.419 diagnosis for palliative cure.  
NOTE Confidence: 0.92415216

00:52:46.420 --> 00:52:48.140 Because when you're introduced as  
NOTE Confidence: 0.92415216

00:52:48.140 --> 00:52:50.220 just another part of the team,  
NOTE Confidence: 0.92415216

00:52:50.220 --> 00:52:51.872 you're not sort of looked at as  
NOTE Confidence: 0.92415216

00:52:51.872 --> 00:52:53.220 the Boogeyman or boogeywoman.  
NOTE Confidence: 0.9452853

00:52:55.490 --> 00:52:56.815 That sense you, you know,  
NOTE Confidence: 0.9452853

00:52:56.815 --> 00:52:58.880 I worked with the brain tumor center  
NOTE Confidence: 0.9452853

00:52:58.940 --> 00:53:01.127 at Duke and it was sort of what day  
NOTE Confidence: 0.9452853

00:53:01.127 --> 00:53:02.926 should we put the to care visit  
NOTE Confidence: 0.9452853

00:53:02.926 --> 00:53:05.090 on day one or day two. You know,  
NOTE Confidence: 0.9452853

00:53:05.090 --> 00:53:07.088 as they're seeing the radiation oncologist,  
NOTE Confidence: 0.9452853

00:53:07.090 --> 00:53:08.502 medical oncologist, surgical oncologist,  
NOTE Confidence: 0.9452853

00:53:08.502 --> 00:53:11.213 it's just it was baked in into the  
NOTE Confidence: 0.9452853

00:53:11.213 --> 00:53:13.082 care as that extra layer of support.

NOTE Confidence: 0.9452853

00:53:13.090 --> 00:53:16.090 And when you're caring for people earlier on,

NOTE Confidence: 0.9452853

00:53:16.090 --> 00:53:18.090 you develop relationships with them,

NOTE Confidence: 0.9452853

00:53:18.090 --> 00:53:20.817 they develop trust with you and

NOTE Confidence: 0.9452853

00:53:20.817 --> 00:53:22.473 you get to know the team and and

NOTE Confidence: 0.9452853

00:53:22.473 --> 00:53:24.249 know their their desires basically.

NOTE Confidence: 0.9452853

00:53:24.250 --> 00:53:24.828 So it's.

NOTE Confidence: 0.9452853

00:53:24.828 --> 00:53:26.562 Earlier is better but at any

NOTE Confidence: 0.9452853

00:53:26.562 --> 00:53:28.369 time we can certainly help

NOTE Confidence: 0.842554688

00:53:30.970 --> 00:53:34.130 that's terrific. I I don't,

NOTE Confidence: 0.842554688

00:53:34.130 --> 00:53:35.762 I don't see more questions coming

NOTE Confidence: 0.842554688

00:53:35.762 --> 00:53:38.002 in but I'll just make one more

NOTE Confidence: 0.842554688

00:53:38.002 --> 00:53:39.930 comment and and that is that all,

NOTE Confidence: 0.842554688

00:53:39.930 --> 00:53:44.146 all of these words matter and I know

NOTE Confidence: 0.842554688

00:53:44.146 --> 00:53:47.065 that and you know Ola knows that

NOTE Confidence: 0.842554688

00:53:47.065 --> 00:53:49.539 because we see the families afterwards

NOTE Confidence: 0.842554688

00:53:49.539 --> 00:53:52.569 whether it's because they're also our  
NOTE Confidence: 0.842554688

00:53:52.569 --> 00:53:55.346 patients or because we kind of do a.  
NOTE Confidence: 0.842554688

00:53:55.350 --> 00:53:58.345 A later follow up that's I think not  
NOTE Confidence: 0.842554688

00:53:58.345 --> 00:54:00.760 always but often part of primary care  
NOTE Confidence: 0.842554688

00:54:00.834 --> 00:54:03.230 after a longstanding relationship.  
NOTE Confidence: 0.842554688

00:54:03.230 --> 00:54:07.064 And I can't tell you how much words matter.  
NOTE Confidence: 0.842554688

00:54:07.070 --> 00:54:09.390 And people will recount entire  
NOTE Confidence: 0.842554688

00:54:09.390 --> 00:54:11.710 conversations that happened in those,  
NOTE Confidence: 0.842554688

00:54:11.710 --> 00:54:13.830 you know, in the end of cancer care,  
NOTE Confidence: 0.842554688

00:54:13.830 --> 00:54:17.076 whether it was a turning point in  
NOTE Confidence: 0.842554688

00:54:17.076 --> 00:54:19.706 management to more palliative care,  
NOTE Confidence: 0.842554688

00:54:19.710 --> 00:54:23.030 to Hospice care or the actual death and,  
NOTE Confidence: 0.842554688

00:54:23.030 --> 00:54:25.778 you know, words that set them.  
NOTE Confidence: 0.842554688

00:54:25.780 --> 00:54:28.318 Help them be comfortable with what's  
NOTE Confidence: 0.842554688

00:54:28.318 --> 00:54:30.635 happening ring especially true it helps  
NOTE Confidence: 0.842554688

00:54:30.635 --> 00:54:32.859 them to you know not feel guilty or

NOTE Confidence: 0.842554688

00:54:32.860 --> 00:54:34.974 not feel bad about how things went.

NOTE Confidence: 0.842554688

00:54:34.980 --> 00:54:38.058 So I think it's it's great.

NOTE Confidence: 0.842554688

00:54:38.060 --> 00:54:40.540 We have one more question that came in.

NOTE Confidence: 0.842554688

00:54:40.540 --> 00:54:43.228 Can you repeat information on training

NOTE Confidence: 0.842554688

00:54:43.228 --> 00:54:45.020 for having tough conversations.

NOTE Confidence: 0.842554688

00:54:45.020 --> 00:54:47.140 I think that was one of Kristin's slides.

NOTE Confidence: 0.842554688

00:54:47.220 --> 00:54:48.660 Yeah.

NOTE Confidence: 0.951905957894737

00:54:48.660 --> 00:54:50.244 Are these slides made available for

NOTE Confidence: 0.951905957894737

00:54:50.244 --> 00:54:51.890 people afterwards as well because they're

NOTE Confidence: 0.951905957894737

00:54:51.890 --> 00:54:53.780 actually links on them to the specifics.

NOTE Confidence: 0.93824092

00:54:54.880 --> 00:54:56.660 It's, yeah, it's a recording

NOTE Confidence: 0.93824092

00:54:56.660 --> 00:54:58.440 on any of the slides.

NOTE Confidence: 0.9352219

00:54:58.640 --> 00:55:01.520 Maybe I can send those to you Karen,

NOTE Confidence: 0.9352219

00:55:01.520 --> 00:55:02.556 and maybe we can send them out.

NOTE Confidence: 0.9352219

00:55:02.560 --> 00:55:03.930 But the there there are

NOTE Confidence: 0.9352219

00:55:03.930 --> 00:55:05.920 three sites, so one is cap  
NOTE Confidence: 0.933963975

00:55:09.000 --> 00:55:10.440 CW w.capcapc.org. The next  
NOTE Confidence: 0.933963975

00:55:10.440 --> 00:55:12.519 one is vital talk, which is W  
NOTE Confidence: 0.9301902

00:55:20.640 --> 00:55:22.500 w.vitaltalk.isitorgorcapccapc.org.  
NOTE Confidence: 0.9301902

00:55:22.500 --> 00:55:24.915 Vitaltalk.org I believe and then if you  
NOTE Confidence: 0.9301902

00:55:24.915 --> 00:55:27.940 Google cuz the the the link was quite  
NOTE Confidence: 0.9301902

00:55:27.940 --> 00:55:29.860 long the serious illness conversation  
NOTE Confidence: 0.9301902

00:55:29.860 --> 00:55:31.300 would be the one that the other one.  
NOTE Confidence: 0.9301902

00:55:32.940 --> 00:55:35.220 All right so  
NOTE Confidence: 0.9318674333333333

00:55:36.220 --> 00:55:38.140 and do you wanna I think  
NOTE Confidence: 0.9402536

00:55:38.500 --> 00:55:39.620 you had one more comment.  
NOTE Confidence: 0.852159575

00:55:41.340 --> 00:55:42.220 I I just wanted  
NOTE Confidence: 0.94427896

00:55:42.220 --> 00:55:44.082 to I know this is geared towards  
NOTE Confidence: 0.94427896

00:55:44.082 --> 00:55:45.911 the primary care population and they  
NOTE Confidence: 0.94427896

00:55:45.911 --> 00:55:47.861 just want to highlight how important  
NOTE Confidence: 0.94427896

00:55:47.861 --> 00:55:49.912 you know you Karen was saying that

NOTE Confidence: 0.94427896

00:55:49.912 --> 00:55:51.827 words matter and the words that you

NOTE Confidence: 0.94427896

00:55:51.827 --> 00:55:53.172 share the conversations you have

NOTE Confidence: 0.94427896

00:55:53.172 --> 00:55:54.968 with your patients matter more than

NOTE Confidence: 0.94427896

00:55:54.968 --> 00:55:56.478 any advanced care planning document

NOTE Confidence: 0.94427896

00:55:56.478 --> 00:55:58.060 or healthcare representative.

NOTE Confidence: 0.94427896

00:55:58.060 --> 00:55:59.660 Those are certainly important but

NOTE Confidence: 0.94427896

00:55:59.660 --> 00:56:01.585 for the patients and their loved

NOTE Confidence: 0.94427896

00:56:01.585 --> 00:56:03.454 ones to know what their wishes are

NOTE Confidence: 0.94427896

00:56:03.454 --> 00:56:05.268 what they would or would not want

NOTE Confidence: 0.94427896

00:56:05.268 --> 00:56:07.090 is so important in the earlier you

NOTE Confidence: 0.94427896

00:56:07.090 --> 00:56:08.565 have those conversations and more

NOTE Confidence: 0.94427896

00:56:08.565 --> 00:56:10.156 honestly and openly have those

NOTE Confidence: 0.94427896

00:56:10.156 --> 00:56:11.347 conversations they matter and.

NOTE Confidence: 0.94427896

00:56:11.347 --> 00:56:12.589 Been involved in the care of

NOTE Confidence: 0.94427896

00:56:12.589 --> 00:56:13.739 many patients and patient who,

NOTE Confidence: 0.94427896

00:56:13.740 --> 00:56:15.406 you know, they want to know what  
NOTE Confidence: 0.94427896

00:56:15.406 --> 00:56:16.858 their PCP thinks that you know,  
NOTE Confidence: 0.94427896

00:56:16.860 --> 00:56:18.380 they've seen a million specialists,  
NOTE Confidence: 0.94427896

00:56:18.380 --> 00:56:19.420 they've been through the wringer,  
NOTE Confidence: 0.94427896

00:56:19.420 --> 00:56:20.812 they've had every test under the  
NOTE Confidence: 0.94427896

00:56:20.812 --> 00:56:22.539 sun and they want to know what Dr.  
NOTE Confidence: 0.94427896

00:56:22.540 --> 00:56:23.118 Brown thinks.  
NOTE Confidence: 0.94427896

00:56:23.118 --> 00:56:25.141 And so when I'm able to engage  
NOTE Confidence: 0.94427896

00:56:25.141 --> 00:56:26.740 with primary care doctors,  
NOTE Confidence: 0.94427896

00:56:26.740 --> 00:56:28.042 it's like speaking to an old  
NOTE Confidence: 0.94427896

00:56:28.042 --> 00:56:29.420 family friend or a loved one,  
NOTE Confidence: 0.94427896

00:56:29.420 --> 00:56:31.090 like getting that history and  
NOTE Confidence: 0.94427896

00:56:31.090 --> 00:56:32.426 that collaboration and also  
NOTE Confidence: 0.94427896

00:56:32.426 --> 00:56:34.300 the medical expertise is there.  
NOTE Confidence: 0.94427896

00:56:34.300 --> 00:56:36.451 And so I really value that work and want  
NOTE Confidence: 0.94427896

00:56:36.451 --> 00:56:38.977 to thank everyone who's listening for that.



NOTE Confidence: 0.94427896

00:56:38.980 --> 00:56:40.338 And also think of us if you're

NOTE Confidence: 0.94427896

00:56:40.338 --> 00:56:41.477 worried about a patient with

NOTE Confidence: 0.94427896

00:56:41.477 --> 00:56:43.019 serious illness and you want the

NOTE Confidence: 0.94427896

00:56:43.019 --> 00:56:44.378 palliative care team to do a check,

NOTE Confidence: 0.94427896

00:56:44.380 --> 00:56:45.658 you know, I'm worried about symptoms.

NOTE Confidence: 0.94427896

00:56:45.660 --> 00:56:46.368 I'm worried about.

NOTE Confidence: 0.94427896

00:56:46.368 --> 00:56:48.020 They've had a lot of financial stressors.

NOTE Confidence: 0.94427896

00:56:48.020 --> 00:56:49.736 Their loved ones are really struggling.

NOTE Confidence: 0.94427896

00:56:49.740 --> 00:56:50.260 You know,

NOTE Confidence: 0.94427896

00:56:50.260 --> 00:56:52.340 ask the team or or contact us directly.

NOTE Confidence: 0.94427896

00:56:52.340 --> 00:56:53.816 We're happy to see your patients.

NOTE Confidence: 0.94427896

00:56:53.820 --> 00:56:54.150 You know,

NOTE Confidence: 0.94427896

00:56:54.150 --> 00:56:56.940 we're here to advocate along with you,

NOTE Confidence: 0.93354462

00:56:56.940 --> 00:56:57.420 and our team

NOTE Confidence: 0.945285235

00:56:57.460 --> 00:57:00.020 rolls deep. It's not just doctors and nurses.

NOTE Confidence: 0.945285235

00:57:00.020 --> 00:57:01.623 You've got a lot of great resources  
NOTE Confidence: 0.945285235

00:57:01.623 --> 00:57:02.940 to help support your patient.  
NOTE Confidence: 0.94025352

00:57:04.500 --> 00:57:05.700 There is a question,  
NOTE Confidence: 0.93773769

00:57:06.980 --> 00:57:11.060 let's see from the will you from an attendee,  
NOTE Confidence: 0.93773769

00:57:11.060 --> 00:57:13.475 will you be able to send contact  
NOTE Confidence: 0.93773769

00:57:13.475 --> 00:57:14.934 information for scheduling to  
NOTE Confidence: 0.93773769

00:57:14.934 --> 00:57:16.739 those that attended night tonight?  
NOTE Confidence: 0.93773769

00:57:16.740 --> 00:57:18.903 I don't know if we can put  
NOTE Confidence: 0.93773769

00:57:18.903 --> 00:57:22.100 something into the chat or else.  
NOTE Confidence: 0.93773769

00:57:22.100 --> 00:57:26.140 Maybe folks can repeat that for  
NOTE Confidence: 0.96415411875

00:57:26.140 --> 00:57:28.440 scheduling. So that's for scheduling  
NOTE Confidence: 0.96415411875

00:57:28.440 --> 00:57:29.820 palliative care consultation.  
NOTE Confidence: 0.96415411875

00:57:29.820 --> 00:57:34.148 You think maybe we need to clarify that  
NOTE Confidence: 0.96415411875

00:57:34.148 --> 00:57:36.538 question or is it, I think there's  
NOTE Confidence: 0.944726163333333

00:57:36.540 --> 00:57:38.717 a different way to do it inpatient  
NOTE Confidence: 0.944726163333333

00:57:38.717 --> 00:57:40.220 and outpatient, right folks, I mean.

NOTE Confidence: 0.933544666666667  
00:57:42.850 --> 00:57:44.686 That that's how it kind of flows to us.  
NOTE Confidence: 0.933544666666667  
00:57:44.690 --> 00:57:46.562 It's an ambulatory referral to palliative  
NOTE Confidence: 0.933544666666667  
00:57:46.562 --> 00:57:48.929 care and it lists the different sites.  
NOTE Confidence: 0.933544666666667  
00:57:48.930 --> 00:57:51.954 So New Haven or Greenwich that is the easiest  
NOTE Confidence: 0.933544666666667  
00:57:51.954 --> 00:57:54.689 for providers through the epic system.  
NOTE Confidence: 0.93824092  
00:57:55.210 --> 00:57:56.890 Yeah. And it depends the,  
NOTE Confidence: 0.95434236  
00:57:56.890 --> 00:57:59.434 the organization is based on where  
NOTE Confidence: 0.95434236  
00:57:59.434 --> 00:58:01.130 their primary oncologist resides,  
NOTE Confidence: 0.95434236  
00:58:01.130 --> 00:58:02.649 quote UN quote. So if their primary  
NOTE Confidence: 0.95434236  
00:58:02.649 --> 00:58:03.850 oncologist is at York Street,  
NOTE Confidence: 0.95434236  
00:58:03.850 --> 00:58:04.970 then they're at main campus.  
NOTE Confidence: 0.95434236  
00:58:04.970 --> 00:58:06.566 If they're at North Haven or Greenwich,  
NOTE Confidence: 0.95434236  
00:58:06.570 --> 00:58:08.130 then that's where their palliative  
NOTE Confidence: 0.95434236  
00:58:08.130 --> 00:58:09.690 care services would be rendered.  
NOTE Confidence: 0.934503027142857  
00:58:11.180 --> 00:58:12.580 Yes, you can do it through epic.  
NOTE Confidence: 0.934503027142857

00:58:12.580 --> 00:58:15.780 I do it once several times a week.  
NOTE Confidence: 0.934503027142857

00:58:15.780 --> 00:58:18.044 We're a minute over want to thank.  
NOTE Confidence: 0.934503027142857

00:58:18.044 --> 00:58:20.060 I mean this is such a terrific team.  
NOTE Confidence: 0.934503027142857

00:58:20.060 --> 00:58:22.220 I'm so glad that you guys are here taking  
NOTE Confidence: 0.934503027142857

00:58:22.220 --> 00:58:24.138 care of our patients and helping us.  
NOTE Confidence: 0.934503027142857

00:58:24.140 --> 00:58:26.740 I've learned so much from  
NOTE Confidence: 0.934503027142857

00:58:26.740 --> 00:58:28.028 this presentation, Chris,  
NOTE Confidence: 0.934503027142857

00:58:28.028 --> 00:58:30.716 and I've used half of those things  
NOTE Confidence: 0.934503027142857

00:58:30.716 --> 00:58:33.180 today when I've talked to patients.  
NOTE Confidence: 0.934503027142857

00:58:33.180 --> 00:58:34.756 Hola, Karen, thank you.  
NOTE Confidence: 0.934503027142857

00:58:34.756 --> 00:58:37.564 Thank you all for your input and  
NOTE Confidence: 0.934503027142857

00:58:37.564 --> 00:58:39.914 thanks for folks for showing up.  
NOTE Confidence: 0.934503027142857

00:58:39.914 --> 00:58:42.149 And continuing to show up.  
NOTE Confidence: 0.934503027142857

00:58:42.150 --> 00:58:44.390 Please tell your colleagues and of course,  
NOTE Confidence: 0.934503027142857

00:58:44.390 --> 00:58:46.586 feel free to access this online.  
NOTE Confidence: 0.934503027142857

00:58:46.590 --> 00:58:47.350 Have a great night.

NOTE Confidence: 0.934503027142857

00:58:47.830 --> 00:58:48.710 Thanks everybody

NOTE Confidence: 0.9301902

00:58:48.950 --> 00:58:52.190 and stay on for the questionnaire

NOTE Confidence: 0.9301902

00:58:52.190 --> 00:58:53.998 because that's the CME.