SURVIVORSHIP CLINIC

WHAT IS THE SURVIVORSHIP CLINIC?
The Survivorship Clinic is the first dedicated, multidisciplinary resource for cancer survivors in the State of Connecticut to provide patients and their families with vital information on cancer prevention, wellness, supportive services, and the latest health research related to cancer survivorship.

WHAT SERVICES DOES THE SURVIVORSHIP CLINIC PROVIDE?
The Survivorship Clinic provides dedicated support services for cancer survivors. Each survivor receives:

1. A written treatment summary and survivorship care plan tailored to the survivor’s specific diagnosis and treatments received. This care plan includes information about potential late- and long-term effects, future screening and surveillance recommendations.
2. A medical consultation to review the survivorship care plan.
3. Individualized counseling from a registered dietician and physical therapist to design a personalized plan to help optimize the survivor’s health behaviors.
4. Psychosocial support with a private visit with a social worker and an optional group guided imagery session.

WHO SHOULD COME TO THE SURVIVORSHIP CLINIC?
All women treated for early stage (stages 0-III) breast cancer at Smilow Cancer Hospital are eligible to come to the Survivorship Clinic.

WHEN SHOULD YOU COME TO THE SURVIVORSHIP CLINIC?
In general, most survivors come to the clinic within the first year of diagnosis, as their adjuvant therapies (i.e. chemotherapy and radiation) are finishing and they are entering the “surveillance” phase of cancer care. It is okay if you are long-lasting treatments including targeted therapy like herceptin or hormonal therapies like tamoxifen or an aromatase inhibitor.

HOW DO SURVIVORS MAKE AN APPOINTMENT?
CALL (203) 785-CARE OR (203) 785-2273

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