I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

SENDING SIES
Smilow Cancer Hospital places great emphasis on taking care of all our patients’ needs with the best medical care available and a network of supportive care services. Advanced practice nurses with dedicated knowledge and skills related to the treatment of endocrine factors are available to care for patients through the continuum of their illness. Patients and their families are also provided with access to social workers to ensure psychosocial support during their treatment.

Our support group is led by a Licensed Clinical Social Worker and offers patients an opportunity to connect with other patients, and share their story in a friendly and welcoming environment.

Other available resources for our patients and families include nutritional counseling, physical therapy, orthotherapy, and pastoral support. Many patients will require referrals to occupational therapy following treatment, and our team will ensure that you are put in touch with the most appropriate resource for your specific need.

I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

 HOW TO MAKE AN APPOINTMENT

For more information or to schedule an appointment with a surgeon in the Endocrine Program, please contact (203) 200-3636. A nurse coordinator and/or a practice nurse will work directly with you to ensure all the necessary information is obtained ahead of the consultation appointment.

To schedule an appointment with a member from Medical Endocrinology in the Endocrine Program, please contact (203) 200-3636. Our goal is to ensure that each of our patients has an outstanding and positive care experience.

“The members of the Endocrine Program at Smilow Cancer Hospital truly work as a team and take great pride in being one of the leading programs in the country.”

- Dr. Tobias Carling

© 2018 Yale Cancer Center

For Jeffrey’s story: yalecancercenter.org/jeff
The Endocrine Program collaborates closely with the Smilow Cancer Hospital Cancer Genetics and Prevention Program to screen and evaluate patients who may have inherited thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial medullary thyroid cancer, or other inherited endocrine tumor susceptibility syndromes. As a result of this collaborative effort, genetic testing is performed on all patients as part of the comprehensive, leading-edge surgical treatment available.

SPECIALIZED APPROACH TO CARE

The Endocrine Program at Smilow Cancer Hospital offers several specialized approaches to patient care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technique to locate parathyroid tumors in patients with parathyroid hyperfunction, and the use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH assays is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient's surgery has been successful, and decreases the length of surgery and recovery time.

Innovative surgical care

We have the only endocrine surgery program in the state of Connecticut and our team is devoted to providing comprehensive, state-of-the-art care. Our surgeons are specially trained and collaborate with specialists both within Yale and externally in order to provide the most comprehensive, leading-edge surgical treatment available.

In collaboration with the Smilow Cancer Hospital Cancer Genetics and Prevention Program, patients are screened and evaluated for hereditary endocrine tumor diseases. In addition, clinical trials testing new therapies and treatment options are offered to patients with medullary or pheochromocytoma/paragangliomas, which benefit from this multidisciplinary approach and serve as a respected training center for the best and brightest general surgeons. Our surgeons are internationally recognized for their minimally invasive techniques and their groundbreaking research in benign and malignant endocrine disorders. Some of the latest and most innovative procedures offered include:

- Minimally Invasive Parathyroidectomy: Removal of one or more of the parathyroid glands, which are small, pea-sized glands located in the neck on either side of the Adam’s apple and need to function in thyroid gland. This is performed with a focused approach, often using a gentle, local, cervical block anesthesia technique. The patient is able to vocalize during surgery ensuring the vocal cords are protected.

- Transoral Endoscopic Thyroidectomy Vestibular Approach (TOETVA): A novel, minimally invasive technique for removal of the thyroid with minimal incisions. The patient is able to vocalize during surgery, ensuring the vocal cords are protected.

- Retroperitoneoscopic Adrenalectomy: This approach allows for direct access to the adrenal gland with the need for increased hospital stays for patients with adrenal tumors. This results in less scarring and pain with a quicker recovery for patients.

- Laparoscopic or Open Translumbar Adrenalectomy: Based on the individual patient, and expertise in the management of large adrenal tumors, when a laparoscopic or open surgical approach may be preferable. Your surgeon will tailor the approach to fit you best.

SPECIALIZED APPROACH TO CARE

All team members of the Endocrine Program are driven to provide the best possible care for our patients and their families. We pride ourselves in the care we provide and our commitment to excellence. — Dr. Tobias Carling

Walking out of the exam room, I could not help but feel more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

— Kelsey

The Endocrine Program at Smilow Cancer Hospital collaborates closely with the Smilow Cancer Hospital Cancer Genetics and Prevention Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial medullary thyroid cancer, or other inherited endocrine tumor susceptibility syndromes. As a result of this collaborative effort, genetic testing is performed on all patients as part of the comprehensive, leading-edge surgical treatment available.

Clinical trials testing new therapies and treatment options are offered to patients with medullary or pheochromocytoma/paragangliomas, which benefit from this multidisciplinary approach and serve as a respected training center for the best and brightest general surgeons. Our surgeons are internationally recognized for their minimally invasive techniques and their groundbreaking research in benign and malignant endocrine disorders. Some of the latest and most innovative procedures offered include:

- Minimally Invasive Parathyroidectomy: Removal of one or more of the parathyroid glands, which are small, pea-sized glands located in the neck on either side of the Adam’s apple and need to function in thyroid gland. This is performed with a focused approach, often using a gentle, local, cervical block anesthesia technique. The patient is able to vocalize during surgery ensuring the vocal cords are protected.

- Transoral Endoscopic Thyroidectomy Vestibular Approach (TOETVA): A novel, minimally invasive technique for removal of the thyroid with minimal incisions. The patient is able to vocalize during surgery, ensuring the vocal cords are protected.

- Retroperitoneoscopic Adrenalectomy: This approach allows for direct access to the adrenal gland with the need for increased hospital stays for patients with adrenal tumors. This results in less scarring and pain with a quicker recovery for patients.

- Laparoscopic or Open Translumbar Adrenalectomy: Based on the individual patient, and expertise in the management of large adrenal tumors, when a laparoscopic or open surgical approach may be preferable. Your surgeon will tailor the approach to fit you best.

SPECIALIZED APPROACH TO CARE

All team members of the Endocrine Program are driven to provide the best possible care for our patients and their families. We pride ourselves in the care we provide and our commitment to excellence. — Dr. Tobias Carling

Walking out of the exam room, I could not help but feel more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

— Kelsey

The Endocrine Program at Smilow Cancer Hospital collaborates closely with the Smilow Cancer Hospital Cancer Genetics and Prevention Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial medullary thyroid cancer, or other inherited endocrine tumor susceptibility syndromes. As a result of this collaborative effort, genetic testing is performed on all patients as part of the comprehensive, leading-edge surgical treatment available.

Clinical trials testing new therapies and treatment options are offered to patients with medullary or pheochromocytoma/paragangliomas, which benefit from this multidisciplinary approach and serve as a respected training center for the best and brightest general surgeons.

The Endocrine Program offers several specialized approaches to patient care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technique to locate parathyroid tumors in patients with parathyroid hyperfunction, and the use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH assays is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient’s surgery has been successful, and decreases the length of surgery and recovery time.

The Endocrine Program offers several specialized approaches to patient care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technique to locate parathyroid tumors in patients with parathyroid hyperfunction, and the use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH assays is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient’s surgery has been successful, and decreases the length of surgery and recovery time.

The Endocrine Program collaborates closely with the Smilow Cancer Hospital Cancer Genetics and Prevention Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial medullary thyroid cancer, or other inherited endocrine tumor susceptibility syndromes. As a result of this collaborative effort, genetic testing is performed on all patients as part of the comprehensive, leading-edge surgical treatment available.

Clinical trials testing new therapies and treatment options are offered to patients with medullary or pheochromocytoma/paragangliomas, which benefit from this multidisciplinary approach and serve as a respected training center for the best and brightest general surgeons.
The Endocrine Program at Smilow Cancer Hospital provides patients with evaluation, diagnosis, and treatment of both cancerous and benign tumors of the thyroid, parathyroid, adrenal glands, pituitary gland, hypothalamus, and pancreas. It is one of the largest multidisciplinary endocrine programs in the country. We have the only endocrine surgery program in the state of Connecticut and our team is devoted to providing comprehensive, state-of-the-art care. Our surgeons are specially trained and collaborate with specialists both within Yale and externally in order to provide the most comprehensive, leading-edge surgical treatment available.

The emphasis of the Program is on the safest, most successful surgical care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technique used to localize parathyroid tumors before surgery is performed, and the use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient’s surgery has been successful, and decreases the length of surgery and recovery time.

INNOVATIVE SURGICAL CARE

Clinical trials testing new therapies and treatment options are offered to patients with medullary or anaplastic thyroid cancer.

We have the only endocrine surgery program in the state of Connecticut and our team is devoted to providing comprehensive, state-of-the-art care. Our surgeons are specially trained and collaborate with specialists both within Yale and externally in order to provide the most comprehensive, leading-edge surgical treatment available.

The emphasis of the Program is on the safest, most successful surgical care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technique used to localize parathyroid tumors before surgery is performed, and the use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient’s surgery has been successful, and decreases the length of surgery and recovery time.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was where I was supposed to be.
The Endocrine Program at Smilow Cancer Hospital provides patients with evaluation, diagnosis, and treatment of both cancerous and benign tumors of the thyroid, parathyroid, adrenal glands, pharynx, larynx, hypophysis, and pancreas. It is one of the largest multidisciplinary endocrine programs in the country.

We have the only endocrine surgery program in the state of Connecticut and our team is devoted to providing compassionate, state-of-the-art care. Our surgeons are specially trained and collaborate with specialists both within Yale and externally to provide the following:

Specialized surgical expertise is essential for the management of endocrine tumors. The Endocrine Surgery Training Program at Yale is accredited by the American Association of Endocrine Surgeons and serves as a respected training center for the best and brightest general surgeons. Our surgeons are internationally recognized for their minimally invasive techniques and thyroid ablation research in benign and malignant endocrine disorders. Some of the latest and most innovative procedures offered include:

- Minimally Invasive Parathyroidectomy: Removal of one or more of the parathyroid glands, which are small, pea-sized glands located in the neck on either side of the thyroid gland and tend to the thyroid gland. This is performed with a focused approach, often using a guide, local, block anesthesia technique. This enables the patient to vocalize during surgery, ensuring the vocal cords are protected.
- Transoral Endoscopic Thyroidectomy Vestibular Approach (TOETVA): A novel, minimally invasive technique for removal of thyroid tissue using no visible scarring. Yaw was the first center in the world, outside of Asia, to employ this novel technology.
- Retroperitoneoscopic Adrenalectomy: This approach allows for direct access to the adrenal gland with the endoscopic technique. It is ideal for patients needing to manage uncontrolled endocrine diseases that require hormone removal. These results are less scarring and pain with a quicker recovery for patients.
- Laparoscopic or Open Transabdominal Adrenalectomy: Based on the individual patient, and especially in the management of large adenomas, where a laparoscopic or open surgical approach may be preferable. Your surgeon will tailor the approach to fit you the best.
- Laparoscopic or Open Transabdominal Parathyroidectomy: Based on the individual patient, and especially in the management of large adenomas, where a laparoscopic or open surgical approach may be preferable. Your surgeon will tailor the approach to fit you the best.
- Specialized surgical expertise is essential for the management of endocrine tumors. The Endocrine Surgery Training Program at Yale is accredited by the American Association of Endocrine Surgeons and serves as a respected training center for the best and brightest general surgeons. Our surgeons are internationally recognized for their minimally invasive techniques and thyroid ablation research in benign and malignant endocrine disorders. Some of the latest and most innovative procedures offered include:

The emphasis of the Program is on the safest, most successful minimally invasive operations. The use of Rapid PTH (parathyroid hormone) assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH assays is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the information to know if the patient’s surgery has been successful, and decreases the length of surgery and recovery time.

INNOVATIVE SURGICAL CARE

SPECIALIZED APPROACH TO CARE

The Endocrine Program at Smilow Cancer Hospital offers several specialized approaches to patient care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging technology that is used to localize parathyroid glands, and the Rapid PTH parathyroid hormone assays, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH assays is essential in determining if all the tumor has been removed, or if further exploration is needed before surgery has ended. This provides the surgeon with the information to know if the patient’s surgery has been successful, and decreases the length of surgery and recovery time.

Walking out of the exam room, I could not have felt more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was being taken to the

– Kelsey

T he Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

SPECIALIZED APPROACH TO CARE

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

MEDICAL ENDOCRINOLOGY

Traditional external beam radiation therapy and chemotherapy play a small role in the treatment of endocrine tumors, but occasionally are required. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radioactive iodine, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy may be administered to slow the growth of any remaining tumor cells and lower the chance of a recurrence.

Our multidisciplinary Tumor Board meets weekly to discuss patient cases and to develop an optimal treatment plan for each of our patients. The Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

MEDICAL ENDOCRINOLOGY

Traditional external beam radiation therapy and chemotherapy play a small role in the treatment of endocrine tumors, but occasionally are required. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radioactive iodine, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy may be administered to slow the growth of any remaining tumor cells and lower the chance of a recurrence.

Our multidisciplinary Tumor Board meets weekly to discuss patient cases and to develop an optimal treatment plan for each of our patients. The Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

MEDICAL ENDOCRINOLOGY

Traditional external beam radiation therapy and chemotherapy play a small role in the treatment of endocrine tumors, but occasionally are required. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radioactive iodine, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy may be administered to slow the growth of any remaining tumor cells and lower the chance of a recurrence.

Our multidisciplinary Tumor Board meets weekly to discuss patient cases and to develop an optimal treatment plan for each of our patients. The Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

MEDICAL ENDOCRINOLOGY

Traditional external beam radiation therapy and chemotherapy play a small role in the treatment of endocrine tumors, but occasionally are required. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radioactive iodine, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy may be administered to slow the growth of any remaining tumor cells and lower the chance of a recurrence.

Our multidisciplinary Tumor Board meets weekly to discuss patient cases and to develop an optimal treatment plan for each of our patients. The Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials testing new therapies and treatment options are offered to patients with medullary or papillary thyroid cancer. A number of clinical and research collaborations are ongoing with endocrine programs around the world, which enable our team to be on the cutting edge of clinical trials and research. We are committed to not only providing you with the very best care today, but are dedicated to new research and innovative therapies that will advance the standard of care tomorrow.

MEDICAL ENDOCRINOLOGY

Traditional external beam radiation therapy and chemotherapy play a small role in the treatment of endocrine tumors, but occasionally are required. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radioactive iodine, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy may be administered to slow the growth of any remaining tumor cells and lower the chance of a recurrence.

Our multidisciplinary Tumor Board meets weekly to discuss patient cases and to develop an optimal treatment plan for each of our patients. The Endocrine Program collaborates closely with the Smilow Cancer Hospital Genetics and Population Health Program to screen and evaluate patients who may have hereditary thyroid cancer, multiple endocrine neoplasia (MEN) I or II syndromes, familial thyroid cancer, parathyroid/pheochromocytoma/ganglioneuromas, as well as other inherited endocrine tumor susceptibility syndromes. A personalized treatment plan is developed for each patient based on the results of the genetic testing.
The Endocrine Program at Smilow Cancer Hospital provides patients with evaluation, diagnosis, and treatment of both cancerous and benign tumors of the thyroid, parathyroid, adrenal glands, pituitary gland, hypothalamus, and pancreas. It is one of the largest multidisciplinary endocrine programs in the country.

We have the only endocrine surgery program in the state of Connecticut and our team is devoted to providing comprehensive, state-of-the-art care. Our surgeons are specially trained and collaborate with specialists both within Yale and externally in order to provide the most comprehensive, leading-edge surgical treatment available.

Clinical trials testing new therapies and treatment options are offered to patients with medullary or parathyroid, adrenal glands, pituitary gland, hypothalamus, and pancreas. It is one of the world’s largest multidisciplinary endocrine programs in the country. The emphasis of the Program is on the safest, most successful treatment plan will be tailored to your individual diagnosis and referrals to support surgery with the least amount of discomfort, scarring, and the fastest recovery time for every patient. Your treatment plan will be developed by the team based on the results of the genetic testing.

Clinical trials and research. We are committed to not only providing you with the very best care today, but also to developing new and innovative therapies that will allow the standard of care tomorrow.

Specialized surgical expertise is essential for the management of endocrine tumors. The Endocrine Surgery Training Program at Yale is accredited by the American Association of Endocrine Surgeons and serves as a respected training center for the best and brightest general surgeons. Our surgeons are particularly recognized for their extra-innovative techniques and their groundbreaking research in benign and malignant endocrine disorders. Some of the latest and most innovative procedures offered include:

- Minimally Invasive Parathyroidectomy: Removal of one or more of the parathyroid glands, which are small, pea-like glands located in the neck on either side of the thyroid and next to the thyroid gland. This is performed with a focused approach, often using a guide, local, cervical block anesthesia technique. The entire procedure is possible during the operation, allowing the vocal cords are protected.
- Laparoscopic or Open Transabdominal Adrenalectomy: This approach allows for direct access to the adrenal gland with a less invasive and less scarring approach. It is needed for patients with tumors considered malignant. It will have surgery, leave the patient scarred, and causes pain.
- Laryngoscopy or Open Translaryngeal Adrenalectomy: Based on the individual patient, and especially in the management of large adrenal tumors, whether a laparoscopic or open surgical approach may be preferable. Your surgeon will tailor the approach to meet your needs.

INNOVATIVE SURGICAL CARE

The Endocrine Program at Smilow Cancer Hospital offers several specialized approaches to patient care. These include the use of a parathyroid four-dimensional CT Scan, an advanced imaging tool to locate parathyroid glands in patients with parathyroid hyperplasia, and a novel robotic PTH (parathyroid hormone) assay, which allow for real-time testing while patients are still in the operating room. The use of Rapid PTH-ess is essential in determining if all the tumor has been removed; if not, further exploration is needed before surgery has ended. This provides the surgeon with the confidence to know a patient’s surgery has been successful, and decreases the length of hospitalization.

Walking out of the exam room, I could not feel more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was being supported to be

The Endocrine Program collaborates closely with the Smilow Cancer Hospital Cancer Genetics and Prevention Program to screen and evaluate for hereditary endocrine tumor syndromes, as well as all inherited endocrine tumor susceptibility syndromes. A personalized treatment approach is determined for each patient based on the findings of the genetic testing.

CLINICAL TRIALS AND RESEARCH

Clinical trials and research. We are committed to developing new and innovative therapies that will allow the standard of care tomorrow.

Traditional external beam radiation therapy and chemotherapy play a role in the treatment of endocrine tumors, but sometimes patients require more. While surgery is the most common and important treatment modality for endocrine tumors, another type of treatment that is widely used and effective in thyroid cancer is radiation therapy, which uses radioactive iodine to ablate any remaining cancer cells. This is a safe and very well tolerated treatment administered by the Endocrine Program at Smilow. Following treatment, hormone therapy treatment may be administered to slow the growth of any remaining cancer cells and lower the chance of a recurrence.

Many of our multidisciplinary Tumor Board meetings discuss patient cases and develop an individualized approach for each of our patients. The Endocrine Program currently offers a wide range of care, such as parathyroid, adrenocortical thyroid, adrenal, and phaeochromocytoma/pheochromocytoma, which benefit from this multidisciplinary approach and specialized expertise.

All team members of the Endocrine Program are driven to provide the best possible care for our patients and their families. We push the limits when it comes to research and surgical innovation.

— Dr. Jules Tardivel

For Kelsey’s story: yalecancercenter.org/kelsey

Walking out of the exam room, I could not feel more confident in the path I had chosen. With such an incredibly supportive family and health care team, I had no doubt I was being supported to be
I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

HOW TO MAKE AN APPOINTMENT
For more information or to schedule an appointment with a surgeon in the Endocrine Program, please contact (203) 737-2036. A nurse coordinator and/or a practice nurse will work directly with you to ensure that all the necessary information is obtained ahead of the consultation appointment.

To schedule an appointment with a member from Medical Endocrinology in the Endocrine Program, please contact (203) 200-3636. Our goal is to ensure that each of our patients has an outstanding and positive care experience.

“The members of the Endocrine Program at Smilow Cancer Hospital truly work as a team and take great pride in being one of the leading programs in the country.”

- Dr. Tobias Carling

I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

YaleNew Haven Health
Smilow Cancer Hospital

SUPPORTIVE CARE
Smilow Cancer Hospital places great emphasis on taking care of all our patients’ needs with the best medical care available and a network of supportive care services. Advanced practice nurses with dedicated knowledge and skills related to the treatment of endocrine factors are available to care for patients through the continuum of their disease. Patients and their families are also provided with access to social workers to ensure psychosocial support during their treatment. Our support group is led by a Licensed Clinical Social Worker and offers patients an opportunity to connect with other patients, and share their story in a friendly and welcoming environment.

Other available resources for our patients and families include nutritional counseling, physical therapy, occupational therapy, and pastoral support. Many patients will require referrals to occupational therapy following treatment, and our team will ensure that you are put in touch with the most appropriate resource for your specific need.
I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

How to Make an Appointment

For more information or to schedule an appointment with a surgeon in the Endocrine Program, please contact (203) 737-2036. A nurse coordinator and/or a practice nurse will work directly with you to ensure all the necessary information is obtained ahead of the consultation appointment.

To schedule an appointment with a member from Medical Endocrinology in the Endocrine Program, please contact (203) 200-3636. Our goal is to ensure that each of our patients has an outstanding and positive care experience.

“The members of the Endocrine Program at Smilow Cancer Hospital truly work as a team and take great pride in being one of the leading programs in the country.”

- Dr. Tobias Carling

SUPPORTIVE CARE

Smilow Cancer Hospital places great emphasis on taking care of all our patients’ needs with the best medical care available and a network of supportive care services. Advanced practice nurses with dedicated knowledge and skills related to the treatment of endocrine factors are available to care for patients through the continuum of their disease. Patients and their families are also provided with access to social workers to ensure psychosocial support during their treatment.

Our support group is led by a Licensed Clinical Social Worker and offers patients an opportunity to connect with other patients, and share their story in a friendly and welcoming environment.

Other available resources for our patients and families include nutritional counseling, physical therapy, orthotony, and pastoral support. Many patients will require referrals to occupational therapy following treatment, and our team will ensure that you are put in touch with the most appropriate resource for your specific need.

appointments
I can’t say enough good things about Smilow Cancer Hospital. All the staff is so good. I have been able to talk about my cancer, having great confidence in my medical counterparts.

— Jeffrey

SUPPORTIVE CARE

Smilow Cancer Hospital places great emphasis on taking care of all our patients’ needs with the best medical care available and a network of supportive care services. Advanced practice nurses with dedicated knowledge and skills related to the treatment of endocrine tumors are available to care for patients through the continuum of their care. Patients and their families are also provided with access to social workers to ensure psychosocial support during their treatment.

Our support group is led by a Licensed Clinical Social Worker and offers patients an opportunity to connect with other patients, and share their story in a friendly and welcoming environment. Other available resources for our patients and families include nutritional counseling, physical therapy, orthology, and pastoral support. Many patients will require referrals to occupational therapy following treatment, and our team will ensure that you are put in touch with the most appropriate resource for your specific need.

HOW TO MAKE AN APPOINTMENT

For more information or to schedule an appointment with a surgeon in the Endocrine Program, please contact (203) 737-2036. A nurse coordinator and/or a practice nurse will work directly with you to ensure all the necessary information is obtained ahead of the consultation appointment.

To schedule an appointment with a member from Medical Endocrinology in the Endocrine Program, please contact (203) 200-3636. Our goal is to ensure that each of our patients has an outstanding and positive care experience.

“The members of the Endocrine Program at Smilow Cancer Hospital truly work as a team and take great pride in being one of the leading programs in the country.”

- Dr. Tobias Carling

For Jeffrey’s story: yalecancercenter.org/jeff

appointments